

CUBA INDEPENDENT
SCHOOL DISTRICT
ATHLETIC HANDBOOK
2025-2026



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STUDENT HANDBOOK SUPERCEDES THIS HANDBOOK

Introduction

This handbook is the basic framework of reference for administrators, coaches, and other personnel involved in the athletic programs sponsored by the Cuba Independent School District. The objective of this handbook is to improve efficiency, consistency, and uniformity in district policy while implementing a wide variety of athletic programs. Therefore, all coaches, administrators, and any other personnel involved with the athletic programs will be expected to have a thorough and working knowledge of its contents.

Cuba independent School Philosophy of Athletics

Cuba Independent School District views athletics as an integral part of students' overall education. Although offered to every student that meets eligibility requirements, participation in the athletic program is a privilege and not a right. Each student must realize that a serious commitment is necessary when making the decision to participate in the athletic program.

Student athletes have the opportunity to acquire lifelong skills, such as: leadership, cooperation, reliability, dependability, sportsmanship, self-discipline, and a hard work ethic. A major goal of interscholastic athletic programs is designed to provide the opportunity for maximum development of each participant's potential. Each program should provide a positive environment for the development of physical and mental skills through extra curricular competition.

Chain of Command Structure

Within our District's Athletic Program, the following chain of command has been established. Except under extraordinary circumstances, individuals must not "skip" a step in the chain. Hopefully, this simple, linear structure will serve well for all necessary communications.



Code of Ethics for School Personnel

The following are professional and ethical standards under which school employees or contractors associated with interscholastic activities are expected to act in performing their roles. Failure to act within the following standards may subject them to disciplinary actions.

We, professional educators of New Mexico, affirm our belief in the worth and dignity of humanity. We recognize the supreme importance of the pursuit of truth, the encouragement of scholarship, and the promotion of democratic citizenship. We regard as essential to these goals the protection of freedom to learn and to teach with the guarantee of equal educational opportunity for all. We affirm and accept our responsibility to practice our profession according to the highest ethical standards. We acknowledge the magnitude of the profession we have chosen, and engage ourselves, individually and collectively, to judge our colleagues and to be judged by them in accordance with the applicable provisions of this code:

- Commitment to the Student
- Commitment to the Community
- Commitment to the Profession
- Commitment to the Professional Employment Practices

Pursuing Victory With Honor

At its best, athletic competitions can hold intrinsic value for our society. It is a symbol of a great ideal: pursuing victory with honor. The love of sports is deeply embedded in our national

consciousness. The values of millions of participants and spectators are directly and dramatically influenced by the values conveyed by organized sports. Thus, sports are a major social force that shapes the quality and character of the American culture. In the belief that the impact of sports can and should enhance the character and uplift the ethics of the nation, we seek to establish a framework of principles and a common language of values that can be adopted and practiced widely. The main principles are as follows:

- Promote sportsmanship and foster good character by teaching, enforcing, advocating and modeling the “Six Pillars of Character”: trustworthiness, respect, responsibility, fairness, caring, and good citizenship.
- Conduct sports programs in a manner that enhances the mental, social and moral development of athletes and teaches positive life skills that will help them become personally successful and socially responsible.
- Consistently demonstrate and demand scrupulous integrity and observe and enforce the spirit as well as the letter of the rules.
- Cheer for your team/son/daughter in a positive manner, never yell negative remarks. This will not be tolerated.

Athletic Department Objectives

The objectives of the Cuba Independent Schools’ athletic programs shall be as follows:

1. To encourage the highest standards of sportsmanship, respect for oneself and others, and character education.
2. To serve as representatives of the Association, school, and their community.
3. To encourage the maximum number of participants within the total interscholastic program.
4. To develop interscholastic programs that are competitive and strive to field the best representative team possible.
5. To further an appreciation for optimum health and physical fitness in student participants.
6. To instill in all participants the desire to represent their school in a manner that will make parents, community, and school personnel proud of them.
7. To instill ownership in all students at our school district.
8. To motivate all students to grow personally, academically, and athletically through interscholastic competition.
9. To involve mid school and elementary programs k – 12 as much as possible.

Athletic Director/Athletics Coordinator

The Director and Coordinator of Athletics shall act on behalf of the Superintendent in all delegated matters. Specifically, they are responsible for the overall coordination and oversight of all athletic programs within Cuba Independent Schools.

This includes the following:

- Provide district requisitions for athletic gear.
- Coordinate payment of services (officials, meals, lodging, etc.)
- Secure officials for all varsity and junior varsity contests.
- Provide information on coaching licensure classes for area coaches.
- Provide transportation requests for all athletic trips.
- Provide Purchase Orders for meals on all athletic trips.
- Facilitate safety repair and inspection of athletic equipment.
- Coordinate coaches increment schedule with administration.
- Disseminate athletic information to athletic office.
- Coordinate district athletic passes.
- Serve as a liaison between schools.
- Interpret NMAA regulations to district schools.
- Distribute physical examination and athletic insurance information packets.
- Develop and update a district handbook.
- Update/Post schedules on website.
- Make recommendations for budget requests from Athletic Directors input.
- Be a liaison between the NMAA and schools regarding state regulations.
- Consolidate injury report forms.
- Assist in providing facility recommendations.
- Representation at district athletic meetings.
- Eligibility of athletes.
- Complete season reports for the NMAA.
- Find volunteers to run score clocks and score books.
- Complete required forms needed by the NMAA.
- **TICKET SALES:** The Athletic Coordinator shall select, instruct ticket sellers and takers for all home games, direct the care, safe keeping and accounting of all money derived from the athletic contest.

Game Management and Supervision

Supervise game preparation, including facilities.

Coaches' Assignments

All approved coaching positions will be recommended by the Athletic Director.

Coaches Duties

1. DUTIES

Coaches will be licensed personnel, who are regularly employed by the school district. Any deviation from this requirement must be by recommendation of the Athletic Director, on an individual basis, with a reason stating the deviation.

2. On team game day coaches and athletes must wear. (ie.) assigned team warm-ups, dress clothes, or presentable school colored clothing. Basketball and Volleyball Coaches should not be wearing blue jeans on game days. For other sports coaches should dress appropriately for their venue of coaching.

Specifically, the Coaches duties are:

- a. Properly supervise all practices, games, and related events.
- b. Conduct a preseason meeting with parents and student athletes to emphasize team rules, eligibility requirements, training regulations, team goals and objectives for the current season, etc.
- c. Before any student can begin practice an athletic packet with proof of insurance and physical must be given to the athletic coordinator. This will be strictly enforced.
- d. Be accountable for all equipment and supplies in their charge. An inventory should be submitted at the end of each season. Any item not returned or lost will be paid for by the athlete, at replacement cost.
- e. Submit to the athletic coordinator a list of equipment and supplies needed for the following year.
- f. Coaches desiring changes in their schedule for the following year should give the athletic coordinator a list of schools they would be interested in playing.
- g. Report any accidents and/or injuries to the athletic coordinator or director.
- h. Coordinate tournaments or track meets.
- i. A coach shall not dictate to an athlete what sport they can or cannot play. Each dual athlete will declare a primary and secondary sport. Both coaches are to support the dual athletes primary sport declaration. Coaches should work together on practice times that benefits the student and sport. (i.e. district tournament week of ending sport vs. early season of other sport.)
- j. The head coach should provide input for the feeder programs at the middle schools.
- k. Must turn in prior to the beginning of the season a list of rules and regulations with disciplinary procedures for violations to the athletic coordinator or director.
- l. Season record and highlights at the end of the season.
- m. Requests for athletic awards for athletic banquet/Orders for senior parent night.
- n. Athletes are students first, therefore academics always come before Athletics.
- o. Set – up fields/courts before games, and set-up officials in the appropriate dressing rooms.
- p. Locking up facilities and making sure facilities are secure after practice and games.

- q. Coaches are responsible for supervision of their athletes before practice begins. One coach should be there by 2:45 p.m.
- r. Remain with students until they are picked up.

3. MEETINGS

The Athletic Director/Coordinator may schedule periodic meetings as the need arises. Attendance at NMAA clinics is mandatory for head varsity coaches and cheerleader sponsors for their specific sport. Head Coaches who do not attend the NMAA clinics will be responsible to pay the penalty charged to the school for non-attendance.

4. NEW MEXICO HIGH SCHOOL COACHES ASSOCIATION

All coaches in the Cuba Independent Schools District are urged to become members of the NMHSCA. For athletes to be considered for North/South All Star games, coaches are required to be members of the association. When funds are available memberships will be paid for all head coaches.

Coaches are responsible for paying for their own coaching license.

5. MEALS

Purchase Orders for meals should be used to feed teams, an itemized receipt with the address of the restaurant should be turned in along with a sign-up sheet with each athlete, manager, coach, and bus drivers' signature.

6. MANAGERS

Managers for high school athletic programs should be high school students.

7. ATHLETIC AWARDS

Individual awards can be earned in each sport throughout the athletic season. Each athletic program can award up to 8 (eight) individuals for Varsity and JV competition (8 awards per head coach), not counting certificates of participation or varsity letter certificates. These awards will be presented at the fall, winter, or spring awards ceremony/banquet/assembly. Date and time of the awards ceremony/banquet/assembly will be determined by the Athletic Director and will not interfere with other district activities. Criteria for each individual award for each program can be obtained from the head coach of that program. Number of awards may be adjusted based on the number of participants (or lack of) and any other unusual happenings in a season. All coaches from each seasonal sport will help plan, set-up, monitor, and clean-up awards ceremony/banquet/assembly.

8. EQUIPMENT, END OF SEASON REPORTING

At the end of each season, head coaches must submit the following items.

1. Inventory of Equipment.
2. Season Records and Highlights.
3. Equipment needs for the following season.
4. Purchase Requisition for Awards.

All equipment must be accounted for before the entire coaching staff will receive their last check for coaching.

9. FUND RAISING/ACTIVITY ACCOUNTS

The Athletic Director must approve all fund-raising activities pertaining to any of the athletic programs. This includes asking for donations or sponsorships. All accounts must be handled through the school.

POLICIES OF THE ATHLETIC DEPARTMENT

1. General Policies

Athletic Programs offered include: High School Football, Volleyball, Cross-Country, Boys & Girls Basketball, Boys and Girls Track, Powerlifting, Esports, FFA, Spirit, Boys and Girls Swimming Team.

Middle School – Football, Volleyball, Boys/Girls Basketball, Spirit, Track. Elementary – K-5 Soccer, 3-6 Boys/Girls Basketball, K-2 Tee ball, K-5 Volleyball

2. Eligibility Standards for Athletics

All NMAA rules and regulations will apply to all students who wish to participate in the extra curricular programs offered within the Cuba Independent Schools District.

A student shall have passed a minimum of four classes, not failed more than one, and had a grade point average of 2.0 or better for the immediate previous grading period. A grade of “INC” will be counted as an “F” for eligibility purposes. Eligibility status cannot be changed on an athlete once the teacher/s have input their grades.

3. Basic Eligibility Standards

According to the NMAA rules the student is eligible if he/she meets each of the following standards:

1. You are eligible if your parents have signed the parent consent form stating there are no objections to your participating in athletic contests.

2. You are eligible if you have filed a form with the school indicating you have passed a current physical examination, have health accident, and injury insurance, and have catastrophic insurance.
3. If you are a regularly enrolled student in the 7th, 8th, 9th, 10th, 11th, or 12th grade.
4. You are eligible if you have attended high school, grades 9 – 12, less than eight semesters.
CHECK NMAA RULING.
5. You are eligible if you do not become nineteen years of age before Sept. 1 of the present school year.
6. You are eligible if you have not participated in more than four seasons, including the current season, in any sport during grades 9 – 12.
7. You are eligible if you pass five subjects last semester, do not fail more than one and have a 2.0 G.P.A. or better during the previous grading period.
8. You are eligible if you are currently passing five subjects at the present time this semester.
9. You are eligible if you have not transferred to or from a private, parochial, or boarding school within one semester.
10. Student athletes will also be required to complete weekly grade checks. If a student athlete fails a class, he/she will be put on probation for one week. If the student athlete does not bring the grade up to a passing mark, that student will become ineligible for one week. Grade checks will be completed every Monday. Coaches are responsible for the enforcement of this policy.

4. Attendance, Absences, & Tardies

- A. Activity members are required to adhere to the CISD Attendance Policy.
- B. Activity members must attend school the day before and the day after each activity, contest, or event. Any exceptions are death in the family, written doctor or dental excused, or other approved family emergencies.
- C. Activity members are required to attend school 51% of the regular school day to be eligible to participate in the activity, contest, or event on that school day. Friday is an extension of the weekend.
- D. If an activity member is absent more than 51% from school, they cannot report for practice on that given day unless a medical or dental excuse is provided.
- E. An injured activity member shall report to activity sessions and meetings unless excused by the sponsor/coach. An activity member can continue to observe and help the team as much as their condition allows.
- F. Activity members are expected to attend all scheduled practices and meetings. If circumstances should arise whereby a participant cannot attend an activity, contest, or event, the participant shall notify the sponsor/coach PRIOR to the activity, contest or event. The notification can be their parent or guardian through a written statement, telephone call, text or email.
- G. The Sponsor/Coach must determine the validity of any missed activity, contest, or event. The time when a student may return to participation is at the discretion of the sponsor/coach.
- H. Activity members should take notice that there may be activities, contests, or events during certain scheduled vacations and Saturdays.

5. Other student responsibilities

- a. Student must comply with all rules and regulations established to govern Cuba Independent Schools. Such rules and regulations are in the District Policy Handbook, Athletic Handbook, and Student Handbook, and the Declaration of the Dual Sport Participation agreement.
- b. No student can participate in practices or games unless he/she has on file with the athletic coordinator a completed athletic packet.
- c. Students will ride to and from games with the team unless there is written documentation from the parent/guardian.
- d. Students will accept responsibility for taking care of all equipment issued to them. Students will pay for all equipment not returned at the completion of the season.
- e. Coaches of all sports will have rules for their sport, which are in addition to the rules in this handbook. Athletes must have a signed letter stating that they understand the team rules and will abide by the rules.
- f. To participate in a contest, students must be present in school the day before, and the day of the contest.
- g. Use, possession, distribution of tobacco products or vapes will result in a one-week suspension from the team for each offense.
- h. You may not participate in another sport, except practice until all equipment from a previous sport is turned in or paid for.

6. Letters and Awards in Athletics

All coaches should strictly enforce the following guidelines,

To earn a letter:

- Cross Country - must complete the entire season and play in at least 50% of the meet.
- Volleyball – must complete the entire season and play in at least 50% of varsity games including playoff games.
- Football – Must complete the entire season and participate in at least eighteen quarters.
- Basketball – Must complete the entire season and participate in at least 48 varsity quarters.
- Track & Field – Must complete the entire season and must score at least 2 points minimum.
- Spirit – Must complete 50% of home games.
- Boys & Girls Swim Team – Must complete the whole season.
- Baseball - Must complete the entire season and play in at least 50% of varsity games including playoff games.

Certificate of Participation:

- Athletes who did not earn a letter completed the entire season.

7. Scholar-Athlete of the year award

The Scholar-Athlete of the year will be presented to one male and one female scholar-athlete, selected based on the highest GPA and the following criteria.

1. Must be a graduating senior. If no eligible seniors are available, juniors may be considered.
2. Must have participated in at least three sports during their senior year (junior year if juniors are considered).
3. Must have a minimum cumulative GPA of 3.2
4. Must demonstrate exemplary character, with no more than two disciplinary referrals in their senior year. (junior year, if juniors are considered).
5. In the event of a tie, co-recipients will be honored.

8. Middle School Participation in High School Sports

(Board Approved: DATE HERE)

- 8th Graders can try out at a High School Sport tryout at the beginning of the sport season to play on the C-team/Freshman team or the Junior Varsity team if there is no C-team/Freshman team.
- 8th Graders that are part of the sport of Cross Country, Powerlifting, Swimming, and Cheer be moved up to compete at the High School level during the season at the request of the Head Coach with approval from the athlete's parents, the Athletic Director, the Superintendent (an online form must be signed with the Athletic Director), and approval from NMAA.
- 8th Graders who do not try out at the beginning of the High School season, who are involved in the Middle School sports of Football, Volleyball, Basketball, and Track & Field, can move up to the High School sport at the end of the Middle School season, warranting there is time left in the High School season for competition, at the request of the Head Coach with the approval from the athlete's parents, the Athletic Director, the Superintendent (an online form must be signed with the Athletic Director), and NMAA.
- 8th Graders who are Home-Schooled must live in the Cuba Independent School District zoned attendance area. They will abide by the same aforementioned policies.
- 6th/7th grade students cannot participate at the High School level under any circumstance. Additionally, 9th grade students cannot participate at the Middle School level under any circumstance.
- Failure to comply with this policy on the part of the coach will result in immediate suspension of duties.

9. Open Gym

- Student Athletes cannot attend open gym sessions for a following-season sport during the regular season sport, unless the practice is canceled of the regular season sport.
- Open gym sessions must be coordinated with the Athletic Director to schedule facilities and ensure the open gym sessions are within regulations.
- Open gym sessions cannot be made mandatory or used against participants who do not attend.
- All open gym sessions must be supervised by a licensed coach who is employed by the Cuba Independent School District.

10. DECLARATION OF DUAL SPORT PARTICIPATION AGREEMENT

CISD ATHLETE DECLARATION FOR DUAL SPORT PARTICIPATION (pg.1)

CUBA INDEPENDENT SCHOOL DISTRICT

BOARD OF EDUCATION

TAYLOR PINTO, President

JAMES D. CASAUS, Vice-President

VIVIAN KEETSO, Board Secretary

ELIZABETH MARTIN, Board Member

DR. ADAN DELGADO, BOARD MEMBER

ADMINISTRATION

RHIANNON CHAVEZ, Superintendent

JUDY ATENCIO, Assistant Superintendent

GILBERT DOMINGUEZ, High School Principal

ROBERT VALDEZ, Middle School Principal

OLIVIA CASAUS, Elementary School Principal

Student-Athlete Name (last, first): _____ Grade: _____

The above stated student-athlete intends to participate in two sports simultaneously during the, _____ (fall, winter, spring) season of the academic year, _____. We understand that we are committing to each sport declared by following the guidelines listed. The following is the declaration of primary and secondary sport in which the student-athlete participates:

Primary Sport: _____

Secondary Sport: _____

Guidelines will be as follows:

- The Student-Athlete must declare which sport is primary and secondary for participation purposes.
- Approval may be denied at any time by the Athletic Administration based on: Behavioral issues relating to school activities, Academic concerns, any penalties issued as a violation of the CISD Student Athlete Code of Conduct.
- In the case of an unforeseen conflict, the Head Coaches involved will respectfully determine and agree to competition precedence considering the dual sport declaration. In such a case the coaches cannot come to an agreement, the athletic director will be the final decision.
- A primary sport contest takes place over a secondary sport practice unless both head coaches have agreed to other arrangements.
- A secondary sport contest takes place over a primary sport practice unless head coaches have agreed to other arrangements.
- There will be no punishment for student-athletes by either sport for missing practice / competition for the other sport if guidelines / agreements are followed.
- Student-athletes will split practice time between both sports equally based on the agreements made between both head coaches.
- If the student-athlete finds the dual sport status too difficult to maintain, they may opt TO BE REMOVED from a sport. Notification of this change must be made in writing to the Athletic Director prior to changing status.

CISD ATHLETE DECLARATION FOR DUAL SPORT PARTICIPATION (Pg. 2)

By signing this document I state that I have read, understood and agree to the above stated guidelines for dual sport participation.

Signature of Athlete Date Signature of Parent / Guardian Date

Signature of Head Coach - Primary Date Signature of Head Coach - Secondary Date

Signature of Athletic Director Date Signature of Principal Date

FOR ATHLETIC DEPARTMENT USE ONLY:
APPROVED DECLINED
REASON FOR DECLINE:

PO Box 70, #50 County Rd 13, Cuba, NM 87013, Phone: 575-289-3211, Fax: 575 289-3314

Cuba Independent School District does not discriminate on the basis of race, religion, color, national origin or ancestry, sex, gender identity, sexual orientation, age, marital or veteran status or disability in any educational programs, activities or employment. Cuba Independent School District also prohibits the use of racial, ethnic, and/or sexual slurs, including sexual harassment. If you are an individual with a disability who is in need of a reader, amplifier, qualified sign language interpreter, or any other form of auxiliary aid or service to attend or participate in a school meeting or hearing, or if you wish to receive assistance or information regarding student grievances, language translations of District policy, Section 504 or Title IX, please contact the Superintendent's Office at least one week prior to the meeting or as soon as possible. The district Title IX Officer may be contacted at the address or phone number listed above. For concerns at the school level, contact Elementary - Ext. 400, Middle School - Ext. 300, or High School - Ext. 200

CUBA INDEPENDENT SCHOOL **ATHLETICS AND ACTIVITY CODE**

NOTE TO PARENTS:

It is the responsibility of parents and students to read and familiarize themselves with the terms and requirements of the Athletics and Activity Code. A student or his/her parent/guardian may obtain an explanation of this Code from the Athletic Director.

The parent/guardian and student are required to sign the attached form to acknowledge that the code has been read and is understood by the student and the parent/guardian, and that they agree to be bound by it.

Coaches and sponsors are not permitted to allow a student to practice, play, or otherwise participate in the sport or activity until that student's signed acknowledgement form has been returned to the coach.

I. GENERAL CONDITIONS OF PARTICIPATION

- A. The development of character and proper conduct that is promoted by athletics and activities is central to the educational mission of the school.
- B. Students who are involved in Athletics/Activities are held to a higher standard of behavior because they are representative of their school and serve as role models for others.
- C. Participation in all athletics and activities is a privilege offered to students and may be withdrawn based on a failure to adhere to high standards of personal conduct and ethical behavior.
- D. As it is impossible to have regulation for every possible circumstance, professional judgment will be used by coaches, sponsors, and administrators in situations not covered by a specific written rule or guideline.
- E. In addition to the specific standards set forth in the Code, the student's membership, and participation, including any disciplinary action, will be determined based on the student's attitude, punctuality, and attendance, and on the basis of the welfare and best interest of the team or group, the school, and other school districts.
- F. It is the responsibility of parents and students to familiarize themselves with the terms and requirements of the Athletics and Activities Code. A student or his/her parent/guardian may obtain an explanation of any part of this Code from the Administration.
- G. All standards, rules, and requirements in this Cuba High School Athletic code are in addition to the applicable standards, rules, and requirements of the New Mexico Activities Association (NMAA). Parents or students who wish to review the NMAA Code may request an opportunity to do so from the Athletic Director.

II. CODE OF CONDUCT DURING ACTIVITIES AND EVENTS

The student activity conduct guidelines designate expectations for the student who participate in extra-curricular activities such as athletics, and other school sponsored competitions. In addition to the behavioral expectations detailed in Board Policies, athletics participants are expected to follow specific behavioral and eligibility guidelines included in the student handbook.

The athletic director, principal, assistant principal, or designee will determine if a violation has occurred. If a violation occurs, the student may be removed or suspended from the team or activity.

A. Prohibited Conduct

1. A student shall be removed or suspended from any sport or activity for any of the following conduct, regardless of whether such conduct takes place on or off campus, and regardless of whether such conduct takes place during school hours or at any other time. Students charged with or suspected of any of the following conduct may be suspended from their sport or activity pending any investigation.
 - a. In accordance with State Board of Education Regulation 81 – 2, the school district prohibits students from use, possession, sale, or transportation of alcohol and/or illegal drugs on school property, at school, on buses or at school sponsored activities. For this rule, illegal drugs include controlled substances, prescription drugs, use or possessed without a prescription, solvents used for intoxication and those substances possessed, sold, and/or used that are held out to be, or represented to be, controlled substance, illegal substances, inhalants, or any illegal or controlled substances.
 - b.

Consequences of Using, Possessing, Selling of alcohol, vapes and/or illegal drugs.

FIRST OFFENSE

- Parent contact/conference
- 45 Day suspension from extracurricular activities. Students may not travel with team on road games. Students may continue to practice at the discretion of the head coach.
- Required assessment by a trained and licensed professional in substance abuse.

SECOND OFFENSE

- Parent contact/conference

- Students will forfeit their privilege of participation from all extra curricular activities for the duration of their high school career.
 - c. Fighting, trespassing, vandalism, theft, or other illegal disorderly conduct, regardless of whether such conduct results in arrest, prosecution, or conviction. In addition, any student who has been arrested for any reason may be suspended from all sports and activities pending his or her exoneration from the charges.
 - d. Hazing, which, for purposes of this code, includes, but is not limited to engaging in any offensive physical contact or restraint of another student, or requiring or encouraging a student to perform any dangerous, offensive, or demeaning physical or verbal act for any purpose, including as a condition of membership or initiation into any team or group sponsored by, or permitted to operate under the auspices of a school district, provided that such contact, restraint, requirement, or encourage shall not be considered hazing when it is an officially recognized part of the particular sport or activity of the team or group.
- 2. Except as otherwise provided herein, a student who quits or is dismissed from a team or activity will not be allowed to participate in any sport or activity until the end of the season of that sport or the term of the activity in which her or she was participating prior to resignation or dismissal.

B. SCHOOL ATTENDANCE

1. A student athlete is expected to attend school (51%) of the school day or until they leave for the game to be eligible to participate in a practice, competition, activity, or performance scheduled on the same date. Only exceptions are death in the family, written doctors excuse, dental excuse. Or other approved family emergencies.
2. Participation in evening activities or competitions should not affect school attendance on the following day.
3. Students placed on suspension (in school/out of school) will not be allowed to practice or compete in contests during the suspension period.

C. CONDUCT ON TRIPS

Student-athletes are regarded as representatives of Cuba Independent Schools and are expected to conduct themselves as ladies and gentlemen, and as the best examples of Cuba Independent School students,

on and off the playing fields and courts. Students on trips for activities or athletics always remain subject to all rules and standards applicable under school and district codes and policies.

D. RETURNING FROM OUT-OF-TOWN CONTESTS

1. To promote team unity, student-athletes are urged to return from all out-of-town contests with their squads and by school transportation.
2. A parent or guardian seeking an exception from this rule must sign their child out from the event/contest on the coach's check out form to be transported home by the parents or guardian.
3. Student-athletes are not permitted under any circumstances to return from an out-of-town contest other than by school transportation, with their squads or with a parent or guardian upon signing a check out form. Parents who need a family member to check out their child from an event/contest must seek permission from the AD or Principal through a written permission, request must clearly state the event, date, location along with the full name of person checking out the child.

III. PROCEDURE WHEN LEAVING A SQUAD

A. CHANGING SPORTS

1. Athletes will be allowed to transfer from one sport to another during a given season only upon mutual agreement of both coaches and with the approval of the Athletic Director.
2. A student who quits a sport or is dismissed from a sport during the season will not be eligible to join another sport or team during their pre-season practice. For example, it would be necessary to wait until the fall sport season ends before joining a winter sports team and so forth.

B. QUITTING OR BEING DROPPED FROM A SQUAD

1. A Student who is quitting a squad must:
 - a. Notify the head coach in writing, explaining the reason for quitting the team.
 - b. Turn in all school gear the same day.

IV. INJURY REPORTS

- A. Student athletes injured in sports, or their parents, should make sure the coach or assistant coach has filled out an injury report and submitted it to the Athletic Office.

V. EQUIPMENT/GYMNASIUM USE

A. ATHLETIC EQUIPMENT

1. In most sports, practice and/or game equipment will be issued to athletes. Athletes will be responsible for the care and custody of all equipment issues to them.
2. All equipment will be returned when the athlete finishes the sport either at the end of the season or upon dropping the sport. Any equipment not returned shall be paid for by the student, and failure to pay for such equipment will cause the athlete to be ineligible to compete in the next sport season. Once fees and fines are paid in full, or equipment is turned in, the athlete will become eligible to compete again.
3. The athlete will pay for equipment that is lost, stolen, or destroyed through negligence of the student.
4. The cost of unreturned, lost, stolen, or destroyed equipment will be determined by the coach and will be based on the replacement cost of the equipment. New equipment will be issued only upon receipt for lost article(s).
5. School owned equipment is to be worn only at scheduled practice or official contests.

B. GYMNASIUM USE

1. No individuals or groups are permitted to use the gymnasium at any time without authorized supervision.
2. No one may use or be present in the gymnasium during team or squad practice, except spectators who have obtained the permission of a coach.
3. Athletes in the gymnasium for sports practice will refrain from using equipment other than that for their sport.
4. No one is permitted in the weight room without authorized adult supervision.

VI. OTHER RULES

- A. Coaches may establish team rules that exceed the Athletic Code requirements upon prior approval by the athletic director.
- B. Coaches may establish curfews for athletes to enhance preparation for competitions.
- C. Coaches may impose, and enforce by appropriate means, standards regarding attendance, punctuality, and attitude.

- D. Students who violate team rules, curfews, or standards shall be subject to curtailment of playing time, suspensions from games, and suspension or dismissal from teams or activities by Athletic Director.
- E. Students whose conduct is detrimental to team cohesiveness or success shall be subject to curtailment of playing time, suspensions from games, and suspension or dismissal from teams or activities.
- F. Coaches may require study hall for any or all their athletes.

