

Wellness Action Work Plan for School Year 2026-2027

Issue Area: Strengthening Local Wellness Councils

(Circle One)

Healthy Snacks

Eating at School is Cool

Let's Party Let's Play

Fruitful Fundraising

Rewarding Success



School: **South Branch Elementary School**

Goal: **South Branch Elementary students will participate in activities that promote nutritional education, physical activity, and overall student wellness.**

Objective: **Students at SBES will learn about and participate in activities that promote nutritional education, physical activity, and overall student wellness for a minimum of six times during the 2025-2026 school year.**

Activities	Person Responsible	Timeline	Person (s) to Monitor Progress
Vision Screening (PK)	Nicole Connell	September 2026	Nicole Connell
Handwashing program with all PK, K, and 1 st grade students	Nicole Connell	October 2026	Nicole Connell, PK-1 st teachers and aides
Height and weight screenings (PK)	Nicole Connell	September 2026	Nicole Connell
Nurse stationed at SBES daily	Nicole Connell	Daily, throughout the year	Nicole Connell, Nicole Morris
Dental Health program for lower elementary grades	Nicole Connell with local dentist office	January 2027	Nicole Connell
Growing Up classes for 5 th Grade	Nicole Connell	May 2027	Nicole Connell

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Goal: **South Branch Elementary students will participate in activities that promote nutritional education, physical activity, and overall student wellness.**

Objective: **Students at SBES will participate in activities that provide opportunities for physical activity.**

Activities	Person Responsible	Timeline	Person (s) to Monitor Progress
All students in PK-5 th grade are offered recess daily for 30 minutes	Classroom teachers	Daily, throughout school year	Classroom teachers, Nicole Morris
Minds in Motion/Movement brain breaks/classroom walks	Classroom teachers	Daily, throughout the school year	Classroom teachers, Nicole Morris
PE program for students 3 days per week for 40 minutes	Corey Haines, Ed Hardinger	3/week, throughout the school year	PE teachers, Nicole Morris
Pumpkin Race conditioning for 4 th /5 th grades	Corey Haines, Ed Hardinger	Fall 2026	PE teachers
Running Club	Nicole Morris, Active SWV	Fall 2026	Principal, staff/parent volunteers, Active SWV representative

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School: **South Branch Elementary School**

Goal: **South Branch Elementary students will participate in activities that promote nutritional education, physical activity, and overall student wellness.**

Objective: **Students at SBES will participate in activities that promote nutritional education.**

Activities	Person Responsible	Timeline	Person (s) to Monitor Progress
Fresh Fruits and Vegetables Grant	Grant Coordinator	School Year, while funds are available	Nicole Morris, Emilie Embrey, grant coordinator
Farm to School	Katherine Mariska	Throughout school year	Katherine Mariska, Gardening Council, Susan Parker (WVDEP)