

Hockinson Food Services Newsletter



September 2026

- Cook and school menus
- Features specified & announcements
- Easy to edit and menus
- Get started today! for healthy and options

nutrislice

Get started today!

- 1 Make stories on the Nutrislice App.
- 2 Download apps and select any interactive stories.

QR Code

Download App

Mediterranean Salad
2300 calories
Dietary and nutritional information, including allergen information, is available in the app. Scan the QR code to get started.

Calories 2300 kcal
Proteins 50 g
Fat 120 g

Lots to love About School Lunch

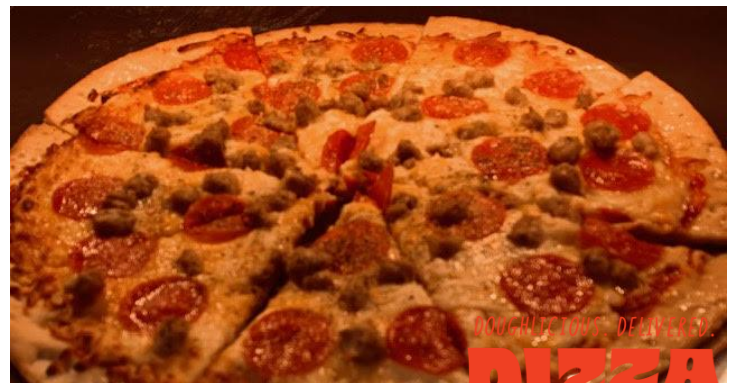
Welcome to a new school year with Hockinson Food Services! We are excited to bring healthy, flavorful, and balanced meals to our students every day
Try something new

Meal Prices for 2026-27

- **HHS** Breakfast: \$2.10 Lunch \$3.55
- **HMS** Breakfast: \$2.30 Lunch: \$3.95
- **HHS** Breakfast: \$2.60 Lunch \$4.05
- **Adult Lunch: \$5.35**
- **Second Meal \$4.25**



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Executive Chef
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Pizza Daze Craze



Get ready to slice into happiness! Pizza Daze has arrived at The High School Cafe. All week long, we are serving fresh, hot pizzas crafted with premium toppings

All time Favorite

The Supreme Pizza

chartwells
serving up happy & healthy

DISCOVERY KITCHEN FUN

FIT

Whether it's competing on an athletic team, staying active with friends, or studying for a math test, FIT teaches kids how to fuel their bodies and minds in the cafeteria and beyond. This innovative program brings together culinary demonstrations, nutrition education, and interactive classroom activities along with healthy recipes to help everyone perform at their best and stay ahead of the game.

FIT.

fuel.ignite.thrive.

News Corner

Unplug for Dinner

Eat dinner at the kitchen table with all electronic devices turned off to connect and share stories with family. Research shows that regular family dinners benefit children and teens by reducing risks of substance abuse, depression, obesity, and eating disorders, while boosting grades and self-esteem

chartwells
CHEERS 📢

A huge Congratulations
Brianna Martin
Production Cook
Hockinson HS
Thank you for your hard work
dedication and amazing service.

FUN DAYS THIS MONTH:

National Cheeseburger
9/18/2026



National Pancake Day
9/26/2026

