2025-26 Milton Girls Weightlifting Schedule

Dates	**Opponent**	**Location**	**Time**
October 23rd ***Thursday***	"Meet the Panthers"	Home	4:00 p.m.
November 13th ***Thursday***	Central	Home	4:00 p.m.
November 20th ***Thursday***	Fort Walton Beach	@ FWB	4:00 p.m.
December 4th ***Thursday***	Jay	Home	4:00 p.m.
December 11th ***Thursday***	Washington	Home	4:00 p.m.
January 5th ***Thursday***	**Gulf Breeze**	@ Gulf Breeze	4:30 p.m.
Jan 19-24th	District	TBA	TBA
January 28-31, 2026	Regionals	TBA	TBA
February 11-13, 2026	State	RP Funding Center Lakeland, FL	TBA

Head Coach: Markus Green

Assistant Coach: Ryan Vandervort

Principal: Tim Short

Athletic Director: George Blake

Dean: Derek Freeman, Savannah Cole

All meet dates/times are subject to change as necessary due to weather or other conditions and/or circumstances.