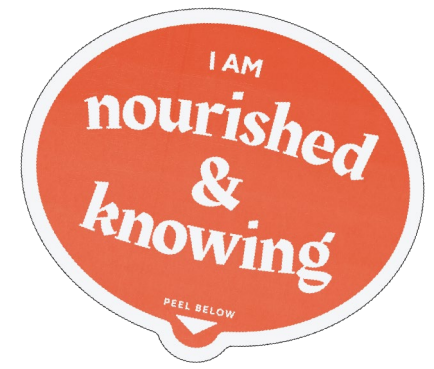


Step 1

Extent To Which the Local Wellness Policy (LWP) Complies with USDA Requirements and Compares to a Model Policy Assessment Tool



Complete one of the LWP assessment tools listed below. Check the box next to the tool used. Retain a copy of the completed comparison assessment.

- ☒ Alliance for a Healthier Generation 10-step Checklist (see pages 2-5 of this document)
- ☐ [The WellSAT School Assessment Tool](#)

Open the completed comparison assessment and respond to the following questions based on the responses.

1. List areas of strength in the wellness policy:

- a. The new, fully amended policy adopted on May 11, 2026 encompasses the areas the District needs to focus on to implement a meaningful and comprehensive Wellness Policy.
- b. Provides a roadmap for the District to develop and maintain a plan to manage and coordinate the execution of the wellness policy through a defined District Wellness Committee (DWC).
- c. Promotes integrating wellness activities across the entire school setting, not just in the cafeteria, other food and beverage venues and physical activity facilities.

2. List opportunities for improvement in the wellness policy:

- a. Enhance District wide awareness and education of the wellness policy.
- b. Increase participation and involvement across the District and Community to provide curriculum, instruction and experiences in a health-promoting school environment to instill habits of lifelong learning and health.
- c. Ongoing evaluation of the wellness policy by the DWC.

3. As a result of the comparison, was new language adopted in the LWP?

- ☒ Yes - (complete notes section & question 4)
- ☐ No(skip to question 5)

Notes: The entire policy was rewritten

4. Have the changes been approved by the board?

- ☒ Yes - The BOE approved the Adoption of the new School Wellness Policy (5417) May 11, 2026
- ☐ No

5. Describe the next steps for strengthening your LWP.

The District will convene a representative District Wellness Committee (“DWC”) or work within an existing school health committee that meets at least three times per year to establish goals for and oversee school health and safety policies and programs, including development, implementation and periodic review and update of this District wellness policy.

The DWC membership will represent all school levels and include (to the extent possible), but not be limited to: parents/guardians (2) ; the Director of School Nutrition (1); physical education teachers and health education teachers (6); FACS teachers (1); as well as school and district administrators (2).

Skip & delete the following pages if utilizing the WellSAT tool to complete the model policy comparison.

Alliance for a Healthier Generation 10-step Checklist



According to 7 CFR 210.31(e)(2), all School Food Authorities (SFAs) are required to complete an assessment of their compliance with their local wellness policy (LWP) at least once every three years and make this assessment available to the public by posting assessment responses/documentation to your school/district/residential child care institution (RCCI) website.

The local wellness policy (LWP) triennial assessment must be completed by **June 30, 2026**. Non-compliance with this requirement will result in a hold of the SFAs Child Nutrition Program claims for reimbursement until this requirement is met.

The questions contained in this survey have been taken from the Alliance for a Healthier Generation's LWP assessment.

This survey outlines the ten required components of the LWP as defined by the USDA final rule of 2016. SFAs can use this checklist with Healthier Generation's Model Wellness Policy to revise/update their LWP to ensure that it meets federal requirements. Healthier Generation's Model Wellness Policy includes model language for the required components, as well as resources to support implementation.

Please provide your SFA's information and then select the rating that applies to your LWP for each of the 10 questions below.

The rating scale is:

2 = Current policy includes **all** required language for this component

1 = Current policy includes **some** of the required language for this component

0 = Current policy includes **none** of the required language for this component



Please provide your SFA's information in the space provided below.

School/District/RCCI name:	Fremont Public Schools
Agency ID Number/Agreement Number	270001
Wellness policy contact name	Jeff Glosser
Wellness policy contact email address	jeff.glosser@fpsmail.org

1. The policy identifies one or more district/school/RCCI official(s) who have the authority and responsibility for ensuring that each site complies with the policy.

Rating 2

The Superintendent or designee(s) will convene the DWC and facilitate development of and updates to the wellness policy, and will ensure each school's compliance with the policy.

2. The policy includes language inviting parents, students, representatives of the school food authority (SFA), teachers of physical education, health professionals, the school/RCCI board, administrators, and the general public to participate in the development, implementation, review and update of the LWP.

Rating 2

The DWC membership will represent all school levels and include (to the extent possible), but not be limited to: parents/guardians (2); the Director of School Nutrition (1); physical education teachers and health teachers (6); as well as school and district administrators (2)

3. The policy includes language describing the methods for informing the public (including parents, students, and others in the community) about the LWP, and updates this information on an annual basis.

Rating 2

The District will promote to parents/caregivers, families, and the general community the benefits of and approaches for healthy eating and physical activity throughout the school year. Families will be informed and invited to participate in school-sponsored activities and will receive information about health promotion efforts.

The District will use electronic mechanisms (e.g. email or displaying notices on the District's website), as well as non-electronic mechanisms, (e.g., newsletters, presentations to parents or sending information home to parents), to ensure that all families are actively notified of opportunities to participate in school-sponsored activities and receive information about health promotion efforts.

4. The policy includes language that outlines the triennial assessment. At least once every three years, the following is measured and made available to the public:

Rating 2

- The wellness committee will create an action plan that fosters implementation and generates an annual progress report.



- The DWC will update or modify the wellness policy based on the results of the annual assessment and/or as District priorities change; community needs change; wellness goals are met; new health science, information, and technology emerges; and new Federal or State guidance or standards are issued.
- The wellness policy will be assessed and updated as indicated at least every three years, following the triennial assessment.

5. The policy includes nutrition standards for all foods and beverages sold on the school campus during the school day that are consistent with federal regulations for school meals and the Smart Snacks in Schools nutrition standards.

Rating 2

- All schools within the District that participate in USDA child nutrition programs, including the National School Lunch Program (NSLP), the School Breakfast Program (SBP), the Fresh Fruit and Vegetable Program (FFVP) will meet the nutrition requirements of such programs
- The District is committed to ensuring that all foods and beverages available to students on the school campus during the school day support healthy eating. The foods and beverages sold and served outside of the school meal programs will meet the USDA Smart Snacks in School nutrition standards at a minimum

6. The policy includes standards for foods and beverages provided, but not sold, to students during the school day (e.g. in classroom parties or classroom snacks brought by parents).

Rating 2

- The District is committed to ensuring that all foods and beverages available to students on the school campus during the school day support healthy eating. The foods and beverages sold and served outside of the school meal programs will meet the USDA Smart Snacks in School nutrition standards at a minimum.

7. The policy includes specific goals for nutrition education and promotion activities.

Rating 2

- The District will teach, model, encourage and support healthy eating by all students. Schools will provide education and engage in nutrition promotion that: - ...provide students with knowledge and skills necessary to promote and protect their health
- ...integrated into other classroom instruction through subjects such as math, science, language arts, social studies and elective subjects.
- ...includes enjoyable, developmentally appropriate, culturally relevant and participatory activities
- ...promotes fruits and vegetables, whole grain products, low fat and fat free dairy products and healthy food preparation methods



- ...emphasizes caloric balance between food intake and energy expenditure (promotes physical activity/exercise)
- ...Includes nutrition education training for teachers and other staff

8. The policy includes requirements for marketing and advertising of only those foods and beverages that meet the USDA Smart Snacks in School nutrition standards on the school campus during the school day.

Rating 2

- Any foods and beverages marketed or promoted to students on the school campus during the school day will meet or exceed the USDA Smart Snacks in School Nutrition standards...

9. The policy includes specific goals for physical activity opportunities.

Rating 2

- Children and adolescents should participate in at least 30 minutes of activity every day...through a comprehensive school physical activity program...Schools will ensure that these varied physical activity opportunities are in addition to, and not as a substitute for, physical education
- All elementary students in each grade level will receive physical education for at least 60 minutes per week throughout the school year
- All secondary students (middle and high school) are required to take the equivalent of one academic year of physical education.
- All elementary schools will offer at least 20 minutes of recess on all days during the school year...
- Offer classroom physical activity breaks (Elementary and Secondary) - Before and after school activities
-

10. The policy includes specific goals for other school-based activities that promote student wellness.

Rating 2

- The District will integrate wellness activities across the entire school setting, not just in the cafeteria, other food and beverage venues and physical activity facilities.
- The District will coordinate and integrate other initiatives related to physical activity, physical education, nutrition, and other wellness components so all efforts are complementary, not duplicative, and work towards the same set of goals and objectives promoting student well being, optimal development and strong educational outcomes.

Discussion/Notes:

The District created a new Wellness Policy which takes the place of the policy used in the 2023 Triennial Assessment. This policy was adopted by the Fremont Public Schools Board of Education on May 11, 2026. It encompasses the areas the District needs to focus on to plan and implement a meaningful and comprehensive Wellness Policy while following the Alliance for a Healthier Generation 10-step Checklist.

