



Elementary November Breakfast Menu



Monday	Tuesday	Wednesday	Thursday	Friday
<u>November 2, 9, 16, and 30</u>	<u>November 10 and 17</u>	<u>November 4, 11, and 18</u>	<u>November 5, 12, and 19</u>	<u>November 6 and 13</u>
Whole Grain Mini-Cinnamon Buns OR Assorted Bowl Pack Cereals Fresh Fruit Basket 100% Fruit Juice Choice of Milk	Sausage, Egg, and Cheese on a Bagel OR Assorted WG Muffins Fresh Fruit Basket 100% Fruit Juice Choice of Milk	Ham and Cheese Croissant OR Assorted Cereal Bars Fresh Fruit Basket 100% Fruit Juice Choice of Milk	Mini-Pancakes w/ Syrup OR Assorted Pop-tarts OR Fresh Fruit Smoothie Fresh Fruit Basket 100% Fruit Juice Choice of Milk	Bacon, Egg, and Cheese on a Biscuit OR Assorted Bowl Pack Cereal Fresh Fruit Basket 100% Fruit Juice Choice of Milk



BREAKFAST IS FREE!

"This institution is an equal opportunity provider. Menus are subject to change"

100% Fruit Juice: Apple, Orange and Grape
Fresh Fruit Basket w/ Apples, Oranges, Pears, Bananas and Apple Slices
Milk Offerings Include: Fat Free, 1% White, Fat Free Chocolate, Fat Free

Additional Items Available Daily for Breakfast:

Fresh Fruit Basket w/ Apples, Bananas, Pears & Oranges

100% Fruit Juice: Apple, Orange, Grape

Yogurt- Strawberry, Vanilla, Strawberry Banana

Breakfast Protein Kit- Hard Boiled Egg, Mini Bagel w/ Cream Cheese and Peanut Butter cup w/ Apple Slices

Early Riser- Stuffed Hash Brown with Egg and Cheese

Assorted Yogurt Parfaits

