

CLASS INFORMATION

Who: Parents or caregivers of children 10 years and older.

When: 5:30 pm -7:30 pm, for 12 weeks starting on Thursday, March 20th, 2025

Weekly Thursday Sessions:

| | | | |
|------|------|------|------|
| 3/20 | 3/27 | 4/3 | 4/10 |
| 4/17 | 4/24 | 5/1 | 5/8 |
| 5/15 | 5/22 | 5/29 | 6/5 |

Where: New Heights

222 W. Park Street
Gillett, WI 54124

*Childcare and light snacks will be provided.

For More Information

Contact Us At:

**Oconto County
Department of Health
and Human Services:**

501 Park Avenue
Oconto, WI 54153

920-834-7000

or

Erin Helman
920-834-7021

erin.helman@co.oconto.wi.us



**The Parent Project®
Parenting Classes:
Changing Destructive
Adolescent Behavior**

**Parenting Techniques
for the Strong Willed
Child**

**Presented by:
Oconto County
Department of Health
and Human Services**

Give us 24 hours and we'll change your life!

When facing the toughest adolescent behaviors, parents need three things: desire, information, and emotional support. The Parent Project® provides all three elements in a 12-week program that will build a foundation your child cannot shake!

This 12-week program meets once a week for two hours. It requires dedication and commitment for change to occur. We can show you the way, but parents ultimately decide whether or not to take the path to success. Your effort is required.

Your Concerns, Our Focus

The Parent Project® is a highly structured, activity-based parent training that teaches parents to influence, not control, today's teens. Parent Project® graduates have been successful in reducing such targeted behaviors as school failure, drug use, arguing, and youth violence. The Parent Project® is a research-based program for parents with youth ages 10-18.

Critical Issues

Addressed:

- Arguing, Backtalk, and Family Conflict
- Childhood Trauma
- Poor School Performance
- Truancy and Dropouts
- Influence of Social Media and Technology
- Early Teen Sexuality
- Teen Drug and Alcohol Use
- Youth Gangs
- Teen Violence and Bullying
- Criminal Activity
- Runaways

Parents are the answer when they have the tools they need!

Research shows parents have the most influence over changing their child's behavior, not school counselors, police officers or judges. The Parent Project® causes change by supplementing the parent's natural position of authority with effective techniques.

Program Goals:

- Reduce Family Conflict
- Reduce Juvenile Crime
- Reduce Recidivism
- Improve School Attendance and Performance

For thirty years, the Parent Project® has been used by courts, social service agencies, school resource officers, counselors, and parenting coaches across our country to help parents address problematic behaviors.