

Action Work Plan for School Year 2026-2027 Issue Area:

Strengthening Local Wellness Councils
(Circle One)

Eating at School is Cool

Fruitful Fundraising



Healthy Snacks

Let's Party Let's Play

Rewarding Success

Goal: Hampshire High School students will participate in activities that promote nutritional education, physical activity and overall student wellness.

Objective: Students will have the opportunity to participate in activities that promote nutritional education, physical activity and overall student wellness for a minimum of 6 times during the 2026-2027 school year.

Activities	Person Responsible	Timeline	Person (s) to Monitor Progress
Vision Screening for Drivers Education students and others as referred.	Monte Fields & Mr. Morgan	September 30	Monte Fields & Mr. Morgan
Pregnancy prevention class by Health Department	Gwendolyn Harvey & Health Department	October	Gwendolyn Harvey and Biology Teachers
Flu Vaccinations for students and staff	Gwendolyn Harvey & Health Department	October	Gwendolyn Harvey
Health occupations pathway available	Kristie Long	Annually	Kristie Long & Julie Landis
PE, Team Sports, Weight Training, Parenting & Strong Families, Public Law & Safety, Agricultural Leadership, Animals Production, Fruit & Vegetable production classes available	Teachers of each course and Pro Officer Kesner	Annually	Teachers of the respective course, Counselors, Pro Officer Kesner, Administration
A variety of athletic teams available for student participation	Various Coaches and Trey Stewart, AD	Annually	Coaches and Athletic Director
Mental health counselor once a week and outside counselors meet with individuals on an as-needed basis	EA Hawse & CIS Workers	All year	Administration, Social Workers
Grab-n-Go lunch and breakfast option	Cooks	All year	Cooks

Presidential Physical Fitness Challenge	Physical Education Teachers	Annually	Physical Education Teachers
Nurse on campus	Gwendolyn Harvey	Annually	Board Level Administration
After-school tutoring with snacks for six weeks in the fall and six weeks in the spring	Hired Tutors	Fall and Spring	Central Office
Blood Drives	Kristie Long	3-4 times throughout the school year	Kristie Long
HOSA membership availability	Kristie Long	Annually	Kristie Long
Drug Testing	Safe-sport testing group	Annually	Administration, Athletic Director, Nurse
LINKS Crew for school leadership among students	HHS Staff	All year	HHS Staff
Therapy Dog on campus daily	Moose & handlers	All year	Moose & handlers
Fire drill and drill practices	Officer Kesner	All year	Pro Officer Kesner
Group meetings for anxiety, anger etc.	Social workers	All year	Social Workers
SEL lessons Jamie's Law, Megan's Law, AUP, Active Shooter, Rape Awareness, Sex Abuse	School Counselors	First Semester	School Counselors