

Step 2

Progress in Reaching Local Wellness Policy (LWP) Goals & Compliance with the Wellness Policy



At a minimum, wellness policies are required to include:

- Specific goals for each of the following areas:
 - Nutrition promotion and education
 - Physical activity
 - Other school-based activities that promote student wellness
- Standards and nutrition guidelines for all foods and beverages sold to students on the school campus during the school day that are consistent with federal regulations for school meal nutrition standards, and the Smart Snacks in School nutrition standards.
- Standards for all foods and beverages provided, but not sold, to students during the school day (e.g., in classroom parties, classroom snacks brought by parents, or other foods given as incentives).
- Policies for food and beverage marketing that allow marketing and advertising of only those foods and beverages that meet the Smart Snacks in School nutrition standards.
- Description of public involvement, public updates, policy leadership, and evaluation plan.

Instructions - Progress in Reaching LWP Goals:

Using the template below, identify the language that is currently included in the LWP for each goal area and indicate whether the goal was met, partially met, or not met. Provide a summary of the progress made towards each goal for each grade level (elementary, middle school, high school) within your school/district/Residential Child Care Institution (RCCI).

1. Nutrition Education Goal/Nutrition Promotion Goal (REQUIRED)

Nutrition standards for all foods and beverages sold on all school campuses during the school day are consistent with Federal regulations for school meal nutrition standards, and the Smart Snacks in School nutrition standards.

a. Was the goal met?

☒ **Yes** - the school district met this goal across all grade levels.

☐ **Partially** -

☐ **No** -

b. Provide a summary of what was achieved across each grade group within your school/district/RCCI to meet Goal #1: Nutrition Education Goal/Nutrition Promotion Goal. If the goal was partially met or not met, explain what steps the school/district/RCCI will take to meet the goal. Type N/a for any grade level(s) not included in your school/district/RCCI.

- **Elementary School** : This goal was met at all Elementary Schools. This was identified in partnership with our vendors and USDA/NDE.
- **Middle School** : This goal was met at the Middle School. This was identified in partnership with our vendors, USDA/NDE Regulations and using the NDE Smart Snacks calculator.
- **High School** : This goal was met at the High School. This was identified in partnership with our vendors, USDA/NDE Regulations and using the NDE Smart Snacks calculator.

2. Physical Activity Goal (REQUIRED)

All students will be provided equal opportunity to participate in physical education classes.

a. Was the goal met?

☒ **Yes** - the school district met this goal across all grade levels.

☐ **Partially** -

☐ **No** -

b. Provide a summary of what was achieved across each grade group within your school/district/RCCI to meet Goal #2: Physical Activity Goal. If the goal was partially met or not met, explain what steps the school/district/RCCI will take to meet the goal. Type N/a for any grade level(s) not included in your school/district/RCCI.

- **Elementary School** : All Elementary grade levels across the District received at least 60 minutes per week throughout the school year. In addition to these hours, the District

offers opportunities to participate in physical activity either before and/or after school day through activity clubs and after school programming.

- **Middle School** : All Secondary students are required to take the equivalent of one academic year of physical education. In addition, the District offers opportunities to participate in physical activity either before and/or after the school day through physical activity clubs and inter scholastic sports.
- **High School** : All Secondary Students are required to take the equivalent of one academic year of physical education . In addition, the District offers opportunities for students to participate in physical activity either before and/or after the school day through physical activity clubs, intramurals or interscholastic sports.

3. Other Student/School Wellness Goal 1 (REQUIRED)

The District will integrate wellness activities across the entire school setting, not just in the cafeteria, other food and beverage venues and physical activity facilities.

a. Was the goal met?

☒ **Yes** - the school district met this goal across all grade levels.

☐ **Partially** -

☐ **No** -

b. Provide a summary of what was achieved across each grade group within your school/district/RCCI to meet Goal #3: Other Student/School Wellness Goal. If the goal was partially met or not met, explain what steps the school/district/RCCI will take to meet the goal. Type N/a for any of the grade level(s) not included in your school/district/RCCI.

- **Elementary School** : Health education will be required in all elementary grades.
- **Middle School** : The District will require middle school students to take and pass at least one health education course.
- **High School** : The District will require high school students to take and pass at least one health education course.

4. Additional Goal (Optional)

Not Applicable

a. Was the goal met?

☒ **Yes** - the school/district/RCCI met this goal across all grade levels.

☐ **Partially** - the school/district/RCCI met this goal for some grade levels but did not meet this goal for other grade levels

No - the school/district/RCCI did not meet this goal across all grade levels.

b. Provide a summary of what was achieved across each grade group within your school/district/RCCI to meet this Additional Goal. Type N/a for any of the grade level(s) not included in your school/district/RCCI.

- **Elementary School** : Delete this text and type your response here...
- **Middle School** : Delete this text and type your response here...
- **High School** : Delete this text and type your response here...

Extent of Compliance with Wellness Policy

Instructions for Districts with Multiple School Buildings:

Districts with multiple school buildings will need to indicate the extent of compliance for each building for the following wellness policy requirements. Practices for each building should align with the district wellness policy.

If your district has an internal procedure for collecting this data (e.g., Google form, Excel spreadsheet, etc.), you may provide a link to a copy of that file in lieu of completing the section below. Alternatively, you may opt to complete the section below to indicate extent of compliance for each building; however, if multiple levels of compliance are checked (e.g., some school buildings are compliant while others are partially compliant), you will need to indicate the number of schools that fall into each category in the Notes section.

Instructions for Single Site Schools/Districts & RCCIs:

Single site schools/districts and RCCIs - indicate your school's/district's/RCCIs extent of compliance for the following wellness policy requirements. Practices should align with written wellness policy.

1. Federal/State Meal Standards (e.g., School Meals and Smart Snacks)

Not Compliant (if checked, complete notes section below)

Partially Compliant (if checked, complete notes section below)

X Compliant (skip to question 2): All Schools are compliant with this standard

Notes: The Wellness policy outlines following all the guidelines established by the USDA/NDE within the National School Lunch Program (NSLP), the School Breakfast Program (SBP), the Fresh Fruit and Vegetable Program (SFVP) and the Smarts Snacks Standards.

2. Foods/Beverages Offered but Not Sold Standards (e.g., classroom/school celebrations)

Not Compliant (if checked, complete notes section below)

Partially Compliant (if checked, complete notes section below)

X Compliant (skip to question 3)

Notes: This new policy spells out this directive . A copy of this Board approved policy has been sent to the building level Principal for guidance as we move into the 2026/27 School Year.

3. Food/Beverage Marketing and Advertising Standards

Not Compliant (if checked, complete notes section below)

Partially Compliant (if checked, complete notes section below)

X Compliant (skip to question 4)

Notes: Any foods and beverages marketed or promoted to students on the school campus during the school day will meet or exceed the USDA Smart Snacks in School nutrition standards or, if stronger, state nutrition standards, such that only those foods that comply with or exceed those nutrition standards are permitted to be marketed or promoted to students.

4. Describe how the public (parents, community members, etc.) were included and/or invited to participate in the LWP development, implementation, review, and update.

The District will convene a representative District Wellness Committee (“DWC”) or work within an existing school health committee that meets at least three times per year to establish goals for and oversee school health and safety policies and programs, including development, implementation and periodic review and update of this District wellness policy.

The DWC membership will represent all school levels and include (to the extent possible), but not be limited to: parents/guardians (2) ; the Director of School Nutrition (1); physical education teachers and health education teachers (6); FACS teachers (1); as well as school and district administrators (2).

Discussion/Notes:

The district created a new Wellness Policy which takes the place of the policy used in the 2023 Triennial Assessment. This policy was adopted by the Fremont Public Schools Board of Education on May 11, 2026. It encompasses the areas the District needs to focus on to plan and implement a meaningful and comprehensive Wellness Policy while following the Alliance for a Healthier Generation 10-step Checklist.