



USDA IS EQUAL OPPORTUNITY PROVIDER , EMPLOYER AND LENDER

SUMMER FEEDING

FREE SUMMER MEALS!



SUMMER'S HERE AND SO ARE FREE MEALS, NO SIGN-UP, NO STRESS. JUST FRESH FOOD READY TO GO! SWING BY, GRAB A MEAL AND FUEL UP!

Dates

May 29th
to
July 28th

Pick Up

Tuesdays
and Fridays
11:00 AM
to
1:00 PM

Location

SPRINGS VALLEY
ELEMENTARY
356 S LARRY BIRD
BLVD FRENCH
LICK IN 47432
DOOR 20

Springs Valley Community Schools Summer Food Service Calendar

May 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
24	25	26	27	28	29 Distribution 11 am-1pm	30
31						

June 2026

	1	2 Distribution 11 am-1pm	3	4	5 Distribution 11 am-1pm	6
7	8	9 Distribution 11 am-1pm	10	11	12 Distribution 11 am-1pm	13
14	15	16 Distribution 11 am-1pm	17	18	19 Distribution 11 am-1pm	20
21	22	23 Distribution 11 am-1pm	24	25	26 Distribution 11 am-1pm	27
28	29	30 Distribution 11 am-1pm				

July 2026

			1	2	3 Distribution 11 am-1pm	4
5	6	7 Distribution 11 am-1pm	8	9	10 Distribution 11 am-1pm	11
12	13	14 Distribution 11 am-1pm	15	16	17 Distribution 11 am-1pm	18
19	20	21 Distribution 11 am-1pm	22	23	24 Distribution 11 am-1pm	25
26	27	28 Distribution 11 am-1pm	29	30	31	

Springs Valley Community Schools

Office of the Superintendent
498 South Larry Bird Boulevard • French Lick, IN 47432
Phone (812) 936-4474 • Fax (812)936-9392

Mrs. Felicia Wolfington
Treasurer

Dr. Trevor Apple
Superintendent

Mrs. Peggy Simmons
Deputy Treasurer

Springs Valley Community Schools is proud to announce that we will be offering free grab and go breakfast and lunch meals to all children 18 and under this summer. You do not have to be enrolled at Springs Valley Schools to participate. You will be able to pick up on Tuesdays and Fridays starting May 29th through July 28th. Several days' worth of meals will be picked up at a time. This will be a drive thru style with bags being picked up at the Springs Valley Elementary kindergarten doors. While signing up ahead of time is not mandatory, it will help the line run more smoothly. Please complete the attached form and return it to the office at your earliest convenience.

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, religion, sex, disability, age, marital status, family/parental status, income derived from a public assistance program, political beliefs, or reprisal or retaliation for prior civil rights activity, in any program or activity conducted or funded by USDA (not all bases apply to all programs). Remedies and complaint filing deadlines vary by program or incident.

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To file a program discrimination complaint, complete the USDA Program Discrimination Complaint Form, AD-3027, found online at [How to File a Program Discrimination Complaint](#) and at any USDA office or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: (1) mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Mail Stop 9410, Washington, D.C. 20250-9410; (2) fax: (202) 690-7442; or (3) email: program.intake@usda.gov.

USDA is an equal opportunity provider, employer, and lender.

Dr. Trevor Apple
Superintendent



Week 1 & 3

OPAA! FOOD MANAGEMENT

SFSP-SUMMER K-12

Take Home BREAKFAST

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Monday

Mini Maple Pancakes
Apple Juice
Milk 1% White

WG 2 oz.
4 oz.
8 oz.

Breakfast Entree
Fruit
Milk

Spork Kit

Tuesday

Donut
Apple Juice
Milk 1% White

WG 2 oz.
4 oz.
8 oz.

Breakfast Entree
Fruit
Milk

Spork Kit

Wednesday

French Toast Sticks
Apple Juice
Milk 1% White

WG 2.25 oz. (3 sticks)
4 oz.
8 oz.

Breakfast Entree
Fruit
Milk

Spork Kit

Thursday

Cinnamon Toast Crunch Cereal
w. cheese stick
Apple Juice
Milk 1% White

WG 1 oz.1 M/MA 1 oz.
4 oz.
8 oz.

Breakfast Entree
Fruit
Milk

Spork Kit

Friday

Mini Cinni
Apple Juice
Milk 1% White

WG 2 oz.
4 oz.
8 oz.

Breakfast Entree
Fruit
Milk

Spork Kit

Saturday

Strawberry Pop Tart w.
cheese stick
Apple Juice
Milk 1% White

WG 1 oz. M/MA 1 oz.
4 oz.
8 oz.

Breakfast Entree
Fruit
Milk

Spork Kit

Sunday

Cocoa Puff Cereal Bar
w. Strawberry Yogurt
Apple Juice
Milk 1% White

WG 1 oz. M/MA 1 oz.
4 oz.
8 oz.

Breakfast Entree
Fruit
Milk

Spork Kit

Week 2 & 4

OPAA! FOOD MANAGEMENT

SFSP-SUMMER K-12

Take Home BREAKFAST

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Monday

	Serving Size	Component	Supplies
Apple Frudel	2 oz WG	Breakfast Entree	Spork Kit
Apple Juice	4 oz	Fruit	
Milk 1 % White	8 oz	Milk	

Tuesday

Waffle	2 oz WG	Breakfast Entree	Spork Kit
Apple Juice	4 oz	Fruit	
Milk 1 % White	8 oz	Milk	

Wednesday

Sausage Biscuit	2 OZ WG .50 M/MA	Breakfast Entree	Spork Kit
Apple Juice	4 oz	Fruit	
Milk 1 % White	8 oz	Milk	

Thursday

Trix Cereal Bar With Cheese Stick	1 WG 1 M/MA	Breakfast Entree	Spork Kit
Apple Juice	4 oz	Fruit	
Milk 1 % White	8 oz	Milk	

Friday

Pancake on a Stick	1 WG 1 M/MA	Breakfast Entree	Spork Kit
Apple Juice	4 oz	Fruit	
Milk 1% White	8 oz	Milk	

Saturday

Cocoa Puffs Cereal With Strawberry Yogurt	1 WG 1 M/MA	Breakfast Entree	Spork Kit
Apple Juice	4 oz	Fruit	
Milk 1 oz White	8 oz	Milk	

Sunday

Pop Tart Blueberry With Cheese Stick	1 WG 1 M/MA	Breakfast Entree	Spork Kit
Grape Juice	4 oz	Fruit	
Milk 1 oz White	8 oz	Milk	

Week 1&3

OPAA! FOOD MANAGEMENT

SFSP-SUMMER K-12

Take Home LUNCH

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Monday

	Serving Size	Component	Supplies
Cheeseburger	M/MA 2.5 oz. WG 2oz.	Lunch Entree	Spork Kit
Orange	1 whole	Fruit	
Corn	½ cup	Vegetable	
Milk 1 % white	8 oz.	Milk	

Tuesday

BBQ Chicken Sandwich	M/MA 2oz WG 2 oz.	Lunch Entree	Spork Kit
Banana	1 whole	Fruit	
Baby Carrots	1/2cup	Vegetable	
Milk 1 % white	8 oz.	Milk	

Wednesday

Ham and Cheese Sandwich	M/MA 2oz. WG 2 oz.	Lunch Entree	Spork Kit
Raisins	½ cup	Fruit	
Broccoli	cup	Vegetable	
Milk 1 % white	8 oz.	Milk	

Thursday

Corn Dog	M/MA 2 oz. WG 2oz.	Lunch Entree	Spork Kit
Orange	1 whole	Fruit	
Cherry Tomatoes	.5 cup	Vegetable	
Milk 1 % white	8 oz.	Milk	

Friday

PB & J Sandwich w. cheese stick	M/MA 2 oz. WG 2oz.	Lunch Entree	Spork Kit
Banana	1 whole	Fruit	
Sliced Carrots	.5 cup	Vegetable	
Milk 1% white	8 oz.	Milk	

Saturday

Turkey Club Wrap	M/MA 2oz. WG 2.5 oz.	Lunch Entree	Spork Kit
Raisins	.5 cup	Fruit	
Corn	.5 cup	Vegetable	
Milk 1% White	8 oz.	Milk	

Sunday

Cheese Pizza	M/MA 2 oz. WG 2 oz.	Lunch Entree	Spork Kit
Apple	1 Whole	Fruit	
Cucumbers	.5 cup	Vegetable	
Milk 1% White	8 oz.	Milk	

Week 2 & 4



OPAA! FOOD MANAGEMENT



SFSP-SUMMER K-12

Take Home LUNCH



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Monday

	Serving Size	Component	Supplies
Chicken Patty Sandwich	2 oz M/MA 3 oz WG	Lunch Entree	Spork Kit
Orange	1 Whole	Fruit	
Broccoli	1/2 Cup	Vegetable	
Milk 1% White	8 oz.	Milk	

Tuesday

Popcorn Chicken Wrap	WG .05 Grain 2.5 2 oz M/MA	Lunch Entree	Spork Kit
Apple	1 Whole	Fruit	
Carrots Sliced	1/2 Cup	Vegetable	
Milk 1% White	8 oz.	Milk	

Wednesday

BBQ Rib Sandwich	2 oz M/MA 2 oz WG	Lunch Entree	Spork Kit
Banana	1 Whole	Fruit	
Tomatoes	1/2 Cup	Vegetable	
Milk 1% White	8 oz.	Milk	

Thursday

Beef Fingers	2 oz M/MA 1 oz WG	Lunch Entree	Spork Kit
Blueberries	1/2 Cup	Fruit	
Corn	1/2 Cup	Vegetable	
Milk 1% White	8 oz.	Milk	

Friday

Pepperoni Pizza	2 oz WG 2 oz M/MA	Lunch Entree	Spork Kit
Raisins	1/2 Cup	Fruit	
Green Beans	1/2 Cup	Vegetable	
Milk 1% White	8 oz.	Milk	

Saturday

Chicken Nuggets	2 oz M/MA 1 oz WG	Lunch Entree	Spork Kit
Apple	1/2 Cup	Fruit	
Cucumbers	1/2 Cup	Vegetable	
Milk 1% White	8 oz.	Milk	

Sunday

Hot Dog	2 oz M/MA 2oz WG	Lunch Entree	Spork Kit
Apple	Whole	Fruit	
Baby Carrots	1/2 Cup	Vegetable	
Milk 1% White	8 oz.	Milk	

Springs Valley Community Schools Summer Food Service Enrollment Form

Child's first and last name	Age	Grade	Enrolled at SV? Yes or no

Parent/ Guardian	Relationship	Phone number

In this section please list any alternate pick up persons that you authorize to pick up meals for your children on your behalf. You may list a babysitter but daycares are not allowed to pick up meals.

Alternate pick up	Relationship	Phone number

We are required to ask for information about your children's race and ethnicity. This information is important and helps to make sure we are fully serving our community. Responding to this section is optional and does not affect your children's eligibility in the program.

Ethnicity: (please check one)

- Hispanic or Latino (a person of Cuban, Puerto Rican, South or Central American, or other Spanish Culture or origin, regardless of race)
- Not Hispanic or Latino

Race: (check one or more)

- American Indian or Alaska Native
- Asian
- Black or African American
- Native Hawaiian or Other Pacific Islander
- White

Adult Signature

Printed Name

Date