CalFresh

California's Supplemental Nutrition Assistance Program (formerly known as Food Stamps)

Shasta County Residents

Need money for food? You may be eligible. Please call for assistance.



- Application Assistance
- Eligibility Prescreen
- Appeals Assistance
- Required Verifications
- Interview Preparation
- Answers to Questions
- Helpful Materials
- Quarterly Report Help

People in Household*	Gross/Net Monthly Income	Maximum CalFresh Allotment
1	$2,148/$1,074	$250
2	$2,904/$1,452	$459
3	$3,660/$1,830	$658
4	$4,418/$2,209	$835
5	$5,174/$2,587	$992
6	$5,930/$2,965	$1,190
7	$6,688/$3,344	$1,316
8	$7,444/$3,722	$1,504
Each Additional Member	+$758/$379	+$188

*Household + a person living alone or a group of people living together (they do not have to be related) who buy food and make meals together.

You could be eligible! Contact us today and we can help you apply!

SHASTA COUNTY OFFICE OF EDUCATION

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