

Healthy Environment Action Work Plan for School Year 2026-2027



Goal: To create and maintain a comprehensive healthy and safe school environment that promotes academic success and student well-being throughout the entire school day and beyond.

Objective: To implement a holistic approach to school health and safety that addresses physical, mental, and social aspects of student welfare, fostering an environment conducive to learning and personal growth before, during, and after school hours.

Activities	Person Responsible	Timeline	Person (s) to Monitor Progress
Conduct regular safety checks of school facilities, including classrooms, playgrounds, and common areas, to identify and address potential hazards.	Principal/Head Custodian	School year	Principal
Establish a nutritious breakfast program to ensure students start their day with a healthy meal, supporting cognitive function and academic performance.	Cooks/Duty Teachers	School Year	Principal
Develop and maintain a positive school climate through anti-bullying initiatives, peer support programs, and conflict resolution training for students and staff.	School Counselor/ Social Worker	School year	Principal
Develop and maintain an effective emergency preparedness plan, including regular drills for various scenarios (e.g., fire, natural disasters, lockdowns).	Principal/Leadership Team/ PRO	School Year	Principal
Implement a digital citizenship program to promote online safety and responsible use of technology both in and out of school.	Homeroom Teachers	School Year	Central Office Technology Department
Implement an effective communication system to keep parents informed about school safety measures, health initiatives, and after-school programs.	Principal	School Year	Principal



Physical Education Action Work Plan for School Year 2026-2027

Goal: To foster a culture of physical wellness and active lifestyles among students, staff, and the broader school community through comprehensive physical education programs and diverse physical activity opportunities.

Objective: To implement a multi-faceted approach to physical education and activity that integrates movement into daily routines, provides structured physical education, and leverages community resources to encourage lifelong habits of physical fitness.

Activities	Person Responsible	Timeline	Person (s) to Monitor Progress
Encourage teachers to integrate movement and physical activity throughout the school day in all grades, incorporating short, appropriate physical breaks into classroom routines where possible.	All teachers	School year	Principal
Establish daily intermission time for all students, providing safe and enjoyable environments with appropriate equipment and space for physical activity.	Homeroom teachers	School Year	Principal
Facilitate the use of school facilities outside of school hours for physical activity programs offered by community-based organizations, maximizing the utility of school resources.	Principal/AD	School year	Principal/ AD
Regularly assess and upgrade physical education equipment and facilities to ensure they meet the needs of the physical education curriculum and support a wide range of physical activities	Principal/PE teacher	School Year	Principal
Implement a system to track and evaluate students' physical fitness progress throughout their school years, using this data to inform and improve physical education programs	PE teacher	School Year	PE Teacher



Nutrition Action Work Plan for School Year 2026-2027

Goal: To promote lifelong healthy eating habits among students through comprehensive nutrition education and by establishing strong connections between health education and school meal programs.

Objective: To implement an integrated, age-appropriate nutrition education program across all grade levels that enhances students' knowledge, skills, and attitudes toward healthy eating, while leveraging school resources and community partnerships to reinforce these lessons.

Activities	Person Responsible	Timeline	Person (s) to Monitor Progress
Integrate nutrition topics into the comprehensive health education curriculum for every grade level.	PE Teacher	School year	Principal
Incorporate nutrition education elements into broader curriculum areas, such as science, math, and language arts, to reinforce concepts and demonstrate real-world applications.	Core teacher	School Year	Principal
Regularly evaluate and update the nutrition education program to ensure its effectiveness and relevance.	Cafeteria Manager	School year	Principal