# Cumberland County Schools

Nov 2, 2026 thru Dec 4, 2026

**Menu Name:** 0-5 LUNCH TRADITIONAL

## Monday - 11/02/2026

| | Portion Size | Cals[1] (kcal) | Total Sugars (g) | Added Sugars[1] (g) | Carb (g) |
|---|---|---|---|---|---|
| 900079 27-MILK, PLAIN 1% 8oz | Each (8oz) | 100 | 12.00 | 0.00 | 12.00 |
| 900080 27-MILK, CHOCOLATE FF 8oz | Each (8 oz) | 110 | 18.00 | 6.00 | 19.00 |
| 900081 27-MILK, STRAWBERRY FF 8oz | Each (8 oz) | 110 | 18.00 | 6.00 | 19.00 |
| 900084 27-MILK,Lactose FF 8oz | Each | 110 | 12.00 | 0.00 | 13.00 |
| 900579 27-MILK,Lactose Chocolate FF 8oz | Each | 100 | 17.00 | 5.00 | 18.00 |
| 900156 27-MILK,SOY VANILLA 8 oz | Each | 110 | 5.00 | 5.00 | 9.00 |
| 900108 27-PIZZA, 4X6, PEPPERONI | Slice | 350 | 5.00 | 1.00 | 29.00 |
| 900106 27-PIZZA, 4X6, CHEESE | Slice | 320 | 5.00 | 1.00 | 31.00 |
| 900297 27-CHIC FAJITA W/ChicDiced EM | SERVINGS | 343 | 2.28 | *0.00 | 27.59 |
| 900281 27-CORN, Canned USDA | 1/2 Cup | 105 | 6.50 | *0.00 | 14.02 |
| 900282 27-CORN, frozen USDA | 1/2 cup | 83 | 3.17 | *0.00 | 16.28 |
| 900254 27-PEAS & CARROTS | 1/2 Cup | 70 | 4.29 | *0.00 | 10.40 |
| 900286 27-PEACHES Diced, cnd | 1/2 Cup | 69 | 15.00 | *N/A* | 16.16 |
| 900286 27-PEACHES Diced, cnd | 1/2 Cup | 69 | 15.00 | *N/A* | 16.16 |
| 900289 27-PEACH CUP, Frzn 4.4oz | Each | 90 | 19.00 | *N/A* | 21.00 |
| 900307 27-SALSA, Mild | .25 cup | 20 | 2.01 | 2.01 | 4.03 |
| 004944 00-LETTUCE, shredded (bag) | 1/2 cup | 4 | 0.75 | 0.00 | 1.12 |
| 005460 00-LETTUCE, Leaf Green | 1 lf | 3 | 0.00 | 0.00 | 0.38 |
| 004979 00-LETTUCE &TOMATO:1 lf,2 slc | 1 lf,2 slc | 7 | 0.71 | 0.00 | 1.28 |
| 900329 27-SAUCE, TACO 9g pk | Packs | 5 | 0.00 | 0.00 | 1.00 |
| 900334 27-SOUR CREAM 1oz | Each (1 oz) | 50 | 1.00 | 0.00 | 2.00 |

## Wednesday - 11/04/2026

| | Portion Size | Cals[1] (kcal) | Total Sugars (g) | Added Sugars[1] (g) | Carb (g) |
|---|---|---|---|---|---|
| 900079 27-MILK, PLAIN 1% 8oz | Each (8oz) | 100 | 12.00 | 0.00 | 12.00 |
| 900080 27-MILK, CHOCOLATE FF 8oz | Each (8 oz) | 110 | 18.00 | 6.00 | 19.00 |
| 900081 27-MILK, STRAWBERRY FF 8oz | Each (8 oz) | 110 | 18.00 | 6.00 | 19.00 |
| 900084 27-MILK,Lactose FF 8oz | Each | 110 | 12.00 | 0.00 | 13.00 |
| 900579 27-MILK,Lactose Chocolate FF 8oz | Each | 100 | 17.00 | 5.00 | 18.00 |
| 900156 27-MILK,SOY VANILLA 8 oz | Each | 110 | 5.00 | 5.00 | 9.00 |
| 900089 27-CHICKEN, Tenders WG | 3 pieces/4.23oz | 261 | 0.00 | 0.00 | 15.38 |
| 900481 27-ROLL, WG Roll Dough 2.2 | Roll | 178 | 5.00 | 5.00 | 29.00 |
| 900470 27-SANDWICH, ITAL GRILL CHEESE | Sandwich | 345 | 3.12 | 2.00 | 30.50 |
| 900174 MC Yogurt Lunch Pack - NO PLAN | Lunch Pack | 359 | 28.00 | 18.00 | 52.00 |
| 900158 27-YOGURT, Straw/Banana 4oz ea | Each | 70 | 9.00 | 5.00 | 12.00 |
| 900157 27-YOGURT, Strawberry 4oz ea | Each | 60 | 9.00 | 4.00 | 12.00 |
| 900159 26-YOGURT, Vanilla 4oz ea | Each | 70 | 9.00 | 5.00 | 12.00 |


This institution is an equal opportunity provider, employer, and lender.

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|---|---|---|---|---|---|
| 900690 27-CHEESE, String Mozzarell1oz | Each | 60 | 0.00 | 0.00 | 0.00 |
| 900152 27-CHEESE, STICK Cheddar 1oz | Each | 110 | 0.00 | 0.00 | 0.00 |
| 900689 27-CHEESE, Coly Jack 1oz | Each | 110 | 0.00 | 0.00 | 0.00 |
| 900229 27-MUFFIN, AppleCinn,WG IW | Each | 224 | 16.00 | 13.00 | 38.00 |
| 900181 27-MUFFIN, Banana,WG IW | Each | 229 | 18.00 | 13.00 | 39.00 |
| 900183 27-MUFFIN, Choc Chip, WG IW | Each | 229 | 17.00 | 14.00 | 39.00 |
| 900231 27-MUFFIN,Blueberry, WG IW | Each | 258 | 13.00 | 7.20 | 40.00 |
| 900551 27-BROCCOLI, Parmesan Garlic Roasted | 1/2 CUP | 47 | 0.94 | *0.00 | 4.59 |
| 900316 27-SOUP, TOMATO | 1 Cup | 94 | 10.39 | 7.27 | 18.71 |
| 900290 27-PEARS Diced, cnd | 1/2 Cup | 65 | 13.08 | *N/A* | 17.45 |
| 900317 27-KETCHUP: individual | Each | 10 | 2.00 | 2.00 | 2.00 |
| 900324 27-MUSTARD 5.6g portion | Each | 5 | 0.00 | 0.00 | 0.00 |
| 900534 27-MAYONNAISE FF 12g | Each | 30 | 0.00 | 0.00 | 0.00 |
| 900533 27-SAUCE, BBQ 12g | Each | 20 | 4.00 | 4.00 | 5.00 |

**Thursday - 11/05/2026**

| | Portion Size | Cals[1] (kcal) | Total Sugars (g) | Added Sugars[1] (g) | Carb (g) |
|---|---|---|---|---|---|
| 900079 27-MILK, PLAIN 1% 8oz | Each (8oz) | 100 | 12.00 | 0.00 | 12.00 |
| 900080 27-MILK, CHOCOLATE FF 8oz | Each (8 oz) | 110 | 18.00 | 6.00 | 19.00 |
| 900081 27-MILK, STRAWBERRY FF 8oz | Each (8 oz) | 110 | 18.00 | 6.00 | 19.00 |
| 900084 27-MILK,Lactose FF 8oz | Each | 110 | 12.00 | 0.00 | 13.00 |
| 900579 27-MILK,Lactose Chocolate FF 8oz | Each | 100 | 17.00 | 5.00 | 18.00 |
| 900156 27-MILK,SOY VANILLA 8 oz | Each | 110 | 5.00 | 5.00 | 9.00 |
| 900134 27-HAMBURGER,on Brioche | Sandwich | 360 | 5.00 | 5.00 | 29.00 |
| 900136 27-HAMBURGER, on Bun DonLee | Sandwich | 350 | 4.00 | 4.00 | 30.00 |
| 900691 27-CHEESE, Slice 1/2 oz | Slice | 35 | 1.00 | 0.00 | 1.00 |
| 900133 27-CHEESEBURGER,Brioche | Sandwich | 395 | 6.00 | 5.00 | 30.00 |
| 900135 27-CHEESEBURGER,WG BunDonLee | Sandwich | 385 | 5.00 | 4.00 | 31.00 |
| 900311 27-CHICK ALFREDOw/Diced Chick | 1 CUP | 347 | 0.06 | *0.00 | 26.38 |
| 900139 27-BREADSTICK, GARLIC WW | Each | 100 | 0.00 | 0.00 | 15.00 |
| 900513 27-SALAD, Mixed Garden Tom/Car | 1 CUP | 23 | 2.29 | 0.00 | 4.77 |
| 900279 27-BEANS, Green Canned | 1/2 cup | 26 | 1.62 | *0.00 | 3.11 |
| 900580 27-APPLE Slices, IW | Each | 30 | 6.00 | 0.00 | 8.00 |
| 900563 26-APPLE, Fresh Wedges | 3 Wedges | 57 | 11.49 | 0.00 | 14.87 |
| 004961 00-APPLES, Fresh, Whole | Each | 75 | 15.08 | 0.00 | 19.72 |
| 900314 27-PICKLE,Dill Slice 2 ea | 2 Each | 0 | 0.00 | 0.00 | 0.00 |
| 004979 00-LETTUCE &TOMATO:1 lf,2 slc | 1 lf,2 slc | 7 | 0.71 | 0.00 | 1.28 |
| 004944 00-LETTUCE, shredded (bag) | 1/2 cup | 4 | 0.75 | 0.00 | 1.12 |
| 005460 00-LETTUCE, Leaf Green | 1 lf | 3 | 0.00 | 0.00 | 0.38 |
| 004725 00-TOMATO, SLICED 2 slc | 2 slc | 4 | 0.68 | 0.00 | 0.89 |
| 900317 27-KETCHUP: individual | Each | 10 | 2.00 | 2.00 | 2.00 |
| 900324 27-MUSTARD 5.6g portion | Each | 5 | 0.00 | 0.00 | 0.00 |
| 900534 27-MAYONNAISE FF 12g | Each | 30 | 0.00 | 0.00 | 0.00 |
| 900533 27-SAUCE, BBQ 12g | Each | 20 | 4.00 | 4.00 | 5.00 |
| 900613 27-SAUCE, Burger | #40 Scoop | 47 | 0.96 | 0.86 | 2.30 |
| 900535 27-DRESSING, 12G Ranch | Pk (12 g ea) | 10 | 1.00 | 1.00 | 2.00 |



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|---|---|---|---|---|---|
| 900536 27-DRESSING, SM Ranch | #30 Scoop | 71 | 0.63 | 0.00 | 2.33 |

**Friday - 11/06/2026**

| | Portion Size | Cals[1] (kcal) | Total Sugars (g) | Added Sugars[1] (g) | Carb (g) |
|---|---|---|---|---|---|
| 900079 27-MILK, PLAIN 1% 8oz | Each (8oz) | 100 | 12.00 | 0.00 | 12.00 |
| 900080 27-MILK, CHOCOLATE FF 8oz | Each (8 oz) | 110 | 18.00 | 6.00 | 19.00 |
| 900081 27-MILK, STRAWBERRY FF 8oz | Each (8 oz) | 110 | 18.00 | 6.00 | 19.00 |
| 900084 27-MILK,Lactose FF 8oz | Each | 110 | 12.00 | 0.00 | 13.00 |
| 900579 27-MILK,Lactose Chocolate FF 8oz | Each | 100 | 17.00 | 5.00 | 18.00 |
| 900156 27-MILK,SOY VANILLA 8 oz | Each | 110 | 5.00 | 5.00 | 9.00 |
| 900100 27-CORN DOG NUGGETS | 6 Nuggets | 249 | 1.00 | 0.00 | 29.84 |
| 900341 27-TACO BOWL TkyTaco&CheeseEle | Serv | 342 | 4.04 | *0.00 | 24.57 |
| 900375 27-BEANS,Pinto Southwest | 2/3 Cup | 168 | 1.64 | *0.22 | 31.03 |
| 006753 00-VEGGIE CUP Carr, Cuc,Celery | 1/2 Cup | 20 | 2.56 | 0.00 | 4.54 |
| 006754 00-VEGGIE CUP Carr, Cuc,Tom | 1/2 Cup | 21 | 2.97 | 0.00 | 4.91 |
| 006755 00-VEGGIE CUP Carrots & Celery | 1/2 Cup | 21 | 2.52 | 0.00 | 4.65 |
| 006756 00-VEGGIE CUP Carrots & Cuc | 1/2 Cup | 25 | 3.52 | 0.00 | 5.84 |
| 006757 00-VEGGIE CUP,Tomato&Cucumber | 1/2 Cup | 14 | 1.79 | 0.00 | 3.19 |
| 900307 27-SALSA, Mild | .25 cup | 20 | 2.01 | 2.01 | 4.03 |
| 900175 MC Seasonal Fresh Fruit - NO PLAN | Each | *N/A* | *N/A* | *N/A* | *N/A* |
| 900580 27-APPLE Slices, IW | Each | 30 | 6.00 | 0.00 | 8.00 |
| 900563 26-APPLE, Fresh Wedges | 3 Wedges | 57 | 11.49 | 0.00 | 14.87 |
| 004961 00-APPLES, Fresh, Whole | Each | 75 | 15.08 | 0.00 | 19.72 |
| 004962 00-BANANAS 100-120 CT | Each | 121 | 16.32 | 0.00 | 31.06 |
| 004974 00-GRAPES,FRESH | 1/2 Cup | 58 | 12.91 | 0.00 | 15.32 |
| 004988 00-ORANGES 125 ct | 1 Each (125 ct) | 74 | 14.75 | 0.00 | 18.22 |
| 004990 00-PEARS,FRESH 120 ct | Each | 79 | 13.79 | 0.00 | 21.15 |
| 900536 27-DRESSING, SM Ranch | #30 Scoop | 71 | 0.63 | 0.00 | 2.33 |
| 900547 27-DRESSING, SM Srirac Ranch | #30 scoop | 71 | 0.63 | 0.00 | 2.33 |
| 900535 27-DRESSING, 12G Ranch | Pk (12 g ea) | 10 | 1.00 | 1.00 | 2.00 |
| 900317 27-KETCHUP: individual | Each | 10 | 2.00 | 2.00 | 2.00 |
| 900533 27-SAUCE, BBQ 12g | Each | 20 | 4.00 | 4.00 | 5.00 |
| 900324 27-MUSTARD 5.6g portion | Each | 5 | 0.00 | 0.00 | 0.00 |
| 900534 27-MAYONNAISE FF 12g | Each | 30 | 0.00 | 0.00 | 0.00 |

**Monday - 11/09/2026**

| | Portion Size | Cals[1] (kcal) | Total Sugars (g) | Added Sugars[1] (g) | Carb (g) |
|---|---|---|---|---|---|
| 900079 27-MILK, PLAIN 1% 8oz | Each (8oz) | 100 | 12.00 | 0.00 | 12.00 |
| 900080 27-MILK, CHOCOLATE FF 8oz | Each (8 oz) | 110 | 18.00 | 6.00 | 19.00 |
| 900081 27-MILK, STRAWBERRY FF 8oz | Each (8 oz) | 110 | 18.00 | 6.00 | 19.00 |
| 900084 27-MILK,Lactose FF 8oz | Each | 110 | 12.00 | 0.00 | 13.00 |
| 900579 27-MILK,Lactose Chocolate FF 8oz | Each | 100 | 17.00 | 5.00 | 18.00 |
| 900156 27-MILK,SOY VANILLA 8 oz | Each | 110 | 5.00 | 5.00 | 9.00 |
| 900493 27-CHICKEN & RICE CASS,Diced | 2/3 CUP | 271 | 1.65 | *0.00 | 18.56 |



This institution is an equal opportunity provider, employer, and lender.

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|---|---|---|---|---|---|
| 900481 27-ROLL, WG Roll Dough 2.2 | Roll | 178 | 5.00 | 5.00 | 29.00 |
| 900105 27-CHEESE DUNKERS, WG, 4.2oz | 2 Each | 290 | 4.00 | 1.00 | 28.00 |
| 900482 27-SAUCE, MARINARAw/SpagTomSc | .25 Cup | 33 | 3.93 | 0.81 | 6.90 |
| 900249 27-CARROTS, Glaze Frozen | 1/2 cup | 107 | 13.14 | *8.71 | 17.84 |
| 900279 27-BEANS, Green Canned | 1/2 cup | 26 | 1.62 | *0.00 | 3.11 |
| 900275 27-APPLESAUCE, CUP USDA | Each | 60 | 18.00 | 0.00 | 14.00 |
| 900274 27-APPLESAUCE, cnd USDA | 1/2 Cup | 62 | 12.34 | *N/A* | 15.43 |

**Tuesday - 11/10/2026**

| | Portion Size | Cals[1] (kcal) | Total Sugars (g) | Added Sugars[1] (g) | Carb (g) |
|---|---|---|---|---|---|
| 900079 27-MILK, PLAIN 1% 8oz | Each (8oz) | 100 | 12.00 | 0.00 | 12.00 |
| 900080 27-MILK, CHOCOLATE FF 8oz | Each (8 oz) | 110 | 18.00 | 6.00 | 19.00 |
| 900081 27-MILK, STRAWBERRY FF 8oz | Each (8 oz) | 110 | 18.00 | 6.00 | 19.00 |
| 900084 27-MILK,Lactose FF 8oz | Each | 110 | 12.00 | 0.00 | 13.00 |
| 900579 27-MILK,Lactose Chocolate FF 8oz | Each | 100 | 17.00 | 5.00 | 18.00 |
| 900156 27-MILK,SOY VANILLA 8 oz | Each | 110 | 5.00 | 5.00 | 9.00 |
| 900382 27-SOUP, VEGETABLE BEEF | 1 Cup | 200 | 4.65 | 0.11 | 15.20 |
| 900575 26-SANDWICH, CheeseGrill | Each | 267 | 4.00 | 2.00 | 30.00 |
| 900118 27-CHICKEN, SANDWICH (E/M) WG | Sandwich | 320 | 6.00 | 4.00 | 46.00 |
| 900174 MC Yogurt Lunch Pack - NO PLAN | Lunch Pack | 359 | 28.00 | 18.00 | 52.00 |
| 900158 27-YOGURT, Straw/Banana 4oz ea | Each | 70 | 9.00 | 5.00 | 12.00 |
| 900157 27-YOGURT, Strawberry 4oz ea | Each | 60 | 9.00 | 4.00 | 12.00 |
| 900159 26-YOGURT, Vanilla 4oz ea | Each | 70 | 9.00 | 5.00 | 12.00 |
| 900152 27-CHEESE, STICK Cheddar 1oz | Each | 110 | 0.00 | 0.00 | 0.00 |
| 900153 26-CHEESE, String Mozzarell1oz | Each | 60 | 1.00 | 0.00 | 1.00 |
| 900229 27-MUFFIN, AppleCinn,WG IW | Each | 224 | 16.00 | 13.00 | 38.00 |
| 900181 27-MUFFIN, Banana,WG IW | Each | 229 | 18.00 | 13.00 | 39.00 |
| 900183 27-MUFFIN, Choc Chip, WG IW | Each | 229 | 17.00 | 14.00 | 39.00 |
| 900231 27-MUFFIN,Blueberry, WG IW | Each | 258 | 13.00 | 7.20 | 40.00 |
| 900280 27-BROCCOLI frzn | 1/2 CUP | 44 | 1.03 | *0.00 | 5.20 |
| 900256 27-MIXED VEGETABLES, Frozen | 1/2 cup | 100 | 3.29 | 0.00 | 13.20 |
| 900285 27-FRUIT, MIX, cnd USDA | 1/2 cup | 62 | 12.78 | 3.93 | 15.74 |
| 900317 27-KETCHUP: individual | Each | 10 | 2.00 | 2.00 | 2.00 |
| 900534 27-MAYONNAISE FF 12g | Each | 30 | 0.00 | 0.00 | 0.00 |
| 900324 27-MUSTARD 5.6g portion | Each | 5 | 0.00 | 0.00 | 0.00 |
| 900533 27-SAUCE, BBQ 12g | Each | 20 | 4.00 | 4.00 | 5.00 |
| 900314 27-PICKLE,Dill Slice 2 ea | 2 Each | 0 | 0.00 | 0.00 | 0.00 |
| 004979 00-LETTUCE &TOMATO:1 lf,2 slc | 1 lf,2 slc | 7 | 0.71 | 0.00 | 1.28 |
| 005460 00-LETTUCE, Leaf Green | 1 lf | 3 | 0.00 | 0.00 | 0.38 |
| 004944 00-LETTUCE, shredded (bag) | 1/2 cup | 4 | 0.75 | 0.00 | 1.12 |

**Thursday - 11/12/2026**

| | Portion Size | Cals[1] (kcal) | Total Sugars (g) | Added Sugars[1] (g) | Carb (g) |
|---|---|---|---|---|---|
| 900079 27-MILK, PLAIN 1% 8oz | Each (8oz) | 100 | 12.00 | 0.00 | 12.00 |

| | | | | | |
|---|---|---|---|---|---|
| 900080 27-MILK, CHOCOLATE FF 8oz | Each (8 oz) | 110 | 18.00 | 6.00 | 19.00 |
| 900081 27-MILK, STRAWBERRY FF 8oz | Each (8 oz) | 110 | 18.00 | 6.00 | 19.00 |
| 900084 27-MILK,Lactose FF 8oz | Each | 110 | 12.00 | 0.00 | 13.00 |
| 900579 27-MILK,Lactose Chocolate FF 8oz | Each | 100 | 17.00 | 5.00 | 18.00 |
| 900156 27-MILK,SOY VANILLA 8 oz | Each | 110 | 5.00 | 5.00 | 9.00 |
| 900086 27-CHICKEN CHUNK, Dill Flavor | 4 pieces(4oz) | 190 | 2.00 | 0.00 | 15.00 |
| 900139 27-BREADSTICK, GARLIC WW | Each | 100 | 0.00 | 0.00 | 15.00 |
| 900698 27-RIB B QUE HD bun/NEW ELE | Sandwich | 363 | 17.45 | 15.84 | 48.27 |
| 900174 MC Yogurt Lunch Pack - NO PLAN | Lunch Pack | 359 | 28.00 | 18.00 | 52.00 |
| 900158 27-YOGURT, Straw/Banana 4oz ea | Each | 70 | 9.00 | 5.00 | 12.00 |
| 900157 27-YOGURT, Strawberry 4oz ea | Each | 60 | 9.00 | 4.00 | 12.00 |
| 900159 26-YOGURT, Vanilla 4oz ea | Each | 70 | 9.00 | 5.00 | 12.00 |
| 900152 27-CHEESE, STICK Cheddar 1oz | Each | 110 | 0.00 | 0.00 | 0.00 |
| 900153 26-CHEESE, String Mozzarell1oz | Each | 60 | 1.00 | 0.00 | 1.00 |
| 900689 27-CHEESE, Coly Jack 1oz | Each | 110 | 0.00 | 0.00 | 0.00 |
| 900229 27-MUFFIN, AppleCinn,WG IW | Each | 224 | 16.00 | 13.00 | 38.00 |
| 900181 27-MUFFIN, Banana,WG IW | Each | 229 | 18.00 | 13.00 | 39.00 |
| 900183 27-MUFFIN, Choc Chip, WG IW | Each | 229 | 17.00 | 14.00 | 39.00 |
| 900231 27-MUFFIN,Blueberry, WG IW | Each | 258 | 13.00 | 7.20 | 40.00 |
| 900281 27-CORN, Canned USDA | 1/2 Cup | 105 | 6.50 | *0.00 | 14.02 |
| 900282 27-CORN, frozen USDA | 1/2 cup | 83 | 3.17 | *0.00 | 16.28 |
| 900375 27-BEANS,Pinto Southwest | 2/3 Cup | 168 | 1.64 | *0.22 | 31.03 |
| 004988 00-ORANGES 125 ct | 1 Each (125 ct) | 74 | 14.75 | 0.00 | 18.22 |
| 900317 27-KETCHUP: individual | Each | 10 | 2.00 | 2.00 | 2.00 |
| 900324 27-MUSTARD 5.6g portion | Each | 5 | 0.00 | 0.00 | 0.00 |
| 900534 27-MAYONNAISE FF 12g | Each | 30 | 0.00 | 0.00 | 0.00 |
| 900533 27-SAUCE, BBQ 12g | Each | 20 | 4.00 | 4.00 | 5.00 |
| 900546 00-ONION, Slices | 1/8 cup | 7 | 0.77 | 0.00 | 1.69 |

**Friday - 11/13/2026**

| | Portion Size | Cals[1] (kcal) | Total Sugars (g) | Added Sugars[1] (g) | Carb (g) |
|---|---|---|---|---|---|
| 900079 27-MILK, PLAIN 1% 8oz | Each (8oz) | 100 | 12.00 | 0.00 | 12.00 |
| 900080 27-MILK, CHOCOLATE FF 8oz | Each (8 oz) | 110 | 18.00 | 6.00 | 19.00 |
| 900081 27-MILK, STRAWBERRY FF 8oz | Each (8 oz) | 110 | 18.00 | 6.00 | 19.00 |
| 900084 27-MILK,Lactose FF 8oz | Each | 110 | 12.00 | 0.00 | 13.00 |
| 900579 27-MILK,Lactose Chocolate FF 8oz | Each | 100 | 17.00 | 5.00 | 18.00 |
| 900156 27-MILK,SOY VANILLA 8 oz | Each | 110 | 5.00 | 5.00 | 9.00 |
| 900121 27-HOT DOG Beef ON BUN WW | Hot Dog(s) | 290 | 4.00 | 4.00 | 30.00 |
| 900687 27-CHILI, HOT DOG | #16 Scoop | 52 | 2.51 | *N/A* | 5.47 |
| 900165 27-PORK, BBQ Sandwich Chandler | Each Sandwich | 292 | 6.02 | 4.00 | 33.03 |
| 900267 27-FRIES,Cinn & Sugar Sweet Pot | 1/2 C (3.25 oz) | 156 | 10.42 | 1.54 | 22.80 |
| 900478 27-COLESLAW, CABBAGE MIX 1/2 C | 1/2 CUP | 65 | 4.97 | *0.96 | 7.61 |
| 900175 MC Seasonal Fresh Fruit - NO PLAN | Each | *N/A* | *N/A* | *N/A* | *N/A* |
| 900580 27-APPLE Slices, IW | Each | 30 | 6.00 | 0.00 | 8.00 |
| 900563 26-APPLE, Fresh Wedges | 3 Wedges | 57 | 11.49 | 0.00 | 14.87 |
| 004961 00-APPLES, Fresh, Whole | Each | 75 | 15.08 | 0.00 | 19.72 |



This institution is an equal opportunity provider, employer, and lender.

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|---|---|---|---|---|---|
| 004962 00-BANANAS 100-120 CT | Each | 121 | 16.32 | 0.00 | 31.06 |
| 004974 00-GRAPES,FRESH | 1/2 Cup | 58 | 12.91 | 0.00 | 15.32 |
| 004988 00-ORANGES 125 ct | 1 Each (125 ct) | 74 | 14.75 | 0.00 | 18.22 |
| 004990 00-PEARS,FRESH 120 ct | Each | 79 | 13.79 | 0.00 | 21.15 |
| 900317 27-KETCHUP: individual | Each | 10 | 2.00 | 2.00 | 2.00 |
| 900533 27-SAUCE, BBQ 12g | Each | 20 | 4.00 | 4.00 | 5.00 |
| 900324 27-MUSTARD 5.6g portion | Each | 5 | 0.00 | 0.00 | 0.00 |
| 900534 27-MAYONNAISE FF 12g | Each | 30 | 0.00 | 0.00 | 0.00 |

**Monday - 11/16/2026**

| | Portion Size | Cals[1] (kcal) | Total Sugars (g) | Added Sugars[1] (g) | Carb (g) |
|---|---|---|---|---|---|
| 900079 27-MILK, PLAIN 1% 8oz | Each (8oz) | 100 | 12.00 | 0.00 | 12.00 |
| 900080 27-MILK, CHOCOLATE FF 8oz | Each (8 oz) | 110 | 18.00 | 6.00 | 19.00 |
| 900081 27-MILK, STRAWBERRY FF 8oz | Each (8 oz) | 110 | 18.00 | 6.00 | 19.00 |
| 900084 27-MILK,Lactose FF 8oz | Each | 110 | 12.00 | 0.00 | 13.00 |
| 900579 27-MILK,Lactose Chocolate FF 8oz | Each | 100 | 17.00 | 5.00 | 18.00 |
| 900156 27-MILK,SOY VANILLA 8 oz | Each | 110 | 5.00 | 5.00 | 9.00 |
| 900106 27-PIZZA, 4X6, CHEESE | Slice | 320 | 5.00 | 1.00 | 31.00 |
| 900108 27-PIZZA, 4X6, PEPPERONI | Slice | 350 | 5.00 | 1.00 | 29.00 |
| 900505 MC Entree - NO PLAN | Each | *N/A* | *N/A* | *N/A* | *N/A* |
| 900251 27-CARROTS, Savory frozen | 1/2 cup | 90 | 13.78 | *9.88 | 17.82 |
| 900252 27-PEAS,Green frozen | 1/2 Cup | 91 | 4.78 | *0.00 | 13.16 |
| 900286 27-PEACHES Diced, cnd | 1/2 Cup | 69 | 15.00 | *N/A* | 16.16 |
| 900289 27-PEACH CUP, Frzn 4.4oz | Each | 90 | 19.00 | *N/A* | 21.00 |
| 900317 27-KETCHUP: individual | Each | 10 | 2.00 | 2.00 | 2.00 |
| 900324 27-MUSTARD 5.6g portion | Each | 5 | 0.00 | 0.00 | 0.00 |
| 900534 27-MAYONNAISE FF 12g | Each | 30 | 0.00 | 0.00 | 0.00 |
| 900533 27-SAUCE, BBQ 12g | Each | 20 | 4.00 | 4.00 | 5.00 |

**Tuesday - 11/17/2026**

| | Portion Size | Cals[1] (kcal) | Total Sugars (g) | Added Sugars[1] (g) | Carb (g) |
|---|---|---|---|---|---|
| 900079 27-MILK, PLAIN 1% 8oz | Each (8oz) | 100 | 12.00 | 0.00 | 12.00 |
| 900080 27-MILK, CHOCOLATE FF 8oz | Each (8 oz) | 110 | 18.00 | 6.00 | 19.00 |
| 900081 27-MILK, STRAWBERRY FF 8oz | Each (8 oz) | 110 | 18.00 | 6.00 | 19.00 |
| 900084 27-MILK,Lactose FF 8oz | Each | 110 | 12.00 | 0.00 | 13.00 |
| 900579 27-MILK,Lactose Chocolate FF 8oz | Each | 100 | 17.00 | 5.00 | 18.00 |
| 900156 27-MILK,SOY VANILLA 8 oz | Each | 110 | 5.00 | 5.00 | 9.00 |
| 900525 27-TURKEY Medallions w/ Gravy | Servings(3/4c) | 170 | 1.99 | 1.85 | 9.96 |
| 900496 27-DRESSING,BREAD STUFFING | 1/2 cup | 186 | 0.95 | 0.95 | 20.99 |
| 900481 27-ROLL, WG Roll Dough 2.2 | Roll | 178 | 5.00 | 5.00 | 29.00 |
| 900134 27-HAMBURGER,on Brioche | Sandwich | 360 | 5.00 | 5.00 | 29.00 |
| 900136 27-HAMBURGER, on Bun DonLee | Sandwich | 350 | 4.00 | 4.00 | 30.00 |
| 900691 27-CHEESE, Slice 1/2 oz | Slice | 35 | 1.00 | 0.00 | 1.00 |
| 900133 27-CHEESEBURGER,Brioche | Sandwich | 395 | 6.00 | 5.00 | 30.00 |

| | | | | | |
|---|---|---|---|---|---|
| 900135 27-CHEESEBURGER,WG BunDonLee | Sandwich | 385 | 5.00 | 4.00 | 31.00 |
| 900569 27-POTATOES, GLAZED SWEET | 1/2 CUP | 216 | 34.06 | 21.43 | 48.02 |
| 900279 27-BEANS, Green Canned | 1/2 cup | 26 | 1.62 | *0.00 | 3.11 |
| 900338 27-PEARS, Baked | 1/2 CUP | 118 | 19.40 | *3.68 | 23.91 |
| 900332 27-CRANBERRY SAUCE | 1/4 cup | 111 | 24.20 | 20.16 | 27.22 |
| 900314 27-PICKLE,Dill Slice 2 ea | 2 Each | 0 | 0.00 | 0.00 | 0.00 |
| 900317 27-KETCHUP: individual | Each | 10 | 2.00 | 2.00 | 2.00 |
| 900324 27-MUSTARD 5.6g portion | Each | 5 | 0.00 | 0.00 | 0.00 |
| 900534 27-MAYONNAISE FF 12g | Each | 30 | 0.00 | 0.00 | 0.00 |
| 900533 27-SAUCE, BBQ 12g | Each | 20 | 4.00 | 4.00 | 5.00 |
| 900613 27-SAUCE, Burger | #40 Scoop | 47 | 0.96 | 0.86 | 2.30 |
| 004979 00-LETTUCE &TOMATO:1 lf,2 slc | 1 lf,2 slc | 7 | 0.71 | 0.00 | 1.28 |
| 005460 00-LETTUCE, Leaf Green | 1 lf | 3 | 0.00 | 0.00 | 0.38 |
| 004944 00-LETTUCE, shredded (bag) | 1/2 cup | 4 | 0.75 | 0.00 | 1.12 |
| 004725 00-TOMATO, SLICED 2 slc | 2 slc | 4 | 0.68 | 0.00 | 0.89 |

**Wednesday - 11/18/2026**

| | Portion Size | Cals[1] (kcal) | Total Sugars (g) | Added Sugars[1] (g) | Carb (g) |
|---|---|---|---|---|---|
| 900079 27-MILK, PLAIN 1% 8oz | Each (8oz) | 100 | 12.00 | 0.00 | 12.00 |
| 900080 27-MILK, CHOCOLATE FF 8oz | Each (8 oz) | 110 | 18.00 | 6.00 | 19.00 |
| 900081 27-MILK, STRAWBERRY FF 8oz | Each (8 oz) | 110 | 18.00 | 6.00 | 19.00 |
| 900084 27-MILK,Lactose FF 8oz | Each | 110 | 12.00 | 0.00 | 13.00 |
| 900579 27-MILK,Lactose Chocolate FF 8oz | Each | 100 | 17.00 | 5.00 | 18.00 |
| 900156 27-MILK,SOY VANILLA 8 oz | Each | 110 | 5.00 | 5.00 | 9.00 |
| 900093 27-CHICKEN, ORANGE TANG WG | 3.9 0Z | 210 | 13.00 | 13.00 | 26.00 |
| 900490 27-RICE, Seasoned 1/2c | 1/2 CUP | 116 | 0.00 | 0.00 | 21.19 |
| 900481 27-ROLL, WG Roll Dough 2.2 | Roll | 178 | 5.00 | 5.00 | 29.00 |
| 900140 27-CROISSANT, Ham & Cheese | EACH | 299 | 7.04 | *3.00 | 33.06 |
| 900280 27-BROCCOLI frzn | 1/2 CUP | 44 | 1.03 | *0.00 | 5.20 |
| 900529 MC Vegetable - NO PLAN | Each | *N/A* | *N/A* | *N/A* | *N/A* |
| 900284 27-MIXED BERRY CUP, Frz 4 oz USDA | Each | 90 | 16.00 | *N/A* | 20.00 |
| 900327 27-SAUCE, Soy pk | Each | 5 | 1.00 | 1.00 | 1.00 |
| 900328 27-SAUCE, Sweet & Sour 1oz | Each | 50 | 12.00 | 11.00 | 13.00 |
| 900335 27-SAUCE,SrirachaHoney Dipping | #30 scoop | 45 | 11.05 | 11.05 | 11.05 |
| 900336 27-Sauce,Teriyaki Min Dipping | #30 Scoop | 60 | 11.08 | 11.08 | 13.10 |
| 900533 27-SAUCE, BBQ 12g | Each | 20 | 4.00 | 4.00 | 5.00 |
| 900317 27-KETCHUP: individual | Each | 10 | 2.00 | 2.00 | 2.00 |
| 900324 27-MUSTARD 5.6g portion | Each | 5 | 0.00 | 0.00 | 0.00 |
| 900534 27-MAYONNAISE FF 12g | Each | 30 | 0.00 | 0.00 | 0.00 |

**Thursday - 11/19/2026**

| | Portion Size | Cals[1] (kcal) | Total Sugars (g) | Added Sugars[1] (g) | Carb (g) |
|---|---|---|---|---|---|
| 900079 27-MILK, PLAIN 1% 8oz | Each (8oz) | 100 | 12.00 | 0.00 | 12.00 |
| 900080 27-MILK, CHOCOLATE FF 8oz | Each (8 oz) | 110 | 18.00 | 6.00 | 19.00 |



This institution is an equal opportunity provider, employer, and lender.

| | | | | | |
|---|---|---|---|---|---|
| 900081 27-MILK, STRAWBERRY FF 8oz | Each (8 oz) | 110 | 18.00 | 6.00 | 19.00 |
| 900084 27-MILK,Lactose FF 8oz | Each | 110 | 12.00 | 0.00 | 13.00 |
| 900579 27-MILK,Lactose Chocolate FF 8oz | Each | 100 | 17.00 | 5.00 | 18.00 |
| 900156 27-MILK,SOY VANILLA 8 oz | Each | 110 | 5.00 | 5.00 | 9.00 |
| 900087 27-CHICKEN NUGGETS, WG 5pc | 5 pieces (3oz) | 171 | 2.01 | 0.00 | 16.11 |
| 900481 27-ROLL, WG Roll Dough 2.2 | Roll | 178 | 5.00 | 5.00 | 29.00 |
| 900681 27-Sandwich, Philly Beef & Cheese E | Each | 352 | 5.92 | 4.00 | 32.74 |
| 900259 27-FRIES, FRENCH CRINKLE,Baked | 1/2 C (1.98oz) | 81 | 0.00 | 0.00 | 13.50 |
| 900266 27-FRIES, POTATO SMILES Baked | 1/2 C (2.37 oz) | 126 | 0.00 | 0.00 | 19.76 |
| 900652 27-FRIES, Seasoned POTATO SMILES Baked | 1/2 C (2.37 oz) | 128 | 0.08 | 0.00 | 20.07 |
| 900267 27-FRIES,Cinn & Sugar Sweet Pot | 1/2 C (3.25 oz) | 156 | 10.42 | 1.54 | 22.80 |
| 900260 27-FRIES,Crinkle Season Baked | 1/2 C (1.98oz) | 82 | 0.08 | 0.00 | 13.78 |
| 900671 27-FRIES,CRINKLSWEET POT Baked | 1/2 C (3.25 oz) | 148 | 8.88 | 0.00 | 21.08 |
| 900269 27-FRIES,SAVORY SWT POT Baked | 1/2 C (3.13 oz) | 169 | 7.37 | 0.00 | 25.28 |
| 900685 27-BEANS, Pinto Southern | 2/3 cup | 160 | 1.42 | *0.00 | 29.46 |
| 900401 27-ORANGES, Mandarin lt syrup Purchased | 1/2 cup | 49 | 9.88 | 0.00 | 13.18 |
| 900317 27-KETCHUP: individual | Each | 10 | 2.00 | 2.00 | 2.00 |
| 900324 27-MUSTARD 5.6g portion | Each | 5 | 0.00 | 0.00 | 0.00 |
| 900534 27-MAYONNAISE FF 12g | Each | 30 | 0.00 | 0.00 | 0.00 |
| 900533 27-SAUCE, BBQ 12g | Each | 20 | 4.00 | 4.00 | 5.00 |

**Friday - 11/20/2026**

| | Portion Size | Cals[1] (kcal) | Total Sugars (g) | Added Sugars[1] (g) | Carb (g) |
|---|---|---|---|---|---|
| 900079 27-MILK, PLAIN 1% 8oz | Each (8oz) | 100 | 12.00 | 0.00 | 12.00 |
| 900080 27-MILK, CHOCOLATE FF 8oz | Each (8 oz) | 110 | 18.00 | 6.00 | 19.00 |
| 900081 27-MILK, STRAWBERRY FF 8oz | Each (8 oz) | 110 | 18.00 | 6.00 | 19.00 |
| 900084 27-MILK,Lactose FF 8oz | Each | 110 | 12.00 | 0.00 | 13.00 |
| 900579 27-MILK,Lactose Chocolate FF 8oz | Each | 100 | 17.00 | 5.00 | 18.00 |
| 900156 27-MILK,SOY VANILLA 8 oz | Each | 110 | 5.00 | 5.00 | 9.00 |
| 900110 27-PIZZA, Fiestada WG 5.2 oz | Each | 320 | 4.00 | 1.00 | 30.00 |
| 900505 MC Entree - NO PLAN | Each | *N/A* | *N/A* | *N/A* | *N/A* |
| 900281 27-CORN, Canned USDA | 1/2 Cup | 105 | 6.50 | *0.00 | 14.02 |
| 900282 27-CORN, frozen USDA | 1/2 cup | 83 | 3.17 | *0.00 | 16.28 |
| 900529 MC Vegetable - NO PLAN | Each | *N/A* | *N/A* | *N/A* | *N/A* |
| 900530 MC Fruit - NO PLAN | Each | *N/A* | *N/A* | *N/A* | *N/A* |
| 900307 27-SALSA, Mild | .25 cup | 20 | 2.01 | 2.01 | 4.03 |
| 900329 27-SAUCE, TACO 9g pk | Packs | 5 | 0.00 | 0.00 | 1.00 |
| 900317 27-KETCHUP: individual | Each | 10 | 2.00 | 2.00 | 2.00 |
| 900324 27-MUSTARD 5.6g portion | Each | 5 | 0.00 | 0.00 | 0.00 |
| 900534 27-MAYONNAISE FF 12g | Each | 30 | 0.00 | 0.00 | 0.00 |
| 900533 27-SAUCE, BBQ 12g | Each | 20 | 4.00 | 4.00 | 5.00 |

**Monday - 11/30/2026**

| | Portion Size | Cals[1] (kcal) | Total Sugars (g) | Added Sugars[1] (g) | Carb (g) |
|---|---|---|---|---|---|

| | | | | | |
|---|---|---|---|---|---|
| 900079 27-MILK, PLAIN 1% 8oz | Each (8oz) | 100 | 12.00 | 0.00 | 12.00 |
| 900080 27-MILK, CHOCOLATE FF 8oz | Each (8 oz) | 110 | 18.00 | 6.00 | 19.00 |
| 900081 27-MILK, STRAWBERRY FF 8oz | Each (8 oz) | 110 | 18.00 | 6.00 | 19.00 |
| 900084 27-MILK,Lactose FF 8oz | Each | 110 | 12.00 | 0.00 | 13.00 |
| 900579 27-MILK,Lactose Chocolate FF 8oz | Each | 100 | 17.00 | 5.00 | 18.00 |
| 900156 27-MILK,SOY VANILLA 8 oz | Each | 110 | 5.00 | 5.00 | 9.00 |
| 900105 27-CHEESE DUNKERS, WG, 4.2oz | 2 Each | 290 | 4.00 | 1.00 | 28.00 |
| 900482 27-SAUCE, MARINARAw/SpagTomSc | .25 Cup | 33 | 3.93 | 0.81 | 6.90 |
| 900395 27-SOUP, CHICK TACO/Pinto Bea | 1 Cup | 182 | 5.36 | *1.01 | 23.06 |
| 900299 27-QUESADILLA, Cheese E/Mid | SERVINGS | 273 | 0.00 | 0.00 | 23.01 |
| 900279 27-BEANS, Green Canned | 1/2 cup | 26 | 1.62 | *0.00 | 3.11 |
| 900254 27-PEAS & CARROTS | 1/2 Cup | 70 | 4.29 | *0.00 | 10.40 |
| 900275 27-APPLESAUCE, CUP USDA | Each | 60 | 18.00 | 0.00 | 14.00 |
| 900274 27-APPLESAUCE, cnd USDA | 1/2 Cup | 62 | 12.34 | *N/A* | 15.43 |
| 900317 27-KETCHUP: individual | Each | 10 | 2.00 | 2.00 | 2.00 |
| 900324 27-MUSTARD 5.6g portion | Each | 5 | 0.00 | 0.00 | 0.00 |
| 900307 27-SALSA, Mild | .25 cup | 20 | 2.01 | 2.01 | 4.03 |
| 900334 27-SOUR CREAM 1oz | Each (1 oz) | 50 | 1.00 | 0.00 | 2.00 |

**Tuesday - 12/01/2026**

| | Portion Size | Cals[1] (kcal) | Total Sugars (g) | Added Sugars[1] (g) | Carb (g) |
|---|---|---|---|---|---|
| 900079 27-MILK, PLAIN 1% 8oz | Each (8oz) | 100 | 12.00 | 0.00 | 12.00 |
| 900080 27-MILK, CHOCOLATE FF 8oz | Each (8 oz) | 110 | 18.00 | 6.00 | 19.00 |
| 900081 27-MILK, STRAWBERRY FF 8oz | Each (8 oz) | 110 | 18.00 | 6.00 | 19.00 |
| 900084 27-MILK,Lactose FF 8oz | Each | 110 | 12.00 | 0.00 | 13.00 |
| 900579 27-MILK,Lactose Chocolate FF 8oz | Each | 100 | 17.00 | 5.00 | 18.00 |
| 900156 27-MILK,SOY VANILLA 8 oz | Each | 110 | 5.00 | 5.00 | 9.00 |
| 900702 27-QUESO W/Chic Southwest Dice | 1/2 Cup | 201 | 0.47 | *0.00 | 2.28 |
| 900704 27-QUESO, No meat | 1/2 Cup | 239 | 0.68 | 0.00 | 3.12 |
| 900356 27-CHIPS, Tostitos .875oz | bag (.875 oz) | 120 | 0.00 | 0.00 | 18.00 |
| 900164 27-PORK CHOP SAND WG bun | Sandwich | 410 | 5.00 | 4.00 | 41.00 |
| 900281 27-CORN, Canned USDA | 1/2 Cup | 105 | 6.50 | *0.00 | 14.02 |
| 900282 27-CORN, frozen USDA | 1/2 cup | 83 | 3.17 | *0.00 | 16.28 |
| 900375 27-BEANS,Pinto Southwest | 2/3 Cup | 168 | 1.64 | *0.22 | 31.03 |
| 900289 27-PEACH CUP, Frzn 4.4oz | Each | 90 | 19.00 | *N/A* | 21.00 |
| 900286 27-PEACHES Diced, cnd | 1/2 Cup | 69 | 15.00 | *N/A* | 16.16 |
| 900307 27-SALSA, Mild | .25 cup | 20 | 2.01 | 2.01 | 4.03 |
| 900329 27-SAUCE, TACO 9g pk | Packs | 5 | 0.00 | 0.00 | 1.00 |
| 900314 27-PICKLE,Dill Slice 2 ea | 2 Each | 0 | 0.00 | 0.00 | 0.00 |
| 004979 00-LETTUCE &TOMATO:1 lf,2 slc | 1 lf,2 slc | 7 | 0.71 | 0.00 | 1.28 |
| 005460 00-LETTUCE, Leaf Green | 1 lf | 3 | 0.00 | 0.00 | 0.38 |
| 004944 00-LETTUCE, shredded (bag) | 1/2 cup | 4 | 0.75 | 0.00 | 1.12 |
| 900317 27-KETCHUP: individual | Each | 10 | 2.00 | 2.00 | 2.00 |
| 900534 27-MAYONNAISE FF 12g | Each | 30 | 0.00 | 0.00 | 0.00 |
| 900324 27-MUSTARD 5.6g portion | Each | 5 | 0.00 | 0.00 | 0.00 |
| 900533 27-SAUCE, BBQ 12g | Each | 20 | 4.00 | 4.00 | 5.00 |

# Cumberland County Schools

Nov 2, 2026 thru Dec 4, 2026

**Wednesday - 12/02/2026**

| | Portion Size | Cals[1] (kcal) | Total Sugars (g) | Added Sugars[1] (g) | Carb (g) |
|---|---|---|---|---|---|
| 900079 27-MILK, PLAIN 1% 8oz | Each (8oz) | 100 | 12.00 | 0.00 | 12.00 |
| 900080 27-MILK, CHOCOLATE FF 8oz | Each (8 oz) | 110 | 18.00 | 6.00 | 19.00 |
| 900081 27-MILK, STRAWBERRY FF 8oz | Each (8 oz) | 110 | 18.00 | 6.00 | 19.00 |
| 900084 27-MILK,Lactose FF 8oz | Each | 110 | 12.00 | 0.00 | 13.00 |
| 900579 27-MILK,Lactose Chocolate FF 8oz | Each | 100 | 17.00 | 5.00 | 18.00 |
| 900156 27-MILK,SOY VANILLA 8 oz | Each | 110 | 5.00 | 5.00 | 9.00 |
| 900315 27-SPAGHETTI w/SpgSau&TomSau | 1 Cup | 389 | 9.28 | 1.87 | 46.70 |
| 900139 27-BREADSTICK, GARLIC WW | Each | 100 | 0.00 | 0.00 | 15.00 |
| 900118 27-CHICKEN, SANDWICH (E/M) WG | Sandwich | 320 | 6.00 | 4.00 | 46.00 |
| 900554 27-SALAD, Romain Garden Tom/Car | 1 CUP | 18 | 1.79 | 0.00 | 3.74 |
| 900256 27-MIXED VEGETABLES, Frozen | 1/2 cup | 100 | 3.29 | 0.00 | 13.20 |
| 004962 00-BANANAS 100-120 CT | Each | 121 | 16.32 | 0.00 | 31.06 |
| 900314 27-PICKLE,Dill Slice 2 ea | 2 Each | 0 | 0.00 | 0.00 | 0.00 |
| 004979 00-LETTUCE &TOMATO:1 lf,2 slc | 1 lf,2 slc | 7 | 0.71 | 0.00 | 1.28 |
| 004944 00-LETTUCE, shredded (bag) | 1/2 cup | 4 | 0.75 | 0.00 | 1.12 |
| 005460 00-LETTUCE, Leaf Green | 1 lf | 3 | 0.00 | 0.00 | 0.38 |
| 900317 27-KETCHUP: individual | Each | 10 | 2.00 | 2.00 | 2.00 |
| 900324 27-MUSTARD 5.6g portion | Each | 5 | 0.00 | 0.00 | 0.00 |
| 900534 27-MAYONNAISE FF 12g | Each | 30 | 0.00 | 0.00 | 0.00 |
| 900533 27-SAUCE, BBQ 12g | Each | 20 | 4.00 | 4.00 | 5.00 |
| 900539 27-DRESSING, 12G French | PK (12 G) | 15 | 3.00 | 3.00 | 4.00 |
| 900319 27-DRESSING, 12G Italian | PK (12 G) | 10 | 2.00 | 2.00 | 2.00 |
| 900535 27-DRESSING, 12G Ranch | Pk (12 g ea) | 10 | 1.00 | 1.00 | 2.00 |
| 900536 27-DRESSING, SM Ranch | #30 Scoop | 71 | 0.63 | 0.00 | 2.33 |
| 900547 27-DRESSING, SM Srirac Ranch | #30 scoop | 71 | 0.63 | 0.00 | 2.33 |

**Thursday - 12/03/2026**

| | Portion Size | Cals[1] (kcal) | Total Sugars (g) | Added Sugars[1] (g) | Carb (g) |
|---|---|---|---|---|---|
| 900079 27-MILK, PLAIN 1% 8oz | Each (8oz) | 100 | 12.00 | 0.00 | 12.00 |
| 900080 27-MILK, CHOCOLATE FF 8oz | Each (8 oz) | 110 | 18.00 | 6.00 | 19.00 |
| 900081 27-MILK, STRAWBERRY FF 8oz | Each (8 oz) | 110 | 18.00 | 6.00 | 19.00 |
| 900084 27-MILK,Lactose FF 8oz | Each | 110 | 12.00 | 0.00 | 13.00 |
| 900579 27-MILK,Lactose Chocolate FF 8oz | Each | 100 | 17.00 | 5.00 | 18.00 |
| 900156 27-MILK,SOY VANILLA 8 oz | Each | 110 | 5.00 | 5.00 | 9.00 |
| 900097 27-DUMPLINGS,6Chic/Veg w/sauce | 6 each/ serv | 320 | 13.04 | 12.00 | 45.26 |
| 900472 27-SANDWICH, Grill PorkHam/Chs | Sandwiches | 306 | 5.07 | *2.00 | 32.14 |
| 900280 27-BROCCOLI frzn | 1/2 CUP | 44 | 1.03 | *0.00 | 5.20 |
| 900486 00-CARROTS, Baby IW 2.6oz | Each | 30 | 4.34 | 0.00 | 6.94 |
| 900285 27-FRUIT, MIX, cnd USDA | 1/2 cup | 62 | 12.78 | 3.93 | 15.74 |
| 900535 27-DRESSING, 12G Ranch | Pk (12 g ea) | 10 | 1.00 | 1.00 | 2.00 |
| 900536 27-DRESSING, SM Ranch | #30 Scoop | 71 | 0.63 | 0.00 | 2.33 |


This institution is an equal opportunity provider, employer, and lender.

| | | | | | |
|---|---|---|---|---|---|
| 900336 27-Sauce,Teriyaki Min Dipping | #30 Scoop | 60 | 11.08 | 11.08 | 13.10 |
| 900335 27-SAUCE,SrirachaHoney Dipping | #30 scoop | 45 | 11.05 | 11.05 | 11.05 |

**Friday - 12/04/2026**

| | Portion Size | Cals[1] (kcal) | Total Sugars (g) | Added Sugars[1] (g) | Carb (g) |
|---|---|---|---|---|---|
| 900079 27-MILK, PLAIN 1% 8oz | Each (8oz) | 100 | 12.00 | 0.00 | 12.00 |
| 900080 27-MILK, CHOCOLATE FF 8oz | Each (8 oz) | 110 | 18.00 | 6.00 | 19.00 |
| 900081 27-MILK, STRAWBERRY FF 8oz | Each (8 oz) | 110 | 18.00 | 6.00 | 19.00 |
| 900084 27-MILK,Lactose FF 8oz | Each | 110 | 12.00 | 0.00 | 13.00 |
| 900579 27-MILK,Lactose Chocolate FF 8oz | Each | 100 | 17.00 | 5.00 | 18.00 |
| 900156 27-MILK,SOY VANILLA 8 oz | Each | 110 | 5.00 | 5.00 | 9.00 |
| 900121 27-HOT DOG Beef ON BUN WW | Hot Dog(s) | 290 | 4.00 | 4.00 | 30.00 |
| 900098 26-CHILI, HOT DOG | #16 Scoop | 50 | 1.00 | *N/A* | 5.00 |
| 900654 27s-Chicken BBQ Sand (diced Chicken) Sysco Sauce | Sandwich | 301 | 16.45 | *15.47 | 45.37 |
| 900652 27-FRIES, Seasoned POTATO SMILES Baked | 1/2 C (2.37 oz) | 128 | 0.08 | 0.00 | 20.07 |
| 900478 27-COLESLAW, CABBAGE MIX 1/2 C | 1/2 CUP | 65 | 4.97 | *0.96 | 7.61 |
| 900175 MC Seasonal Fresh Fruit - NO PLAN | Each | *N/A* | *N/A* | *N/A* | *N/A* |
| 004961 00-APPLES, Fresh, Whole | Each | 75 | 15.08 | 0.00 | 19.72 |
| 004962 00-BANANAS 100-120 CT | Each | 121 | 16.32 | 0.00 | 31.06 |
| 004974 00-GRAPES,FRESH | 1/2 Cup | 58 | 12.91 | 0.00 | 15.32 |
| 004988 00-ORANGES 125 ct | 1 Each (125 ct) | 74 | 14.75 | 0.00 | 18.22 |
| 004990 00-PEARS,FRESH 120 ct | Each | 79 | 13.79 | 0.00 | 21.15 |
| 900542 27-SAUCE, SM Signature | Tbsp | 35 | 1.08 | *0.40 | 2.14 |
| 900317 27-KETCHUP: individual | Each | 10 | 2.00 | 2.00 | 2.00 |
| 900533 27-SAUCE, BBQ 12g | Each | 20 | 4.00 | 4.00 | 5.00 |
| 900324 27-MUSTARD 5.6g portion | Each | 5 | 0.00 | 0.00 | 0.00 |
| 900534 27-MAYONNAISE FF 12g | Each | 30 | 0.00 | 0.00 | 0.00 |

***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient***
**** - denotes combined nutrient totals with either missing or incomplete nutrient data***
***[1] - denotes required nutrient values***
***Added Sugars target is informational only, with an effective date of July 1, 2027.***
***Per the Whole Milk for Healthy Kids Act of 2025, saturated fat from fluid milk is excluded from HHFKA menu analysis.***

***NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.***