



Eagle Ridge Academy of Brooklyn Center Breakfast Menu

October
2026



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28 	29 	30 	1 Tater Tot Breakfast Bowl Choice of Cereal Graham Crackers Fruit and/or Vegetable Selection Juice Selection Choice of Milk	2 Yogurt Parfait with Blueberries & Granola Choice of Cereal Graham Crackers Fruit and/or Vegetable Selection Juice Selection Choice of Milk
5 Sausage & Cheese on a Biscuit Choice of Cereal Graham Crackers Fruit and/or Vegetable Selection Juice Selection Choice of Milk	6 Brekkie, WG Choice of Cereal Graham Crackers Fruit and/or Vegetable Selection Juice Selection Choice of Milk	7 French Toast Snack Bread, WG Choice of Cereal Graham Crackers Fruit and/or Vegetable Selection Juice Selection Choice of Milk	8 Cinnamon Roll, WG Choice of Cereal Graham Crackers Fruit and/or Vegetable Selection Juice Selection Choice of Milk	9 Turkey Sausage Breakfast Flatbread Choice of Cereal Graham Crackers Fruit and/or Vegetable Selection Juice Selection Choice of Milk
12 	13 	14 	15 	16
19 Egg & Cheese on a Biscuit Choice of Cereal Graham Crackers Fruit and/or Vegetable Selection Juice Selection Choice of Milk	20 Pancake on a Stick, WG Choice of Cereal Graham Crackers Fruit and/or Vegetable Selection Juice Selection Choice of Milk	21 Blueberry Muffin, WG Choice of Cereal Graham Crackers Fruit and/or Vegetable Selection Juice Selection Choice of Milk	22 Vanilla Frosted Long John Choice of Cereal Graham Crackers Fruit and/or Vegetable Selection Juice Selection Choice of Milk	23 Yogurt Parfait with Blueberries & Granola Choice of Cereal Graham Crackers Fruit and/or Vegetable Selection Juice Selection Choice of Milk
26 Sausage & Cheese on a Biscuit Choice of Cereal Graham Crackers Fruit and/or Vegetable Selection Juice Selection Choice of Milk	27 Brekkie, WG Omelet Bar Choice of Cereal Graham Crackers Fruit and/or Vegetable Selection Juice Selection Choice of Milk	28 Chicken Breakfast Biscuit Choice of Cereal Graham Crackers Fruit and/or Vegetable Selection Juice Selection Choice of Milk	29 Cinnamon Roll Choice of Cereal Graham Crackers Fruit and/or Vegetable Selection Juice Selection Choice of Milk	30 Breakfast Bowl Choice of Cereal Graham Crackers Fruit and/or Vegetable Selection Juice Selection Choice of Milk

PRICES

Students
Extra Milk or Juice
Adults

Free
\$0.60
\$2.55

EXTRA INFO

Milk Choice 1% and Chocolate Skim are included with meal.
If you have any questions contact Steve Meak
Email: smeak@eagleridgeacademy.org



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Eagle Ridge Academy of Brooklyn Center Lunch Menu

October
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First Entrée is Vegetarian



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28	29	30	1	2
			Cheesy Bosco Stick Marinara Sauce Country Fried Chicken and Gravy Turkey & Cheese Flatbread Munchable Mashed Potatoes Gravy Vegetable Bar Choice of Milk	Homemade Cheese Pizza Chicken Alfredo w/Pasta Homemade Garlic Toast Turkey & Cheese Flatbread Munchable Roasted Broccoli Vegetable Bar Choice of Milk
5	6	7	8	9
Macaroni & Cheese Dinner Roll Cheeseburger Yogurt Pak with Bagel Munchable Steamed Green Beans Vegetable Bar Choice of Milk	Walking Taco (Vegetarian) Walking Taco Yogurt Pak with Bagel Munchable Spiced Pinto Beans Vegetable Bar Choice of Milk	Lo Mein Chicken Potstickers Lo Mein Noodles Yogurt Pak with Bagel Munchable Roasted Carrots Vegetable Bar Choice of Milk	Cheesy Bosco Stick Marinara Sauce BBQ Chicken Drumstick Dinner Roll Yogurt Pak with Bagel Munchable Vegetable Bar Steamed Corn Choice of Milk	Homemade Cheese Pizza Fish Sandwich w/Cheese Yogurt Pak with Bagel Munchable French Fries Vegetable Bar Choice of Milk
12	13	14	15	16
HOM Vanilla				
19	20	21	22	23
Veggie Burger Crispy Chicken Nuggets Turkey and Cheese Sandwich French Fries Vegetable Bar Choice of Milk	Bean and Cheese Taco Beef Tacos, Soft Turkey and Cheese Sandwich Spiced Pinto Beans Vegetable Bar Choice of Milk	Grilled Cheese Sandwich Chicken Potstickers Chicken Fried Rice Turkey and Cheese Sandwich Kung Fu Carrots Vegetable Bar Choice of Milk	Cheesy Bosco Stick Marinara Sauce Italian Meatball Sub Turkey and Cheese Sandwich Roasted Broccoli Vegetable Bar Choice of Milk	Homemade Cheese Pizza Pasta with Meat Sauce Turkey and Cheese Sandwich California Blend Vegetable Vegetable Bar Choice of Milk
26	27	28	29	30
Lasagna Rollup with Sauce Roasted Beef Hot Dog on a Bun Chicken Caesar Salad Steamed Green Beans Vegetable Bar Choice of Milk	Walking Taco (Vegetarian) Walking Taco Chicken Caesar Salad Spiced Pinto Beans Vegetable Bar Choice of Milk	Grilled Cheese Sandwich Homemade Orange Chicken Brown Rice, WG Chicken Caesar Salad Roasted Carrots Vegetable Bar Choice of Milk	Cheesy Bosco Stick Crispy Chicken Sandwich WG Bun Chicken Caesar Salad California Blend Vegetable Vegetable Bar Choice of Milk	Homemade Cheese Pizza Cheeseburger on WG Bun Chicken Caesar Salad French Fries Vegetable Bar Choice of Milk

PRICES

Students
Extra Milk
Adults

Free
\$0.60
\$5.30

EXTRA INFO

A variety of Fruits and Vegetables are served everyday.
Milk Choice 1% and Chocolate Skim are included with meal.
If you have any questions contact Steve Meak
Email: smeak@eagleridgeacademy.org

HARVEST OF



THE MONTH

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Menus are subject to change without notice. This institution is an equal opportunity provider.