

Dubuque Area Child and Adolescent Outpatient Therapists

**** Please refer to the individual agency/therapist website for additional information regarding the most up to date providers, specialty of therapists, hours of operation, and insurances accepted.

Agencies	Agencies
A Mindful Journey 2600 Dodge St. Suite D4 Dubuque https://www.amindfuljourney.com Melissa Anderson, LISW (563)207-1925 Mackenzie Baker, LMSW (563) 341-7031 Rich Corfman, LISW (563)513-5908 Shana Kutsch, LISW (563)663-0670 Mindy Finn, LMHC (563)587-8428 Matthew Mihalakis, LMHC (563) 580-5518 Heather Muntz, LISW (563) 341-7188 Jamie Klein, LISW (563) 588-6792 Julia Updegraff, LMHC (563) 223-8040	Harbor Wellness & Counseling 805 Century Drive, Suite 5 https://www.harbourwellness.com Grace Ashbrook, LMHC (563) 580-0797 Blair Birkett, LMHC (563) 270-0868 Kate Bechen, LISW (563) 599-9685 Lori Ollendick, LMHC (563) 556-4961 Melissa Digmann, LISW (563) 265-1299 Gwen Merfeld, tLMHC (563) 484-4052 Wendy Woolf, LMHC (630) 220-3527 Dieunn Musser, LMHC (563) 341-7181 Jennie Null, LMHC (563) 412-5771
Catholic Charities 1229 Mt. Loretta Dubuque (563)588-0558 https://catholiccharitiesdubuque.org/counseling Rosa Salazar, MA, LMFT* Amy Mahoney, LISW Todd Ostwinkle, LMHC Kaitlin Gudenkauf, LMFT Colleen Mahoney, LMHC Julianne Klesel, LISW Angella Link, LMSW Lori Eastwood, LISW Sr. Rita Menart, LMHC* *=Bi-lingual Counselor	Hillcrest Mental Health Center 2435 Hillcrest Rd. Dubuque (563)582-0145 https://hillcrest-fs.org/services/community-mental-health-centers Nicole Nesbit,tLMHC Jamie Oler-Harrop, LMSW Anna Reed, tLMHC Maggie Fredick, tLMHC
Compass Counseling 2728 Asbury Rd. Suite 650 Dubuque (563) 564-4114 https://compasscounselingdbq.com Ashlee Weber, LMHC Megan Amos, LMHC Covenant Family Solutions 505 Cedar Cross Rd. Dubuque (888) 336- 9661 https://covenantfamilysolutions.com/locations/dubuque-clinic	Inner Balance Wellness Collective 3100 Cedar Crest Ridge Suite 5 Dubuque 563-724-5687 https://www.psychologytoday.com/us/therapists/inner-balance-wellness-collective-dubuque-ia/1776235 Meghan Smith, LISW Carissa Downs, LMSW Amy Prilipp, tLMHC
Tassie Crews, LMSW Reid Mettert, LMHC Andrea Miler, TLMFT Hannah Turner, LMSW Alison Schneider, LMSW Laura Thorp-Lancaster, LMSW	Journeys Counseling 2254 Flint Hill, Drive, Suite 2 Dubuque https://www.journeyscounselingdbq.com Laura Hoffmann, LMHC (563) 845-3993 Heidi Willmarth, LMHC (413) 628-1083
Crossroads 300 Main St. Suite 230 Dubuque (563)556-0699 https://crossroadsdbq.com Yvette Saeugling, LISW Antonia Frost, LMSW Ronda Jasper, LMHC Jennifer Gremmel, TLMHC Valerie Weiser, MSW	Lutheran Services in Iowa 2255 JFK Rd. Dubuque (563)582-0044 https://lsiowa.org/therapy/ Lindsey Darrouzet, LMSW Ariel Molzof, LMSW James Guentherman, LMHC Jennifer Dolson, LMHC Martha Nowacki, tLMHC Molly Allen, LMSW Abigail Riegler, LMSW Tara Velez, LMSW Mckenzie Mueller
CWM Counseling 3343 Center Grove Dr. Ste A Dubuque (608) 348-5088 https://www.cwmcounseling.com Marie Even, LISW	Medical Associates 1000 Langworthy Dubuque (563)584-3440 (563) 584-3500 https://www.mahealthcare.com/health-services/behavioral-mental-health
Grow in Balance Counseling & Wellness 7462 Thunder Valley Dr. Suite 4 Peosta (319) 536-3534 https://growinbalancewellness.com Candice Cox, LMHC Kim Heiar, LMHC	Martha Gould, PhD Psychologist Carrier Merrick, LMHC Nicole Brehm, LISW Jessica Hanson, LMHC Amy Miller, PHD Alec Anderson, PsyD Aaron Whitney, PhD Tom Ottavi, PHD Patty Nieto-Caceres, LMHC Juan Arjona, LMHC Benjamin Kunz, PsyD Pieper Waara, DNP
Midwest Counseling Associates 2100 Asbury Road, Suite 3 Dubuque 563-341-7276 https://www.midwestcounselingdbq.com/ Amy SteveLISW Brock Osthoff, LMSW Brooke Martin, LMHC Nicole Kaiser, LISW Jetti Schudlach, tLMHC Adeline Coenen, LMSW Olivia Godwin, tLMHC	Prairie Home Wellness & Counseling 218 West 1st Street, Suite A Monticello (319) 595-2696 Lacy Orcutt, LMFT https://www.prairiehomewellness.com

Agencies	Family Services
New Moon Counseling Alliance Locust St. Dubuque https://www.newmooncounselingalliance.com Loey Sawvell, LMHC Abby Bottorff, tLMHC Rachel Nauman, LMSW Amanada Reynolds, LISW	Child Health Specialty Clinic 1789 Elm St. Dubuque (563) 556-3700 https://chsciowa.org
Restoring Wellness 210 Jones St Door H Dubuque https://restoring-wellness.org Brandee Kohnen, LISW (563) 265-1427 Chloe Heberlein, tLMHC (563) 241-5566 Kate Burks, LMFT (563) 663-9166	Families First 2774 University Ave Ste D Dubuque (888) 316-3025 https://www.families-first.net/locations/dubuque
Rise Counseling & Consulting https://www.risecounselingandconsulting.com (319) 224-0722 308 1st Ave. W Cascade 1021 2nd Ave SE Suite 2 Dyersville 101 North Main Street Maquoketa 100 North Franklin Street Manchester 8411 Peosta Commercial Court Suite #6 Peosta	Life Connections 210 Jones St. Dubuque (563) 265-8694 https://life-connections.org/mental-health-therapy Independent Practitioners Asbury Counseling Services Rhonda Gotto, LISW 3500 Dodge St Ste 205 (563) 588-3500 http://www.asburycounseling.com
Sunrise Therapy & Counseling 216 W. 1st St. Monticello (319) 481-2221 http://www.sunrisetherapyandcounseling.com Nicole Monk-Stoneking, LISW Johna Phillipson, LMSW Meghan Rupp, LMSW Weber Counseling – Gregory Weber, LMHC 2100 Asbury Road Suite 5 Dubuque (563) 259-6125 3 Willows Wellness 2223 Key Way Dr., Suite A Dubuque (563) 556-5000 https://www.3willowswellness.com Loie Poll, Ph. D. Brigid Rahlf, Ph. D Cathy McDermott, LISW Abigail Leib, LISW Cathy Esser, LISW Crescent Community Health Brain Health Clinic 1690 Elm St. Suite 300 Dubuque (563) 690-2850 https://crescentchc.org/our-services/brain-health-therapist.html	Behavioral Health Southwest 6689 Boulder Brook Ct Suite 4 Dubuque (563) 500-9446 Christine McGrath Wetjen, PHD Claire Hunt Counseling 810 Locust St. Dubuque (563) 275-6445 https://www.psychologytoday.com/us/therapists/claire-hunt-dubuque-ia/330694 Crossing Rivers Counseling 2728 Asbury Road Suite 160 Dubuque (563) 748-2898 Valerie Gill, LSW https://crossingriverscounseling.com/ JDR Counseling – Joel Reicks, LMHC 3388 Kennedy Circle Suite 1 Dubuque (563) 519-8288 https://www.jdr counseling services.com
Sexual and Domestic Assault Services Riverview Nesler Center, Suite 370 Dubuque https://riverviewcenter.org (563) 557-0310	Lynn Lutze, PHD, LPC 7407 Thunder Valley Drive Peosta (563) 228-8828 https://www.psychologytoday.com/us/therapists/lutze-consulting-llc-peosta-ia/292020 Jon Filitti, LMHC 2728 Asbury Rd. #950 Dubuque (563) 543-7471 https://www.filitticounseling.com
Walk In Center Hillcrest Family Services - A New Day Walk In Center 2505 Wilbriht Lane Dubuque (563) 265-6798	Homb Therapy - Julie Homb 3388 Kennedy Circle, Suite 1 Dubuque (563) 580-1990 Waves Healing Therapy Stefanie Dingbaum 105 E Butler Street Manchester (563) 674-6012 https://www.psychologytoday.com/us/therapists/stefanie-dingbaum-manchester-ia/1151741

*** This list is not exhaustive, nor an endorsement of any party. It is the responsibility of the guardian to check references and/or current licensure of counselors. Speak to the counselor directly about concerns and/or discontinue the relationship if there is something troubling or ineffective about the counseling or counselor.

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