



Board of Managers Handbook

Junior High Athletics

S T A R T

The junior high athletics program at Weber School District is an integral part of the total educational experience. It has the potential to enhance physical wellbeing, healthy habits, skill development, and a positive self-image. A sense of belonging to a team can enable a student to develop much more than just athletic ability. The goal at Weber School District, for our Junior High athletics, is to train student athletes for the high school athletic level, build the basic skills of the sports they are involved in, and help to build character and growth in good sportsmanship. We want our student athletes to learn to win and lose graciously on and off of the court/field. Being a part of a team, brings opportunities for our junior high athletes to realize their individual potential and become part of something bigger than themselves. We strive to teach our student athletes to do their very best every day.

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WSD JR HIGH SCHOOLS, SCHOOL COLORS AND MASCOTS:

SCHOOL	SCHOOL COLOR	MASCOT
North Ogden Jr High	Purple	Knights
Orion Jr High	Navy Blue	Titans
Mountain View Jr High	Teal	Mavericks
Rocky Mountain Jr High	Black	Grizzlies
Roy Jr High	Red	Razorbacks
Sand Ridge Jr High	Gold	Scorpions
Snowcrest Jr High	Sky Blue	Skyhawks
South Ogden Jr High	Carolina Blue	Spartans
TH Bell Jr High	Royal Blue	Minutemen
Wahlquist Jr High	Green	Eagles

ATHLETICS OFFERED AT THE JR HIGH IN WSD:**Boys:****Girls:**

Volleyball

Softball

NAL

NAL

Basketball

Volleyball

Baseball

Basketball

Track

Track

BOARD OF MANAGERS PROCEDURES:

Weber School District's Jr High athletics program is governed by the Board of Managers. The board of managers consists of one administrative representative from each Jr High, typically the assistant principal, the secondary assistant director, and 2 coach representatives, one male and one female, that are voted into the position each year. The objective of the Board of Managers is to facilitate the effective operation of the Jr. High athletics for the district, create procedure and vote upon changes, and coordinate all athletic related activity at the Jr High level.

- The Secondary assistant director will be an active member of the Board of Managers and will act as an advisor but will not be a voting member.
- The Secondary assistant director will act as the chairperson of the Board of Managers.
- A 2/3 majority vote will be required to create or change any of the procedures in the Jr high Board of Managers Handbook.
- The District Secondary assistant director and or Secondary administrative assistant will act as the secretary for the Board of Managers and will maintain and publish all records in the handbook and will make copies/digital versions available to all board members and Weber School District Community through our website.

ATHLETIC CONDUCT/SPORTSMANSHIP:

Good sportsmanship will be emphasized by all schools. Student athletes, cheerleaders, student government, students, and all spectators will be expected to behave and conduct themselves in a way that will honor Weber School District. Any conduct that results in dishonor to the athlete, the team or the school will be reviewed and appropriate disciplinary action shall be taken.

- We will treat all team members, coaches, officials and spectators with respect
- Our language and actions will represent Weber School District positively
- We will respect our schools, campuses and communities
- We will do our best in all that we do and encourage those around us to do the same
- We will be modest in victory and gracious in defeat
- We will show pride in our teams and coaches and the schools that we represent
- We will value good conduct and show high levels of self-expectations
- Will abide by the rules of the game
- Will respect the judgment of sports officials.
- Will retain the highest standards of conduct and scholastic achievement.

BOARD OF MANAGERS DUTIES:

The Board of Managers consists of an administrator from each Jr High (typically the assistant principal), 2 coach representatives, and the secondary education assistant director. This is the governing body for Jr High Athletics for Weber School District.

- Review and update the Jr High Athletic Handbook
- Attend seasonal meetings to review procedures and discuss any upcoming concerns
- Issues that warrant consideration by the board should be called to the attention of the board chairperson so he or she can make board members aware of the issue and determine the necessity of unscheduled meetings being called. The board chairperson will be the contact person for all athletic matters.
- The Board will be aware of the UHSAA guidelines as well as District policies as they pertain to student athletes. The UHSAA and District policies will be used to determine all procedures and athletic matters.
- All decisions of the Board of Managers must be in accordance with the Board of Education policy and may be subject to review by the WSD Board of Education.
- If there are any complaints or suggestions for change in policy and procedures, these will be brought before the Board of Managers through the secondary assistant director, in writing to be reviewed. All changes would need to be voted upon and passed unanimously in order to make those changes.

STUDENT ATHLETE RESPONSIBILITIES:

It is a privilege and a responsibility to be a student athlete. Although we understand the value of athletics, ultimately, we focus first on the student part of Student Athlete. When we put on one the school jersey we are then representing a team, school, and community. Student athletes will adhere to the academic and citizenship requirements, the guidelines for sportsmanship as stated above. Student athletes will also:

- Be responsible for knowing the rules of the sport they are participating in
- Cooperate with the coaches. Show respect on and off of the court/field.
- Will attend all classes. If a student athlete misses more than half of their classes on game day they will be ineligible to compete in their game/contest that day.
- Attend all scheduled practices and games. Any missed time will be worked out ahead of time with the coaches and administration of the school.
- Will exercise self-control at all times
- Conduct themselves in a friendly manner toward opponents, officials, team members and coaches. This applies to warm ups, during and after the contest is over. No exceptions.
- Will complete all forms, physicals, meetings, and tryouts.
- The required [fees](#) will be paid before the athlete will be allowed to compete.

- Student athlete participants of any extracurricular activity sponsored and or approved by the district shall not accept any cash or merchandise in the form of an award. All awards shall have no monetary value.
- Any player, coach, or bench personnel ejected by an official for unsportsmanlike behavior shall be suspended from the next scheduled district game.
- Will return all school issued equipment or uniforms in good condition at the end of the season.

COACH RESPONSIBILITIES:

Weber School District does its best to ensure that we hire upstanding and reliable coaches with high standards of character, behavior and leadership. The use of any undue influence by any person connected or not connected with the school that could reasonably be interpreted as recruiting is illegal and could jeopardize the standing of the coach, the student and the team in the district. [TRAINING GUIDE](#)

- A background check for all walk-on coaches and advisors that must be done **before** the season begins in which they coach. This includes paid and volunteer coaches and advisors.
- Shall abide by all rules of the game
- It is the responsibility of the coach to be aware of eligibility of student athletes for grades, citizenship and behavior. Student athletes are students first and must be held to a high standard.
- Coaches must be aware of all IEP and 504 accommodations as well as allergies and health concerns of their players.
- Coaches must be 21 years of age to coach in Weber School District.
- Each coach that will interact with a student in any way, must fill out paperwork with Human Resources and **MUST** pass a background check.
- Coaches, players and officials will adhere to all rules and regulations pertaining to the athletic program of Weber School District and the UHSAA.
- Coaches, officials, administration will work together to foster a safe space for athletics to occur.
- All coaches are advised to check the score at the conclusion of all activities. They are to ensure that the score is recorded correctly. The outcome of a game, match or meet must be determined at the end of the activity. Scores cannot be changed once coaches have left the playing area even if a mistake in scoring is later detected.
- All coaches will respect the privileges and rights of each program and shall not encourage students to participate in one sport over another or discourage the participation of other activities within the school.
- It is the responsibility of the head coach to ensure the safety of their team members before, during and after practice and games. The health and welfare of each student athlete will be top priority.

- Coaches will ensure that no excessive on court or field celebrations or gatherings occur.
- If there are any complaints or suggestions for change in policy and procedures should be brought before the Board of Managers in writing to be reviewed. All changes would need to be voted upon and passed unanimously in order to make those changes.
- Any concerns about officials should be directed directly to the secondary assistant director who will contact Arbiter and work through those issues
- Post-game: the visiting team meetings should be in the designated area. Visiting teams should leave the home team school in a timely manner in a sportsmanlike way.
- Coaches will not take any money from players or parents. All money for Jr high athletics will run through the school secretary or bookkeeper.

PARENT RESPONSIBILITIES:

For the purpose of the Board of Managers handbook a parent will be defined as anyone that is there to support or watch an athletic event or contest. This may include parents, grandparents, relatives, etc.

- The responsibility of parents is to set a good example of good sportsmanship on school grounds.
- Parents will ensure that all documents, physicals and fees are taken care of for each student athlete.
- Parents will conduct themselves respectfully towards coaches, officials, administration and players of both teams that are competing.
- A parent, guardian or other spectator will not come onto the field, court or other contest area without being invited by an official, coach or administrator.
- If a parent has been warned and negative, disruptive or aggressive behavior still continues, parents may be asked to leave. If this becomes an issue they may be asked to not come back for the rest of the season of play.

ADMINISTRATION RESPONSIBILITIES:

Administration of each individual school is responsible for overseeing their school's athletic program and providing a member of the Board of Managers.

- It shall be the duty and responsibility of the principal at each school to determine if the participants have met all eligibility requirements.
- Administration, officials and coaches will work together to foster a safe space for athletics to occur
- Administration will have the final say if there is an issue that arises in an athletic event, questions about eligibility, discipline or behavior issues.

- The administrator representative at each home game is responsible for reporting the score of each game to the secondary assistant director and secondary secretary to be recorded and posted.

SECONDARY ASSISTANT DIRECTOR RESPONSIBILITIES:

- The secondary assistant director will be responsible for the Jr High athletic schedule for the year.
- Any concerns about officials should be directed directly to the secondary assistant director who will contact Arbiter and work through those issues
- Will act as the chairman for the Board of Managers.
- Will schedule all officials for the regular season and postseason.
- Will work to ensure that all of the postseason games have scheduled locations, officials, book and time clock coverage and announcers when available.
- Will work with the fee committee to regulate athletic fees, work with HR to foster coach pay and work with secretaries at the schools for official pay and post season reimbursements
- For tiebreaker, playoff for championship games a school may be allowed to rest one official. The schools involved in the tournament will contact the district representative over junior high athletics and request who they would like to rest. The district secondary assistant director will then contact Arbiter and get a replacement.

OFFICIALS RESPONSIBILITIES:

WSD will work in connection to Arbiter in order to arrange and schedule the officials for all of our Jr High athletics. Any changes to the scheduled game play should be reported to the secondary assistant director to ensure that the communication happens with the officials in a timely manner.

- Only Certified officials may be used.
- Officials will be knowledgeable of all Jr High athletic rules
- Officials will conduct themselves in a respectable way or may not be asked to return to officiate in our district in the future.
- Athletic contests will not occur without proper officials.
- Officials, administration and coaches will work together to foster a safe space for athletics to occur.
- The officials' pay will comply with the UHSAA pay schedule for J.V. Sophomores. This will be paid by the schools through the Arbiter program

STUDENT/SPECTATOR RESPONSIBILITIES:

Jr High athletics is a great way to bring a school together, show school spirit and cheer on our teams. When students and other spectators attend any extracurricular activity, they are expected to respect property, players, other spectators, officials, and administration. Being able to attend these activities is a privilege.

- The expectation is that no one will go onto the playing surfaces at any time including after the end of the game
- School authorities have the ability to ask anyone to leave that are disobeying rules or becoming a disruption.
- Will show good sportsmanship and respect at all times
- Will cooperate with cheerleaders and other student leadership
- Will refrain from disrespectful actions, profane language, and anything that could be seen as inappropriate or disruptive
- No spectator is permitted to have noise makers such as bells, sirens, horns, drums, etc.
- NO MEGAPHONES

ELIGIBILITY REQUIREMENTS:

Final report cards will be the basis for determining eligibility. Grade changes at the end of the quarter due to clerical error must be made in 5 calendar days. Any changes made after this time period will not be considered for eligibility. Reading/Advisory grades and citizenship may not count towards eligibility. Eligibility is the responsibility of each individual school and will be governed by the school administration.

- If a question arises as to a student's eligibility, the athlete and parent have the right to a hearing by the individual School's Standards Committee and a review by the school's principal.

Student athletes may be eligible to try out and participate in athletics as long as they meet the following requirements based on the previous quarter's grades and citizenship:

CITIZENSHIP	ACADEMIC
<ul style="list-style-type: none">• One U• One N and one U• Two Ns	<ul style="list-style-type: none">• Attain and maintain a 2.0 GPA or better for the previous quarter• Have a cumulative 2.0 GPA comprised of the previous 4 consecutive quarters• Receive no more than one F for the previous quarter.

- The advisory period will not be part of eligibility. Advisory is based on a Pass/No Mark scale and will not help or hinder a student athlete's eligibility.

No student shall be eligible to represent his/her school and participate in any athletic activity who has reached an age of 16 years prior to September first of the current school year.

The use of undue influence by any person connected or not connected with the school that could reasonably be interpreted as recruiting is illegal and could jeopardize the standing of the coach, the student and the team in the district.

- A student(s) transferring from one junior high school to another, under any circumstance, must meet the eligibility requirements of the Board of Education to participate. ([Weber School District Policy 4160](#))
- A student who transfers from one junior high school to another junior high school remains eligible for high school level competition if the student meets the enrollment criteria as established by the Weber School District Board of Education.

[Standards Committee Application for Extra Curricular Participation](#)

TEAM SELECTIONS:

At Weber School District we have a desire to see as many students as possible participate in athletic programs while at the junior high level. We encourage coaches to keep as many students as they can and still maintain the integrity of their sport. Choosing the members of the athletic team is the responsibility of the coaches that have been hired for those sports. Students interested in participating in athletics at the Junior High School level will be required to be eligible, attend the tryouts, complete all necessary documents and pay all required fees as dictated by the board approved fee schedule. In the event of an extenuating circumstance such as health issues or other situations out of the students control the administration may allow the student to try out at a later date.

A student who has tried out for a sport program and was not chosen or who was terminated or suspended from the school's sport program is ineligible to participate or practice in that sport during that sport season at any other member school. With the exception of a 9th grader trying out at the high school level. If they do not make the high school team but the junior high tryout is later, they are still eligible to try out for the junior high team.

A coach may, in addition to the team, choose to name some players as "RED SHIRTS". A red shirt refers to a student that is a part of the team but will not be competing in the scheduled games. They will practice with the team, learn the skills of that sport, they may travel with the team and can be used as managers and help the team in areas such as keeping stats.

If a student is selected as a "RED SHIRT" the following will apply:

- They will be listed as a red shirt on the team roster
- They will be responsible for following all team rules

- They must complete all required forms, obtain a current physical and pay the travel and program fee. (They will not be required to pay the participation fee) See the board approved [fee schedule](#)

SCOUTING AND FILMING PROCEDURE:

The filming or video taping of any athletic contest is permitted under the following conditions:

- Each school may tape their own practice and games
- Film must be viewed during practice sessions only
- The scouting of an opponent's practice session is prohibited
- The scouting and filming of league games is acceptable
- Senior high school coaches are prohibited from recruiting ninth grade students for any sport that is offered at the junior high level.

FEES/FINANCIAL OBLIGATIONS:

Once teams are selected, student athletes will be assessed fees according to the Board of Education approved fee schedule. Fees must be paid prior to the first scheduled game of the season. These fees include, but are not limited to participation fees, equipment fees and travel fees. Red Shirt athletes will only be responsible for transportation fees and equipment fees. Coaches will outline the other assigned fees in the parent meeting. All athletes are responsible for the proper care and security of equipment issued to the. School furnished uniforms are to be worn only for practices and scheduled games. All school issued equipment that is lost or not returned in good condition at the end of the season will be subject to a financial penalty.

- Tryouts are open to all students- no fee can be charged
- Names of students selected for a team will be placed on a roster by the coach and given to the school office for the fees to be assessed.
- Participants must pay fees to the school office prior to the first game or they will not be allowed to participate.
- If a student moves mid-season or is injured and is no longer able to participate, a prorated refund will be issued based on length of the season they were able to participate in.
- If a student withdraws from a team or a disciplinary action results in a student being released from the team, there will be no refund.
- All athletic associated fees are subject to a fee waiver. A fee waiver will need to be applied for through the school and proper documentation will be required to establish eligibility.

CLINICS AND CAMPS:

Clinics (camps) are an essential part of our sports' programs. Students learn basic skills and improve their own skills through participation in these programs. Sports' clinics are open to all age appropriate students that attend the school that is sponsoring the clinic. Clinic/camp experiences should be productive and educational in nature, planned with no school time missed and at minimal cost. All aspects of clinics/camps will be consistent with District policies and procedures including handling of money, safety of participants, payroll submittal and use of facilities. In order for these clinics to be held without rental fees and to be covered under WSD's insurance, the following guidelines should apply:

- Coaches need to meet with administrators before the clinic to get the clinic approved and to arrange the area needed at the school. The school administration has the final decision regarding all aspects of clinics/camps.
- Each participant must have a release form signed by the parent prior to the clinic/camp, including specific clinic/camp costs, rules and expectations.
- Clinics are held for only five days (or less) the week prior to tryouts and are held on weekdays. No uniforms or equipment will be distributed.
- All fees will be based on the current district fee schedule. All money collected from participants will be paid to the bookkeeper at the school. No coach will handle any money.
- All coaches and volunteers will need to be paid through WSD payroll and will need a background check prior to helping at the clinic
- Each sport will only offer one clinic per year.
- Schools may not suggest or require a student to attend a clinic or camp or a sport or activity during the school year or during the summer.

Some schools have been involved in organized preschool programs, such as weight training, conditioning and fundamentals. This has been organized as part of the recreation program. Pressures placed on students and faculty to feel they have to participate to keep up with others. Parents like their children free in the summer to participate in family activities. Equal opportunities for all schools are a major concern. Some schools have held special community school or recreation classes prior to the start of the regular season. A main concern is that this is not an extension of the regular season with coaches using it to prepare teams or to look at players for team selection. We are also concerned that students interested in making the school team do not feel pressure to have to participate. In many cases it interferes with home activities important to parents. Students should not be pressured to participate in a pre-season program as a prerequisite for making a school team.

9TH GRADE PARTICIPATION IN HIGH SCHOOL:

The junior high school program is designed and in place to give ample opportunities for development of skills and competition among students of the same age and comparable skill level. It is the Board of Education's purpose to have policies and procedures governing participation in junior high school and senior high school athletics that are equitable and

protective of the best interests of all students. The Weber School District Board of Education believes that ninth grade students should participate in athletics at the junior high school level. However, there may be occasions where a ninth grader may desire to participate in a sport at the high school level. In such cases a ninth grader may try out for a high school team. The Board of Education strongly encourages high school coaches and junior high coaches to collaborate together, along with the parents of student athletes, in making this important decision in a young person's development.

- Ninth grade students may participate in any Utah High School Association. If the Student is not selected for the high school team, the student may still try out for the junior high school team. In the event a ninth grader is selected for the high school team, he/she may not participate on the junior high school level in that particular sport. Consistent with UHSAA rules, 9th grade students who have participated at the junior high level, are not eligible to participate at the high school level in the same activity in the same school year.
- A student who is enrolled in a junior high school but participates or tries out for any Association Activity at a high school shall be deemed to have attended that high school. If such a student shall enroll in a different high school for the tenth grade, that enrollment shall be considered a transfer and shall be subject to the requirements of the Association's Transfer Rule (Article 1 Section B, UHSAA)
- Ninth grade students participating in high school sports may not lose credit in more than one class in the Preceding grading period. Ninth grade students participating in high school sports must have obtained a minimum grade point average (G.P.A.) of 2.0 or its equivalent in the term prior to the Association activity and during that activity's full season even if a grading period ends. A student who has failed to meet these minimum academic requirements shall be ineligible for participation in Association activities throughout the next grading period.
- The ninth-grade student athlete's parent or guardian shall be responsible for providing transportation for the student to the high school for practices, home and away games.
- Senior high school coaches are prohibited from recruiting ninth grade students for any sport that is offered at the junior high level.
- Once a 9th grade student has been selected for participation on a high school team, it will be that student's (as well as his/her parent's or guardian's) responsibility to make sure that Jr High administration is aware of their participation and is eligible to compete.
- No athletic team representing a junior high school shall compete, in organized competition, against any higher institution. Our Jr Highs are permitted to compete against other 9th grade teams that are enrolled at a higher institution but only 9th grade students.

SCHEDULES AND SEASON PLAY:

Jr High Athletics is a special part of the school experience but academics needs to come first. All athletic schedules will be scheduled to minimize the interruption of class time.

- Start time for all regular season athletic events shall be 3:00pm. Teams are not to arrive before 2:15pm for court sports and before 2:00 pm for outdoor sports. Start times for Championship games will be 3:30 pm. District track meet will start at 3:00 pm.
- The away team will arrive dressed to play for the game. There will not be locker rooms available for visiting teams.
- All pep assemblies should be over no later than 2:25 pm so students can catch the bus and so the visiting team can use the court to warm up
- The number of pre-season and post-season games/contests shall be governed by the Board of Managers. (see each sport section for determined number)
- No team sponsored by the school may participate in non-district programs
- Moratorium: No sports or activities in July. During the summer, a coach or school may not require a student athlete to attend clinics, camps, team meetings, etc. There will be no discrimination tolerated against any student who wishes to try out for a team when he or she fails to abide by any of the summer optional programs.
- There shall not be any sports, practices or activities held on a non-school day, federal holiday or school break. During the summer, activities can happen as long as it is not in July but it can not be required for student athletes to attend. Practices, scrimmages, games, discussion and any activity involving junior high school students, in the athletic program of our schools, will be held only on school days scheduled for classes as per the annual Weber District School Calendar.
- On school days when classes are canceled by the local building administration, practices, scrimmages, games, discussions, etc., may be held. Student attendance at such activities on these days cannot be mandatory.
- Practice time in all sports will last no longer than two hours per day. This includes (optional or mandatory) time spent with coach talks, team meetings, viewing videos, etc.
- Tryout dates are set by the Board of Managers. Any violators of the date for starting any season will be assessed a penalty as directed by the Board of Managers.
- Outside of Moratorium, open gym is allowed outside of the sport season (open gym is defined as a time that any and all students can come and participate in a sport to build fundamental skills and get time in the facilities with school equipment) there needs to be supervision but no coaching ie: running plays and drills. There is no cost for participating.

HEALTH/PHYSICAL:

Health and safety are top priorities for Weber School District. In order to ensure that student athletes are healthy and able to participate, they must provide proof of a health examination. A physical form must be completed by a certified health care provider and be on file at the school before any student may participate in any athletic activity.

- This physical form must be current and cover the entire season of play including postseason. Physical forms are good for one year from the time they obtain them. [LINK TO FORM](#)
- A physical form may be valid over multiple sports seasons throughout the school year. Students will be required to submit a copy of the form for each sport that they are participating in.
- Student athletes must be covered by insurance during their athletic season. The school district does not carry insurance to cover student athletic injuries. Parents or guardians must provide evidence of adequate insurance or sign an insurance waiver releasing Weber School District of liability. [LINK TO FORM](#)
- All athletes and parents must realize the risk of serious injury which may be a result of athletic participation. The signed parent consent form must be on file in the school prior to student participation in Jr High athletics at WSD. [LINK TO FORM](#)
- Every student athlete must have a completed Emergency Medical Authorization Form giving permission at their expense for transportation and treatment by a physician or hospital when the parents(s) are not available. [LINK TO FORM](#)

DRUGS AND ALCOHOL:

The use and exposure to any drug or alcohol can be harmful. It is the goal of Weber School District to ensure that our student athletes are healthy and able to participate in our extracurricular activities in a safe manner for that individual and others. [WSD POLICY 5210](#)

- Any student who is found to possess, have recently used, or tested positive for use of any harmful substance (narcotics, alcohol, illegal substances, tobacco or inhalants) shall be suspended from play until the problem is investigated. If circumstances cause there to be suspicion that an illegal act has been committed, the student shall be referred to the sheriff's department or the policy linked above with consequences as outlined. The suspension shall continue until it has been determined whether the student's attendance is a threat to the welfare of other students, at which time the student shall be either (1) re-admitted or (2) continued on suspension.
- Any athlete who shall use tobacco, harmful drugs, or alcohol while in a school building or on school premises or who appears at a school activity with the presence of liquor noticeably on his person, shall be subject to procedure as indicated in Weber School District Substance Abuse policy.

TRAVEL:

Travel arrangements for teams will be made by the district for all school sponsored athletic or extracurricular activities.

- All athletes must travel to and from athletic contests in transportation provided by the school district unless previous arrangements are approved by the administration for exceptional situations.
- A certified teacher must accompany his/her teams or students to all district activities in which they have qualified to participate unless arrangements are made with the athletic director for the junior high schools and the competing principals of the junior high schools.
- Arrangements must be made in advance for students to be under the supervision of a teacher from another school. Teams or individuals without an official faculty representative will be barred from the activity.
- Student spectators will be discouraged from traveling to places away from their home schools in order to watch an athletic contest, unless he/she is accompanied by a parent.
- Faculty members are not allowed to transport students to athletic contests
- Only cheerleaders and 10 officers (with 1 appointed in charge) may travel with the team to athletic events. They should be identified by a school uniform. They are to go directly to the field or gym and remain there until the event begins. They are not to wander through the school nor distract from the warm ups of the athletes
- Coaches and athletic teams must complete an out of state travel form if they intend to travel for any reason out of the state. This must go before the Out of State travel committee for approval. All travel must follow the Board approved fee schedule.
- Student buses will be allowed for schools participating in championship games only. At least two identifiable staff members should be present on each bus. These staff members will also be assigned crowd control responsibilities at the game. Each school is responsible to pay for the student buses and supervision. Student spectators should not be dismissed from school early to ride the student bus.
- When games or activities are played at a high school site, the hosting high school will determine whether the game assignments (i.e. scorer, timer, ticket takers, chain gang, etc.) will be assigned by the host high school or the junior high school that is designated as the home team. However, each participating junior high school will be responsible to provide crowd control.

SCHOOL BUS REQUESTS

- All requests for the use of district school buses are to be submitted to the transportation department for approval. All approved transportation requests must be received by the transportation office at least ten school days prior to the date the bus is needed. Anything sooner than that the school will incur a penalty charge.
- There will be no charge to the school for regularly scheduled district junior high and athletic events.
- Practice games will be paid for by individual schools. Schools will be charged for the bus driver's time and mileage. These requests will need to be in 10 days prior to the event. Anything sooner than that will incur a penalty charge.

BAND AND DRUMS:

- The host school may have its band or pep band play for home games
- Drums are to be used to play with the band, or to play as part of an organized cheer. Drums are not to be used indiscriminately as noise makers, drums will not be used while play is in progress.

BANNERS AND SIGNS:

- No balloons permitted during indoor competition.
- Signs and balloons are appropriate for 9th grade celebration games and championship games only. Signs must be of a positive nature.
- The host school may have an appropriate welcome sign posted in the gym or stadium. No spirit banner or signs will be permitted other than the welcome sign
- Schools can have sponsor banners in the gym or on the fields

UNSPORTSMANLIKE CONDUCT, EJECTIONS AND FIGHTING:

Any conduct that results in dishonor to the athlete, the team or the school will be reviewed and appropriate disciplinary action will be taken.

- Any coach, player or bench personnel ejected by an official for unsportsmanlike behavior shall be suspended from the next scheduled district game. When a coach is ejected and must sit out the next game, such coach shall not be allowed to attend that game.
- Consequences due to ejections occurring at the final game of the season will carry over for all underclassmen and coaches to the first district game of the following season in that sport.
- If a coach wishes to appeal an ejection that appeal must be made in writing to the secondary education assistant director within 24 hours.
- The appeal will be evaluated and a decision rendered by an impartial board which will consist of the secondary assistant director and two other authorities in the field of athletics.

CONCUSSION MANAGEMENT GUIDELINES:

STEP 1: INJURY OCCURS

A concussion may occur in school, during athletics or outside of school grounds. It is essential that awareness be raised among school staff, athletics, students and parents/legal

guardians on how to recognize/report a concussion and how to initiate concussion management protocol to ensure the student is appropriately supported. Once the school obtains information regarding the injury it is important that they follow up with the student, parent/legal guardian and/or the individual who witnessed the injury. It is beneficial to gather information on what happened, the medical diagnosis, and how the student is being impacted i.e., current symptoms. Information on the injury should then be communicated to all school team members that work with the student. The student should not be engaging in any physical activity where they may be reinjured such as: athletics, PE class, physical play at recess and also consider situations where they are at risk of being hit or knocked over as a bystander. It is beneficial to follow and support a student regardless of their current athletic status. Take a moment to consider the fact that all concussed students can be impacted academically and are at risk of an additional injury during recovery.

STEP 2: TEAM IS NOTIFIED

Team members will include an administrator, counselor, student's teacher(s), school nurse, coach, athletic trainer, and any other staff member deemed necessary. One team member will be identified as the point person, who has the ability to follow a student regardless of athletic status. This communication is important for many reasons.

- A student who sustained a concussion in athletics. The school also needs to be informed so they can provide the appropriate academic support and remove the student from physical activity.
- A student who sustains an injury outside of school. The school teams (teachers/nurse/counselor/coach/ATC) need to be notified so the student can be removed from physical activity and appropriate academic adjustments be provided while the student is recovering.
- A student who has sustained a concussion and is about to transition into an athletic activity. This could also be a student who is transitioning between sports and the coach/athletic trainer for the upcoming sport needs to be aware of the injury and where the student is in the recovery process.

STEP 3: COLLECT DATA

The school will want to ensure that information regarding how a student is recovering from the concussion is shared with the appropriate individuals (parent and/or health care provider with appropriate consent). Some examples of information that is relevant for the school to share include classroom adjustments needed to support the student, symptoms reported or observed (changes from typical behavior), neurocognitive data, etc.

STEP 4: PROVIDE DATA

The information collected regarding how the student is managing during the recovery process (symptoms experienced, changes from typical behavior, and adjustments needed within the school setting) should be reported to the parent/legal guardian. If the school has appropriate consent then this information can also be provided directly to the health care provider managing the student during this recovery process.

STEP 5: RETURN TO LEARN

As a student recovers from the concussion their symptoms should decrease and subsequently school professionals should be able to gradually decrease academic adjustments. This means they are engaged in school, completing assignments etc. with no academic adjustments and symptoms are not resurfacing. The Consensus Statement on Concussion in Sport: The 4th International Conference on Concussion in Sport held in Zurich indicates that the student-athlete should return to school successfully before they return to their sport or activity (McCrory et al., 2013). Best practice would apply this to all students.

STEP 6: SYMPTOM-FREE

This occurs when all of the data collected during the recovery process (from parents, teachers, the student, neurocognitive testing, etc.) indicate that the student is no longer experiencing any symptoms, is no longer requiring academic adjustments/has returned to academic baseline, and is no longer needing medications to manage the concussion symptoms.

STEP 7: RETURN TO PLAY

Best Practice would involve the student being symptom-free and the health care provider evaluating and providing approval to begin graduated RTP. Following successful completion of the graduated RTP Protocol the Health Care Provider can then provide final medical clearance.

Remember, a student should not RTP if they are still requiring adjustments in the school setting. This has been reiterated in the 4th Zurich Guidelines (McCrory et al., 2013). For this reason, along with the fact that a student may develop a symptom while increasing physical activity it is important that the school-academic team and the school-physical team stay in communication with each other regarding the student's recovery.

CHEERLEADERS, STUDENT GOVERNMENT, and MASCOTS:

Student leadership such as cheerleaders, mascots, student government and pep clubs are considered an integral part of the athletic program. Their purpose, in this setting, is to maintain enthusiasm and school spirit, get students and spectators involved, encourage and promote events with positive attitudes and good sportsmanship. Cheerleaders, spectators, officers and students will refrain from shouting or using cheers that are derogatory and antagonistic in nature. Cheers should be positive and encourage their own team. They should not be aimed at tearing down others.

Cheerleaders and all other student leadership should:

- Use only appropriate cheers and chants and should use them at appropriate times in the games.
- Promote good sportsmanship

- Concentrate on the game and know what is happening
- Never yell or chant over the other teams' cheers
- Use a variety of cheers, songs and chants to keep the spectators interested and involved
- Support the team and those involved in the national anthem and halftime shows
- Show kindness and respect to the other team, cheerleaders, coaches, and students from the opposing team
- Travel with the team to the away games. They must wear their identifying uniforms, jackets or shirts for their school programs.
- Must go directly to the field or gym and remain there until the event begins. They are not to wander through the school, create a mess or a distraction or disrupt the warm ups of the athletes.

PROCEDURE OF PROTEST:

- A game protest (direct result of a game, meet, etc.) which occurs before, during or after a game must be filed at the time of occurrence with officials, scorekeepers, and opposing coaches verbally. This should be followed up by a statement in writing to the Secondary assistant director within 24 hours.
- Protests involving sportsmanship, lack of crowd control, inappropriate actions of players, spectators and/or coaches may be submitted directly to the Secondary assistant director who will then present it to the Board of Managers.
- A policy and regulation protest may be reported at any time and must be placed in writing and presented to the Secondary assistant director before the conclusion of that particular sport season.
- The protest may be evaluated and a recommendation rendered by an arbitrary board which will consist of the Secondary assistant director and two authorities in the field of athletics.
- Penalties may be assessed by the Board of Managers

WITHDRAWAL OF A TEAM:

In assessing penalties, the Board of Managers may consider but will not be restricted to any of the following: (not in any particular order)

- **Reprimand:** An official letter to the individual and/or school, in regard to the offense committed, warning against acts of a detrimental nature which are contrary to the aims and philosophies of the Board of Managers. This letter could become a part of the permanent file of the individual and/or school involved and subject to review after two years.
- **Probation:** An official letter to the individual and/or school, in regard to the offense committed, clearly stating what conduct, activity or behavior needs correcting. Offending individuals and/or schools would be advised that their continued

participation in junior high athletics would be on a probationary status for a period of one year. In addition, the offending individual and/or school would be warned that any failure to correct these specified problems may result in more severe action by the Board of Managers but not limited to: restriction, suspension, fines or any combination thereof.

- **Restriction:** Action which would restrict participation in district, group or state level activities. The restriction may be applied to an individual, to a team, group or school.
- **Suspension:** The action of a suspension is to drop the school from membership and prohibit participation in any or all sponsored activities. The length of suspension shall be determined by the Board of Managers
- **Fines:** A coach, principal and/or school may be assessed a fine, not to exceed \$100. The fine will be collected by the Secondary assistant director and deposited into the district junior high athletic account.

REVIEW AND RIGHT TO A HEARING

- Any individual or school accused of violating any of the rules or policies of the Board of Managers, will be entitled to a hearing with the appropriate governing body before any penalty or sanction is assessed.
- All penalties assessed by the Board of Managers shall be subject to appeal and review by the assistant superintendent and designated appointees.

BASEBALL AND SOFTBALL:

Baseball is a boy's sport and is played in the spring. Softball is a girl's sport and is played in the fall. Both of these sports will follow the rules and regulations of the [NEHS](#) unless otherwise outlined in this handbook. Regular season games will start at 3:00pm. The championship game will start at 3:30 pm

- Each school will be permitted to arrange two practice/scrimmage games.
- Practice time is limited to two hours per day
- Athletes will follow the National Federation Rules. In the event of a tie the international tie breaker rules will be followed. At the beginning of each team's at-bat the last batter from the previous inning is placed on 2nd base. The game ends when one team is ahead at the end of an inning.
- The length of the games will be seven innings or a 2-hour limit (whichever comes first). The game will end any time after the fifth inning if one team is ahead by ten or more runs or end after the 3rd inning if ahead by fifteen or more runs. The inning must be completed. (Slaughter rule) 03/23/21
- If a game is not competitive, and there is less than 15 minutes before the 2-hour mark, and both coaches and administrators from both teams can agree, the game can be called.
- Safety bases will be used at first base.
- Home schools are responsible for marking the field and supplying game baseballs and softballs

- Home team administration will report the results of the game to the Secondary Ed Secretary to be posted on the district website.
- Home team will have the official score book. Visitors should have an adult at the scoring table to assist with scoring.
- Any changes in date or playing time due to weather or other issues will be by mutual agreement of both teams and will be cleared through the district athletic director's office.
- Officials will be notified by the district secondary assistant director and all others concerned would be notified by the home team. Visiting team should notify the transportation department of any changes in the bus schedule.
- Two officials will be assigned to each game, when available
- Timers and scorekeepers should be provided a set of rules and regulations. Timers and score keepers will be adults only.
- The district secondary assistant director is responsible for contacting the official's arbiter for the purpose of assigning officials.
- If there is a tie at the end of the games, we will use the [International tiebreaker rule](#)

BASEBALL

- Snowcrest Junior High may have baseball tryouts for one week in the fall before the snow covers the field
- The baseball pitch limits will follow closely to the UHSAA pitching guidelines as listed below:

Pitching Limits

All-Levels

Pitches	Required Rest
86-110	3 days
61-85	2 days
36-60	1 day
1-35	0 days*

- No pitcher may throw more than 75 pitches over two consecutive days. If they reach 75 pitches in two days, they must take one full day of rest.
- A pitcher may finish a batter if they reach 110 pitches during an at-bat, but they must exit the game immediately afterward.

Penalty for Exceeding Pitch Count:

- **First Offense:** Team forfeits and the coach is suspended for 1 game
- **Second offense:** Team forfeits and the coach is suspended for 2 games
- **Postseason Violation:** Automatic forfeit

- If it is reported that the pitch count rule has been exceeded, the Board of Managers will meet to determine how to handle the violation.
- It will be the responsibility of the home team's assistant coach to keep track of the pitch count and the pitcher's name and record those totals in the official book.

SOFTBALL

- Games will have a time limit of 2 hours with completion of the inning for league games. There will be no time limits for playoff or championship games.
- Helmet straps and face masks are essential for safety. Each school is required to keep their helmets updated.

BASKETBALL:

Boys' basketball is a winter sport. Girls' basketball is a spring sport. Each will follow the [NFHS guidelines](#) unless otherwise outlined in this handbook. Regular season games will start at 3:00pm. The championship game will start at 3:30 pm

- Practice time limit per day is two hours
- Each school will be permitted to arrange two practice/scrimmage games.
- Two officials will be assigned to each game.
- The Secondary assistant director is responsible for contacting the official's arbiter for the purpose of assigning officials.
- Any changes in date or playing time due to unforeseen issues will be by mutual agreement of both teams and will be cleared through the district secondary assistant director's office.
- Officials will be notified by the district secondary assistant director and all others concerned would be notified by the home team. Visiting team should notify the transportation department of any changes in the bus requests.
- Home team will provide the official score book. Visitors should have an adult at the scoring table to assist with scoring.
- All scoreboard clocks should be in top condition. If this is not possible, opposing coaches and officials should be notified before game time. An additional manual wind-up clock should always be available at the score table.
- The home team will supply timers and scorekeepers with the rules and regulations as they apply to the respective positions. Timers and scorekeepers must be adults.

TRACK AND FIELD:

Track is a spring sport and is a no-cut sport. All those that wish to participate are welcome to do so as long as they meet the eligibility requirements and pay all necessary fees. Junior High track teams are guests at the various high school track facilities. It is the responsibility of the Jr high track teams to clean up after themselves, treat the track facilities and the high school personnel with respect. The [TRACK HANDBOOK](#) is a detailed look at all of the rules,

guidelines and events. Regular season games will start at 3:00pm. The championship game will start at 3:00 pm

- Each school will have a season that consists of four scheduled meets and a district track meet.
- Competitors may compete in a maximum of 4 events
- Coaches may arrange one open meet before the scheduled season begins. This meet may be outside the district or may be a time trial meet within the district with another junior high. Arrangements must be made with the high school track coaches, AD and administration at the high school, and the district secondary assistant director if the meet will be held at one of the high schools.
- Javelin and pole vault will not be allowed
- Practice time is limited to two hours per day.
- Any changes in date or meet time should be cleared through the district athletic director's office. Officials and all others concerned, will be worked out by the district secondary assistant director and posted on the district website
- If a practice meet is in progress and has to be discontinued because of weather or for any other unforeseen problem the following will apply:
 1. If the meet cannot be rescheduled, the times, height and distance acquired by an individual may be used for seeding purposes if the event was completed.
 2. Times, heights and distances acquired will be carried over if the events have been completed when rescheduling the meet.
- At the track meets the host school will provide 4 faculty members to help run the lane events. Each of the other four participating schools will provide one faculty member to help run one of the field events.

TRACK MEETS:

- Participants will remain in the stands or in an area away from the track or field events when they are not competing.
- Participants will warm up in a designated area
- A fully automatic timing system will be used for each finisher.
- A public address system will be used to call and announce the events
- A watch will be used for first place finishers in 800 & 1600 as well as the fully automatic timing system.
- All meets: timers, scorekeepers, as well as the head individual authority for each event, will be adults. High school students can help under the direction of the coach or AD that is running the meet as long as an adult is at each event to be in charge
- Awards will be presented at the district meet only. Two trophies will be awarded at the conclusion of the district meet, boys/girls' champions.
- All scoring will be done in accordance with the National Federation Rule Book.
- At the district meet, the top 7 teams for the relays will be used rather than running 2 heats
- The district track meet will begin at 3:00 pm each day

The order of events for track meets are as follows:**Running Events:**

Girls and Boys 4X200

Girls and Boys 800

Girls 100 M Hurdles

Boys 110 M Hurdles

Girls and Boys 100

Girls and Boys 400

Girls and boys 4X100 Relay (400 Relay)

Girls and Boys 1600

Girls and Boys Medley Relay (both run 200, 200, 400, 800)

Girls and Boys 200

Girls and Boys 4X400 Relay (1600 Relay)

Field Events:

Girls Long Jump followed by Boys Long Jump

Boys Shot Put followed by Girls Shot Put

Boys High Jump followed by Girls High Jump

Girls Discus followed by Boys Discus

CHEER:

Jr High cheerleading will prepare the cheerleaders with the skills and opportunities to prepare them for high school cheer. Cheerleading is a full year sanctioned sport and will align with the WSD high schools, Weber School District board of managers and the guidelines of the UHSAA. The enforcement of the following guidelines is the responsibility of the individual school and principal as the governing agency for cheerleading. Cheerleaders will ride with the teams to sporting events. Regular season games will start at 3:00pm. The championship game will start at 3:30 pm

- All cheer coaches and assistant coaches will attend the UHSAA: UCTCA rules training and be safety certified. A copy of the safety certificates will be given to the school administration as well as the district athletic director.
- The cheer coach/assistant coach must accompany the cheerleaders at **all** school sponsored events.
- All cheerleaders will be held to the standards of the signed cheer constitution.
- Cheer uniforms and spirit clothing must be approved by administration and represent the school's designated colors, mascot and honor the school standards.

- All fees, uniform prices and fundraising will follow the Weber School District board approved fee schedule.
- July will be a mandatory moratorium. Jr High cheer squads may participate in city parades for local and federal holidays. Parade participation will not be mandatory.
- Based on enrollment and interest, year to year, each school can decide which grade levels will be allowed to try out.
- Cheerleader placement will be located at the same end of the gym where their respective team is
- Cheerleaders may use signs to help indicate cheers being used.
- WSD Jr high schools will not participate in any cheer competitions.
- It is best practice to tumble and stunt on mats. Mats should be used for tumbling at tryouts and for tumbling and stunting during practice.

CHEER TRYOUTS:

- It is best practice to hold the high school cheer tryouts before the jr high cheer tryouts each year. Coaches and administrators should work together to select dates that will be best for all involved.
- Students can only tryout at the school that they are enrolled in at the time of tryouts
- At tryouts there will be no stunting of any kind.
- Each school will have a safety release form that parents will sign before tryouts.
- Each school will hold a parent meeting before tryouts are held
- A clinic can be held prior to the tryouts. Any fee collected for the clinic will follow the board approved Weber School District fee schedule.
- Tumbling will be allowed at tryouts but not stunting.
- NO fulls on the gym floor. You must use a mat.
- All tryout material (i.e.: dance, tumbling, skills) is left up to the coach and must be within the safety guidelines.
- Judges brought in for the tryouts should be non-partial and without bias as to keep the tryouts fair.
- Coaches have the final decision about their team selection. Judges are only there to advise.
- A 2.0 GPA will be acceptable for the eligibility requirement for tryouts. After tryouts, the cheerleader will be expected to maintain the GPA that is outlined in the signed cheer constitution.

CHEER SAFETY GUIDELINES:

Stunting that takes place after the safety training, will follow the progression chart as determined by the UCTA. [STUNT PROGRESSION CHART](#)

- Skills progression should be monitored and tracked by the cheer coach.

- Jr High stunting can progress up to, but not exceed, #9 on the stunting progression chart. *See progression chart attached above
- NO baskets
- NO fulls (twisting in the air) on a hard gym surface.
- NO twisting dismounts. Even on a mat.
- If the advisor is not present, cheerleaders CANNOT tumble or stunt.
- Cheerleaders CANNOT tumble at away games. Only the home team can tumble but they cannot cross half court/field.
- At the championship game, both teams can tumble but only if the advisor is there and they are staying on their half of the field/court. Teams should alternate and never tumble at the same time.

BOYS AND GIRLS VOLLEYBALL:

Volleyball is a girl's sport that is played in the fall. WSD volleyball will follow the [NFHS rules](#) unless otherwise outlined in this handbook. Regular season games will start at 3:00pm. The championship game will start at 3:30 pm

- The boys volleyball net will be set at 7 ft 11 in.
- The girls volleyball net will be set at 7 ft 4 and 1/8 in.
- Each school will be permitted to arrange two practice/scrimmage games
- Warm ups: The floor will be made available 30 minutes prior to game time with the coaches dividing the time equally. Warm ups will be 4 minutes for each team, then two minutes together.
- 2-time outs allowed during each of the first 4 sets, 2-time outs are allowed during the 5th set.
- Teams will play best of five sets: first four sets will be to 25 points: the fifth set, if needed, will be to 15 points. Must win by 2. No cap.
- The home team will assign timers and score keepers. They may be provided a copy of the rules and regulations. Timers and score keepers will be adults only.
- The home team will supply the score sheets
- The home team will provide two-line persons for each match (faculty members if possible)
- JV scrimmage games will be allowed after home games. Teams should be off of the court by 5pm.

LIBERO:

Under NFHS volleyball rules, the following are the guidelines for using the libero during the game:

- Wears a uniform in district contract to the other team members
- Specializes in defense and serves
- May replace a back-row player at any time (except server) without taking away from the team's allowed substitutes.
- Can only serve in one position the entire game. She can serve for a different person in a different spot in the 2nd and 5th sets.

PLAYOFFS/TIE BREAKING RULES:

Whenever possible, head to head regular league play will take precedence when determining team placements into tournaments or championship playoffs. The district athletic director will determine when head to head placement takes precedence. A four-team tournament will be held between the top four finishing teams in league play to determine the district champion. Any tie-breaker games must be played before the four-team tournament begins. Basketball, volleyball, softball and baseball championship games will be played at a predetermined high school or other site if necessary.

PLAYOFFS/TIE BREAKING RULES:

The teams with the same record at the end of the regular season will be placed according to the following:

- In case of a two-way tie, the placement into the tournament will be determined by reverting to head to head play of the regular season. The winner of the head to head will be seeded higher.
- If there are three teams tied for one playoff spot, there will be a mini-playoff (see sport specifics below) A coin flip will decide who sits out. The other two teams will play the mini-game with the loser out. The winner then plays a second mini-game with the team that sat out. The winner of this second game advances into the championship tournament. These games will be played at a neutral site.
- If there are three teams tied for two playoff spots, there will be a mini-playoff (see sport specifics below) A coin flip will determine who sits out. The other two teams will play the first mini-game. The loser of the first mini game will then play the team that sat out in a second mini-game. The winners of both mini games will be seeded in the tournament based on their season head to head. These games will be played at a neutral site (high school if available).
- If there are four teams tied for two playoff spots, a coin flip will determine who plays one another in a playoff. This playoff will be held at two different neutral sites. These playoff games will consist of a full game. The two winners will advance to the championship tournament.
- If there are four teams tied for one playoff spot, there will be a single elimination tournament. These playoff games will be mini-games (see sport specifics below) The format will be determined by the Board of Managers.
- If there are three teams tied for three seeded positions, a coin flip will be used to determine the seed. The odd coin will have their choice of any of the three seed positions. The losing teams will then flip again. The winning team will have their choice of the two remaining seeds.
- If there are four teams tied for four seeded positions, a coin flip will be used. Teams will draw numbers. Teams 1 and 2 and teams 3 and 4 will flip coins. Winners will flip again for first and second. Losers will flip again for third and fourth place. The winning team will have their choice of the two remaining seeds.

- If there are five teams tied for one playoff spot, a representative from each school will draw one letter. The letter will be A through E. The team that draws the letter E will go into the tournament as the 4th place seed. The teams that draw letters A and B will play each other in a mini-game and the teams that draw letters C and D will play each other in a mini-game. (See sport specifics below) The winner of the game between A and B will be involved in a coin toss with the winner of the game between C and D to determine 1st and 2nd seeds for the final tournament. The losers of the games between A and B and C and D will play each other in a mini-game. The winner of this game will advance to the tournament as the 3rd seed.

SPORT SPECIFICS FOR TIEBREAKERS/PLAYOFFS:

BASKETBALL:

- Game will consist of two, eight minute halves under regular game conditions with one timeout per half.
- In case of overtime in the mini playoffs, the teams will play four minutes. Fouls will revert to 0 to begin the play.

VOLLEYBALL:

- In a tie breaker situation teams will play a set to 25. Win by 2 with a cap at 30.

SOFTBALL AND BASEBALL:

- Tie Breaker games will consist of three inning single elimination mini-games.
- There will be no time limit for playoff or championship games. International tiebreaker rule will be used if there is a tie at the end of the game.

NAL:

- If there is a need for a Tie Breaker game there will be a mini playoff consisting of one ten minute 4th quarter mini-game.

DISTRICT CHAMPIONSHIPS:

At the end of each season there will be a determined champion in each sport. A trophy will be awarded to the district champion only. This trophy will be presented right after the championship game.

IMPORTANT LINKS:

- [Standards Committee Application for Extra Curricular Participation](#)
- [Concussion training course](#)
- [Head Injuries Signature Form](#)
- [Parent Compliance Signature Form](#)
- [Insurance Notice and Waiver](#)
- [Protection of Athletes with Head Injuries](#)
- [Charter/private school participation form](#)
- [UHSAA](#)
- [NFHS](#)
- [Code of Conduct Form-Coaches](#)
- [Code of Conduct Form-Students](#)