NOVEMBER 2026

BEAVER BROOK & WOODSDALE ELEMENTARY

"This institution is an equal opportunity provider. "

PLEASE NOTE: *Carbohydrate counts are based on information obtained from manufacturers and your food provider's recipes and may vary due to product substitutions and/or recipe variations. The information serves only as a general guideline and should not be solely relied upon for those with a medical condition.*

Monday	Tuesday	Wednesday	Thursday	Friday
2 **Stuffed Crust Pizza** 38g Caesar Salad 10g with Crispy Roasted Chic Peas Fresh Apple Slices 16g Ice Cold Milk	**3** **NO SCHOOL** *TEACHER IN SERVICE* 	**4** **Crispy Chicken Sandwich** 45g Cucumber Wheels 6g Fresh Grapes 14g Ice Cold Milk	**5** **Crispy Chicken Tenders** 16g served with **Rice** 20g **& Broccoli** 5g Warm Cinnamon Apples 19g Ice Cold Milk	**6** **Wild Mike's Cheesy Bites** 28g Soft Crust Mozzarella filled Pillows with warm Marinara 10g for dipping. Fresh Roasted Green Beans 5g Fruit of the Day 22g Ice Cold Milk
9 **Max Pizza** 33g served with Garden Salad 3g Ranch Dressing 1g Fresh Apple Slices 16g Ice Cold Milk	**10** **Cheeseburger** 28g Baked Beans 20g Fresh Rainbow Bell Pepper Strips 4.5g Orange Smiles 19g Ice Cold Milk	**11** **NO SCHOOL** 	*"Deconstructed"* **12** **Popcorn Chicken Bowl** 54g Creamy Mashed Potatoes & Gravy Golden Corn Freestone Peach Cup 22g Ice Cold Milk	**13** **Pizza Crunchers** 41g Whole Grain Breaded Mozzarella Cheese with Pizza Sauce on the inside. with Warm Marinara 10g for dipping. Fresh Roasted Carrots 6g Fruit of the Day 22g Ice Cold Milk
16 **Personal Pan Pizza** 38g Caesar Salad 10g with Crispy Roasted Chic Peas Fresh Apple Slices 16g Ice Cold Milk	**17** **Hot Dog in a Bun** 26g* Baked Beans 20g Fresh Corn on the Cob 9g Juicy Watermelon Wedge 6g Ice Cold Milk	**18** **Crispy Chicken Sandwich** 45g Cucumber Wheels 6g Fresh Grapes 14g Ice Cold Milk	**19** **Crispy Chicken Tenders** 16g served with **Rice** 20g **& Broccoli** 5g Warm Cinnamon Apples 19g Ice Cold Milk	**20** **Wild Mike's Cheesy Bites** 28g Soft Crust Mozzarella filled Pillows with warm Marinara 10g for dipping. Fresh Roasted Green Beans 5g Fruit of the Day 22g Ice Cold Milk
23 **Chik'N Waffles** Crispy Chicken Tenders 16g served with Waffles 12g & Syrup 30g Sweet Potato Fries 19g Freestone Peach Cup 22g Ice Cold Milk	**24** **School Made Cheese Pizza** 32g Fresh Rainbow Bell Pepper Strips 4.5g Turkey Cookie Treat 22g Fruit of the Day 22g Ice Cold Milk	**Early Release** **BREAKFAST SERVED** **25**  For lunch distribution details	**Happy Thanksgiving** **26** 	**NO SCHOOL** **27** **Thanksgiving Recess**
30 **Pizza Crunchers** 41g Whole Grain Breaded Mozzarella Cheese with Pizza Sauce on the inside. with Warm Marinara 10g for dipping. Fresh Roasted Carrots 6g Applesauce Cup 15g Ice Cold Milk				

Breakfast & Lunch Free to all students!

ALTERNATE CHOICES

School Made Cheese Pizza Lunch 32g (served daily, except when pizza is the main meal) includes pizza, milk, and fruit & vegetables of the day. See calendar day above for fruit and vegetables with pizza lunch.
Cereal Fun Lunch (Mon. & Thur. WG Cheerios or Reduced Sugar WG Lucky Charms 22g – Wed. WG Cheerios or WG Frosted Corn Flakes 25g - Tues. & Friday Reduced Sugar WG Cinnamon Toast Crunch 22g)
Cereal Fun Lunch includes Cereal, Milk- white 13g choc 20g, Cheese Stick 0g, Veggie Juice13g & Fruit of the Day! See calendar day above for fruit served with cereal lunch.
Lactaid and Soy Milk Available!

*Contains Pork

Menu subject to change based on unforeseen product shortages and delivery delays.