WELCOME to Tierra Del Sol Elementary!

Our Friendly School Nurse Rules!



Keep the Nurse Informed!

Tell us about medical updates, allergies, or health changes!





Medication at School?

We Need a Doctor's Note!



This is for ALL medicine (pills, creams, even cough drops).

- Parents must bring and sign medicine in/out.
- Students: You cannot bring your own medicine or carry it without permission.





Visits to the Nurse!

- You will get a pass from your teacher for classroom visits.
- We'll send a note home to your family!
- The nurse will call home for emergencies or when a student needs to go home (fever, etc.)





Stay Home When Sick!



24-Hour Rule: Must be free of fever, vomiting, or diarrhea for 24 hours BEFORE coming back (without medicine).



Check-in with Parents!

Keep all emergency contacts updated!



