Read Across America and SEL SPIRIT WEEK

Reading is a great way to build social emotional learning (SEL) skills that are instrumental for academic success, fulfilling careers, healthy relationships, and responsible community interactions. Please join us as we celebrate these important events!

Self-Management
Monday
March 2

Build Resilience-Bounce Back Day!
Reading Focus: Books with characters who overcome challenges or grow through adversity
Spirit Idea: Wear workout/athletic gear or something that symbolizes strength.
Bonus: Create a "Resilience Wall" with student book recommendations on brave characters.

Self-Awareness
Tuesday
March 3

Own Your Story-Tell Your Tale Tuesday!
Reading Focus: #OwnVoices titles, memoirs, identity-centered stories
Spirit Idea: Wear something that represents who you are — a hobby shirt, cultural colors, a favorite book character that reflects YOU.
Bonus: Use Book Creator to tell your story. K-5 Template 6-12 Template

Social Awareness
Wednesday
March 4

Champion Kindness-Kindness Counts!
Reading Focus: Books that feature acts of kindness, allyship, and compassion
Spirit Idea: Wear shirts with positive messages
Bonus: Hide notes with positive messages of encouragement in books and around the school

Responsible Decision Making
Thursday
March 5

Take Charge-Lead The Way Day!
Reading Focus: Books with young leaders, activists, inventors, and changemakers
Spirit Idea: Dress as a leader — historical or modern, fictional or real.
Bonus: Think about a favorite character who made a positive change. Complete a short commitment on a "One Page, One Promise" card.

Relationship Skills
Friday
March 6

Cultivate Connection-Better Together Day!
Reading Focus: Stories that highlight friendships, teamwork, and community
Spirit Idea: Wear matching colors by grade level or school spirit shirts/club shirts to symbolize unity.
Bonus: Sit with someone you don't know well; Genre wall - sign your name and group to discuss.

Please take pictures of your activities in your schools and departments. We would like to showcase them on the website and social media. Email them to Pamela Sands (Media Services) at pamelasands@ccs.k12.nc.us, Jennifer Butler (SEL Counselor) at jbutler@ccs.k12.nc.us, and our CCS Communications department at goodnews@ccs.k12.nc.us.