

ROCKVILLE HIGH SCHOOL

ACTIVITIES GUIDE

2025-2026



Rockville High School offers a wide range of clubs, sports, and activities, ensuring that most students can find an opportunity that aligns with their interests. If a student discovers a club that interests them, the first step is to reach out to the staff member who advises that club. For those interested in initiating a new club, they should contact the Student Activities Director for guidance..

Student Activities Director – Mrs. Ashley Lanz (ASTE-1)

Class Advisors

2026	Ms. Amanda Maskell and Ms. Sarah Martin
2027	Ms. Allasandra Cianci and Mr. Daniel Ray
2028	Ms. Julie Burgess and Ms. Erica Evans
2029	Ms. Monica Alford and Ms. Taylor Kent

Anime Club

Advisor: Mr. Rony Urtecho, Room 201

The Anime and Manga Club is a place for students who enjoy Japanese animation and comics to hang out and share their interests. We meet once a week to watch anime, talk about our favorite shows and manga, and sometimes do fun activities like trivia, drawing contests, or cosplay days. It's a chill and welcoming space where you can meet new people, learn more about anime and Japanese culture, and just have a good time.

How to Join: Open to everyone / Reach out to Mr. Urtecho

Every Thursday after school, 2:05 - 3:00 PM

Art Club

Advisor: Ms. Stephanie Symkownics, Room 118

The Art Club is a student-led space for creativity, collaboration, and self-expression. Meeting 2–3 Wednesdays each month after school, students explore a wide variety of art forms and techniques, share ideas, and work on both independent and group projects. The club encourages experimentation and welcomes artists of all levels who want to grow their skills in a supportive community. Throughout the year, members will also help plan activities, lead demonstrations, and contribute to the club's creative direction. All student artwork created during the year will have the opportunity to be showcased in our annual Rock the Arts exhibition, celebrating the talent and imagination of our student artists.

How to Join: Anyone can join the club- reach out or email Mrs. Symkowicz

The second and last Wednesday of the month

Avengers

**Advisors: Mr. Farrell, Mr. Knickerbocker, Ms. Evans, Mrs. McTighe, Mrs. Bonaddio,
Mrs. Lanz, Mr. Pichette**

The Avengers is a student leadership group committed to amplifying their peers' voices and enhancing the school culture by embodying our motto: work hard, play hard, and own it.

We strive to make our school more enjoyable for students and staff. This group works to improve physical aspects, community, and leadership in RHS. The members of the Avengers dedicate themselves to listening to and finding solutions for concerns within RHS. Our biggest motivation is to encourage collaboration between students, staff, and the community.

**How to Join: Nominated by staff members and then they interview
Twice a month rotating blocks**

Banner (RHS Yearbook)

Advisor: Mr. Bryan Wright

Participants will learn publication techniques using computers for formatting layouts, photos, and text to produce the RHS yearbook.

How to Join: Anyone interested in helping out, some students may be eligible to apply for Independent Study Credit

Mornings and Afterschool

Chess Club

Advisor: Mrs. Maureen Ringrose, Room 207 & Mrs. Jean Graham, Room 204

Students can match wits and dominate over a chess board. Strategies and hints are discussed. Great for beginners and masters in this safe learning environment. Opportunity to compete at Manchester if there is enough student interest.

How to Join: Anyone can join! Stop by Mrs. Graham's room for more information.

Three Fridays each month to start Oct. 10 in Mrs. Graham's room 205

Cosmetology Club Advisor:

Advisor: Ms. Mayra Fox, House C

Love hair, makeup, and skincare? 🧴✨ The Cosmetology Club is where you can try new looks, learn fun techniques, and share your style with friends. From braids to nails to glowing skin care routines, this club is all about creativity and self-expression. No experience needed—just bring your passion and have fun while learning skills that can last a lifetime! 🧑💇🏻🌟

How to Join: Anyone can join! Whether you're a beginner or already love experimenting with hair, makeup, nails, or skincare, the Cosmetology Club is for all students who want to learn and share their creativity.

Two times per month on Thursdays from 2:05 to 3:05

Creative Writing Club

Advisor: Ms. Amanda Maskell Rm 224

We work on college essays and offer help to any students looking for help on theirs. We also support creative writing and offer prompts and opportunities to write creatively

How to join: Anyone can join anytime! Come to any meeting

Thursdays 2:05-2:55

Debate Club

Advisors: Mr. Balsewicz Rm 227

Student led debate club, with respectful debates on a variety of topics. Open to anyone wishing to discuss ideas and improve public speaking and argumentative skills.

How to Join: Please listen for information from Mars Hermanson and April Henderson

1 day TBD per week after school from 2:00-3:00

Musical Theatre Company

Advisors: Ms. Cianti, Room 167 Mr. Ray Sinclair, Room 115

Love singing, dancing, or acting—or just want to try something new? Join our Musical Theater Company and step into the spotlight! Whether you're a seasoned performer or brand new to the stage, this is your chance to build confidence, learn fun dance routines, and work together to bring stories to life through music and movement. You'll find a welcoming space to express yourself, make friends, and shine. No experience required—just bring your enthusiasm and a love for performing!

How to Join: Anyone! Musical is announced annually the last week of October or first week of November

Meets weekly on Tuesdays & Thursdays from 2-5PM, one additional night time rehearsal for dance routines on Monday or Wednesday nights from 6-8:30PM (begins following Thanksgiving through the first week of March)

Karaoke Club

Advisor: Ms. Madrak, Chorus Room

Karaoke club welcomes anyone interested in building confidence while improving their vocal abilities, stage presence, and performance skills by singing self-chosen songs in a fun, supportive environment!

How to Join: Anyone who enjoys singing is welcome to join, regardless of previous experience! Even if you're not able to come every week, or are only able to come during certain months due to seasonal sports/clubs, that's perfectly fine! Reach out to Ms. Madrak via email, or stop by the chorus room with any questions and to be added to our Karaoke Club Google Classroom.

We meet every Monday from 2-3pm in the chorus room

FFA Organization

Advisor: Ms. Grace Artioli, ASTE

The FFA Organization is dedicated to making a positive difference in the lives of students by developing their potential for premier leadership, personal growth and career success through agricultural education. Meetings are held monthly. All students in the ASTE program are FFA members. Those attending FFA meetings must be members or invited guests.

International Club

Advisor: Ms. Cianci, Room 167 & Ms. Nora Alpers-Leon

International & Intercultural club is a group dedicated to the education and celebration of all types of heritage and culture. We aim to widen our understanding of how others live and why it is so important to recognize diversity. Additionally, we hope to explore unique traditions, foods, and lifestyles and build a stronger connection between one another. We host an annual international movie night fundraiser and we coordinate with other groups to put on the annual Culture Day.

How to Join: Anyone, just come to a meeting!

We choose a Tuesday of the month and meet then

Jazz Band

Advisor: Mr Ray Sinclair Rm 115

Our Competitive High School Jazz Band is where talent meets swagger, think tight grooves, killer solos, and a whole lot of high-energy fun. We're on the hunt for players rocking alto sax, tenor sax, bari sax, flute, trumpet, trombone, baritone, tuba, drum set, piano, guitar, vibraphone, and auxiliary percussion to join our crew. If you're ready to swing hard, improvise like a boss, and compete with the best while making friends and memories, this is your scene. Grab your instrument, bring your passion, and let's make some noise!

How to Join: Jazz Band is open to any students who play any of the instruments listed in the description

Wednesday evenings- 6-730pm

Math League

Advisor: Mrs. Maureen Ringrose

Students work on critical thinking skills while making friends as we prepare for interscholastic Math Competitions. The 6 away meets are held one time per month from Oct. to Mar. on a Wednesday. Practices are held weekly in Mrs. Ringrose's room to be determined by student availability. Stop by room 207 for a permission slip to attend meets and some practice material. How to Join: Anyone can join!

Weekly practices on Thursdays from 2:10 to 3:15 pm.

Marching Band

Advisor: Mr Ray Sinclair Rm 115

Join the Rockville High School Marching Band and be part of something bigger than just music — earn your varsity letter while marching with pride, precision, and passion! As a member, you'll travel across the Northeast, competing with the best in the USBANDS circuit and pushing your skills to the next level. From exciting local shows to the thrilling state and national championships, you'll experience unforgettable moments, fierce competition, and a tight-knit community that feels like family. Ready to make memories, earn your letter, and show off that Rockville spirit? Let's hit the field and make some noise!

How to Join: Any RHS students are eligible. Students should contact Mr. Sinclair in the spring semester to be eligible for fall.

Tuesday, Wednesday & Thursday evenings; 5-8pm

National Honor Society

Advisor: Ms. Katherine Bonaddio, Room 231

Purpose: to recognize and encourage academic achievement while developing other characteristics essential to citizens in a democracy. Club that is filled with academically high achieving students, that helps the community

The application process starts in February and closes in March. They are sent an

How to Join: invitation to apply if they have a certain GPA

Meetings are held in Room 124

Peer Advocates

Advisor: Mrs. Kimberly McTighe, Room 235

Want to make a difference at RHS? We're looking for motivated students to be role models and help improve our school and community as well as educate students about the importance of good decision making. You can also plan fun school & community events such as the Volleyball Lock-In, Mental Health Fair & Mock Car Crash.

Some other activities include:

- **Giving tours to new students**
- **Planning education and prevention activities to educate students about making good choices such as a #No3DDriving– Don't Drive Drunk, Drugged or Distracted campaign, mental health awareness, suicide prevention & healthy relationships**
- **Collect gift cards for students in need during the holidays**
- **Organize and participate in various community service activities**

How to Join: There is an application and interview process that takes place once a year.

First Thursday of every month from 2 - 2:45. Other meetings as needed to plan events

Robotics Club

Advisor: Dr. Sarah Grip, Room 120

Are you looking for a fun after-school activity? Join the RHS Robotics Team! We are looking for new team members who are interested in building skills in engineering, programming, graphic design, public speaking, and more. Our team has many roles and we welcome any student who is interested, regardless of skill or experience. Our first team meeting will be Tuesday, September 9 after school in Room 120.

How to Join: any RHS student

Monday and/or Thursday, 2:15-3:15

SALT - Student Athlete Leadership Team

Advisor: Mr. Farrell, Athletics

SALT promotes sportsmanship and leadership in our athletic programs. The group gives student athletes a voice within our athletic programs.

School Store

Advisor: Mrs. Gina Oaks, Room 133

Are you looking for a fun way to earn community service, support your school, and get involved in exciting events throughout the year? Then the RHS School Store Club is the place for you! School Store Club gives you the chance to be part of something special while making a positive impact in our school and community. Many of the students in the club are currently taking the Marketing & Entrepreneurship classes with Mrs. Oaks to learn about how to properly run a business. You'll earn community service hours by attending meetings, doing inventory & advertising for sales, and helping out at various school events (i.e. home games- football, volleyball, soccer, and more!). Plus, you'll be part of a team that organizes fun sales and charity events to support important causes.

How to Join: All students are welcome to join. If a student is interested in joining the School Store Club, they can either stop by Mrs. Oaks' Rm. 133 (Blue Hall) or they can email Mrs. Oaks directly at: gina.oaks@vernonct.org

Meet on every other Thursday from 2:00 p.m. - 3:00 p.m. in Mrs. Oaks' Rm. 133 (Blue Hall).

Stitch Lab

Advisor: Mrs Jill Williams, Meetings in Maker Space in Library Media Center

Stitch Lab will meet periodically to work on sewing projects. No experience is necessary to come and sew in the Makerspace, but due to a limited number of sewing machines, students will need to sign up for a session.

How to Join: Any student can sign up to join a session through a google form as long as the session is not filled.

"Pop up" Style: This group will meet periodically on Mondays from 2-3:15 to work on different projects. Students will need to sign up for a session to attend.

Tabletop RPG Club

Advisor: Mr. Jason Gilmore

Tabletop club is a place where you can make new friends and play the games you love. We offer card games like Magic: The Gathering, Yu-gi-oh, and Pokemon TCG. We also offer a place to play tabletop RPGs like Dungeons and Dragons.

How to Join: Come to one of our meetings and participate!

Mondays from 2:10-3:10

World Language Honor Society

Advisor: Ms. Allasandra Cianci

The World Language Honor Society is offered to 10th, 11th & 12th grade students who are enrolled in and show exemplary efforts in World Language classes. The club offers community service opportunities, academic accolades and closely correlates with planned events in collaboration with the International & Intercultural Club. Students enrolled in this club are also given privileged opportunity when applying for the International trips.

How to Join: 10th, 11th and 12th grade students must be invited to apply for the WLHS by holding a 90+ average for 3 semesters of WL at RHS.

Meets Mondays or Thursdays - Twice a semester from 2-3PM

WRHS

Advisor: Mr. Dave Rhoades, School Counseling

WRHS plays music on Fridays before school.

How to Join: Always looking for DJs to possibly add another day of the week. Fridays are accounted for this year.

Every Friday 7am-7:25am

Video Production

Advisor: Mr. Bryan Wright

Mr. Wright provides a weekly open studio hour to use our cameras and equipment, stop down to 101 or 105 to sign up.

How to Join: Anyone can join

Most Monday's from 2:15 to 3:15

Youth Equity Squad (YES)

Advisor: Mr. Rony Urtecho, Room 201, Ms Tara Fotoohi

The Youth Equity Squad (YES) is a student-led organization designed to build culture, celebrate diversity, and promote equitable change at RHS. Within YES, student members find a place to belong without judgment--where they can share their stories through weekly meetings and monthly initiatives.

Our mission is to spark equitable change in our school through different media platforms, events and outreach.

Here are a few things our members are involved on:

- **Student-led presentations on diversity and awareness.**
- **Black History Month Assembly**
- **RHS Culture Day**
- **"Everyday Equity" Podcast**
- **Prayer room**
- **Cultural awareness: Hispanic Heritage Month, Native American Heritage Month, Black History Month, Women's Day, Three Kings Day, Hanukkah, Diwali, Day of**

the Dead, and others.

How to Join: Anyone is welcomed to apply/ reach out to either Mrs. Distasio (Fotoohi) or Mr. U for an application and information

Meets during Advisory, and one retreat per quarter.