

Daily Learning Planner

*Ideas families can use to help children
do well in school*

Jackson City School District



THE
PARENT
INSTITUTE®

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Daily Learning Planner: Ideas Families Can Use to Help Children Do Well in School—Try a New Idea Every Day!

- Let your child see you reading for different reasons: for pleasure, for information, to learn something new.
- Help your child set a reading goal for this month.
- Ask your child to teach you about a concept in an assignment. Teaching reinforces learning.
- In the car, say a number between one and 10. Who can spot a license plate with numbers that add up to the number you called out?
- Is your child behaving well? Be sure to say how proud this makes you.
- It's the birthday of James Naismith, inventor of basketball, who was born in 1861. Find a court and shoot some hoops with your child.
- Teach your child to write down assignments, tests dates and school activities on your family calendar.
- Bring a calculator with you when you shop. Have your child to keep a running tally of purchases.
- This week, help your child keep track of time spent reading for pleasure each day and calculate the average.
- Make a school project kit with your child. Include glue, tape, craft sticks, colored paper, etc. This can reduce frantic, last-minute shopping trips.
- Start a kitchen band. Use spoons, pans and lids for instruments. March around the house together.
- Take an online trip with your child to another continent. Watch travel videos and read about interesting places.
- Make up new compound words for familiar things together. Perhaps your cat is a *purrcuddler*.
- Today is the birthday of Claude Monet, a French Impressionist painter. Look at pictures of his art with your child, then paint your own.
- At dinner, have everyone compliment each person at the table.
- Help your child rehearse things to say if feeling pressured by a friend or classmate to cheat.
- Have your child make a list of things in a category—such as colors—then put them into alphabetical order.
- Plan a reading dinner. Have everyone bring a book to the table, and take turns reading aloud.
- Play tic-tac-toe with your child.
- Encourage your child to write a thank-you note to someone who has been helpful or a positive influence.
- Have all family members pitch in for a half-hour “blitz” of house cleaning. It teaches that everyone has a responsibility to help the family.
- Teach your child to make a healthy snack. Enjoy it together.
- Talk to your child about the proper ways to handle trash. Where should it go? What can be reused or recycled?
- Let your child pick the book you will read together today.
- Look for ways to volunteer as a family. Let your child help decide what to do.
- Make a paper cornucopia with your child. Fill it with a list of all the things that make your family grateful.
- Ask your child to tell you a bedtime story tonight.
- Visit the library with your child. Check out a book about oceans.
- Have your child read to you as you're cleaning up after a meal. Or, you read while your child cleans up!
- Make your child laugh! Tell a joke, read a funny story or poem, sing a silly song or draw a cartoon.