EVERY AGE. EVERY SEASON.









YMCA YOUTH SPORTS LEAGUES

The benefits of team sports span much further than just exercise. Through youth sports at the Y, your child works with a coach as a mentor and role model who helps them build self-esteem through positive coaching experiences. Because our youth sports offer more than fun. They provide a path with a purpose.

I'm registered, what's next?

Expect to receive your child's team placement for the season approximately four (4) days prior to the season start date. You'll also receive details like coach information, team roster and practice time, if applicable. Game schedules for the season will be released approximately one week prior to games beginning. Team and game information is communicated via email through PlayerSpace.

Volunteer Coaches

Did you know all of our coaches are volunteers? That's right! Every youth league team is coached by a parent or community member. This is a great opportunity to motivate and support youth in building the character strengths, skills and relationships that lead to positive behaviors, better health and smart life choices. All volunteers go through a background check, participate in a child abuse prevention course and receive concussion education.

Uniforms

All players must order their jerseys by the first game. Please allow for 3-5 day shipping on all orders. Additional requirements vary on sport.

REGISTER TODAY!

YMCA OF GREATER HOUSTON
ymcahouston.org

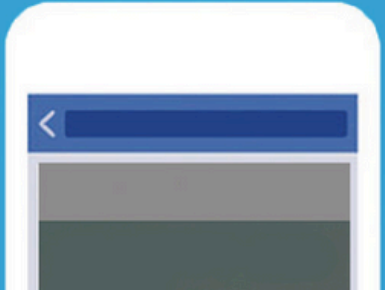
PlayerSpace

STAY UPDATED

All sports information including rosters, game and practice schedules and locations can be found by visiting PlayerSpace.

Available on the App Store · Google play

Download the PlayerSpace App and have all the information on your phone. Login info will be emailed to you.



GET IN THE GAME

2025 SPORTS LEAGE CALENDER

$119 per season

*Uniform not included

SEASON	WINTER	SPRING	SUMMER	FALL 1	FALL 2
REGISTRATION TIME FRAME	November 11–January 12	February 3–March 23	April 14–June 1	June 23–August 17	September 8–October 26
SPORTS & AGES	Basketball: 3–13 Flag Football: 5–13	**Volleyball: 7–15** **Soccer: 3–11** **NHL Street Hockey: Ages 7–13**	TBD	Volleyball: 8–15 Soccer: 3–11	**Flag Football: 3–13** **NHL Street Hockey: 8–13**
SEASON INFORMATON	7 practices 6 games	7 practices 6 games	7 practices 6 games	7 practices 6 games	7 practices 6 games
PRACTICE	Week of January 13	Week of March 24	Week of June 2	Week of August 18	Week of October 27
FIRST GAME	January 25	April 5	June 14	August 30	November 8
LAST GAME	March 1	May 10	July 26	October 4	December 20
TIME OFF	None	None	June 30–July 5	None	November 24–November 29

Want more information? Contact Jason Swaim at jason.swaim@ymcahouston.org.