Lunch Menu

Hauppauge Forest Brook Elem

November 2026

WHITSONS FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday	Tuesday	Wednesday	Thursday	Friday
2 Cheesy Stuffed Bread Sticks Marinara Sauce Steamed Peas Cucumber Coins Apple Slices Pineapple Cup	**3** SCHOOL CLOSED TODAY	**4** Homemade Pasta & Meatballs Whole Wheat Dinner Roll Chilled Red Pepper Strips Side Garden Salad Fresh Orange Diced Pear Cup	**5** Cheeseburger Crispy Potato Puffs Baked Beans Fresh Grapes Applesauce	**6** Classic Cheese Pizza Caesar Salad Cucumber Coins Apple Slices Sliced Peaches
9 Homemade Mac & Cheese Whole Wheat Dinner Roll Steamed Peas Cucumber Coins Apple Slices Pineapple Cup	**10** Crispy Popcorn Chicken Whole Wheat Dinner Roll Crispy Potato Puffs Steamed Carrots Fresh Apple Sliced Peaches	**11** 	**12** French Toast Syrup Cinnamon & Honey Roasted Beans Fresh Grapes Applesauce	**13** Classic Cheese Pizza Caesar Salad Cucumber Coins Apple Slices Sliced Peaches
16 Cheesy Stuffed Bread Sticks Marinara Sauce Steamed Peas Cucumber Coins Apple Slices Pineapple Cup	**17** Crispy Chicken Drumstick Whole Wheat Dinner Roll Mashed Potatoes Steamed Carrots Sweet Corn Fresh Apple Sliced Peaches	**18** Mozzarella Sticks Pasta with Sauce Chilled Red Pepper Strips Side Salad Fresh Orange Diced Pear Cup	**19** Crispy Chicken Sandwich Crispy Potato Puffs Baked Beans Fresh Grapes Applesauce	**20** Classic Cheese Pizza Caesar Salad Cucumber Coins Apple Slices Sliced Peaches
23 Homemade Mac & Cheese Whole Wheat Dinner Roll Steamed Peas Cucumber Coins Apple Slices Pineapple Cup	**24** Chicken Nuggets Whole Wheat Dinner Roll Crispy Potato Puffs Steamed Carrots Fresh Apple Sliced Peaches	**25** SCHOOL CLOSED TODAY	**26** 	**27** SCHOOL CLOSED TODAY
30 Grilled Cheese Sandwich Meltdown Café Tomato Soup Steamed Peas Cucumber Coins Apple Slices Pineapple Cup				

Gluten Free, Vegetarian options and
Halal Chicken Nuggets or Sandwiches and Meatless Burger and Nuggets Available upon request.

See the cook in the morning to place your order



View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

Full Meal Consists of
Meat/Meat Alternative
Grains (WG or WW)
Vegetables
Fruits
Milk Children must take at least 3 out of the 5 components one of which must be a Fruit or Vegetable

Reimbursable Lunch Prices- Elementary Lunch $0.00 Reduced Lunch $0.00 Adults $ 5.50 plus tax Prepaid Lunches - Checks Payable to Hauppauge Lunch Fund Daily Alternative Entrée Choice Grilled Cheese, Sunbutter and Jelly Sandwich, Whole Grain Bagel with butter or low fat cream cheese , Yogurt Cereal Lunch. .Chicken Caesar Salad, Daily Alternatives served with a variety of Fresh/Cupped Fruits and vegetables, assorted condiments & 100% Juice Selection & Low fat & Fat Free Milk Selection ..For more information contact Kim Lastukva at 631-761-8364 or lastuvkak@hauppauge.k12.ny.us

Vegetarian · Made With Natural Ingredients · Pork · Smart Choice · Made With Organic Ingredients

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