



LCS Athletic Update

Board of Education Meeting

August 5, 2026

THE PROCESS





Lapeer Lightning Athletic Staff

- Rich Cross: District Middle School AD
- Kristen Paluch: Zemmer Athletic Secretary
- Austin Green: LHS Athletic Supervisor
- Lisa Merillat: LHS Athletic Secretary

THE PROCESS





2025-26 Year in Review “COMPETE”

- 2025-2026 Year in Review
 - District AD Shad Spilski leaving to move to Kansas
 - Austin Green hired as LHS Athletic Supervisor
 - Accomplishments
 - Booster Club Update
 - Facility Upgrades

THE PROCESS





2025-2026 Year in Review

Lapeer High School Athletics

- Accomplishments
 - SVL Championships: Girls Soccer, SVL Champion Bella Asaro Girls Bowling 24-25, and 25-26
 - State Qualifiers:
 - Isabella Asaro (GBOWL-11th), Luke Meinz (BBOWL-9th), Jase Fuller (WR-11th), Conner Haslett (WR-11th), Jax Turner (TR-12th), Braylen Wojciechowski (WR-11th), Richard Demar (WR-12th)
 - Zane Sanchez- State Champion Powerlifting, National Champion Powerlifting

THE PROCESS





2025-2026 Year in Review

Middle School Athletics

- Hosted the 2025 GFMSL Cross Country League Meet @ CFI
 - 17 Teams Attended – Over 500 student athletes competed and over 1000 spectators attended the event
- Increased participation across most sports
 - Increased number of student athletes trying out for sports
- Continued implementation of 6-12 vision across all sports programs
- After school weight lifting on Mondays & Wednesdays since November
- Summer weightlifting, camps, clubs and workouts for MS Fall Sports teams and many other programs

THE PROCESS



LAPEER COMMUNITY SCHOOLS - SUMMER ATHLETIC CAMPS

SUMMER GYMNASTICS

7th & 8th Grades

Wednesdays from
June 17, 11am-12:30pm
Zemmer Gymnasium
\$15/session
Welcome Coach D!

LMS CHEER: SUMMER SKILLS SCHEDULE

June 17	Roll Term 7:30-9pm	Aug 9	Sold Camp Lunch 1pm
July 8	Sold Camp 12:00-1pm	Aug 9	Lightning Field Day
July 26	Practice with Youth Show Signs	Aug 22	Practice Free 11:00-12:00
Aug 1	Track & Field 10am-11am	Aug 22	Logan Gap Practice 10am

LAPEER AREA RUNNING CLUB: SUMMER CONDITIONING DATES

June 22	2:30-2pm
June 22	3:30-2pm
July 6-20	8:50-2pm
July 6-15	9:30-5pm
July 6-20	11:30-12pm
July 6-20	1:30-5pm

Bring a water bottle

CONTACTS:
Coach: Wright@lapeerschools.org
Heather: amcid@lapeerschools.org

The Volleyball Academy LAPEER TEAM CAMP

Led by Bartene Reiblich Head
Coach at Lawrence Technological
University and former
professional player, alongside
Coach Innes, Head Coach of
Lapeer Valleyball.

JUNE 16, 17, 18 4-6 PM
Incoming 7th Grade

\$80

YOUTH CHEER CAMP AUGUST 1ST, 2026

Powered by the Lapeer Varsity Cheerleaders!

The Lapeer Varsity Cheer Team is excited to host a
fun, high-energy youth cheer camp, grades 5th thru
8th, who want to learn the fundamentals of
cheerleading - from the best!

- What You'll Learn:
- sideline clowns for games
 - melons, jumps, and basic stunting
 - teamwork, leadership, and cheer spirit
 - cheer a quarter at Homecoming Varsity Football
Game (Jostle 10:30)
 - get a bow and shirt to wear at the game

Camp Details:
Date: August 2nd, 2025
Time: 8am-4pm (Lunch will be provided)
Location: OIT Auxiliary Gym

Cost: \$100 (paid by July 20th)
Don't miss a chance to:
• Learn from your high school Varsity role models
• Make new friends and build confidence
• Get a sneak peek into what it takes to cheer in
high school!
• Have a blast showing off your spirit!
Let's have some fun and build our family/cheer
sisterhood - together!

FOOTBALL CAMP



CAMP DETAILS

COST IS \$50
T-SHIRT IS INCLUDED

REGISTER NOW

CONTACT US & JOIN THE BAND APP



COACH
KARISSA, WRIGHT
HEATHER, ARNOLD

Karissa.Wright@lapeerschools.org
Heather.Arnold@lapeerschools.org

ONE SOUND, ONE TEAM: CHEER ESSENTIALS CHECKLIST



WEARS:

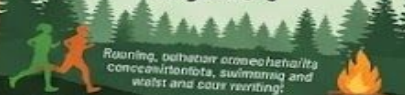
- ☒ athletic attire
- ☒ cheer shoes
- ☒ no jewelry



BRINGS:

- ☒ water bottle
- ☒ physical form
- ☒ handbook

LAPEER CROSS COUNTRY: CAMP LAEL ADVENTURE August 3-5



Running, outdoor games, trail
concentrations, swimming and
water and court racing!

RUNNING:

- Running and
concentrations

SWIMMING:

- Donors & swimmers

PACK LIST:

- Sleeping bag
- Swimsuit
- Soap

Camp Lael
August 3-5, Suite 2025
Coach: krista@lapeerschools.org
Coach: krista@lapeerschools.org

MS Summer Sports Programming and Opportunities



2025-2026 Year in Review

Booster Club

- Highlights of the Lapeer Athletic Booster Club
 - Distributed
 - \$48,000 to high school and middle school teams
 - \$15,000 to LHS weight room
 - Honors Convocation
 - Presented 8- \$500 scholarships to student-athletes in June
 - Male & Female Athlete of the Year- \$1000/athlete
 - Funds Raised Through
 - Lightning Strike Field Day, Fall Football Concessions, Donations, Spirit Wear Sales
 - Lightning Strike Field Day: Saturday August 8 from 1pm-3pm at the Fitzpatrick Field

THE PROCESS





Focus for 2026-2027 “THE PROCESS”

- Focus- “The Process”
- New Coaches
- SVL Update
- Middle School Athletics
- ACAT
- Strength and Conditioning
- Athletic Data

THE PROCESS





Focus for 2026-2027 “THE PROCESS”

- “Winning is important, but the journey required to become a winner is even more important”
- “The pursuit of winning teaches lessons that last far beyond the scoreboard- THE PROCESS”

THE PROCESS

A small, light blue star icon with a white outline, positioned at the bottom right of the slide.



Athletic Facility & Equipment Updates

- New jerseys-Volleyball, Football, Freshman and JV Basketball
- In process of updating baseball scoreboard-Jim Riehl Friendly
- Density turf study-overall field in good condition, year 11 of turf-company complimented on how well maintained the field is
- Zemmer Weightroom

THE PROCESS





Athletic Facility & Equipment Updates



THE PROCESS



Focus for 2026-2027 “THE PROCESS”

- Varsity Boy Soccer- Duncan Rowley
- Varsity Sideline Cheer- Deanna Michalik
- Varsity Girls Basketball- Bob Brydges

THE PROCESS





SVL Update

- Davison and Grand Blanc leaving SVL to join OAA- 2027-2028
 - SVL Football will be split into enrollment divisions
 - Lapeer, Saginaw Heritage, Midland, HH Dow, Traverse City Central, Traverse City West
 - Flint Powers (Re-joining), Carman-Ainsworth, Bay City Central, Bay City Western, Saginaw United, Mt. Pleasant
- SVL Team Sports: will stay the same- North and South Divisions

THE PROCESS





Middle School Athletics

- Grade level realignment in 2027-2028
- Returning approximately 18 coaches from last year
- Zemmer Weight Room Upgrades (see photos next slide)
- After school weight lifting ran Mondays & Wednesdays since November
- Four sections (approx. 100 student athletes) of Weight Training/Athletic Enhancement classes planned for 2026-2027 school year
- Continued focus on The Process

THE PROCESS





Zemmer Weight Room



Zemmer Weight Room





THE PROCESS





Strength & Conditioning Program

- Strength & Conditioning Program
 - Collaborative Effort
 - Supervisors: Tony Merlo, Austin Green, Eric Hensel, Rich Cross (MS)
- Summer Strength & Speed
 - M-W Strength Training
 - Thursday Speed and Agility- ETS Performance
 - Coaches & Athletics can track progress daily and over time

THE PROCESS





Strength & Conditioning Program



THE PROCESS





Strength & Conditioning Program



THE PROCESS



Strength & Conditioning Program

- Averaged 66 kids per day
- ETS-tested first week and last week. Every athlete improved in at least one of the test performed. Majority of kids improved in every test.
- Middle School attendance was GREAT-building for the future

THE PROCESS

A small, light blue star icon located at the bottom right of the slide, below the word 'PROCESS'.



LCS 6-12 Athletic Participation

Graduating Year	Total # of Students	# of Male Athletes	# of Female Athletes	25-26 Participation Rate	24-25 Participation Rate	23-24 Participation Rate
Class of 2026	384	49	41	23.4%	28.0%	31.7%
Class of 2027	328	41	44	25.9%	30.0%	35.4%
Class of 2028	325	71	53	38.2%	37.6%	40.1%
Class of 2029	327	70	57	38.8%	30.5%	38.4%
Class of 2030	303	59	56	38%	32.8%	16.4%
Class of 2031	321	51	51	31.8%	13.2%	-
Class of 2032	301	14	12	8.6%	-	-



LCS 6-12 Athletic Participation

LHS Scholar Athletes

- Lapeer High School
 - Must have a cumulative GPA of 3.5 or higher (for 9th grade current GPA is used)

Graduating Year	2025-2026	2024-2025	2023-2024
Class of 2024	-	-	42
Class of 2025	-	39	36
Class of 2026	38	37	39
Class of 2027	31	29	36
Class of 2028	46	53	-
Class of 2029	53	-	-



LCS 6-12 Athletic Participation

SVL Scholar Athletes

- **Saginaw Valley League**
 - Must have a cumulative GPA of 3.3 or higher
 - Second year on team of same sport, one of them being varsity

Graduating Year	2025-2026	2024-2025	2023-2024
Class of 2024	-	-	43
Class of 2025	-	43	47
Class of 2026	41	40	28
Class of 2027	29	19	-
Class of 2028	31	-	-
Class of 2029	-	-	-



LCS 6-12 Athletic Participation

2025-2026 Male Multi-Sport Athletes

Graduating Year	# of Male Athletes	# of Male Multi-Sport Athletes	Multi-Sport Rate
Class of 2026	49	24	50%
Class of 2027	41	20	48.8%
Class of 2028	71	29	40.8%
Class of 2029	70	30	42.9%
Class of 2030	59	28	47.5%
Class of 2031	51	27	52.9%
Class of 2032	14	3	21.4%

THE PROCESS





LCS 6-12 Athletic Participation

2025-2026 Female Multi-Sport Athletes

Graduating Year	# of Female Athletes	# of Female Multi-Sport Athletes	Multi-Sport Rate
Class of 2026	41	20	48.8%
Class of 2027	44	15	34.1%
Class of 2028	53	21	39.6%
Class of 2029	57	22	38.6%
Class of 2030	56	22	39.3%
Class of 2031	51	17	33.3%
Class of 2032	12	3	25%

THE PROCESS

