



SUMMER

STRENGTH & CONDITIONING & SPORT SPECIFIC INSTRUCTION

Athletes,
Edgewood ISD will be offering many opportunities this summer for athletes to stay active, improve skills, and get a head start on the 2026-2027 school year. We encourage all incoming 7th through 12th grade athletes to attend as often as possible.

Coaches will be on campus daily leading strength and conditioning sessions along with sport specific workouts. Camps and activities will be led by the head coaches and coaching staffs.

If you have questions, please contact the Athletic Office at 903-896-4332 ext. 8163, email jseale@edgewood-isd.net, or contact your head coach directly. All information and forms can also be found on the Edgewood ISD Athletic webpage.

STRENGTH AND CONDITIONING No Fee Incoming 7th through 12th Grade

Monday through Thursday 8:00 AM to 10:00 AM

June 1-4, June 8-11, June 15-18, June 22-25, July 6-9, July 13-16

SPORT SPECIFIC INSTRUCTION NO FEE

Volleyball, Girls Basketball, Boys Basketball 10:15 AM to 11:15 AM

Tuesday 7 on 7 Football: 11:15 AM to 12:15 PM

Girls Basketball: June 1, 3, 8, 10, 15, 17, 22, 24 and July 6, 8, 13, 15

Boys Basketball: June 1, 3, 8, 10, 15, 17, 22, 24 and July 6, 8, 13, 15

Football: June 2, 4, 9, 11, 16, 17, 23, 25 and July 7, 9, 14, 16

Volleyball: June 2, 4, 9, 11, 16, 17, 23, 25 and July 7, 9, 14, 16

SUMMER LEAGUES FEES\$\$ Contact Head Coach for information

Girl Basketball: June 2, 9, 26, 23 Games played in Edgewood

Boys Basketball: June 1, 8, 15, 22 Games played in Edgewood

Football 7 on 7: June 2 (Canton), June 9 (Terrell), June 16 (Rains), June 23 (Edgewood)

SPORT CAMPS information has been published and may be found online at <https://www.edgewood-isd.net/page/summer-camps>. (NOTE: High School Volleyball TEAM camp is TBD)

SPORTS PHYSICALS The date for sports physicals has not yet been finalized but will take place during the week of July 27-31. The district will release the official date as soon as it is confirmed by the doctors.

All athletes must have a completed UIL physical on file with the athletic office before participating in any sport during the 2026-2027 school year.

The UIL physical form can be found on the school website and must be completed by both the parent/guardian and physician. The form has also been sent multiple times through Rank One..