



USDA IS AN EQUAL OPPORTUNITY PROVIDER ,EMPLOYER & LENDER

SUMMER FEEDING

FREE SUMMER MEALS!



SUMMER'S HERE AND SO ARE FREE MEALS , NO STRESS. JUST FRESH FOOD READY TO GO! SWING BY AND GRAB A MEAL AND FUEL UP FOR SUMMER!

Dates

May 29th

to

July 28th

TUE & FRI

Pick Up

11:00 AM

to

1:00 PM

Location

SPRINGS VALLEY
ELEMENTARY

365 S LARRY
BIRD BLVD
FRENCH LICK IN
47432

DOOR 20

Springs Valley Community Schools

Office of the Superintendent
498 South Larry Bird Boulevard • French Lick, IN 47432
Phone (812) 936-4474 • Fax (812)936-9392

Mrs. Felicia Wolfington
Treasurer

Dr. Trevor Apple
Superintendent

Mrs. Peggy Simmons
Deputy Treasurer

Springs Valley Community Schools is proud to announce that we will be offering free grab and go breakfast and lunch meals to all children 18 and under this summer. You do not have to be enrolled at Springs Valley Schools to participate. You will be able to pick up on Tuesdays and Fridays starting May 29th through July 28th. Several days' worth of meals will be picked up at a time. This will be a drive thru style with bags being picked up at the Springs Valley Elementary kindergarten doors. While signing up ahead of time is not mandatory, it will help the line run more smoothly. Please complete the attached form and return it to the office at your earliest convenience.

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, religion, sex, disability, age, marital status, family/parental status, income derived from a public assistance program, political beliefs, or reprisal or retaliation for prior civil rights activity, in any program or activity conducted or funded by USDA (not all bases apply to all programs). Remedies and complaint filing deadlines vary by program or incident.

Persons with disabilities who require alternative means of communication for program information (e.g., Braille, large print, audiotope, American Sign Language, etc.) should contact the State or local Agency that administers the program or contact USDA through the Telecommunications Relay Service at 711 (voice and TTY). Additionally, program information may be made available in languages other than English.

To file a program discrimination complaint, complete the USDA Program Discrimination Complaint Form, AD-3027, found online at [How to File a Program Discrimination Complaint](#) and at any USDA office or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: (1) mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Mail Stop 9410, Washington, D.C. 20250-9410; (2) fax: (202) 690-7442; or (3) email: program.intake@usda.gov.

USDA is an equal opportunity provider, employer, and lender.

Dr. Trevor Apple
Superintendent



Week 1 & 3

OPAA! FOOD MANAGEMENT

SFSP-SUMMER *K-12*

Take Home BREAKFAST

USDA IS AN EQUAL OPPORTUNITY PROVIDER, EMPLOYER & LENDER

Monday

Mini Maple Pancakes

Apple Juice 100%

Milk 1 % White

Serving Size

2 Oz WG

4 oz

8 oz

Component

Breakfast Entree

Fruit

Milk

Supplies

Spork Kit

Tuesday

Donut

Apple

Milk 1 % White

2 oz WG

Whole

8 oz

Breakfast Entree

Fruit

Milk

Spork Kit

Wednesday

French Toast Stick

Apple Juice 100%

Milk 1 % White

2.25 oz WG

4 (Sticks)

8 oz

Breakfast Entree

Fruit

Milk

Spork Kit

Thursday

Cereal Bowl with Cheese Stick

Orange

Milk 1 % White

1 WG 1 M/MA 1oz

Whole

8 oz

Breakfast Entree

Fruit

Milk

Spork Kit

Friday

Mini Cinni

Apple Juice 100%

Milk 1 % White

WG 2 OZ

4 oz

8 oz

Breakfast Entree

Fruit

Milk

Spork Kit

Saturday

Pop tart with Cheese Stick

Banana

Milk 1 % White

1 oz WG 1 Oz

M/MA

Whole

8 oz

Breakfast Entree

Fruit

Milk

Spork Kit

Sunday

Cereal Bar with Yogurt

Grape Juice 100%

Milk 1 % White

1 oz WG 1 oz

M/MA

4 oz

8 oz

Breakfast Entree

Fruit

Milk

Spork Kit

Week 2 & 4

OPAA! FOOD MANAGEMENT

SFSP-SUMMER K-12

Take Home BREAKFAST

USDA IS AN EQUAL OPPORTUNITY PROVIDER , EMPLOYER & LENDER

Monday

Apple Frudel
Apple Juice 100 %
Milk 1 % White

2 oz WG
4 oz
8 oz

Breakfast Entree
Fruit
Milk

Spork Kit

Tuesday

Waffle
Orange
Milk 1 % White

2 oz WG
Whole
8 oz

Breakfast Entree
Fruit
Milk

Spork Kit

Wednesday

Sausage Biscuit
Apple Juice 100%
Milk 1 % White

2 OZ WG .50 M/MA
4 oz
8 oz

Breakfast Entree
Fruit
Milk

Spork Kit

Thursday

Cereal Bar With Cheese Stick
Banana
Milk 1 % White

1 WG 1 M/MA
Whole
8 oz

Breakfast Entree
Fruit
Milk

Spork Kit

Friday

Pancake on a Stick
Apple Juice 100%
Milk 1 % White

1 WG 1 M/MA
4 oz
8 oz

Breakfast Entree
Fruit
Milk

Spork Kit

Saturday

Cereal Bowl with Cheese Stick
Orange
Milk 1 % White

1 WG 1 M/MA
Whole
8 oz

Breakfast Entree
Fruit
Milk

Spork Kit

Sunday

Pop tart with Cheese Stick
Grape Juice 100%
Milk 1 % White

1 Oz WG 1 M/MA
4 oz
8 oz

Breakfast Entree
Fruit
Milk

Spork Kit

Week 1 & 3



OPAA! FOOD MANAGEMENT



SFSP-SUMMER K-12

Take Home LUNCH



USDA IS AN EQUAL OPPORTUNITY PROVIDER , EMPLOYER & LENDER

Monday	Serving Size	Component	Supplies
Cheeseburger Orange Corn Milk 1% White	2.5 oz M/MA 2 oz WG 1 Whole 1/2 Cup 8 oz.	Lunch Entree Fruit Vegetable Milk	Spork Kit
Tuesday			
BBQ Pork Sandwich Banana Baby Carrots Milk 1% White	M/MA 2OZ WG 2 OZ 1 Whole 1/2 Cup 8 oz.	Lunch Entree Fruit Vegetable Milk	Spork Kit
Wednesday			
Ham & Cheese Sandwich Apple Sauce Cup Broccoli Milk 1% White	2 oz M/MA 2 oz WG 1 4 oz. 1/2 Cup 8 oz.	Lunch Entree Fruit Vegetable Milk	Spork Kit
Thursday			
Corn Dog Orange Cherry Tomatoes Milk 1% White	2 oz M/MA 2 oz WG Whole .5 cup 8 oz.	Lunch Entree Fruit Vegetable Milk	Spork Kit
Friday			
PB&J Sandwich w/ cheese stick Apple Sauce Cup Sliced Carrots Milk 1% White	2 oz WG 2 oz M/MA 1 4 oz. 1/2 Cup 8 oz.	Lunch Entree Fruit Vegetable Milk	Spork Kit
Saturday			
Turkey & Cheese Sandwich Raisins Corn Milk 1% White	2 oz M/MA 2 oz WG 1/4 Cup 1/2 Cup 8 oz.	Lunch Entree Fruit Vegetable Milk	Spork Kit
Sunday			
Cheese Pizza Apple Cucumbers Milk 1% White	2 oz M/MA 2oz WG Whole 1 /2 Cup 8 oz.	Lunch Entree Fruit Vegetable Milk	Spork Kit

Week 2 & 4



OPAA! FOOD MANAGEMENT



SFSP-SUMMER K-12

Take Home LUNCH



USDA IS AN EQUAL OPPORTUNITY PROVIDER, EMPLOYER & LENDER

Monday

Chicken Patty Sandwich
Orange
Broccoli
Milk 1% White

Serving Size

2 oz M/MA 3 oz WG
1 Whole
1/2 Cup
8 oz.

Component

Lunch Entree
Fruit
Vegetable
Milk

Supplies

Spork Kit

Tuesday

Bosco Sticks
Apple Sauce Cup
Carrots Sliced
Milk 1% White

WG 2 Grain 2 oz M/MA
1 4 oz.
1/2 Cup
8 oz.

Lunch Entree
Fruit
Vegetable
Milk

Spork Kit

Wednesday

BBQ Rib Sandwich
Banana
Tomatoes
Milk 1% White

2 oz M/MA 2 oz WG
1 Whole
1/2 Cup
8 oz.

Lunch Entree
Fruit
Vegetable
Milk

Spork Kit

Thursday

Beef Fingers
Blueberries
Corn
Milk 1% White

2 oz M/MA 1 oz WG
1/2 Cup
1/2 Cup
8 oz.

Lunch Entree
Fruit
Vegetable
Milk

Spork Kit

Friday

Pepperoni Pizza
Raisins
Green Beans
Milk 1% White

2 oz WG 2 oz M/MA
1/4 Cup
1/2 Cup
8 oz.

Lunch Entree
Fruit
Vegetable
Milk

Spork Kit

Saturday

Chicken Nuggets
Apple
Cucumbers
Milk 1% White

2 oz M/MA 1 oz WG
1/2 Cup
1/2 Cup
8 oz.

Lunch Entree
Fruit
Vegetable
Milk

Spork Kit

Sunday

Hot Dog Sandwich
Apple Sauce Cup
Baby Carrots
Milk 1% White

2 oz M/MA 2oz WG
1 4 oz.
1/2 Cup
8 oz.

Lunch Entree
Fruit
Vegetable
Milk

Spork Kit

Springs Valley Community Schools Summer Food Service Enrollment Form

Child's first and last name	Age	Grade	Enrolled at SV? Yes or no

Parent/ Guardian	Relationship	Phone number

In this section please list any alternate caregivers that you authorize to pick up meals for your children on your behalf. You may list a babysitter but daycares are not allowed to pick up meals.

Alternate pick up	Relationship	Phone number

We are required to ask for information about your children's race and ethnicity. This information is important and helps to make sure we are fully serving our community. Responding to this section is optional and does not affect your children's eligibility in the program.

Ethnicity: (please check one)

- Hispanic or Latino (a person of Cuban, Puerto Rican, South or Central American, or other Spanish Culture or origin, regardless of race)
- Not Hispanic or Latino

Race: (check one or more)

- American Indian or Alaska Native
- Asian
- Black or African American
- Native Hawaiian or Other Pacific Islander
- White

Adult Signature

Printed Name

Date