

Conroe Independent School District
Child Nutrition Programs

November 2026- Pre-K Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Nov-2 	3 	4 Wednesday 1 Pre-K Lunch Quarter Pound Cheeseburger Baked Potato Rounds Fresh Grape Escapes Whole Unflavored Milk OR Unflavored Lactose Free Milk 1% Bottled Water Ketchup Lite Mayo	5 Thursday 1 Pre-K Lunch Chicken Smackers Mashed Potatoes and Cream Gravy Fresh Banana Whole Unflavored Milk OR Unflavored Lactose Free Milk 1% Bottled Water Ketchup	6 Friday 1 Pre-K Lunch "Classic" Cheese Pizza (V) Fresh Green Apple Slices Fresh Sweet Mini Peppers Whole Unflavored Milk OR Unflavored Lactose Free Milk 1% Bottled Water
9 Monday 2 Pre K Lunch Bean and Cheese Pupusa (V) Fresh Cherry Tomatoes Fresh Green Apple Slices Whole Unflavored Milk OR Unflavored Lactose Free Milk 1% Bottled Water	10 Tuesday 2 Pre K Lunch Chicken Mac Smash Bowl Fresh Cucumber Slices Strawberry Applesauce Cup Whole Unflavored Milk OR Unflavored Lactose Free Milk 1% Bottled Water	11 Wednesday 2 Pre K Lunch Chicken Parmesan Sub Marinara Cup Baked Potato Rounds Diced Peach Cup Whole Unflavored Milk OR Unflavored Lactose Free Milk 1% Bottled Water Ketchup	12 Thursday 2 Pre K Lunch Oven Fried Chicken Drumstick Mashed Potatoes and Cream Gravy Fresh Celery Bites Peach Applesauce Cup Whole Unflavored Milk OR Unflavored Lactose Free Milk 1% Bottled Water	13 Friday 2 Pre K Lunch Cheese Stuffed Breadsticks (V) Fresh Baby Carrots Blueberry Cup Whole Unflavored Milk OR Unflavored Lactose Free Milk 1% Bottled Water
16 Monday 3 Pre K Chicken Dippers w/ Cilantro Rice & Egg Roll Fresh Ranch Baby Carrots Cherry Applesauce Cup Whole Unflavored Milk OR Unflavored Lactose Free Milk 1% Bottled Water	17 Tuesday 3 Pre K Lunch Turkey Taco Totchos Seasoned Pinto Beans Diced Peach Cup Whole Unflavored Milk OR Unflavored Lactose Free Milk 1% Bottled Water	18 Wednesday 3 Pre K Lunch Crispy Chicken Sandwich Seasoned Potato Wedges Fresh Grape Escapes Whole Unflavored Milk OR Unflavored Lactose Free Milk 1% Bottled Water Ketchup Lite Mayo	19 Thursday 3 Pre K Lunch Crispy Chicken Strips Mashed Potatoes and Cream Gravy Fresh Orange Wedges Whole Unflavored Milk OR Unflavored Lactose Free Milk 1% Bottled Water	20 Friday 3 Pre K Lunch Big Daddy Cheese Pizza (V) Fresh Baby Carrots Mixed Berry Sour Raisins Whole Unflavored Milk OR Unflavored Lactose Free Milk 1% Bottled Water
23 	24 	25 	26 	27 
30 Monday 2 Pre K Lunch Bean and Cheese Pupusa (V) Fresh Cherry Tomatoes Fresh Green Apple Slices Whole Unflavored Milk OR Unflavored Lactose Free Milk 1% Bottled Water				

Pre-K students are required to select a milk as part of their reimbursable meal. **Milk is not optional on the tray.** Students must choose either whole unflavored milk or unflavored lactose-free milk.

This institution is an equal opportunity provider.