UNITED HIGH SCHOOL LUNCH MENU

November 2026



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Meatball Hoagie on a Bun w/ Cheese **FEATURED VEGGIES** Normandy Blend Cucumber Slices	**3** BBQ Pork Nachos w/ Toppings **FEATURED VEGGIES** Lemon Parm Broccoli Strawberry Spinach Salad	**4** French Toast Sticks with Sausage Links **FEATURED VEGGIES** Tri Patty Taters Carrot Sticks	**5** Loaded Bacon Cheddar Pierogis w/ Dinner Roll **FEATURED VEGGIES** Steamed Garden Peas Three Bean Salad	**6** Italian Dunkers with Marinara **FEATURED VEGGIES** Mixed Vegetables Carrot and Raisin Salad
Daily Offerings: Chicken Caesar Salad with Dinner Roll | Turkey & Cheese Pretzel Sandwich				
9 Chicken & Mashed Potato Bowl with Roll **FEATURED VEGGIES** Mashed Potatoes Romaine Salad	**10** Beef Enchilada **FEATURED VEGGIES** Seasoned Black Beans Tomato Salad	**1** 	**12** General Tso's Chicken over White Rice **FEATURED VEGGIES** Steamed Broccoli Baby Carrots	**13** Toasted Pizza Flatbread Sandwich **FEATURED VEGGIES** Roasted Zucchini Red Pepper Strips
Daily Offerings: Chef Salad with Dinner Roll | Turkey & Spinach Roll-up Craveable				
16 Chicken Nuggets with Buttered Noodles **FEATURED VEGGIES** Oven Fries Baby Carrots	**17** Nachos Grande w/ Toppings **FEATURED VEGGIES** Sweet Chili Brussels Caesar Salad	**18** Cowboy Burger w/ Toppings **FEATURED VEGGIES** Baked Beans Green Pepper Strips	**19** Grilled Cheese Sandwich w/ Tomato Soup **FEATURED VEGGIES** Broccoli & Cauliflower Corn Salad	 **20** Thanksgiving Dinner Roast Turkey Mashed Potatoes & Gravy Steamed Corn Stuffing Cranberry Sauce Pumpkin Dessert
Daily Offerings: Crispy Chicken Salad with Dinner Roll | Turkey, Cheddar & Bacon Flatbread				
23 Double Hot Dogs On a Bun w/ Toppings **FEATURED VEGGIES** Oven Fries Carrot Sticks	**24** Chicken & Cheese Quesadilla **FEATURED VEGGIES** Steamed Corn Salsa	**25**  Teacher In-Service Day	**26** 	**27** 
Daily Offerings: Strawberry Spinach Salad with Dinner Roll | Nachos Craveable				
30 				
Daily Offerings: Garden Salad with Dinner Roll | Ham & Cheese Pretzel Sandwich				

MAKE IT A MEAL!
Choose at least 3 of 5 meal components for the school lunch price:
Meat/Meat Alternative, Whole Grain, Fruit, Vegetable, Milk

A minimum ½ cup serving of fruit or vegetable must accompany a lunch.

Lunch Prices

Student	$0.00
Adult	$4.75

Daily Alternates

- **Fresh Entree Salad of the Week**
- **Craveables**
- **Cold Cut Sandwiches & Wraps**
- **Chicken Patty & Fries**
- **Cheeseburger & Fries**
- **Pizza Bar or Pasta Bar**

Milk Selections
1% white, fat-free white, fat-free chocolate, fat-free strawberry

Fruits & Veggies May Include: Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice.- Students may choose two ½ cup servings.

Your Dining Services Team
Scott McCully, Foodservice Director
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Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

Metz CULINARY MANAGEMENT ENVIRONMENTAL SERVICES