

September 13 - 26

Mayor's Wellness Challenge

PASSPORT

Join the Southwest Suburban Health Department and the City of West Allis for the 2026 Mayor's Wellness Challenge, a two-week wellness adventure for all ages and activity levels!

Participate in activities throughout the community and collect stamps on your Mayor's Wellness Challenge Passport. Complete at least 3 activities and **return your passport by October 3rd, 2026 to the Southwest Suburban Health Department- West Allis location** for a chance to win raffle prizes!

Get active, explore West Allis, connect with your neighbors, and celebrate wellness together!

Walk with Mayor
Dan

September 13
10 a.m.

Greenfield Park
2028 S. 124 St.

Milwaukee Birders

September 15
5-6:30 p.m.

Greenfield Park
2028 S. 124 St.

Fitness Class

Sept. 15 | 5 p.m.
Sept. 19 | 9 a.m.

Trained X Laura
6039 W. Mitchell St.

Yoga in the
Park

September 19
10 a.m.

Veteran's Memorial
Park
6900 W. National Ave.

Community Bike
Ride

September 19
1-3 p.m.

Allis Bikes & Fitness
9622 W. National Ave.

Pickleball

Sept. 17 | 5-7 p.m.
Sept. 20 | 10 a.m.-
Noon

The Picklr
2550 S. 108th St.

Resource Fair

September 23
4-6 p.m.

West Allis
Senior Center
7001 W. National Ave.

Farmers Market
Cooking Demo

September 26
1-3 p.m.

Farmers Market
6501 W. National Ave.

Dog Walking

On your own
time - please be
sure to take a
picture



First and Last Name: _____

Phone Number: _____

Zip Code: _____