BREAKFAST

NOVEMBER 2026
SHONTO PREPARATORY SCHOOL

ADULT MEAL PRICES
BREAKFAST: $ 3.00
LUNCH: $ 5.00

Monday	Tuesday	Wednesday	Thursday	Friday
2 BAGEL EGG & CHEESE APPLE SLICES WITH CINNAMON CHOICE OF MILK	3 APPLE FRUDEL FRUIT JUICE FRESH GRAPES CHOICE OF MILK	4 HOT OATMEAL SLICED RAISIN BREAD DICED PEACHES CHOICE OF MILK	5 BLUEBERRY WAFFLES MAPLE SYRUP SLICED HAM APRICOTS CHOICE OF MILK	6 LUCKY CHARMS CEREAL GOLDFISH CRACKERS DICED PEARS CHOICE OF MILK
9 APPLE FRUDEL FRUIT JUICE APPLESAUCE CHOICE OF MILK	10 STRAWBERRY POPTART CHEESE STICK FRESH APPLE FRUIT JUICE CHOICE OOF MILK	11 CORNED BEEF HASH BOILED EGG FLOUR TORTILLA FRUIT SALAD CHOICE OF MILK	12 FRENCH TOAST STICKS MAPLE SYRUP SAUSAGE PATTY FRUIT COCKTAIL CHOICE OF MILK	13 BREAKFAST BURRITO MILD SALSA MANDARIN ORANGES CHOICE OF MILK
16 BREAKFAST PIZZA CHEESE STICK PINEAPPLE CHOICE OF MILK	17 PANCAKES MAPLE SYRUP COTTAGE CHEESE WITH PEACHES CHOICE OF MILK	18 BLUE CORN MUSH RAISIN BAGEL FRUIT COCKTAIL CHOICE OF MILK	19 SCRAMBLED EGGS WITH DICED HAM SLICED TOAST TATER TOTS DICED PEACHES CHOICE OF MILK	20 PEANUT BUTTER & JAM SANDWICH FRESH BANANA CHOICE OF MILK
23 NO SCHOOL	24 NO SCHOOL	25 NO SCHOOL	26 HAPPY THANKSGIVING NO SCHOOL	27 NO SCHOOL
30 ENGLISH Mc MUFFIN SANDWICH MANDARIN ORANGES CHOICE OF MILK				



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LUNCH

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Monday	Tuesday	Wednesday	Thursday	Friday
2 BREADED CHICKEN DRUMSTICK SCALLOPED POTATOES SLICED BREAD MIXED VEGETABLES DICED PEACHES CHOICE OF MILK	3 SPAGHETTI WITH MEAT SAUCE GARLIC BREAD TOSSED SALAD FRUIT COCKTAIL CHOICE OF MILK	4 DICED SPAM WITH POTATOES DINNER ROLL PEAS & CARROTS PINEAPPLE CHOICE OF MILK	5 NACHOS SUPREME PINTO BEANS CORN ON COB APPLESAUCE CHOICE OF MILK	6 CHICKEN WRAP SUNCHIP CARROTS STICKS DICED PEARS CHOICE OF MILK
9 LOADED FRIES CORNBREAD FRESH APPLE CHOICE OF MILK	10 MAC & CHEESE SLICED BREAD STEAMED BROCCOLI FRESH ORANGE CHOICE OF MILK	11 SHEEP HERDER SANDWICH SEASONED POTATOES GREEN PEAS & CARROTS APRICOTS CHOICE OF MILK	12 CHEF SALAD RANCH DRESSING BREAD STICK FRESH FRUIT CHOICE OF MILK	13 MEATLOAF CHEESE BREAD STICK CORN ON COB RANCH STYLE BEANS SIDE KICKS CHOICE OF MILK
16 PORK TAMALE SPANISH RICE REFIED BEANS ORANGE SLICES CHOICE OF MILK	17 HOT HAM & CHEESE SUB SUNCHIP CARROTS STICKS FRESH GRAPES CHOICE OF MILK	18 BEEF STEW BISCUIT STEAMED CORN FRUIT MIX CHOICE OF MILK	19 GRILLED CHEESE SANDWICH CALFORNIA VEGETABLES BAKED BEANS FRUITED JELLO CHOICE OF MILK	20 ROASTED TURKEY MASHED POTATOES BROWN GRAVY DINNER ROLL GLAZED CARROTS APPLE SLICES WITH CINNAMON CHOICE OF MILK
23 NO SCHOOL	24 NO SCHOOL	25 NO SCHOOL	26 HAPPY THANKSGIVING NO SCHOOL .	27 NO SCHOOL
30 SLOPPY JOE BAKED BEANS COLE SLAW FRESH APPLE CHOICE OF MILK				



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