

April, May, & June

Spring 2026

Forever Young



A Quarterly Publication of the West Allis Senior Center

General Information

Where to find:	Program Schedule at a Glance	2
	New Activities	3
Hours Monday – Friday 9 AM– 4:30 PM Phone 414-302-8700	Events	3
	Presenters	4
	Fine Arts	5
	Fiber Arts	6
	Health & Wellness	7
	Fitness	8
	Recreation	9
	Technology	10
	Get Involved	11
	In the Community	12
	Resources	13

Holiday Closures

The West Allis Senior Center & the Senior Dining Program will be closed on Monday, May 25, and Friday, July 3. The Senior Dining Program will be closed for elections on Monday and Tuesday, April 6 & 7.

The West Allis Senior Center is inclusive and welcoming to all 55+. Safety and a sense of community are the Senior Center's top priorities.

This is what we expect from you to achieve that:

- Be kind and respectful of others.
- Be welcoming to new members.
- Sign in for every visit and have your membership badge visible at all times.
- Use the facility and equipment for its intended purpose. Get permission before moving or taking items.
- Only consume food or beverage in approved areas.
- Leave spaces as clean as you found them.

At A Glance

Schedules Are Subject To Change

Monday

Arthritis Exercise Class	10 - 11 AM	Free
Card Making Group	10 AM - 12 PM & 12:30 - 2:30 PM	Free
Beginner's Sheepshead	10 AM - 12 PM	Free
Senior Dining	11 - 11:30 AM	P/\$
Harmony Singers	11 AM - 1 PM	Free
Table Games	12:00 - 2:00 PM	Free
Line Dancing	1:30 - 2:30 PM	Free

Tuesday

Chess Club	10 AM - 12 PM	Free
Chair Yoga	11 - 11:45 AM	Free
Senior Dining	11 - 11:30 AM	P/\$
Dominoes	12 PM - 2 PM	Free
Wii Bowling Group	12 PM - 2 PM	Free
Pinochle	12 PM - 2 PM	Free
Stained Glass	12 PM - 4 PM	P/\$
Cardio Drumming	2:30 - 3:15 PM	Free

Wednesday

Rag Crafting	9 - 11 AM	Free
Grief Support Group*	9:30 - 11 AM	Open
Arthritis Exercise Group	10 - 11 AM	Free
Karaoke	10 - 11:30 AM	Free
Senior Dining	11 - 11:30 AM	P/\$
Computer Help	12 PM - 2:00 PM	Free
Knit, Crochet, & Loom	12 PM - 2:00 PM	Free
Stained Glass	12 PM - 4 PM	P/\$
Sheepshead	12 PM - 4 PM	Free
Movie Matinee**	12:30 PM - 2:30 PM	Free

*Grief Support Group is every 2nd & 4th Wednesday

**Movie Matinee is every 2nd & 4th Wednesday

Free	With Senior Center Membership
P	Pre-registration required
\$	Fee or suggested donation required
Open	No membership required

Thursday

Conversational Spanish	10 - 11 AM	Free
Chair Yoga (ZOOM)	10:30 - 11 AM	Free
Senior Dining	11 - 11:30 AM	P/\$
Jewelry Creations*	11:30 AM - 3 PM	Free
AA Centered in Sobriety	12 PM - 1 PM	Open
Wii Bowling Group	12 PM - 2 PM	Free
Senior Planet**	12:30 - 1:30 PM	Open
Qi Gong	1 - 1:30 PM	Free
Cardio Drumming	2:30 - 3:15 PM	Free

*Jewelry Creation is every 2nd & 3rd Thursday

**Senior Planet is every 2nd & 4th Thursday

Friday

Artful	9 AM - 12 PM	Free
Arthritis Exercise Group	10 - 11 AM	Free
Senior Dining	11 - 11:30 AM	P/\$
Sudoku Group	11:30 - 12:30 PM	Free
Sheepshead	12 PM - 4 PM	Free
Dartball	12 PM - 2 PM	Free
Harmonic Winds	1 - 2 PM	Free
Bingo*	1 - 2:30 PM	Free
Painting	1 - 3 PM	P/\$
Square Dancing	2 - 4 PM	Free

*Bingo is every 2nd & 4th Friday

Fitness Center Hours

9 - 2 PM Monday - Friday \$

Senior Dining Reservations

In-person or by phone 414-302-8703.
Due by 11 AM the day before.

Always Available

Tablets, Computer Lab, TV Lounge,
Billiards, Books, Ping Pong, & Puzzles

New Activities

Flower Arrangement for Display

Thursday, May 28; 1 - 3 PM

Learn to decorate a door, headstone, or other item with a lovely arrangement of artificial flowers. Jerry Gratz is leading this one-time craft class. If you have a specific object in mind to decorate, please bring it to class. RSVP by May 25. Class Limit 10.

Art Workshop for Military Veterans

Thursday, April 30; 10 - 11 AM

Attention all military veterans. Join us for a hands-on creative session where you will craft a one-of-a-kind mosaic bowl while connecting with fellow veterans in a relaxed and supportive space.

Card Making for Beginners

Thursday, April 23; 12 - 2 PM

Play with bunches of pre-cut shapes, fun sentiments, and other easy-to-use elements to make your own personalized cards! Come to try something new, make beautiful keepsakes for loved ones, or learn the basics for a new hobby!

Events

Blanket Making for Roxz's Resources

Monday, April 13; 1 PM

Join us in making dog blankets and toys for those in need. No experience necessary! RSVP by April 7.

Rummage & Craft Fair

Wednesday, May 13; 10 AM - 6 PM

Take part in one of the Senior Center's largest annual events! In addition to the best deals in town, there will be crafted work for sale, a bake sale, and hot food for sale. Stop by for lunch or dinner! If you bring a friend, we can take them on a tour of the Senior Center as well.

Sharon's Retirement Party

Friday, April 3; 2 PM

Come celebrate the best Community Health Specialist the Senior Center has ever had! Sharon is wishing us farewell after 9 years in this building and over 20 with the City.

Summer Cookout

Friday, June 19; 12 PM

Cost: \$5

Celebrate Juneteenth by firing up the grill with us! There is no Senior Dining meal on the holiday, so sign up to have lunch with us instead. Meet new people and connect with the community. RSVP deadline is Friday, June 12. Attendance limit is 100.

Remember When Trivia – A Look Back in Time

Thursday, April 2; 9:30 AM

Take a step back into the good old days with Tom Rowe of Family Generations Expo. Relive the songs, movies, favorite toys, and national events from your youth. Discover what the cost of a postage stamp, a gallon of gas, and a new car was back then. Have a fun time with Tom as he presents entertaining facts from the year you were born.

Archwell Lunch & Learn

Monday, April 6; 11:30 AM

Join ArchWell for a Lunch & Learn to explore our unique care model and the additional resources we offer to support senior health. Enjoy lunch while learning what sets ArchWell apart from other primary care options for seniors. Advanced registration is required. This event is limited to 40 attendees

Practical Solutions for Lifelong Gardening

Tuesday, April 14; 9:30 AM

Join the therapists from Curative Therapy Services for tips on protecting your joints and maintaining your ability to garden into advanced age. Learn simple changes that can reduce the demands on your body so that you can continue gardening safely all season long.

Urban Ecology Center

Fridays, April 10 & 17; 3 PM

April 10: Join the Urban Ecology Center at the West Allis Senior Center for a presentation on their mission, programming, and how you can get involved!

April 17: Meet on location for a tour of the UEC Washington Park location and hear a presentation on their bird watching programs and bird research. Transportation in a 13-passenger van can be provided.

Presenters



Downsizing

Tuesday, May 19; 1:30 PM

Downsizing can feel overwhelming, but with the right plan, it becomes an opportunity for a fresh start. Whether you're moving to a smaller home, a senior community, or simply looking to simplify your space, you'll gain practical tools and expert insights to build a personalized Downsizing Game Plan. Presented by WellRive.

Safety First

Thursday, May 21; 9:30 AM

Play it smart when you go out! Mike Scasny, retired Milwaukee County Sheriff deputy for 25 years, will share the proven tips and tricks to keep you safe when you are out and about in your community. Presented by Max A Sass & Sons Funeral and Cremation Service.

Common Scams & Frauds Targeting Seniors

Thursday, June 11; 9:30 AM

Ben Merens of the Wisconsin Bureau of Consumer Protection will discuss the details of common scams, the warning signs of a scam, and what to do if you or someone you know falls victim to a scam or fraud.

Fine Arts

Creative Cardmaking

Mondays 10 AM – 12 PM
& 12:30 - 2:30 PM

Amaze your friends with handmade cards! Cards are also given to the senior dining program, veterans, and other folks in need for special occasions. Please only attend one group time per week. June Trehus, JoAnn Eversdyk, & Karen Rehy, Group Leaders.

Knit, Crochet, & Loom

Wednesdays; 12 – 2 PM

Share your afternoon with new friends while you work on your own project. Enjoy lively conversation and stories with other crafters and creators. Barb Forster & Barb Vahovick, Group Leader.

Crafting Corner

1st Thursdays, 11:30 AM - 3 PM

Join the fun with Janet! They will guide you through amazing impromptu projects made entirely out of recycled items. Every month is a surprise!

Jewelry Creations

2nd & 3rd Thursdays

11:30 AM - 3 PM

Bringing your treasured accessories back to their former glory or turn old accessories into brand new jewelry and decor! Janet Rewolinski & Barb Mlady, Group Leaders.

Stained Glass

Tuesdays & Wednesdays; 12 - 4 PM

Cost: \$35 per quarter

Learn a new hobby, perfect your skill, and keep learning! All skill levels welcome. This is a strictly lead-free program. Please only attend one group time per week. Sandy Steckler, Lynn Zwitter, and Lynn Sidabras, Group Leaders. Register in the office to attend. Limit 11 attendees per day.

Artful

Fridays 9 AM - 12 PM

Explore constantly changing methods and ideas. Diamond dot decor, card making, ornaments, and plastic canvas are just a sliver of what's in store! Bill & Linda Coon, Group Leaders.

Rag Crafting

Wednesdays; 10 – 11 AM

Rags to riches! Whether it is cotton or wool; braiding, sewing, or crocheting; there are so many ways to transform your old clothes, sheets, or drapes into a brand new creation! Led by Carol Ebert.

Acrylic Painting

Fridays, 1 - 3 PM

Cost: \$35 per quarter

Welcoming beginners and experts alike! Oscar takes students through a study on central art themes, resulting in a final work that is exciting and impressive. Register in the office to attend. Class limit 12.

Fiber Arts Classes

Key Fob Wristlet

Tuesday,
April 7
12 - 3 PM
Cost: \$7

Do you ever have a hard time finding your keys? These fobs are easy to make and a great way to use fabric scraps. The hardware for one key fob is included in the class fee. Sewing experience is needed to complete this project. RSVP by March 30. Class limit 8.



Mug Rug

Tuesday,
April 21
12 - 3 PM
Cost: \$7

A mug rug is bigger than a coaster and smaller than a placemat! It's perfect for holding your coffee or tea along with a little snack. Sewing experience is needed to complete this project. RSVP by April 13. Class limit 8.



Floral Fabric Basket

Tuesdays,
May 5 & 12
12 - 3 PM
Cost: \$7

This basket is so useful and decorative at the same time! It's very easy to make and can be styled to fit any room. Sewing experience is needed to complete this project. RSVP by April 27. Class limit 8.



Flower Pocket Pincushion

Tuesdays, May 19 & 26
12 - 3 PM
Cost: \$7

This sweet pincushion has a padded pocket for all your needed sewing notions. Sewing experience is needed to complete this project. RSVP by May 11. Class limit 8.



Stars & Stripes Table Runner

Tuesdays, June 2 & 9
12 - 3 PM
Cost: \$7

If you're hosting a Fourth of July gathering, this is the perfect stars & stripes table runner to add to your holiday celebration. Sewing experience is needed to complete this project. RSVP by May 25. Class limit 8.



Patriotic Wall Hanging

Tuesday, June 16
12 - 3 PM
Cost: \$7

A cute patriotic door hanging to greet your guests for the festivities! Sewing experience is needed to complete this project. RSVP by June 8. Class limit 8.



Health & Wellness

Stepping On

Wednesdays, March 25 - May 6

1:30 - 3:30 PM

8621 Beloit Rd, West Allis, WI 53227

Building confidence and reducing falls! The Stepping On program incorporates a group setting plus individualized follow-up. Guest speakers visit and discuss falls and fall risk, strength and balance exercises, home hazards, safe footwear, vision and falls, safety in public places, community mobility, and more! RSVP by March 17. This workshop is held at VMP - 8621 Beloit Rd.

Blood Pressure Screening

2nd Wednesdays; 11 AM - 12 PM

A nurse from Humana SE WI visits to check blood pressures for anyone interested. She can also provide blood pressure education and connect with resources!

AA - Centered in Sobriety

Thursdays; 12 - 1 PM

This program is open to anyone with a desire to stop drinking. Attendees can be any age and do not have to be Senior Center members. Meetings take place in the Conference Room on the second floor of the Senior Center. Tina N, Facilitator.



Hunger Task Force Cooking Class

3rd Thursdays, 11:30 AM

Join Registered Dietary Nutritionists from Hunger Task Force, Wisconsin's anti-hunger leader, for fun and hands-on cooking demonstrations! They offer great advice on how to mix up your eating routine in a nutritious way, and how to use Hunger Task Force Stockbox ingredients to make delicious and easy meals for yourself and your loved ones.



Fitness

Arthritis Exercise

Mondays, Wednesdays, & Fridays

10 - 11 AM

Get your blood pumping to help increase joint flexibility, range of motion, and maintain muscle strength with this 1 hour class. All levels welcome. Watch yourself get stronger and feel better! Shirley Laux, Certified Arthritis Exercise Instructor. Maria Vega, Assistant.

Line Dancing

Mondays 1:30 - 2:30 PM

Our very own Sharon Roy hosts this all levels class, focusing on fun! Beginners are encouraged to attend. Come join us for box stepping, grape vining, and a rip-roaring good time!

Qi Gong

Thursdays 1 - 1:30 PM

Increase energy and vitality with a 30 minute Qi Gong practice. Gentle movements and breath exercises will increase your overall health and well-being. This class can be completed standing or seated. Led by Jason Carter from Yoga Is Served.

Square Dancing

Fridays 2 - 4 PM

Swing, Promenade, and Do-Si-Do! This square of eight dancers learn new calls and formations while meeting new people and moving their bodies. Need to take it slow? Swap out with other dancers to take breaks! Called, taught, and led by the Palmen Family.

Chair Yoga

Tuesdays 11 - 11:45 AM

Thursdays on Zoom 10:30 - 11 AM

Join Susie Melott from Yoga Is Served for a gentle chair yoga class. Lower your blood pressure, reduce your pain and find community. This class offers yoga postures and breath practices with the support of a chair. There is also a meditation after class.

Cardio Drumming

Tuesdays & Thursdays

2:30 - 3:15 PM

Cardio drumming involves using drumsticks to hit an exercise ball placed on a bucket, while listening to upbeat music. It can be practiced by anyone and does not require drumming experience. It's a blast! Sharon Roy, Instructor.

Fitness Room

Cost: \$15 per year

Hours: 9 - 2 PM

Nu-Steps, pneumatic Keiser weight lifting machines, club-quality treadmills, a seated arm exerciser, recumbent bikes, elliptical, & free weights are available to use as you please!

Wendy B, our amazing volunteer and technician at Froedtert Hospital conducts fitness room orientations every other Wednesday. She can also help you with your fitness goals!

Recreation

Book Club

3rd Fridays, 10 AM

Once a month, the Senior Center's book fans get together to chat about a new, exciting read. Join to meet other book lovers, hear new perspectives, and finally justify some reading time for yourself! Call or stop by the Senior Center to learn what book will be discussed next.

Monthly Birthday Parties

1st Fridays; 10:30 AM

Come celebrate your birthday, your friends', or that of a new friend! Meet in the Lobby on the 1st Friday of your birthday month and have a piece of cake to mark another orbit around the sun. Cake available while supplies last.

Senior Breakfast Group

3rd Wednesdays, meet at 9 AM

This social group meets once a month at various restaurants. Participants pay for their own meal, including tax and tip. Enjoy good conversation and meet new people. Call Group Leader Kathy Fermanich the day before if you plan to attend at 414-302-8700.

April 15 - Two Brothers; 4625 W Burnham St, West Milwaukee

May 20 - Meyer's Restaurant; 4260 S 76th St, Greenfield

June 17 - Michael's Family Restaurant; 8417 W Cleveland Ave

July 15 - Open Flame; 5081 S 108th St, Greenfield



Harmony Singers

Table Games

Sheepshead

Chess Club

Dominoes

Pinochle

Wii Bowling Group

Karaoke

Conversational Spanish

Sudoku Group

Dartball

Harmonic Winds

Bingo

Mondays; 11 AM - 1 PM

Mondays; 12 - 2 PM

Beginners: Mondays 11 AM - 12 PM

Seasoned Players: Wednesdays & Fridays 12 - 4 PM

Tuesdays 10 AM - 12 PM

Tuesdays 12 - 2 PM; Barb Forster, Group Leader

Tuesdays 12 - 2 PM

Tuesdays & Thursdays 12 - 2 PM; Dennis Kopp, Group Leader

Wednesdays, 10 - 11:30 AM; Chad Halvorsen, Emcee

Thursdays 10 - 11 AM; Maria Vega, Instructor

Fridays 11:30 AM - 12:30 PM; Dennis Rebek, Group Leader

Fridays 12 - 2 PM; John Langford, Group Leader

Fridays 1 - 3 PM; Dennis Rebek, Group Leader

2nd & 4th Fridays; 1 - 2:30 PM

Technology

Movie Matinee

2nd & 4th Wednesdays; 12:30 PM

Straight from the theater screen to our viewing lounge! Join Mary Sullivan and other cinophiles to watch the latest movies, discuss what you thought, and maybe even have a special screening of your favorite! Watch for posters in the Senior Center or our weekly e-mail to learn what will be playing next.

Walk-In Tech Help

Wednesdays; 12 - 2 PM

Having trouble with your phone, tablet, computer, or smartwatch? Greg Forster is here to help. Visit him in the computer lab to receive one-on-one help with whatever gadgetry you bring with you. This service is for Senior Center members only.

Senior Planet

2nd & 4th Thursdays; 1:30 PM

How can technology help you live your best life? AARP's Senior Planet classes help people learn new skills, save money, exercise, make new friends, and so much more. We offer free lectures, workshops, and multi-week technology courses that help you learn computer basics and develop life-enhancing computer skills. Mark O'Brien, Cherie Linday, & Gloria Dohearty, Instructors.



Tablet Rental

The West Allis Senior Center has tablets available for member use inside the building! Stop by the office to check one out. Loss or damage will be attributed to the member assigned to the tablet.

To check out a tablet for up to a week at a time, complete the 5-week 'Android Essentials' workshop. Members who complete the course are eligible to take tablets home for up to a week at a time!

Android Essentials Class

Mondays & Thursdays; 10 - 11 AM

Are you interested in checking out a tablet to take home or learning how to use a tablet or smartphone? Learn how to search the internet, download and use apps, send and receive email, take photos, and more! This is a fun, encouraging five-week course that meets twice a week. Members who complete the course are eligible to take Senior Center tablets home for up to a week at a time! RSVP to join the next five-week class.

Get Involved

Membership Roundtable

Friday, May 1; 9:30 AM

Join Senior Center staff, Shannon and Sharon for a friendly round-table meeting to stay informed, connected, and involved. Go directly to the source to ask your questions and share new ideas. Coffee and tea provided.

Volunteer Meetings

Front Desk & Hospitality: Friday, DATE at 12 PM

Rummage Sale Volunteers: Wednesday, April 29 at 1 PM

Whether you are new to volunteering or have been doing this for decades, it's essential that everyone attends the volunteer meeting for their volunteer area. This is an opportunity to learn new information about your role, organizational updates, and tricks on how to make your volunteering better and easier! Please inform staff in advance if you are unable to attend. Two consecutive missed volunteer meetings will result in the loss of volunteer status.

Brag Board

Gifts of Warmth Volunteers

Did you know that our Gifts of Warmth Program volunteers create and distribute over 1000 hats, blankets, scarves, shawls, and other cold-weather essentials every year? These items go to hospices, foster children, veterans, those without shelter, and others in need.

Way to go, volunteers!

Volunteer Party

Friday, April 24, 1 PM

Members who have volunteered 20 hours or more between April 1, 2025 and April 1, 2026 are invited to a party to express the Center's gratitude. There will be door prizes and other thank you's for those who give their time to the West Allis Senior Center. RSVP by April 17 to attend.



In the Community

WAWM RCS's Featured Program **Senior Prom**

Friday, May 8; 12 - 3 PM

Come dressed to impress as the WAWM RCS Department hosts our Senior Prom. The afternoon starts with a catered meal, followed by music and dancing with a live band playing all your favorite tunes from back in the day. Registration is required per person, not per couple. Cost is \$15 for residents and \$23 for nonresidents. Call 414-604-4900 to register.

Greenfield Recreation's Featured Outing

Heartbreak Hotel

Wednesday, April 29

9:15 AM - 5:15 PM

Marriott Theatre in Lincolnshire, IL

This official Elvis Presley bio-musical, Heartbreak Hotel features over 40 Elvis hits and iconic songs. Lunch will be announced at a later date.

Cost is \$120. Register before March 25 by calling 414-329-5370.

Domestic Violence Awareness

5 Types of Abuse in an Abusive Relationship



Southwest Suburban Health Department's Featured Message

Remember, help is always available. If you or someone you know is being hurt, you can call the 24/7 hotline at 414-219-5555.

Relationship abuse is when someone uses certain behaviors to gain power and control over their partner. Abuse can look different from one situation to another, and often more than one type of abuse happens at the same time.

Knowing how abuse works can help you understand what is happening and how to respond safely. Here are some ways to recognize different types of abuse.

Resources

Senior Dining

Enjoy delicious, nutritious, balanced lunches at the West Allis Senior Center courtesy of the Milwaukee Christian Center. Anyone 60 and older is welcome to participate regardless of income along with their spouse of any age. The suggested contribution per meal is \$3 for diners 60 and older; \$8 for guests under 60.

Meals are served Monday through Friday beginning at 11 AM. Pre-registration is required by 11 AM the business day before.

Download the registration form and current menus online at www.westalliswi.gov/Senior-Center or call 414-302-8703 to arrange to pick up a form.



Medicare Help

Fridays, April 10, May 8, June 12; 9 AM - 12 PM

Ginger Rogers, Elder Benefit Specialist and Medicare Counselor with the Milwaukee County Aging and Disability Resource Center, will be taking appointments to help folks with their Medicare questions. Ask for help with understanding Medicare A, B, C, and D, and free enrollment assistance, help with Medicare costs, and free Medicare counseling and legal assistance. Sign up for an appointment time in the office or by calling.

Adrienne the Social Worker

Wednesdays; 9 AM - 12 PM

Adrienne Calcagnino is the Social Worker for the Southwest Suburban Health Department. She is available in the Senior Center or over the phone to help with behavioral & mental health, older adult services, Medicaid/waiver programs, legal resources, food resources, youth services, nursing home information, goal planning & achievement, advocacy, and end-of-life document assistance. Call to schedule an appointment. No walk-ins allowed.

Ask Jharrell

1st Mondays; 9 AM - 11 AM

Jharrell Frazier, Outreach Social Worker for the Milwaukee County Aging and Disability Resource Center, visits the Senior Center to assist members. He can help with benefits, ways to save money, housing and home repairs, food, help to stay independent, transportation, wellness resources, dementia services, safety concerns, and many other questions! If you need resources at another time, contact the Milwaukee County ADRC at 414-289-6874.



Check Us Out!

There are a multitude of ways to keep in touch with what is happening at the West Allis Senior Center. We invite you to check out the following:

'Like' us on the Southwest Suburban Health Department's Facebook page:
facebook.com/swshdwi/.

Visit the Senior Center's webpage at:
westalliswi.gov/seniorcenter.

Facility Rental

The West Allis Senior Center offers room rentals for your parties, club meetings, life celebrations, and more!

To book, call or stop by the office. At least 2 weeks' notice is required. There is a rental agreement to sign, and most rentals require a small fee. Rentals are only available during Senior Center hours.

Hunger Task Force

Hunger Task Force distributes Stockboxes at Mother of Perpetual Help Church located at 2322 S 106th Street in West Allis. Seniors meeting the requirements can pick up a Stockbox between 1 PM and 2 PM on the following Tuesdays:

April 8, May 13, June 10, July 8

The Senior Services Director can help with the application process, including interviews and submitting verification, to ease the burden of the application process for home-bound seniors. Contact Rick Lewandowski at 414-238-6462 or via email at Rick@hungertaskforce.org

West Allis Commission on Aging

4th Mondays; 3 PM

The Commission on Aging is the governing body that oversees the Senior Center and other aging-related needs in the City of West Allis. The public is welcome to attend meetings.

Thank you to the businesses & organizations who support the programs and operation of the West Allis Senior Center:

Food for the Hungry, Inc.
Greenfield Parks & Recreation
Humana of SE WI
Hunger Task Force
Milwaukee Christian Center

THANK
you ✨

Southwest Suburban Health
Department
WAWM Recreation
West Allis Public Library
Yoga Is Served



West Allis Senior Center
7001 W. National Ave.
West Allis, WI 53214

New Look Arriving Soon



WEST ALLIS
**Senior
Center**

The next quarterly Senior Center will look a little different! We will be getting our own logo, brand colors, and many more exciting opportunities to come. Look for this logo on the cover of our next newsletter, arriving in early June. Along with our new motto:

Life's next adventure starts here.
