



Transylvania County Schools Pre-K Menus - August & September 2026

Monday	Tuesday	Wednesday	Thursday	Friday
August 24 Cereal, WG, Fruit Cup, 1% Milk Chicken & Waffle, WG, Steamed Broccoli, Baked Apples, 1% Milk Goldfish, 100% Fruit Juice	August 25 Pull-Apart Clusters, WG, Fruit Cup, 1% Milk Beef Teriyaki w/ WG Rice, Green Beans, Applesauce, 1% Milk Cheez-its, 100% Fruit Juice	August 26 Sausage Biscuit, Fresh Fruit, 1% Milk Popcorn Chicken, Garlic Breadstick, WG, Green Peas, Sliced Peaches, 1% Milk Tiger Bites, 100% Fruit Juice	August 27 Breakfast Bread, WG, Fruit Cup, 1% Milk Beef Burrito, WG, Corn, Banana, 1% Milk Chex Mix, 100% Fruit Juice	August 28 Zee Zees Bar, WG, Fruit Cup, 1% Milk Pizza, WG, Tater Tots, Mixed Fruit, 1% Milk Cheese stick, 100% Fruit Juice
August 31 Cereal, WG, Fruit Cup, 1% Milk Hamburger, WG, Crinkle Cut Fries, Apple Slices, 1% Milk Goldfish, 100% Fruit Juice	September 1 Super Donut, WG, Fruit Cup, 1% Milk Grilled Cheese, WG, Vegetable Beef Soup, Diced Pears, 1% Milk Cheez-its, 100% Fruit Juice	September 2 Chicken Biscuit, Fresh Fruit, 1% Milk Turkey & Cheese Sandwich, WG, Potato Wedges, Sliced Peaches, 1% Milk Tiger Bites, 100% Fruit Juice	September 3 Mini Bagel, WG, Fruit Cup, 1% Milk Mandarin Orange Chicken, WG Rice, Green Peas, Mandarin Oranges, 1% Milk Chex Mix, 100% Fruit Juice	September 4 Cinnamon Roll, WG, Fruit Cup, 1% Milk Pizza, WG, Corn, Sliced Peaches, 1% Milk Cheese stick, 100% Fruit Juice
September 7 Labor Day Holiday	September 8 Pull-Apart Clusters, WG, Fruit Cup, 1% Milk Ham & Cheese Sandwich, WG, Pinto Beans, Sliced Oranges, 1% Milk Cheez-its, 100% Fruit Juice	September 9 Sausage Biscuit, Fresh Fruit, 1% Milk Spaghetti w/ Meat Sauce, Garlic Breadstick, WG, Green Beans, Mixed Fruit, 1% Milk Tiger Bites, 100% Fruit Juice	September 10 Breakfast Bread, WG, Fruit Cup, 1% Milk Pancake, WG, Sausage, Tater Tots, Diced Pears, 1% Milk Chex Mix, 100% Fruit Juice	September 11 Zee Zees Bar, WG, Fruit Cup, 1% Milk Pizza, WG, Peas and Carrots, Mixed Fruit, 1% Milk Cheese stick, 100% Fruit Juice
September 14 Cereal, WG, Fruit Cup, 1% Milk Chicken & Waffle, WG, Steamed Broccoli, Baked Apples, 1% Milk Goldfish, 100% Fruit Juice	September 15 Super Donut, WG, Fruit Cup, 1% Milk Beef Teriyaki w/ Rice, Green Beans, Applesauce, 1% Milk Cheez-its, 100% Fruit Juice	September 16 Chicken Biscuit, Fresh Fruit, 1% Milk Popcorn Chicken, Garlic Breadstick, WG, Green Peas, Sliced Peaches, 1% Milk Tiger Bites, 100% Fruit Juice	September 17 Mini Bagel, WG, Fruit Cup, 1% Milk Beef Burrito, WG, Corn, Banana, 1% Milk Chex Mix, 100% Fruit Juice	September 18 Cinnamon Roll, WG, Fruit Cup, 1% Milk Pizza, WG, Tater Tots, Mixed Fruit, 1% Milk Cheese stick, 100% Fruit Juice
September 21 Cereal, WG, Fruit Cup, 1% Milk Hamburger, WG, Crinkle Cut Fries, Apple Slices, 1% Milk Goldfish, 100% Fruit Juice	September 22 Pull-Apart Clusters, WG, Fruit Cup, 1% Milk Grilled Cheese, WG, Vegetable Beef Soup, Diced Pears, 1% Milk Cheez-its, 100% Fruit Juice	September 23 Sausage Biscuit, Fresh Fruit, 1% Milk Turkey & Cheese Sandwich, WG, Potato Wedges, Sliced Peaches, 1% Milk Tiger Bites, 100% Fruit Juice	September 24 Breakfast Bread, Fruit Cup, 1% Milk Mandarin Orange Chicken, WG Rice, Green Peas, Mandarin Oranges, 1% Milk Chex Mix, 100% Fruit Juice	September 25 Zee Zees Bar, WG, Fruit Cup, 1% Milk Pizza, WG, Corn, Sliced Peaches, 1% Milk Cheese stick, 100% Fruit Juice
September 28 Cereal, WG, Fruit Cup, 1% Milk Chicken Sandwich, WG, Steamed Broccoli, Baked Apples, 1% Milk Goldfish, 100% Fruit Juice	September 29 Super Donut, WG, Fruit Cup, 1% Milk Ham & Cheese Sandwich, WG, Pinto Beans, Sliced Oranges, 1% Milk Cheez-its, 100% Fruit Juice	September 30 Chicken Biscuit, Fresh Fruit, 1% Milk Spaghetti w/ Meat Sauce, Garlic Breadstick, WG, Green Beans, Mixed Fruit, 1% Milk Tiger Bites, 100% Fruit Juice	October 1 Mini Bagel, WG, Fruit Cup, 1% Milk Pancake, WG, Sausage, Tater Tots, Diced Pears, 1% Milk Chex Mix, 100% Fruit Juice	October 2 Teacher Workday