SEPTEMBER 2026

FSDB Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Huevos Rancheros Burger On Bun Potato Wedges with Chipotle Ranch Dip Roasted Vegetables Side Kicks Sweet Onion Teriyaki Sub Chips	2 Beef Sausage Lasagna Malibu Vegetable Blend Creamy Egg Salad Sandwich Tropical Fruit Parfaits BBQ Chicken Tenders Cilantro Lime Rice	3 Meatballs with Tomato Rosemary Over Spaghetti Italian Vegetable Blend Banana Pudding Ham &Cheese Sub Curried Chickpea Wrap	4 Hawaiian Style Pizza Fresh Roasted Vegetables Mediterranean Sandwich Apple Pie Parfait Creamy Chicken Fajita Pasta
7 	8 Paella (Spanish Rice and Chicken) Tropical Vegetable Blend Ham & Cheese on Pretzel Bun Ambrosia Chicken Nuggets Potato Fries	9 Baked Ziti Roasted Green Beans and Carrot Sticks Turkey Club Sandwich Classic Cherry Crisp Mini Calzones	10 Orange Chicken Fried Rice Fresh Vegetable Blend Italian Sub Sandwich Fortune Cookie Hot Dog on a Bun Chips	11 Soft Tacos with Beef Mexican Street Corn Yellow Rice Sour Cream Fresh Seasonal Fruit Hot Honey Chicken Cheddar Croissant Sandwich
14 Homemade Pizza Garlic Chalet Vegetable Blend Meatball Sub Cookies Homemade Chicken Ramen Potsticker's Dumplings	15 Choice of Hamburger/ Cheeseburger on Bun Lettuce and Tomatoes Chips Banana Split Parfait Ham & Cheese Sandwich Sausage and Peppers Over Pasta	16 Amazing Chicken LoMein Asian Inspired Broccoli Vegetable Spring Roll Fresh Seasonal Fruit Turkey Bacon Guacamole Sandwich Beef & Vegetable Dumplings	17 Homemade Meatloaf Mashed Potatoes with Gravy Maple Glazed Carrots Roll Butter All American Sub Strawberry Cup-USDA Stromboli	18 Herb Roasted Chicken Drumstick "Hoppin John" (Black-Eyed Peas and Rice) Steamed Cabbage Italian Sub Sandwich Fresh Seasonal Fruit Vegetable Stir-Fry Noodles
21 Gyro (beef and lamb) Lemon Pepper Potatoes Wedges Roasted Summer Squash All American Sub Side Kicks Turkey Tetrazzini	22 Nashville Hot Chicken Sandwich Sweet Potato Fries Capri Vegetable Blend Ham & Cheese on Pretzel Bun Shredded Beef over Coconut Rice Oatmeal Cookie	23 Soft Tacos with Beef Mexican Street Corn Yellow Rice Sour Cream Fresh Seasonal Fruit Hot Honey Chicken Cheddar Croissant Sandwich	24 Beef Sausage Lasagna Malibu Vegetable Blend Creamy Egg Salad Sandwich Tropical Fruit Parfaits BBQ Chicken Tenders Cilantro Lime Rice	25 Meatballs with Tomato Rosemary Over Spaghetti Italian Vegetable Blend Banana Pudding Ham &Cheese Sub Curried Chickpea Wrap
28 Hawaiian Style Pizza Fresh Roasted Vegetables Mediterranean Sandwich Apple Pie Parfait Creamy Chicken Fajita Pasta	29 Orange Chicken Fried Rice Fresh Vegetable Blend Italian Sub Sandwich Fortune Cookie Hot Dog on a Bun Chips	30 Huevos Rancheros Burger On Bun Potato Wedges with Chipotle Ranch Dip Roasted Vegetables Side Kicks Sweet Onion Teriyaki Sub Chips		

News

Offered Daily

Fresh Fruit

Vegetables

Peanut Butter & Jelly Sandwich

Salad Bar

Deli Meat Sandwich

9/7/2026



9/16/2026

NATIONAL GUACAMOLE DAY



StacyAnn Johnson Director of Culinary Programs
Julynnet Powell RD, LD/N

SEPTEMBER 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
	1	2	3	4	
7	8	9	10	11	
14	15	16	17	18	
21	22	23	24	25	
28	29	30			