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Reading School District Middle School Breakfast Menu April 2026



Meal Prices
 Adult Breakfast Meal - \$3.00 Adult Lunch Meal - \$5.00

 Breakfast meal must select 3 food items and one of the foods Must be a fruit or juice. *** Offered Daily: Cereal & Nature Valley Crisp	Monday	Tuesday	Wednesday	Thursday	Friday
			1-Apr	2-Apr	3-Apr
Daily Juice Variety: Only 1 Juice Allowed w/Meal - Apple Juice - Grape Juice - Fruit Punch - Orange Juice			No School	No School	No School
	6-Apr	7-Apr	8-Apr	9-Apr	10-Apr
 Fruit & Vegetable Options* - Carrots - Cucumbers - Broccoli - Cauliflower - Celery - Sugar Snap Peas - Apples - Bananas - Peaches - Pears - Pineapple - Strawberries - Grapes ** Fruit & Vegetable Provided Depend On Availability	Yogurt Smoothie w/Oatmeal Round	Cinnamon or Mocha Crumble	Breakfast Sandwich	Mini French Toast	Apple Glazed Donut Holes
	Fresh Fruit Assorted Milk	Fresh Fruit 100% Fruit Juice Assorted Milk	Fresh Fruit Fruit Bar Assorted Milk	Fresh Fruit 100% Fruit Juice Assorted Milk	Fresh Fruit Fruit Crisps Assorted Milk
 Milk 1% and Skim White Skim Chocolate (Soy Milk is available for students w/dairy allergies)	13-Apr	14-Apr	15-Apr	16-Apr	17-Apr
	Waffles	Banana Bread Slice	Egg & Cheese Scrambler	Mini Pancakes	Mini Bagels w/ Cream Cheese
 HEALTHY EATING	Fresh Fruit Fruit Crisps Assorted Milk	Fresh Fruit 100% Fruit Juice Assorted Milk	Fresh Fruit Fruit Bar Assorted Milk	Fresh Fruit 100% Fruit Juice Assorted Milk	Fresh Fruit Fruit Crisps Assorted Milk
	20-Apr	21-Apr	22-Apr	23-Apr	24-Apr
 The Knight Breakfast Meal Deal * Don't Forget- Take at least ONE fruit or juice, And at least Three items in total to be a complete meal! Choose <u>ONE</u> Entree: Daily Entree Special Choose up to TWO Sides of Fruit: Fresh Fruit Fruit Cup Fruit Juice (only 1 serving) *Menu is subject to Change* The institution is an equal opportunity provider.	Yogurt Smoothie w/Oatmeal Round	Cinnamon or Mocha Crumble	Breakfast Sandwich	Mini French Toast	Apple Glazed Donut Holes
	Fresh Fruit Assorted Milk	Fresh Fruit 100% Fruit Juice Assorted Milk	Fresh Fruit Fruit Bar Assorted Milk	Fresh Fruit 100% Fruit Juice Assorted Milk	Fresh Fruit Fruit Crisps Assorted Milk
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	Waffles	Banana Bread Slice	Egg & Cheese Scrambler	Mini Pancakes	
 The Knight Breakfast Meal Deal * Don't Forget- Take at least ONE fruit or juice, And at least Three items in total to be a complete meal! Choose <u>ONE</u> Entree: Daily Entree Special Choose up to TWO Sides of Fruit: Fresh Fruit Fruit Cup Fruit Juice (only 1 serving) *Menu is subject to Change* The institution is an equal opportunity provider.	Fresh Fruit Fruit Crisps Assorted Milk	Fresh Fruit 100% Fruit Juice Assorted Milk	Fresh Fruit Fruit Bar Assorted Milk	Fresh Fruit 100% Fruit Juice Assorted Milk	