



the screen guardians

PROTECTING & PRESERVING CHILDHOOD IN THE DIGITAL AGE

COMING TO YOUR CHILD'S SCHOOL THIS FALL

Help Keep Our Kids Healthy, Safe & Thriving in This Digital World

Please come and learn more about The Screen Guardians — the digital health and online safety program launching in your child's classroom this fall — and the parent resources and tools that come with it.

Who we are. The Screen Guardians is a **Kansas-based** K–12 program built by parents and educators, backed by a team of experts in healthcare, brain health, mental health, cybersecurity and law enforcement. We're not anti-technology. We're pro-child. Our goal is simple: give kids — and the adults guiding them — a shared language for growing up well in a digital world.

What Your Child Will Learn

- How a developing brain responds to technology — and why it's so hard to put the phone down
- Early warning signs of digital stress and online risk
- Healthy, age-appropriate digital habits
- Practical strategies that protect their safety, learning and well-being

For Parents: Tools & Resources

- **The Parent Companion** — a simple guide sent home so you know what your child is learning, with conversation starters. Not homework. Just a bridge.
- **The Parent Portal** — coaching videos, downloadable guides and scripts for the hard conversations.
- **Free for every family** — a free parent course, our newsletter and The Screen Guardians Podcast.

How the Program Works

Once a week, during the school day • 30–40 minutes • Taught by your child's own teachers • K–12, tailored by age

Your role is simple and powerful. You don't need to be a tech expert — just a connected, curious adult.

Come Learn More — Join Us In Person

DATE

September 3, 2026
6:30 p.m.

WHERE

USD 274 Cafeteria

QUESTIONS? CONTACT

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Not anti-technology. Pro-child.

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