

MILITARY & FAMILY LIFE COUNSELING

CHILD AND YOUTH BEHAVIORAL COUNSELORS



Resources for Service Providers and Leaders

Military and family life counseling services are available on and off installations. MFLCs offer counseling support to help service members and their families build skills and resilience.

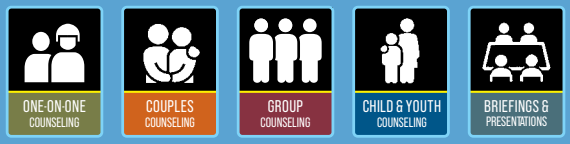
Military service providers and leaders can request MFLC support at: https://supportrequest.militaryonesource.mil.

Get more information about MFLC and other helpful programs from Military OneSource. Call or live chat any time.
800-342-9647 | www.militaryonesource.mil

MILITARY ONESOURCE

FOR WHEREVER YOU ARE IN LIFE

SUPPORT FOR MILITARY-CONNECTED CHILDREN



The Military and Family Life Counseling Program helps military families and children navigate challenges with free face-to-face support.

Child and youth behavioral military and family life counselors, or CYB-MFLCs, provide confidential counseling services to children and youth up to age 18 in groups and individually. They also offer support to families, staff and support personnel. Working with a counselor can help improve behavior, performance in school and relationships.

CYB-MFLCs are master's or doctorate-level licensed counselors who may:

- Provide consultation support to parents and caregivers, child care providers, teachers and administrators on the healthy development of children and youth
- Model evidence-based intervention approaches
- Assist educators with strategies for cultivating a deeper understanding of the factors that shape social-emotional development
- Conduct classroom observations

Services are private and confidential except in situations that involve domestic violence, child abuse, sexual assault or otherwise necessitate a duty to warn.

CYB-MFLCs provide support on topics including, but not limited to:

- Feelings identification
- Bullying
- Self-esteem
- Separation from parents
- Problem solving
- Sibling and parent relationships
- Time management
- Deployment and reunification
- Divorce

Learn more by visiting or calling your installation's Military and Family Support Center.