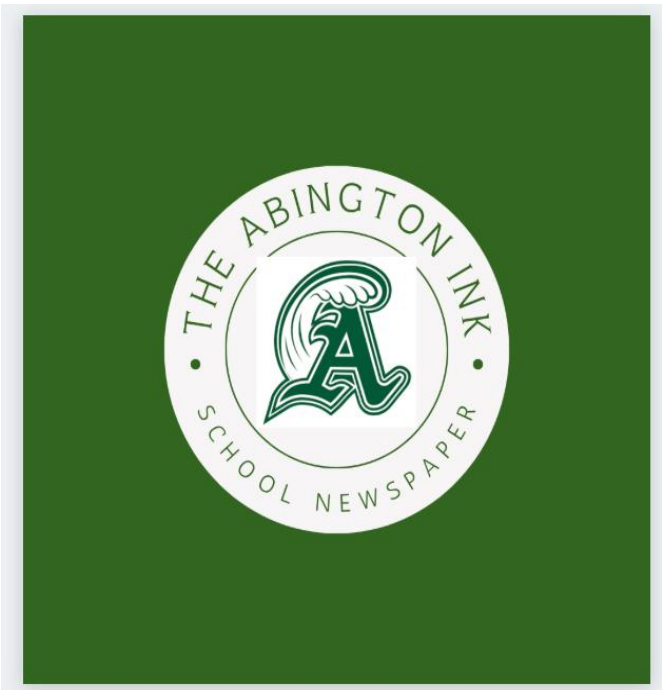


Middle School News

Final Edition of 2026

Issue #5



Welcome to the 5th issue of the Abington Ink! We look forward to hearing feedback! If you have any ideas our writers should focus on, please email Lauraregan@abingtonps.org Now, go enjoy the fabulous work of our writers below.



Have you loved keeping up with AMS by reading “The Abington Ink”? Well, you have a chance to join the writing staff in the fall! We are looking for 7th and 8th grade students who love grammar, writing, and using their creative mind! Ms. Regan is the advisor, and the club meets at least once a month. In between meetings, students will be appointed different assignments to complete before the next meeting. Our club will be open to a limited number of students, so if you are interested, make sure you sign up when information goes out!

Contributing Editors

Abington Ink Writing Staff

Advisor: Ms. Regan	Ashlyn Dunn	Calista Hamilton	Nirvanah Seddoh
Isabella Dixon	Evelyn Bailly	Evelyn High	Malachi Gern



If you are joining the newspaper club, here are a few things to keep in mind. We don't meet every week like other clubs, but we usually have it every few weeks on Thursday. You should know how to type if you want to join the newspaper club, since we usually help to type things up for the newspaper. You should also be ready to interview people because you may need to interview a student or teacher on a topic to add to the newspaper. If you don't want to interview, that's ok! There are other things you can do that are still just as cool. Sometimes it might feel scary joining the newspaper club because you may think everything is super serious and we don't do anything fun, but that's completely wrong! Everyone who joins the newspaper club is nice and sometimes we get candy from Ms. Regan. There are also sometimes when we can go around the school and ask teachers questions for a survey for the newspaper, which in my opinion, is fun. It's even more fun when you have friends with you because you can fool around, and Ms. Regan is nice about it. My favorite part about the newspaper club was when we got baby photos of different teachers, and we were able to see a sneak peek of the "Guess Who" poster that students guessed on.

Nirvanah Seddoh
Grade 7

Newspaper club is so fun! If you want to join the newspaper club, you should be good at writing and grammar! Also, don't worry, we don't meet every week or anything, we usually meet once a month! It's so fun, and not scary! You can talk to new people and write about things you are interested in, if you get the opportunity! My favorite part of the club was interviews! You get to learn things about people you've never talked to and maybe didn't even know!

Ashlyn Dunn
Grade 7

March Madness was amazing this year! It was so fun to watch the staff and students competing while laughing, high-fiving, and respecting each other. The students had some phenomenal passes and stellar shots, but the teachers came out with the victory!!! Below are pictures from the special event!



Celtics Playbook Workshops



Evelyn Bailly interviews her high school sister, Lily Bailly, to see what to expect moving to the high school!

1. What is the best class you have been taught in high school?
“AP biology.”
2. What’s a big goal you have been working on since you started high school?
“Finish all of my AP exams.”
3. What are the teachers like?
“They are understanding.”
4. What are your biggest dreams for this year?
“Get accepted into college.”
5. What colleges do you have in mind?
“MCPHS and Northeastern.”
6. What is your best study hack?
“Using Quizlet.”
7. What is the biggest change you have noticed from middle to high school?
“There’s a lot more work and the stuff you do really matters in high school.”
8. What's the most random thing in your backpack right now?
“Pretzel sticks.”
9. What's your favorite subject in high school right now?
“Biology.”
10. Is it better to work solo or in a group for projects as you get older?
“In my opinion, it’s better solo.”
11. What is an achievement you have made in high school that you are proud of?
“Creating ASU club that helps inclusion and equity.”
12. Are there any careers you want to have right now?
“I would like to work in a pharmacy.”
13. What's one skill that makes you unique?
“Drawing.”

14. In your free time, what do you like doing?
"I like to sleep when I have spare time."

15. When you're stressed, what do you do to calm down?
"I make a to do list and check things off one by one."

Interview with 8th Grader, Mia Bonatti

By Ashlyn Dunn



1. What is your favorite part of being in the school play? - ***"Well, I love performing, so just being able to perform for everybody, and just make people happy."***
2. Have you been in the school play ever since 5th grade? - ***"I was in it in 5th grade, I didn't do it in sixth grade because I was busy that year, but I was in it last year when I was Ariel, and now I'm in it this year."***
3. How do you feel having the lead 2 years in a row? - ***"I'm really grateful that I was given that opportunity, because like I said I love performing so much and I think it's just a great opportunity to be able to play two roles in a row."***
4. Is acting or singing something you want to do in your future? - ***"Yes, my dream for when I'm older is to be on Broadway. Hopefully I'll be able to go to college for a degree in musical theatre and be able to continue that on."***
5. Do you do other plays that aren't in the school? - ***"I do, so I go to Capachione School Of Performing Arts which is like a performing arts school, and I was just in the show Chicago. I just played Roxie Hart, and we do a bunch of shows throughout the year."***
6. What is your favorite role you've played? - ***"I played Katherine in Newsies and that was my favorite role."***
7. What tips do you have for memorizing lines? - ***"What I like to do is just read over them a bunch and then I read one line. I read it over and over again, and then I go through the pages and cover them with my hand. Then, I make flashcards and I also use Quizlet. You can make flashcards for your lines and I think those are really helpful."***
8. Do you ever get stage fright? - ***"Yes, so when I get nervous, I get stomach aches. Usually before shows, I get stomach aches before going on to perform, but it's gotten better."***

9. What advice would you give someone that's trying out for a lead role for the first time? - ***"Just be yourself, and try your hardest because that's all you can do! Don't think too much in to it like if you go in there thinking this is going to go so bad, or leave thinking that was awful, you never know how it actually went, because you don't know what anyone else is thinking in the moment, so you just have to go in and try your best."***
10. Do you have a favorite musical? - ***"Right now my favorite musical is the Outsiders, because I saw it on Broadway in August and it was great! It was so good!"***
11. Are you anything like the character you're playing right now? (Alice) - ***"Yeah, I feel like, sometimes I feel like you don't fit in, because at this school there's a lot of people who do sports and stuff. I don't really do that, I do more singing and dancing, so it feels like you're different than that, so I feel like this character you can explore that in creativity and stuff."***
12. What would you do if you forgot a line during a performance? Has that ever happened to you? - ***"Yes, so when I was in Chicago, I forgot one of my lines during my monologue, and what I do during that is just improve. I've done improve classes and practices before, and you just have to think of something that fits in the moment and just go with it."***
13. In a play would you rather play a hero or a villain? - ***"I don't know to be honest, playing a villain is really fun, probably that."***
14. Do you prefer comedy or drama shows? - ***"Comedy all the way, comedy shows are so fun."***
15. What was the first play you've ever been in or seen? - ***"Probably Cinderella. I was in Cinderella, and I played Suzie mouse, I was in kindergarten or something."***

SHOUT OUTS!

This year, students were asked to write a shout out to a staff member who has made an impact on their life at AMS. Below are many of the shout outs that were read over the morning announcements this year! Thank you for filling our staff members' cups with kind and thoughtful words.

Big shoutout to Ms. Byrne because when I was sad she helped me feel better and she is so nice to everyone! From Kaylee

Big shoutout to Mr. MacCurtain for being nice. He says nice things to me.

Big shoutout to Mr. Pease for making our classroom feel like a family and home rather than a teacher teaching 24 students how to multiply numbers. You always make it so fun to learn! Thank you! From Liv Prendergast

Big shoutout to Ms. Roach for helping me be great and helping me with my highs and lows. Thank you! From Juan

Big shoutout to Ms. Hyman for being a good teacher and always helping me out. She is the best teacher because she's so nice! From Sklya Leite

Big shoutout to Mrs. Lefort for always being kind and having a bright smile on your face, it makes my day better! Thank you! From Danyca Maskall

Big shoutout to Mrs. LaPointe for always talking to me and always being there for me when I don't feel good. From Rachel Gale

Big shoutout to Mrs. Giles for helping me even though I am very last all the time. Thank you. From Cole Duggan

Big shoutout to Mrs. Robbins for always helping me and being funny and nice. She never lets me down and made me laugh. When one of the teachers are not here, she is never afraid to jump right in! Thank you, Mrs. Robbins! From Charlotte Rizzitano

Big shoutout to Ms. Stebbins for always being so dedicated to her job as 5th and 6th grade health and physical education teacher. She is always so good at her job. She also never gives up and most importantly she is kind! From Hannah Hartery

Big shoutout to Mr. Casely for teaching me all that I know about math in 7th grade. Also, he always pushes me to try my best. From Myles Sulmonte

Big shoutout to Mrs. Beckvold for always being kind and making my day when I walk into school.

Big shout to Mrs. Campbell for always giving us fun art projects to do! And thank you for always helping us out with art projects! From Sawyer V.

Big shoutout to Ms. Goldberg for being very helpful and being very nice and kind. From Vanessa Viles

Big shoutout to Ms. Cummins for always helping me. She never yells or shouts at us. Also, she always makes lessons fun. She is the best teacher ever! From Melody Madden

Big shoutout to Senora G. because she is a very kind teacher. I really like her, also because she is very patient. From Daniela C

Big shoutout to Mr. Self for always being happy around kids and other staff members. He is always helping people when they need it. From Liam O'Brien

Big shoutout to Ms. MacNeil for always being helpful when I need something and always listening to students about their problems. From Chelsea

Big shoutout to Ms. Sjostedt for being nice and funny to all of us and she lets us pick our seats and is the best teacher! From Lukas

Big shoutout to Mrs. Riley for taking my twin sister and helping her get good grades and helping her to understand what you say. From Abby Brown

Big shout out Ms. Duquette because she really helped me understand math. She would always help and make me feel smart.

Big shout out to Ms. Shields for being there when I needed help and being nice. Zoft rantilda

Big shout to Ms. Goldburg for being kind to me, being there, being a great person and overall, one of my favorite teachers. Allison Flores Fuentes

Big shout to Mrs. Grady for helping me be a better student in math and science and telling me to do my best!

Big shout out to Mr. Cambell for making Civics interesting and helping me understand the assignment. Thank you!

Big shout out to Ms. N to help me with my math homework. Thank you! Aryana Merrill

Shoutout to Mrs. Butler: for always being there for me and helping me figure out tough situations. BY HUNTER CROOK

Shoutout to Mrs. Capone: for helping me get support. she also helped me get a lot of 100s on my quizzes. BY HAASHIM EHSAN

Shoutout to Mrs. Ingram for being an amazing teacher! BY ADDISON CALO

Shoutout to Mrs. Compton for always being so helpful when I need help and especially for when I'm struggling in math class. Hope you have a great year! BY SERENITY LUNA

Shoutout to Mrs. Collins for believing in me in math. Mrs. Collins always helps me if I need help and she always goes out of her way for other students. BY OLIVIA

Shoutout to Mrs. Blue for helping me with my R words. BY LESLIE

Shoutout to Mr. Leonelli for helping to play the trumpet and for helping me play the trombone. BY DAVID

Shoutout to Mrs. Jacobs for teaching me to do better at math and Ela, thank you. BY GINO

Shoutout to Mr. Bennett for trying very hard in his seventh period class even though lessons may be hard sometimes.

Big Shout Out to Ms. Macneil for always helping me out and making class so fun and always having a positive attitude. From Mairead

Big Shout Out to Mrs. Camble, she is so nice and she is funny, she always makes my day better. From Kendall Veiga

Big Shout Out to Mrs. Samsel for making me laugh in class, she makes me enjoy going to school. Rachel Delaia.

Big Shout Out to Mrs. Minnehan for being an awesome person. She always makes me smile and laugh. From Callie Messia.

Big Shout out to Mr. Caseley for being so kind and funny. Thank you for helping me with math.

Big Shout Out to Ms. Sjostedt for being a teacher that you can always talk to. Also, she always believes in you when you don't. Thank you. From Camila Almeida.

Big Shout Out to Ms. Cummins for being kind because she helps me and so many other kids, and she's my favorite. Thanks for the best year. From Brody.

Big Shout Out to Mr. Leonelli for being so nice! We always have something fun to talk about and you teach us so much!

Big Shout Out to Miss. Higgins for being so nice and being able to help me when I was struggling. Thank you so much.

Big Shout Out to Profe Devereux for always having a positive attitude always, making me laugh, and being a great teacher.

Big Shout Out to Ms. Ryan for being so kind to me in steam. She is so amazing! I hope she hears this. From Hanna Driscoll.

Big Shout Out to Mrs. Brisson for helping me be my best self and helping me to where I am today. You were such a wonderful 6th grade teacher! From Autumn Quinbin 8th grade.

Big Shout Out to Mrs. Mcelligot for being really kind and supportive teacher. Also, she helps me when I need it. From Fallon Veiga

Big Shout Out to Ms. Regan for being supportive of me and teaching me stuff I need no idea on what to do. She also understands me and helps me through sad moments. From Lorenzo

Big Shout Out to Mr. Compton for teaching a place in our science class and being the goat during the basketball game.

Big Shout Out to Mr. Werra for being a good gym teacher. From Kelson.

Big Shout Out to Mrs. Samsel for being kind and supportive. She is my brother's teacher she is kind to me and my brother. Those are some ways she is nice. From Eva Hanteim.

Big Shout Out to Mrs. Minnihan for helping not just me but everybody; She also is very fun and easy to speak to.

Big Shout Out to Mr. Boudeau for being the best 6th grade teacher and my favorite of all time you gave us great memories to remember middle school. From Dino.

Big Shout Out to Mrs. Park for when ever I go down to the office to get something she is always working hard and being supportive.

Big Shout Out to Ms. McCarthy for actually making me understand math and making me love math. You're such a good and hard-working teacher! Thank you for everything. From Felicia Dos Santos

Big Shout Out to Ms. Mullett for being a nice teacher and she helps me with a lot of things and always gives me compliments to make my day. From Dylan Ruff.

Big shout out to Mrs. Brisson for being a great teacher and helping me with my work. Also she is very kind and caring. From: Molly Ahern

Big shout out to Mrs. Beckfold for always keeping everyone safe at drop off and having cheerful and positive energy.

Big shout out to Ms. McCarthy for making all of our difficult subjects understandable and always helping me when I needed it. Thank you for everything! From: Aurora Eriksen

Big shout out to Mrs. Peruzzi for always believing in everyone. You give second chances, love all your students, and treat everyone fairly. You believe everyone is perfect and awesome. Thank you for being you. From: Mackenzie B.

Big shout out to Mrs. Ryan for always making class fun, making sure everyone's included, and always being super kind!! From: Kendall Veiga

Big shout out to Mrs. Samsel for always seeing the best in any and every student to ever step foot in your classroom. From: Violet B.

Big shout out to Mrs. Griffith for greeting me into the school and helping me out in my first year in middle school. When I greet you, it sets up a good mood for the day and never changes. From: Brody Minassian

Big shout out to Mrs. Riley for always believing in me and being the best teacher! Thank you for everything you have done for me! From: Kelsie Poulos

Big shout out to Mr. Claus for being so kind and patient. Have a great day! From: Gabrielly

Big shout out to Mr. Lodge for helping me get better at reading and writing. You always made me laugh and pushed me to do hard things. From: Hannah Ceurvels

Big shout out to Ms. Byrne for letting us be funny during lessons. Another reason is for giving us rewards when we all do our homework. From: Ellie Grazioso

Big shout out to Mrs. Reed for being there for me and helping me out for English. From: Renz

Big shout out to Jamie Haughey for always smiling at me when I'm sad, making me happy when times are tough, and being you! I love when you always tell me all those funny stories about your job, they always make me laugh! From: Julia/Jules

Big shout out to Mrs. Ahearn for being very kind, patient, and caring about learning. From: Michelle Iyomabo

Big shout out to Ms. Griffith for being so nice and helping me for everything you do. From: Brody T.

FUN FACTS ABOUT STAFF

Nirvanah Seddoh, Izzy Dixon, and Evelyn Bailly walked around asking staff members an interesting/fun fact about themselves. Read below to find out something new about one of your teachers!

Mr. Lodge – he went to Ireland over the summer.

Mrs. Riley- Played basketball in college.

Mr. Boudreau- He used to be a boxer.

Ms. Whitman- She’s been hypnotized two times.

Mr. Caseley- He has started two restaurants and made a whole menu in Pizzings.

Mrs. Earl- She loves rollercoasters!

Mrs. Duquette- She used to have a hedgehog as a pet.

Mrs. Byrne- She held a koala.

Mrs. Ryan- She has been skydiving.

Mr. Leonelli- His first musical was “Cats”.

Mr. MacCurtain- He leads a camping trip with ten or more people.

Mr. Claus- He got his photo taken with an extinct species that is called the Galapagos Tortoise.

Ms. Regan- She ran the Boston Marathon two times for charity.

TIPS FOR 6th Graders moving to 7th Grade!

When you join 7th grade you will want to know these facts to get you through the year!

- Getting a planner is the best way to keep track of all your assignments and help you remember the ones you haven’t done
 - Listen to everyone whether it’s a student or a teacher, it’s going to help you get by in school.
- People often over-complicate 7th grade; it’s easier than what most teachers say it’s like. We have plenty of time to switch, and even if you’re late, teachers don’t give you a rough time.
 - Study and prepare for tests. Just 5-10 minutes a day of studying for a test goes a long way.
 - Try and don’t give up even when you have a lot of work, teachers aren’t that rough to people and completing your work shows teachers that you care.
 - Don’t participate in social drama- just focus on schoolwork.
- Don’t pick on others- especially younger kids because you don’t know what they’re going through, and it can lead to getting in trouble which ruins your reputation with some teachers and students.
 - Get a lot of pencils and always remember to restock your school supplies.
 - Get your work that you can get done on time because sometimes it can pile up.
 - Practice RACE and text-dependent questions because you can get a lot at times.
 - Always use complete sentences!
- Don’t rely on the thought that you will always be able to use your locker; we only have 3-minute passing periods and sometimes that doesn’t allow time for your locker.
 - Charge your computer every night!

Evelyn Bailly and Evelyn High

Tips for upstairs by Nirvanah Seddoh

- 1. Don't stress.
- 2. ALWAYS study for tests and remember due dates so you don't turn things in late.
- 3. If you feel like you have too much work to do, split it into sections and don't work all day.
- 4. Take breaks and don't overwork yourself!
- 5. Don't get distracted with friends if you have them in your classes, you can talk to them quietly, but you should be focusing on your work the most!!
- 6. If you're ever confused, ask your teacher, just because it's 7th grade doesn't mean you can't ask for help.
- 7. Don't eat in class! You might get into big trouble with your teacher.
- 8. If you have a lot of free time, split it into study and homework time, and chill time. Make sure the work time is a little bit more you can be almost done with your work by the time your time is up.

- 1. Get an Agenda to keep better track of assignments
- 2. ALWAYS check your emails everyday
- 3. don't be afraid to ask your teachers about any assignment you missed or something you need to redo
- 4. You'll need to have better management of your time because there's more homework
- 5. Be able to adjust to a new schedule
- 6. Be confident, Teachers expect more from you.
- 7. be kind to your peers
- 8. Be responsible for your assignments

Tips for going upstairs by Malachi Gern

Tips for going upstairs Ashlyn Dunn

- 1. Using a planner or calendar is so helpful to keep all your work together and remember what's due!
- 2. Always keep binders and folders for your schoolwork, because you get a lot of assignments and just throwing them around will make you lose them, and then you will end up in bad grades.
- 3. Making a study routine at least a few times a day is a really good idea so that you stay up to date on things and are ready for any upcoming quiz/tests.
- 4. Many people don't use their lockers, but it's a really good idea because carrying everything in your backpack will feel very heavy, because you move every period and your back may start to hurt.
- 5. Don't stress about things, because in the end stress will make things worse, and whatever you are working on might not turn out as good if you were worried the whole time.
- 6. Try to get to know teachers and be nice to them because having a good connection with a teacher will make classes and work so much better and more fun!
- 7. Switching classes is really easy, don't worry about it, you won't get lost and honestly switching classes is so much better because their days go by so much quicker.
- 8. You make so many more friends because of switching classes, even if you don't talk to them usually.