

NOVEMBER 2026

SOUTH CENTRAL HIGH SCHOOL

BREAKFAST IS THE TOP LINE AND INCLUDES A CEREAL OPTION, FRUIT, JUICE AND MILK. STUDENTS HAVE THE CHOICE OF THE REGULAR LUNCH OR SALAD BAR WHEN AVAILABLE. ALL LUNCHES INCLUDE LOW-FAT MILK OPTION. WHOLE/ENRICHED GRAINS ARE PROVIDED. MENU IS SUBJECT TO CHANGE.

MONDAY

EGG/CHEESE BAGEL
CHICKEN PATTY ON W/G
BUN
LOADED POTATOES
GREEN BEANS VEGGIE TRAY
FRUIT MILK

2

TUESDAY

PANCAKE ON STICK
CHEESY POTATO SOUP
BOSCO STICK
CARROTS
VEGGIE TRAY
FRUIT MILK

3

WEDNESDAY

BISCUIT & GRAVY
ORANGE CHICKEN
RICE
BREADSTICK
SALAD VEGGIE TRAY
FRUIT MILK

4

THURSDAY

CINNAMON ROLL
PUB BURGER ON W/G BUN
CHIPS
CORN
VEGGIE TRAY
FRUIT MILK

5

FRIDAY

TORNADO
PIZZA
CHIPS
SALAD
VEGGIE TRAY
FRUIT MILK

6

FRENCH TOAST STICK
CHICKEN ALFREDO
BREADSTICK
SALAD
VEGGIE TRAY
FRUIT MILK

9

TORNADO
TACO SALAD /TOSTITOS
SPANISH RICE
BLACK BEANS
SALAD VEGGIE TRAY
FRUIT MILK

10

VETERAN'S DAY
NO SCHOOL

11

EGGS AND SAUSAGE
PULLED PORK ON
W/G BUN
CHIPS
GREEN BEANS VEGGIE TRAY
FRUIT MILK

12

PANCAKE ON STICK
QUESADILLA
SPANISH RICE
REFRIED BEANS
SALAD VEGGIE TRAY
FRUIT MILK

13

EGG/CHEESE BAGEL
PUB BURGER
CHIPS
GREEN BEANS
VEGGIE TRAY
FRUIT MILK

16

BREAKFAST PIZZA
ORANGE CHICKEN
RICE
SALAD
VEGGIE TRAY
FRUIT MILK

17

BISCUIT/GRAVY
TURKEY & DRESSING
CORN
VEGGIE TRAY
FRUIT MILK

18

LONG JOHN
PIZZA SALAD
VEGGIE TRAY
FRUIT MILK

19

NO SCHOOL

20

CINNAMON ROLL
CHILI
HAM & CHEESE ON BUN
CORN
VEGGIE TRAY
FRUIT MILK

23

TORNADO
QUESADILLA
SPANISH RICE
REFRIED BEANS
SALAD VEGGIE TRAY
FRUIT MILK

24

HAPPY THANKSGIVING
BREAK

25

NO SCHOOL

26

NO SCHOOL

27

BREAKFAST PIZZA
CHEESY POTATO SOUP
BOSCO STICK
CORN
VEGGIE TRAY
FRUIT MILK

30