Cumberland County Schools

Nov 2, 2026 thru Dec 4, 2026

Menu Name: 9-12 LUNCH TRADITIONAL

Monday - 11/02/2026

	Portion Size	Cals[1] (kcal)	Total Sugars (g)	Added Sugars[1] (g)	Carb (g)
900080 27-MILK, CHOCOLATE FF 8oz	Each (8 oz)	110	18.00	6.00	19.00
900079 27-MILK, PLAIN 1% 8oz	Each (8oz)	100	12.00	0.00	12.00
900081 27-MILK, STRAWBERRY FF 8oz	Each (8 oz)	110	18.00	6.00	19.00
900084 27-MILK,Lactose FF 8oz	Each	110	12.00	0.00	13.00
900579 27-MILK,Lactose Chocolate FF 8oz	Each	100	17.00	5.00	18.00
900156 27-MILK,SOY VANILLA 8 oz	Each	110	5.00	5.00	9.00
900105 27-CHEESE DUNKERS, WG, 4.2oz	2 Each	290	4.00	1.00	28.00
900482 27-SAUCE, MARINARAw/SpagTomSc	.25 Cup	33	3.93	0.81	6.90
900164 27-PORK CHOP SAND WG bun	Sandwich	410	5.00	4.00	41.00
900107 27-PIZZA, Stuffed Crust Cheese	Slice	310	5.00	1.00	29.00
900111 27-PIZZA,PEPPERONI Pizzeria HS	Slice	350	5.00	1.00	30.00
900251 27-CARROTS, Savory frozen	1/2 cup	90	13.78	*9.88	17.82
900484 27-CABBAGE, seasoned	1/2 cup	32	2.35	0.00	3.95
900289 27-PEACH CUP, Frzn 4.4oz	Each	90	19.00	*N/A*	21.00
900286 27-PEACHES Diced, cnd	1/2 Cup	69	15.00	*N/A*	16.16
004961 00-APPLES, Fresh, Whole	Each	75	15.08	0.00	19.72
900324 27-MUSTARD 5.6g portion	Each	5	0.00	0.00	0.00
900534 27-MAYONNAISE FF 12g	Each	30	0.00	0.00	0.00
900541 27-SAUCE, HOT, Packet 7g	Each	0	0.00	0.00	0.00
900317 27-KETCHUP: individual	Each	10	2.00	2.00	2.00
900536 27-DRESSING, SM Ranch	#30 Scoop	71	0.63	0.00	2.33
900535 27-DRESSING, 12G Ranch	Pk (12 g ea)	10	1.00	1.00	2.00

Wednesday - 11/04/2026

	Portion Size	Cals[1] (kcal)	Total Sugars (g)	Added Sugars[1] (g)	Carb (g)
900080 27-MILK, CHOCOLATE FF 8oz	Each (8 oz)	110	18.00	6.00	19.00
900079 27-MILK, PLAIN 1% 8oz	Each (8oz)	100	12.00	0.00	12.00
900081 27-MILK, STRAWBERRY FF 8oz	Each (8 oz)	110	18.00	6.00	19.00
900084 27-MILK,Lactose FF 8oz	Each	110	12.00	0.00	13.00
900579 27-MILK,Lactose Chocolate FF 8oz	Each	100	17.00	5.00	18.00
900156 27-MILK,SOY VANILLA 8 oz	Each	110	5.00	5.00	9.00
900413 27-SALAD, Southwest Chick Diced	Each	164	3.36	*0.00	7.82
900475 27-CHIPS, Tostitos, HS 1.45oz	each (1.45 oz)	190	0.00	0.00	30.00
900224 27-PARFAIT LUN, Blueberry HS	Parfaits	200	23.67	*10.67	38.33
900223 27-PARFAIT LUN, APPLE CINN HS	Parfaits	355	62.11	*10.67	78.85
900288 27-PARFAIT LUN, Peach HS	Parfaits	228	33.34	*10.67	45.14
900308 27-GRANOLA, 2 oz	1/2 cup	212	10.60	9.78	36.68

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900567 27-PIZZA, Pizza Hut CHEESE	Slice	320	2.00	*N/A*	36.00
900565 27-PIZZA, Pizza Hut Pepperoni	Slice	350	2.00	*N/A*	35.00
900566 27-PIZZA, Pizza Hut Sausage	Slice	380	2.00	*N/A*	36.00
900568 27-PIZZA, Pizza Hut Veggie	Slice	330	2.00	*N/A*	37.00
900264 27-FRIES,Crinkle Spicy Baked	1/2 C (1.98oz)	84	0.17	0.00	14.12
900265 27-FRIES,Crinkle Spicy Fried	1/2 C (1.98 oz)	86	0.17	0.00	14.12
900279 27-BEANS, Green Canned	1/2 cup	26	1.62	*0.00	3.11
900285 27-FRUIT, MIX, cnd USDA	1/2 cup	62	12.78	3.93	15.74
004988 00-ORANGES 125 ct	1 Each (125 ct)	74	14.75	0.00	18.22
900324 27-MUSTARD 5.6g portion	Each	5	0.00	0.00	0.00
900534 27-MAYONNAISE FF 12g	Each	30	0.00	0.00	0.00
900541 27-SAUCE, HOT, Packet 7g	Each	0	0.00	0.00	0.00
900317 27-KETCHUP: individual	Each	10	2.00	2.00	2.00
900536 27-DRESSING, SM Ranch	#30 Scoop	71	0.63	0.00	2.33
900547 27-DRESSING, SM Srirac Ranch	#30 scoop	71	0.63	0.00	2.33
900535 27-DRESSING, 12G Ranch	Pk (12 g ea)	10	1.00	1.00	2.00

Thursday - 11/05/2026

	Portion Size	Cals[1] (kcal)	Total Sugars (g)	Added Sugars[1] (g)	Carb (g)
900080 27-MILK, CHOCOLATE FF 8oz	Each (8 oz)	110	18.00	6.00	19.00
900079 27-MILK, PLAIN 1% 8oz	Each (8oz)	100	12.00	0.00	12.00
900081 27-MILK, STRAWBERRY FF 8oz	Each (8 oz)	110	18.00	6.00	19.00
900084 27-MILK,Lactose FF 8oz	Each	110	12.00	0.00	13.00
900579 27-MILK,Lactose Chocolate FF 8oz	Each	100	17.00	5.00	18.00
900156 27-MILK,SOY VANILLA 8 oz	Each	110	5.00	5.00	9.00
900100 27-CORN DOG NUGGETS	6 Nuggets	249	1.00	0.00	29.84
900493 27-CHICKEN & RICE CASS,Diced	2/3 CUP	271	1.65	*0.00	18.56
900481 27-ROLL, WG Roll Dough 2.2	Roll	178	5.00	5.00	29.00
900120 27-CHICKEN,ULT BREAST	Sandwich	340	4.00	4.00	43.00
004979 00-LETTUCE &TOMATO:1 lf,2 slc	1 lf,2 slc	7	0.71	0.00	1.28
900314 27-PICKLE,Dill Slice 2 ea	2 Each	0	0.00	0.00	0.00
900526 MC Bento Box - NO PLAN	Each	*N/A*	*N/A*	*N/A*	*N/A*
900440 27-BENTO BOX, Pizza Pepp	Each	569	22.09	2.00	56.74
900502 27-BENTOBOX,ChickSaladw/Crossi	Serving	430	26.09	*4.68	58.84
900268 27-FRIES,CRINKLSWEET POT FRIED	1/2 C (3.25 oz)	148	8.88	0.00	21.08
900671 27-FRIES,CRINKLSWEET POT Baked	1/2 C (3.25 oz)	148	8.88	0.00	21.08
900507 27-COLLARD GREENS,Frozen, Marg	1/2 cup	57	0.34	*0.00	6.44
900647 27-APPLESAUCE, Cinnamon, USDA	1/2 CUP	63	12.34	*0.00	15.70
004990 00-PEARS,FRESH 120 ct	Each	79	13.79	0.00	21.15
900317 27-KETCHUP: individual	Each	10	2.00	2.00	2.00
900324 27-MUSTARD 5.6g portion	Each	5	0.00	0.00	0.00
900534 27-MAYONNAISE FF 12g	Each	30	0.00	0.00	0.00
900535 27-DRESSING, 12G Ranch	Pk (12 g ea)	10	1.00	1.00	2.00
900542 27-SAUCE, SM Signature	Tbsp	35	1.08	*0.40	2.14

Friday - 11/06/2026

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	Portion Size	Cals[1] (kcal)	Total Sugars (g)	Added Sugars[1] (g)	Carb (g)
900080 27-MILK, CHOCOLATE FF 8oz	Each (8 oz)	110	18.00	6.00	19.00
900079 27-MILK, PLAIN 1% 8oz	Each (8oz)	100	12.00	0.00	12.00
900081 27-MILK, STRAWBERRY FF 8oz	Each (8 oz)	110	18.00	6.00	19.00
900084 27-MILK,Lactose FF 8oz	Each	110	12.00	0.00	13.00
900579 27-MILK,Lactose Chocolate FF 8oz	Each	100	17.00	5.00	18.00
900156 27-MILK,SOY VANILLA 8 oz	Each	110	5.00	5.00	9.00
900380 27-NACHOS W/ BEEF & CHS MD/HS	1/2 cup	192	4.65	0.27	5.50
900475 27-CHIPS, Tostitos, HS 1.45oz	each (1.45 oz)	190	0.00	0.00	30.00
900678 27-Chicken Quesadilla, HS	each	426	0.27	*0.00	36.12
900107 27-PIZZA, Stuffed Crust Cheese	Slice	310	5.00	1.00	29.00
900111 27-PIZZA,PEPPERONI Pizzeria HS	Slice	350	5.00	1.00	30.00
900277 27-BEANS, Black 3/4 cup	3/4 Cup	160	3.32	*0.00	28.86
900508 27-CORN MEXICALI, USDA	1/2 CUP	75	5.18	*0.00	12.51
900307 27-SALSA, Mild	.25 cup	20	2.01	2.01	4.03
900290 27-PEARS Diced, cnd	1/2 Cup	65	13.08	*N/A*	17.45
900175 MC Seasonal Fresh Fruit - NO PLAN	Each	*N/A*	*N/A*	*N/A*	*N/A*
004988 00-ORANGES 125 ct	1 Each (125 ct)	74	14.75	0.00	18.22
004961 00-APPLES, Fresh, Whole	Each	75	15.08	0.00	19.72
004990 00-PEARS,FRESH 120 ct	Each	79	13.79	0.00	21.15
900324 27-MUSTARD 5.6g portion	Each	5	0.00	0.00	0.00
900534 27-MAYONNAISE FF 12g	Each	30	0.00	0.00	0.00
900317 27-KETCHUP: individual	Each	10	2.00	2.00	2.00
900535 27-DRESSING, 12G Ranch	Pk (12 g ea)	10	1.00	1.00	2.00
900329 27-SAUCE, TACO 9g pk	Packs	5	0.00	0.00	1.00
900334 27-SOUR CREAM 1oz	Each (1 oz)	50	1.00	0.00	2.00
900313 27-PEPPER, JALAPENO Slices	.5 oz	0	0.50	0.00	0.50
004944 00-LETTUCE, shredded (bag)	1/2 cup	4	0.75	0.00	1.12
006148 00-TOMATO, dic	1/8 cup	5	0.90	0.00	1.18

Monday - 11/09/2026

	Portion Size	Cals[1] (kcal)	Total Sugars (g)	Added Sugars[1] (g)	Carb (g)
900080 27-MILK, CHOCOLATE FF 8oz	Each (8 oz)	110	18.00	6.00	19.00
900079 27-MILK, PLAIN 1% 8oz	Each (8oz)	100	12.00	0.00	12.00
900082 26-MILK, STRAWBERRY FF 8oz	1 Each (8 oz)	110	18.00	6.00	19.00
900084 27-MILK,Lactose FF 8oz	Each	110	12.00	0.00	13.00
900579 27-MILK,Lactose Chocolate FF 8oz	Each	100	17.00	5.00	18.00
900156 27-MILK,SOY VANILLA 8 oz	Each	110	5.00	5.00	9.00
900443 27-CHICKEN, Italian Sandwich	Sandwich	348	7.27	4.22	48.04
900476 27-MEATBALLS and GRAVY	5 ea	229	0.84	0.84	8.47
900573 27-ROLL,Garlic Butter WG 2.2	Roll	187	5.02	5.00	29.09
900107 27-PIZZA, Stuffed Crust Cheese	Slice	310	5.00	1.00	29.00
900111 27-PIZZA,PEPPERONI Pizzeria HS	Slice	350	5.00	1.00	30.00
900671 27-FRIES,CRINKLSWEET POT Baked	1/2 C (3.25 oz)	148	8.88	0.00	21.08

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900268 27-FRIES,CRINKLSWEET POT FRIED	1/2 C (3.25 oz)	148	8.88	0.00	21.08
900279 27-BEANS, Green Canned	1/2 cup	26	1.62	*0.00	3.11
900284 27-MIXED BERRY CUP, Frz 4 oz USDA	Each	90	16.00	*N/A*	20.00
004961 00-APPLES, Fresh, Whole	Each	75	15.08	0.00	19.72
900324 27-MUSTARD 5.6g portion	Each	5	0.00	0.00	0.00
900534 27-MAYONNAISE FF 12g	Each	30	0.00	0.00	0.00
900317 27-KETCHUP: individual	Each	10	2.00	2.00	2.00
900535 27-DRESSING, 12G Ranch	Pk (12 g ea)	10	1.00	1.00	2.00
900325 27-SAUCE, Honey Mustard 1oz	Each	140	6.00	6.00	6.00

Tuesday - 11/10/2026

	Portion Size	Cals[1] (kcal)	Total Sugars (g)	Added Sugars[1] (g)	Carb (g)
900080 27-MILK, CHOCOLATE FF 8oz	Each (8 oz)	110	18.00	6.00	19.00
900079 27-MILK, PLAIN 1% 8oz	Each (8oz)	100	12.00	0.00	12.00
900081 27-MILK, STRAWBERRY FF 8oz	Each (8 oz)	110	18.00	6.00	19.00
900084 27-MILK,Lactose FF 8oz	Each	110	12.00	0.00	13.00
900579 27-MILK,Lactose Chocolate FF 8oz	Each	100	17.00	5.00	18.00
900156 27-MILK,SOY VANILLA 8 oz	Each	110	5.00	5.00	9.00
900093 27-CHICKEN, ORANGE TANG WG	3.9 0Z	210	13.00	13.00	26.00
900490 27-RICE, Seasoned 1/2c	1/2 CUP	116	0.00	0.00	21.19
900481 27-ROLL, WG Roll Dough 2.2	Roll	178	5.00	5.00	29.00
900166 27-FISHWICH ON WG BUN	Each	330	4.00	4.00	46.00
900120 27-CHICKEN,ULT BREAST	Sandwich	340	4.00	4.00	43.00
004979 00-LETTUCE &TOMATO:1 lf,2 slc	1 lf,2 slc	7	0.71	0.00	1.28
900314 27-PICKLE,Dill Slice 2 ea	2 Each	0	0.00	0.00	0.00
900288 27-PARFAIT LUN, Peach HS	Parfaits	228	33.34	*10.67	45.14
900224 27-PARFAIT LUN, Blueberry HS	Parfaits	200	23.67	*10.67	38.33
900223 27-PARFAIT LUN, APPLE CINN HS	Parfaits	355	62.11	*10.67	78.85
900225 27-PARFAIT LUN, Strawberry HS	Parfaits	205	24.41	*10.67	40.82
900308 27-GRANOLA, 2 oz	1/2 cup	212	10.60	9.78	36.68
900249 27-CARROTS, Glaze Frozen	1/2 cup	107	13.14	*8.71	17.84
900280 27-BROCCOLI frzn	1/2 CUP	44	1.03	*0.00	5.20
900404 27-PINEAPPLE TIDBITS, Canned Purchased	1/2 Cup	80	16.90	0.00	19.88
004988 00-ORANGES 125 ct	1 Each (125 ct)	74	14.75	0.00	18.22
900317 27-KETCHUP: individual	Each	10	2.00	2.00	2.00
900324 27-MUSTARD 5.6g portion	Each	5	0.00	0.00	0.00
900534 27-MAYONNAISE FF 12g	Each	30	0.00	0.00	0.00
900541 27-SAUCE, HOT, Packet 7g	Each	0	0.00	0.00	0.00
900543 27-SAUCE, SM YumYum	Tbsp	33	0.60	*0.19	1.64
900327 27-SAUCE, Soy pk	Each	5	1.00	1.00	1.00
900328 27-SAUCE, Sweet & Sour 1oz	Each	50	12.00	11.00	13.00
900336 27-Sauce,Teriyaki Min Dipping	#30 Scoop	60	11.08	11.08	13.10
900330 27-SAUCE, TARTAR IND 12 gr	PK (12 GR)	40	2.00	2.00	3.00

Thursday - 11/12/2026

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	Portion Size	Cals[1] (kcal)	Total Sugars (g)	Added Sugars[1] (g)	Carb (g)
900080 27-MILK, CHOCOLATE FF 8oz	Each (8 oz)	110	18.00	6.00	19.00
900079 27-MILK, PLAIN 1% 8oz	Each (8oz)	100	12.00	0.00	12.00
900081 27-MILK, STRAWBERRY FF 8oz	Each (8 oz)	110	18.00	6.00	19.00
900084 27-MILK,Lactose FF 8oz	Each	110	12.00	0.00	13.00
900579 27-MILK,Lactose Chocolate FF 8oz	Each	100	17.00	5.00	18.00
900156 27-MILK,SOY VANILLA 8 oz	Each	110	5.00	5.00	9.00
900133 27-CHEESEBURGER,Brioche	Sandwich	395	6.00	5.00	30.00
900121 27-HOT DOG Beef ON BUN WW	Hot Dog(s)	290	4.00	4.00	30.00
900098 26-CHILI, HOT DOG	#16 Scoop	50	1.00	*N/A*	5.00
900590 00-ONION, Slices	1/8 cup	7	0.77	0.00	1.69
900120 27-CHICKEN,ULT BREAST	Sandwich	340	4.00	4.00	43.00
004979 00-LETTUCE &TOMATO:1 lf,2 slc	1 lf,2 slc	7	0.71	0.00	1.28
900314 27-PICKLE,Dill Slice 2 ea	2 Each	0	0.00	0.00	0.00
900452 27-SALAD, Chef Lett&Chees Base	Salad	147	3.78	0.00	8.64
900392 27-SALAD, Chef Chicken Diced	1 oz	36	0.00	*N/A*	0.00
900453 27-SALAD, Chef Egg Hard Boiled	Each	72	0.18	0.00	0.36
900582 27-FLATBREAD,Seasoned	Each(2 oz)	234	2.23	1.00	28.75
900481 27-ROLL, WG Roll Dough 2.2	Roll	178	5.00	5.00	29.00
900320 27-DRESSING, 1.5 Ranch	Each	150	2.00	2.00	3.00
900538 27-DRESSING, 1.5 Italian	Each	15	2.00	2.00	2.00
900321 27-DRESSING, 1.5oz 1000 Island	Each	220	6.00	5.00	6.00
900537 27-DRESSING, 1.5 CreamyFrench	Each	190	12.00	12.00	13.00
900301 27-BEANS, Baked Veg 1 C	1 Cup	320	25.61	23.48	64.03
900478 27-COLESLAW, CABBAGE MIX 1/2 C	1/2 CUP	65	4.97	*0.96	7.61
900289 27-PEACH CUP, Frzn 4.4oz	Each	90	19.00	*N/A*	21.00
900286 27-PEACHES Diced, cnd	1/2 Cup	69	15.00	*N/A*	16.16
004962 00-BANANAS 100-120 CT	Each	121	16.32	0.00	31.06
900317 27-KETCHUP: individual	Each	10	2.00	2.00	2.00
900324 27-MUSTARD 5.6g portion	Each	5	0.00	0.00	0.00
900534 27-MAYONNAISE FF 12g	Each	30	0.00	0.00	0.00
900613 27-SAUCE, Burger	#40 Scoop	47	0.96	0.86	2.30

Friday - 11/13/2026

	Portion Size	Cals[1] (kcal)	Total Sugars (g)	Added Sugars[1] (g)	Carb (g)
900080 27-MILK, CHOCOLATE FF 8oz	Each (8 oz)	110	18.00	6.00	19.00
900079 27-MILK, PLAIN 1% 8oz	Each (8oz)	100	12.00	0.00	12.00
900081 27-MILK, STRAWBERRY FF 8oz	Each (8 oz)	110	18.00	6.00	19.00
900084 27-MILK,Lactose FF 8oz	Each	110	12.00	0.00	13.00
900579 27-MILK,Lactose Chocolate FF 8oz	Each	100	17.00	5.00	18.00
900156 27-MILK,SOY VANILLA 8 oz	Each	110	5.00	5.00	9.00
900315 27-SPAGHETTI w/SpgSau&TomSau	1 Cup	389	9.28	1.87	46.70
900139 27-BREADSTICK, GARLIC WW	Each	100	0.00	0.00	15.00
900165 27-PORK, BBQ Sandwich Chandler	Each Sandwich	292	6.02	4.00	33.03

900107 27-PIZZA, Stuffed Crust Cheese	Slice	310	5.00	1.00	29.00
900111 27-PIZZA,PEPPERONI Pizzeria HS	Slice	350	5.00	1.00	30.00
900254 27-PEAS & CARROTS	1/2 Cup	70	4.29	*0.00	10.40
900281 27-CORN, Canned USDA	1/2 Cup	105	6.50	*0.00	14.02
900282 27-CORN, frozen USDA	1/2 cup	83	3.17	*0.00	16.28
900274 27-APPLESAUCE, cnd USDA	1/2 Cup	62	12.34	*N/A*	15.43
900275 27-APPLESAUCE, CUP USDA	Each	60	18.00	0.00	14.00
900175 MC Seasonal Fresh Fruit - NO PLAN	Each	*N/A*	*N/A*	*N/A*	*N/A*
004988 00-ORANGES 125 ct	1 Each (125 ct)	74	14.75	0.00	18.22
004961 00-APPLES, Fresh, Whole	Each	75	15.08	0.00	19.72
004990 00-PEARS,FRESH 120 ct	Each	79	13.79	0.00	21.15
900324 27-MUSTARD 5.6g portion	Each	5	0.00	0.00	0.00
900534 27-MAYONNAISE FF 12g	Each	30	0.00	0.00	0.00
900541 27-SAUCE, HOT, Packet 7g	Each	0	0.00	0.00	0.00
900317 27-KETCHUP: individual	Each	10	2.00	2.00	2.00
900536 27-DRESSING, SM Ranch	#30 Scoop	71	0.63	0.00	2.33
004979 00-LETTUCE &TOMATO:1 lf,2 slc	1 lf,2 slc	7	0.71	0.00	1.28

Monday - 11/16/2026

	Portion Size	Cals[1] (kcal)	Total Sugars (g)	Added Sugars[1] (g)	Carb (g)
900080 27-MILK, CHOCOLATE FF 8oz	Each (8 oz)	110	18.00	6.00	19.00
900079 27-MILK, PLAIN 1% 8oz	Each (8oz)	100	12.00	0.00	12.00
900081 27-MILK, STRAWBERRY FF 8oz	Each (8 oz)	110	18.00	6.00	19.00
900084 27-MILK,Lactose FF 8oz	Each	110	12.00	0.00	13.00
900579 27-MILK,Lactose Chocolate FF 8oz	Each	100	17.00	5.00	18.00
900156 27-MILK,SOY VANILLA 8 oz	Each	110	5.00	5.00	9.00
900086 27-CHICKEN CHUNK, Dill Flavor	4 pieces(4oz)	190	2.00	0.00	15.00
900481 27-ROLL, WG Roll Dough 2.2	Roll	178	5.00	5.00	29.00
900167 27-KIELBASA, Turkey	each	270	5.00	5.00	34.00
900107 27-PIZZA, Stuffed Crust Cheese	Slice	310	5.00	1.00	29.00
900111 27-PIZZA,PEPPERONI Pizzeria HS	Slice	350	5.00	1.00	30.00
900484 27-CABBAGE, seasoned	1/2 cup	32	2.35	0.00	3.95
900662 27-CARROTS, Homestyle	1/2 cup	51	3.80	*0.00	7.65
900286 27-PEACHES Diced, cnd	1/2 Cup	69	15.00	*N/A*	16.16
900289 27-PEACH CUP, Frzn 4.4oz	Each	90	19.00	*N/A*	21.00
004990 00-PEARS,FRESH 120 ct	Each	79	13.79	0.00	21.15
900317 27-KETCHUP: individual	Each	10	2.00	2.00	2.00
900324 27-MUSTARD 5.6g portion	Each	5	0.00	0.00	0.00
900534 27-MAYONNAISE FF 12g	Each	30	0.00	0.00	0.00
900541 27-SAUCE, HOT, Packet 7g	Each	0	0.00	0.00	0.00
900328 27-SAUCE, Sweet & Sour 1oz	Each	50	12.00	11.00	13.00
900533 27-SAUCE, BBQ 12g	Each	20	4.00	4.00	5.00
900325 27-SAUCE, Honey Mustard 1oz	Each	140	6.00	6.00	6.00
900589 27-vinegar, Pks 9 gra	Each	0	0.00	0.00	0.00

Tuesday - 11/17/2026

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	Portion Size	Cals[1] (kcal)	Total Sugars (g)	Added Sugars[1] (g)	Carb (g)
900080 27-MILK, CHOCOLATE FF 8oz	Each (8 oz)	110	18.00	6.00	19.00
900079 27-MILK, PLAIN 1% 8oz	Each (8oz)	100	12.00	0.00	12.00
900081 27-MILK, STRAWBERRY FF 8oz	Each (8 oz)	110	18.00	6.00	19.00
900084 27-MILK,Lactose FF 8oz	Each	110	12.00	0.00	13.00
900579 27-MILK,Lactose Chocolate FF 8oz	Each	100	17.00	5.00	18.00
900156 27-MILK,SOY VANILLA 8 oz	Each	110	5.00	5.00	9.00
900525 27-TURKEY Medallions w/ Gravy	Servings(3/4c)	170	1.99	1.85	9.96
900496 27-DRESSING,BREAD STUFFING	1/2 cup	186	0.95	0.95	20.99
900573 27-ROLL,Garlic Butter WG 2.2	Roll	187	5.02	5.00	29.09
900699 27-RIB B QUE Hoagie/NEW MD/HS	Sandwich	373	17.45	15.84	45.27
900120 27-CHICKEN,ULT BREAST	Sandwich	340	4.00	4.00	43.00
004979 00-LETTUCE &TOMATO:1 lf,2 slc	1 lf,2 slc	7	0.71	0.00	1.28
900314 27-PICKLE,Dill Slice 2 ea	2 Each	0	0.00	0.00	0.00
900279 27-BEANS, Green Canned	1/2 cup	26	1.62	*0.00	3.11
900569 27-POTATOES, GLAZED SWEET	1/2 CUP	216	34.06	21.43	48.02
900332 27-CRANBERRY SAUCE	1/4 cup	111	24.20	20.16	27.22
900338 27-PEARS, Baked	1/2 CUP	118	19.40	*3.68	23.91
004988 00-ORANGES 125 ct	1 Each (125 ct)	74	14.75	0.00	18.22
900317 27-KETCHUP: individual	Each	10	2.00	2.00	2.00
900324 27-MUSTARD 5.6g portion	Each	5	0.00	0.00	0.00
900534 27-MAYONNAISE FF 12g	Each	30	0.00	0.00	0.00

Wednesday - 11/18/2026

	Portion Size	Cals[1] (kcal)	Total Sugars (g)	Added Sugars[1] (g)	Carb (g)
900080 27-MILK, CHOCOLATE FF 8oz	Each (8 oz)	110	18.00	6.00	19.00
900079 27-MILK, PLAIN 1% 8oz	Each (8oz)	100	12.00	0.00	12.00
900081 27-MILK, STRAWBERRY FF 8oz	Each (8 oz)	110	18.00	6.00	19.00
900084 27-MILK,Lactose FF 8oz	Each	110	12.00	0.00	13.00
900579 27-MILK,Lactose Chocolate FF 8oz	Each	100	17.00	5.00	18.00
900156 27-MILK,SOY VANILLA 8 oz	Each	110	5.00	5.00	9.00
900567 27-PIZZA, Pizza Hut CHEESE	Slice	320	2.00	*N/A*	36.00
900565 27-PIZZA, Pizza Hut Pepperoni	Slice	350	2.00	*N/A*	35.00
900566 27-PIZZA, Pizza Hut Sausage	Slice	380	2.00	*N/A*	36.00
900568 27-PIZZA, Pizza Hut Veggie	Slice	330	2.00	*N/A*	37.00
900457 27-WRAP, Ham & Cheese HS	1 Wrap	341	2.03	*0.00	38.58
900452 27-SALAD, Chef Lett&Chees Base	Salad	147	3.78	0.00	8.64
900392 27-SALAD, Chef Chicken Diced	1 oz	36	0.00	*N/A*	0.00
900446 27-SALAD, Chef, Turkey Deli	2.5 oz	93	0.04	0.00	0.64
900481 27-ROLL, WG Roll Dough 2.2	Roll	178	5.00	5.00	29.00
900582 27-FLATBREAD,Seasoned	Each(2 oz)	234	2.23	1.00	28.75
900320 27-DRESSING, 1.5 Ranch	Each	150	2.00	2.00	3.00
900538 27-DRESSING, 1.5 Italian	Each	15	2.00	2.00	2.00
900321 27-DRESSING, 1.5oz 1000 Island	Each	220	6.00	5.00	6.00

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900537 27-DRESSING, 1.5 CreamyFrench	Each	190	12.00	12.00	13.00
900264 27-FRIES,Crinkle Spicy Baked	1/2 C (1.98oz)	84	0.17	0.00	14.12
900265 27-FRIES,Crinkle Spicy Fried	1/2 C (1.98 oz)	86	0.17	0.00	14.12
900529 MC Vegetable - NO PLAN	Each	*N/A*	*N/A*	*N/A*	*N/A*
900276 27-BLUEBERRIES, Saucy USDA	1/2 Cup	44	6.82	2.50	10.87
004961 00-APPLES, Fresh, Whole	Each	75	15.08	0.00	19.72
900324 27-MUSTARD 5.6g portion	Each	5	0.00	0.00	0.00
900534 27-MAYONNAISE FF 12g	Each	30	0.00	0.00	0.00
900541 27-SAUCE, HOT, Packet 7g	Each	0	0.00	0.00	0.00
900317 27-KETCHUP: individual	Each	10	2.00	2.00	2.00
900547 27-DRESSING, SM Srirac Ranch	#30 scoop	71	0.63	0.00	2.33
900536 27-DRESSING, SM Ranch	#30 Scoop	71	0.63	0.00	2.33
900535 27-DRESSING, 12G Ranch	Pk (12 g ea)	10	1.00	1.00	2.00

Thursday - 11/19/2026

	Portion Size	Cals[1] (kcal)	Total Sugars (g)	Added Sugars[1] (g)	Carb (g)
900080 27-MILK, CHOCOLATE FF 8oz	Each (8 oz)	110	18.00	6.00	19.00
900079 27-MILK, PLAIN 1% 8oz	Each (8oz)	100	12.00	0.00	12.00
900081 27-MILK, STRAWBERRY FF 8oz	Each (8 oz)	110	18.00	6.00	19.00
900084 27-MILK,Lactose FF 8oz	Each	110	12.00	0.00	13.00
900579 27-MILK,Lactose Chocolate FF 8oz	Each	100	17.00	5.00	18.00
900156 27-MILK,SOY VANILLA 8 oz	Each	110	5.00	5.00	9.00
900505 MC Entree - NO PLAN	Each	*N/A*	*N/A*	*N/A*	*N/A*
900466 27-SUB, MEATBALL w/SpgSa MD/HS	SERVINGS	435	8.33	5.32	36.89
900120 27-CHICKEN,ULT BREAST	Sandwich	340	4.00	4.00	43.00
004979 00-LETTUCE &TOMATO:1 lf,2 slc	1 lf,2 slc	7	0.71	0.00	1.28
900314 27-PICKLE,Dill Slice 2 ea	2 Each	0	0.00	0.00	0.00
900529 MC Vegetable - NO PLAN	Each	*N/A*	*N/A*	*N/A*	*N/A*
900280 27-BROCCOLI frzn	1/2 CUP	44	1.03	*0.00	5.20
900404 27-PINEAPPLE TIDBITS, Canned Purchased	1/2 Cup	80	16.90	0.00	19.88
900175 MC Seasonal Fresh Fruit - NO PLAN	Each	*N/A*	*N/A*	*N/A*	*N/A*
004961 00-APPLES, Fresh, Whole	Each	75	15.08	0.00	19.72
004988 00-ORANGES 125 ct	1 Each (125 ct)	74	14.75	0.00	18.22
004990 00-PEARS,FRESH 120 ct	Each	79	13.79	0.00	21.15
900317 27-KETCHUP: individual	Each	10	2.00	2.00	2.00
900324 27-MUSTARD 5.6g portion	Each	5	0.00	0.00	0.00
900534 27-MAYONNAISE FF 12g	Each	30	0.00	0.00	0.00

Friday - 11/20/2026

	Portion Size	Cals[1] (kcal)	Total Sugars (g)	Added Sugars[1] (g)	Carb (g)
900080 27-MILK, CHOCOLATE FF 8oz	Each (8 oz)	110	18.00	6.00	19.00
900079 27-MILK, PLAIN 1% 8oz	Each (8oz)	100	12.00	0.00	12.00
900081 27-MILK, STRAWBERRY FF 8oz	Each (8 oz)	110	18.00	6.00	19.00
900084 27-MILK,Lactose FF 8oz	Each	110	12.00	0.00	13.00

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900579 27-MILK,Lactose Chocolate FF 8oz	Each	100	17.00	5.00	18.00
900156 27-MILK,SOY VANILLA 8 oz	Each	110	5.00	5.00	9.00
900505 MC Entree - NO PLAN	Each	*N/A*	*N/A*	*N/A*	*N/A*
900101 27-Empanada,EnchiladaCk&Cheese	Servings	300	4.00	3.00	32.00
900107 27-PIZZA, Stuffed Crust Cheese	Slice	310	5.00	1.00	29.00
900111 27-PIZZA,PEPPERONI Pizzeria HS	Slice	350	5.00	1.00	30.00
900375 27-BEANS,Pinto Southwest	2/3 Cup	168	1.64	*0.22	31.03
900529 MC Vegetable - NO PLAN	Each	*N/A*	*N/A*	*N/A*	*N/A*
900307 27-SALSA, Mild	.25 cup	20	2.01	2.01	4.03
900530 MC Fruit - NO PLAN	Each	*N/A*	*N/A*	*N/A*	*N/A*
900175 MC Seasonal Fresh Fruit - NO PLAN	Each	*N/A*	*N/A*	*N/A*	*N/A*
004988 00-ORANGES 125 ct	1 Each (125 ct)	74	14.75	0.00	18.22
004961 00-APPLES, Fresh, Whole	Each	75	15.08	0.00	19.72
004990 00-PEARS,FRESH 120 ct	Each	79	13.79	0.00	21.15
900324 27-MUSTARD 5.6g portion	Each	5	0.00	0.00	0.00
900534 27-MAYONNAISE FF 12g	Each	30	0.00	0.00	0.00
900541 27-SAUCE, HOT, Packet 7g	Each	0	0.00	0.00	0.00
900317 27-KETCHUP: individual	Each	10	2.00	2.00	2.00
900536 27-DRESSING, SM Ranch	#30 Scoop	71	0.63	0.00	2.33
900313 27-PEPPER, JALAPENO Slices	.5 oz	0	0.50	0.00	0.50
900334 27-SOUR CREAM 1oz	Each (1 oz)	50	1.00	0.00	2.00

Monday - 11/30/2026

	Portion Size	Cals[1] (kcal)	Total Sugars (g)	Added Sugars[1] (g)	Carb (g)
900080 27-MILK, CHOCOLATE FF 8oz	Each (8 oz)	110	18.00	6.00	19.00
900079 27-MILK, PLAIN 1% 8oz	Each (8oz)	100	12.00	0.00	12.00
900082 26-MILK, STRAWBERRY FF 8oz	1 Each (8 oz)	110	18.00	6.00	19.00
900084 27-MILK,Lactose FF 8oz	Each	110	12.00	0.00	13.00
900579 27-MILK,Lactose Chocolate FF 8oz	Each	100	17.00	5.00	18.00
900156 27-MILK,SOY VANILLA 8 oz	Each	110	5.00	5.00	9.00
900087 27-CHICKEN NUGGETS, WG 5pc	5 pieces (3oz)	171	2.01	0.00	16.11
900573 27-ROLL,Garlic Butter WG 2.2	Roll	187	5.02	5.00	29.09
900480 27-MEATBALLS, BBQ	5 ea	320	23.82	22.18	32.14
900573 27-ROLL,Garlic Butter WG 2.2	Roll	187	5.02	5.00	29.09
900107 27-PIZZA, Stuffed Crust Cheese	Slice	310	5.00	1.00	29.00
900111 27-PIZZA,PEPPERONI Pizzeria HS	Slice	350	5.00	1.00	30.00
900251 27-CARROTS, Savory frozen	1/2 cup	90	13.78	*9.88	17.82
900507 27-COLLARD GREENS,Frozen, Marg	1/2 cup	57	0.34	*0.00	6.44
900286 27-PEACHES Diced, cnd	1/2 Cup	69	15.00	*N/A*	16.16
900289 27-PEACH CUP, Frzn 4.4oz	Each	90	19.00	*N/A*	21.00
900410 27-RAISELS,Grape	Each	130	24.00	0.00	30.00
900411 27-RAISELS,Tropical	Each	130	24.00	0.00	30.00
900324 27-MUSTARD 5.6g portion	Each	5	0.00	0.00	0.00
900534 27-MAYONNAISE FF 12g	Each	30	0.00	0.00	0.00
900541 27-SAUCE, HOT, Packet 7g	Each	0	0.00	0.00	0.00
900317 27-KETCHUP: individual	Each	10	2.00	2.00	2.00

900536 27-DRESSING, SM Ranch	#30 Scoop	71	0.63	0.00	2.33
900535 27-DRESSING, 12G Ranch	Pk (12 g ea)	10	1.00	1.00	2.00
900533 27-SAUCE, BBQ 12g	Each	20	4.00	4.00	5.00
900325 27-SAUCE, Honey Mustard 1oz	Each	140	6.00	6.00	6.00
900328 27-SAUCE, Sweet & Sour 1oz	Each	50	12.00	11.00	13.00
900545 27-SAUCE,Pepper Dipping	#40 Scoop	39	2.78	2.78	4.37

Tuesday - 12/01/2026

	Portion Size	Cals[1] (kcal)	Total Sugars (g)	Added Sugars[1] (g)	Carb (g)
900080 27-MILK, CHOCOLATE FF 8oz	Each (8 oz)	110	18.00	6.00	19.00
900079 27-MILK, PLAIN 1% 8oz	Each (8oz)	100	12.00	0.00	12.00
900081 27-MILK, STRAWBERRY FF 8oz	Each (8 oz)	110	18.00	6.00	19.00
900084 27-MILK,Lactose FF 8oz	Each	110	12.00	0.00	13.00
900579 27-MILK,Lactose Chocolate FF 8oz	Each	100	17.00	5.00	18.00
900156 27-MILK,SOY VANILLA 8 oz	Each	110	5.00	5.00	9.00
900097 27-DUMPLINGS,6Chic/Veg w/sauce	6 each/ serv	320	13.04	12.00	45.26
900283 27-FISH STICKS, USDA	4 Sticks	210	0.00	0.00	22.00
900481 27-ROLL, WG Roll Dough 2.2	Roll	178	5.00	5.00	29.00
900120 27-CHICKEN,ULT BREAST	Sandwich	340	4.00	4.00	43.00
004979 00-LETTUCE &TOMATO:1 lf,2 slc	1 lf,2 slc	7	0.71	0.00	1.28
900314 27-PICKLE,Dill Slice 2 ea	2 Each	0	0.00	0.00	0.00
900526 MC Bento Box - NO PLAN	Each	*N/A*	*N/A*	*N/A*	*N/A*
900501 27-BENTO BOX,HawaiianSandwich	Box	435	18.08	1.00	58.72
900440 27-BENTO BOX, Pizza Pepp	Each	569	22.09	2.00	56.74
900255 27-CALIFORNIA BLEND,FRZN	1/2 cup	25	2.50	0.00	5.06
900252 27-PEAS,Green frozen	1/2 Cup	91	4.78	*0.00	13.16
900290 27-PEARS Diced, cnd	1/2 Cup	65	13.08	*N/A*	17.45
900233 27-FRUIT FREEZ Lindy Blk Cherr	Each 4.4 oz	90	22.00	0.00	22.00
900235 27-FRUIT FREEZ Lindy Fruit Punch	Each 4.4 oz	90	22.00	0.00	22.00
900234 27-FRUIT FREEZ Lindy Strawberr	Each 4.4 oz	90	22.00	0.00	22.00
900317 27-KETCHUP: individual	Each	10	2.00	2.00	2.00
900324 27-MUSTARD 5.6g portion	Each	5	0.00	0.00	0.00
900534 27-MAYONNAISE FF 12g	Each	30	0.00	0.00	0.00
900541 27-SAUCE, HOT, Packet 7g	Each	0	0.00	0.00	0.00
900543 27-SAUCE, SM YumYum	Tbsp	33	0.60	*0.19	1.64
900327 27-SAUCE, Soy pk	Each	5	1.00	1.00	1.00
900328 27-SAUCE, Sweet & Sour 1oz	Each	50	12.00	11.00	13.00
900335 27-SAUCE,SrirachaHoney Dipping	#30 scoop	45	11.05	11.05	11.05

Wednesday - 12/02/2026

	Portion Size	Cals[1] (kcal)	Total Sugars (g)	Added Sugars[1] (g)	Carb (g)
900080 27-MILK, CHOCOLATE FF 8oz	Each (8 oz)	110	18.00	6.00	19.00
900079 27-MILK, PLAIN 1% 8oz	Each (8oz)	100	12.00	0.00	12.00
900081 27-MILK, STRAWBERRY FF 8oz	Each (8 oz)	110	18.00	6.00	19.00

900084 27-MILK,Lactose FF 8oz	Each	110	12.00	0.00	13.00
900579 27-MILK,Lactose Chocolate FF 8oz	Each	100	17.00	5.00	18.00
900156 27-MILK,SOY VANILLA 8 oz	Each	110	5.00	5.00	9.00
900567 27-PIZZA, Pizza Hut CHEESE	Slice	320	2.00	*N/A*	36.00
900565 27-PIZZA, Pizza Hut Pepperoni	Slice	350	2.00	*N/A*	35.00
900566 27-PIZZA, Pizza Hut Sausage	Slice	380	2.00	*N/A*	36.00
900568 27-PIZZA, Pizza Hut Veggie	Slice	330	2.00	*N/A*	37.00
900526 MC Bento Box - NO PLAN	Each	*N/A*	*N/A*	*N/A*	*N/A*
900498 27-BENTO BOX, Pizza Cheese	Each	498	22.09	2.00	56.74
900501 27-BENTO BOX,HawaiianSandwich	Box	435	18.08	1.00	58.72
900143 27-HOAGIE, Ham/Cheese	1 Sandwich	292	7.67	*4.00	32.34
004987 00-ONION, Slices	1/8 cup	7	0.77	0.00	1.69
004979 00-LETTUCE &TOMATO:1 lf,2 slc	1 lf,2 slc	7	0.71	0.00	1.28
900314 27-PICKLE,Dill Slice 2 ea	2 Each	0	0.00	0.00	0.00
900538 27-DRESSING, 1.5 Italian	Each	15	2.00	2.00	2.00
900685 27-BEANS, Pinto Southern	2/3 cup	160	1.42	*0.00	29.46
900264 27-FRIES,Crinkle Spicy Baked	1/2 C (1.98oz)	84	0.17	0.00	14.12
900265 27-FRIES,Crinkle Spicy Fried	1/2 C (1.98 oz)	86	0.17	0.00	14.12
900275 27-APPLESAUCE, CUP USDA	Each	60	18.00	0.00	14.00
900274 27-APPLESAUCE, cnd USDA	1/2 Cup	62	12.34	*N/A*	15.43
004988 00-ORANGES 125 ct	1 Each (125 ct)	74	14.75	0.00	18.22
900324 27-MUSTARD 5.6g portion	Each	5	0.00	0.00	0.00
900534 27-MAYONNAISE FF 12g	Each	30	0.00	0.00	0.00
900317 27-KETCHUP: individual	Each	10	2.00	2.00	2.00
900536 27-DRESSING, SM Ranch	#30 Scoop	71	0.63	0.00	2.33
900547 27-DRESSING, SM Srirac Ranch	#30 scoop	71	0.63	0.00	2.33

Thursday - 12/03/2026

	Portion Size	Cals[1] (kcal)	Total Sugars (g)	Added Sugars[1] (g)	Carb (g)
900080 27-MILK, CHOCOLATE FF 8oz	Each (8 oz)	110	18.00	6.00	19.00
900079 27-MILK, PLAIN 1% 8oz	Each (8oz)	100	12.00	0.00	12.00
900082 26-MILK, STRAWBERRY FF 8oz	1 Each (8 oz)	110	18.00	6.00	19.00
900084 27-MILK,Lactose FF 8oz	Each	110	12.00	0.00	13.00
900579 27-MILK,Lactose Chocolate FF 8oz	Each	100	17.00	5.00	18.00
900156 27-MILK,SOY VANILLA 8 oz	Each	110	5.00	5.00	9.00
900110 27-PIZZA, Fiestada WG 5.2 oz	Each	320	4.00	1.00	30.00
900311 27-CHICK ALFREDOw/Diced Chick	1 CUP	347	0.06	*0.00	26.38
900139 27-BREADSTICK, GARLIC WW	Each	100	0.00	0.00	15.00
900120 27-CHICKEN,ULT BREAST	Sandwich	340	4.00	4.00	43.00
900314 27-PICKLE,Dill Slice 2 ea	2 Each	0	0.00	0.00	0.00
004979 00-LETTUCE &TOMATO:1 lf,2 slc	1 lf,2 slc	7	0.71	0.00	1.28
900452 27-SALAD, Chef Lett&Chees Base	Salad	147	3.78	0.00	8.64
900453 27-SALAD, Chef Egg Hard Boiled	Each	72	0.18	0.00	0.36
900454 27-SALAD, Chef Ham Sliced	1.22 oz	38	1.02	*N/A*	2.04
900537 27-DRESSING, 1.5 CreamyFrench	Each	190	12.00	12.00	13.00
900538 27-DRESSING, 1.5 Italian	Each	15	2.00	2.00	2.00

900320 27-DRESSING, 1.5 Ranch	Each	150	2.00	2.00	3.00
900321 27-DRESSING, 1.5oz 1000 Island	Each	220	6.00	5.00	6.00
900582 27-FLATBREAD,Seasoned	Each(2 oz)	234	2.23	1.00	28.75
900481 27-ROLL, WG Roll Dough 2.2	Roll	178	5.00	5.00	29.00
900485 00-CARROTS, Baby 1/2 cup	1/2 Cup	29	4.17	0.00	6.67
900535 27-DRESSING, 12G Ranch	Pk (12 g ea)	10	1.00	1.00	2.00
900279 27-BEANS, Green Canned	1/2 cup	26	1.62	*0.00	3.11
900409 27-PAPAYA MANGO,CUP 4 oz	Each	70	14.00	0.00	15.00
004962 00-BANANAS 100-120 CT	Each	121	16.32	0.00	31.06
900324 27-MUSTARD 5.6g portion	Each	5	0.00	0.00	0.00
900534 27-MAYONNAISE FF 12g	Each	30	0.00	0.00	0.00
900317 27-KETCHUP: individual	Each	10	2.00	2.00	2.00
900536 27-DRESSING, SM Ranch	#30 Scoop	71	0.63	0.00	2.33

Friday - 12/04/2026

	Portion Size	Cals[1] (kcal)	Total Sugars (g)	Added Sugars[1] (g)	Carb (g)
900080 27-MILK, CHOCOLATE FF 8oz	Each (8 oz)	110	18.00	6.00	19.00
900079 27-MILK, PLAIN 1% 8oz	Each (8oz)	100	12.00	0.00	12.00
900081 27-MILK, STRAWBERRY FF 8oz	Each (8 oz)	110	18.00	6.00	19.00
900084 27-MILK,Lactose FF 8oz	Each	110	12.00	0.00	13.00
900579 27-MILK,Lactose Chocolate FF 8oz	Each	100	17.00	5.00	18.00
900156 27-MILK,SOY VANILLA 8 oz	Each	110	5.00	5.00	9.00
900383 27-SOUP,CHILI W/BEANS/PINTO	3/4 CUP	294	3.21	*0.45	23.89
900471 27-SANDWICH, CheeseGrill 2 oz	Each	337	6.00	2.00	32.00
900654 27s-Chicken BBQ Sand (diced Chicken) Sysco Sauce	Sandwich	301	16.45	*15.47	45.37
900107 27-PIZZA, Stuffed Crust Cheese	Slice	310	5.00	1.00	29.00
900111 27-PIZZA,PEPPERONI Pizzeria HS	Slice	350	5.00	1.00	30.00
900281 27-CORN, Canned USDA	1/2 Cup	105	6.50	*0.00	14.02
900282 27-CORN, frozen USDA	1/2 cup	83	3.17	*0.00	16.28
900671 27-FRIES,CRINKLSWEET POT Baked	1/2 C (3.25 oz)	148	8.88	0.00	21.08
900268 27-FRIES,CRINKLSWEET POT FRIED	1/2 C (3.25 oz)	148	8.88	0.00	21.08
900404 27-PINEAPPLE TIDBITS, Canned Purchased	1/2 Cup	80	16.90	0.00	19.88
900175 MC Seasonal Fresh Fruit - NO PLAN	Each	*N/A*	*N/A*	*N/A*	*N/A*
004988 00-ORANGES 125 ct	1 Each (125 ct)	74	14.75	0.00	18.22
004961 00-APPLES, Fresh, Whole	Each	75	15.08	0.00	19.72
004990 00-PEARS,FRESH 120 ct	Each	79	13.79	0.00	21.15
900324 27-MUSTARD 5.6g portion	Each	5	0.00	0.00	0.00
900534 27-MAYONNAISE FF 12g	Each	30	0.00	0.00	0.00
900317 27-KETCHUP: individual	Each	10	2.00	2.00	2.00
900536 27-DRESSING, SM Ranch	#30 Scoop	71	0.63	0.00	2.33

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***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient**
***** - denotes combined nutrient totals with either missing or incomplete nutrient data**
[1] - denotes required nutrient values
Added Sugars target is informational only, with an effective date of July 1, 2027.
Per the Whole Milk for Healthy Kids Act of 2025, saturated fat from fluid milk is excluded from HHFKA menu analysis.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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