Be Strong Families (BSF) Parent Cafés

2026-2027 BSF Parent Café Schedule*

October 9, 2026	9-11 a.m.	Pre-K Center, 1307 Hillsboro St.
November 13, 2026	9-11 a.m.	Pre-K Center, 1307 Hillsboro St.
December 11, 2026	9-11 a.m.	Pre-K Center, 1307 Hillsboro St.
January 8, 2027	9-11 a.m.	Pre-K Center, 1307 Hillsboro St.
February 5, 2027	10 a.m.-Noon	Partnership for Children, 351 Wagoner Dr.
March 5, 2027	9-11 a.m.	Pre-K Center, 1307 Hillsboro St.
April 9, 2027	9-11 a.m.	Pre-K Center, 1307 Hillsboro St.
May 7, 2027	9-11 a.m.	Pre-K Center, 1307 Hillsboro St.

(*Call to confirm the schedule as dates and locations may be added or changed.)



Parent Cafés are physically and emotionally safe spaces where parents/caregivers talk and listen to one another about topics that matter to them. These highly structured, small group conversations promote peer-to-peer learning and deep self-reflection. Parents/caregivers of children of all ages are welcome to attend. Agencies are also welcome to have their staff participate to learn more about this resource.

Five Protective Factors that Strengthen Families

Parent Café conversations are designed around the five Protective Factors that strengthen families: Parental Resilience, Social Connections, Knowledge of Parenting & Child Development, Concrete Support in Times of Need, and the Social & Emotional Competence of Children. By building on the strengths that parents already possess, Parent Café conversations examine how the knowledge and application of the Protective Factors can increase the chances of healthy outcomes for children, families, and communities.

****Resources, door prizes, and refreshments will be provided during the Parent Café.****

To reserve a seat or inquire about hosting a Parent Café, contact Wanda Wesley at 910-483-7370 or email wandawesley@ccs.k12.nc.us. To learn more visit https://www.bestrongfamilies.org/cafes-overview

CUMBERLAND COUNTY SCHOOLS