



Eagle Ridge Academy Breakfast Menu

October
2026



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28 	29 	30 	1 Tater Tot Breakfast Bowl Choice of Cereal Graham Crackers Fruit and/or Vegetable Selection Juice Selection Choice of Milk	2 Yogurt Parfait with Blueberries & Granola Choice of Cereal Graham Crackers Fruit and/or Vegetable Selection Juice Selection Choice of Milk
5 Sausage & Cheese on a Biscuit Choice of Cereal Graham Crackers Fruit and/or Vegetable Selection Juice Selection Choice of Milk	6 Brekkie, WG Choice of Cereal Graham Crackers Fruit and/or Vegetable Selection Juice Selection Choice of Milk	7 French Toast Snack Bread, WG Choice of Cereal Graham Crackers Fruit and/or Vegetable Selection Juice Selection Choice of Milk	8 Cinnamon Roll, WG Choice of Cereal Graham Crackers Fruit and/or Vegetable Selection Juice Selection Choice of Milk	9 Turkey Sausage Breakfast Flatbread Choice of Cereal Graham Crackers Fruit and/or Vegetable Selection Juice Selection Choice of Milk
12 	13 	14 	15 	16
19 Egg & Cheese on a Biscuit Choice of Cereal Graham Crackers Fruit and/or Vegetable Selection Juice Selection Choice of Milk	20 Pancake on a Stick, WG Choice of Cereal Graham Crackers Fruit and/or Vegetable Selection Juice Selection Choice of Milk	21 Blueberry Muffin, WG Choice of Cereal Graham Crackers Fruit and/or Vegetable Selection Juice Selection Choice of Milk	22 Vanilla Frosted Long John Choice of Cereal Graham Crackers Fruit and/or Vegetable Selection Juice Selection Choice of Milk	23 Yogurt Parfait with Blueberries & Granola Choice of Cereal Graham Crackers Fruit and/or Vegetable Selection Juice Selection Choice of Milk
26 Sausage & Cheese on a Biscuit Choice of Cereal Graham Crackers Fruit and/or Vegetable Selection Juice Selection Choice of Milk	27 Brekkie, WG Omelet Bar Choice of Cereal Graham Crackers Fruit and/or Vegetable Selection Juice Selection Choice of Milk	28 Chicken Breakfast Biscuit Choice of Cereal Graham Crackers Fruit and/or Vegetable Selection Juice Selection Choice of Milk	29 Cinnamon Roll Choice of Cereal Graham Crackers Fruit and/or Vegetable Selection Juice Selection Choice of Milk	30 Breakfast Bowl Choice of Cereal Graham Crackers Fruit and/or Vegetable Selection Juice Selection Choice of Milk

PRICES

Students

FREE

Extra Milk or Juice

\$0.60

Adults

\$2.55

EXTRA INFO

Milk Choice 1% and Chocolate Skim are included with meal.
If you have any questions contact Steve Meak
Email: smeak@eagleridgeacademy.org



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Eagle Ridge Academy Lunch Menu

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First Entrée is Vegetarian

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28	29	30	1	2
			Cheesy Bosco Stick Marinara Sauce Country Fried Chicken & Homemade Gravy Dinner Roll Turkey & Cheese Flatbread Munchable Mashed Potatoes Choice of Milk	Homemade Cheese Pizza Chicken, Leek & Penne Bake Garlic Toast Turkey & Cheese Flatbread Munchable Roasted Broccoli Choice of Milk
5	6	7	8	9
Macaroni & Cheese Dinner Roll Cheeseburger on WG Bun Yogurt Pak with Bagel Munchable French Fries Choice of Milk	Walking Taco Meatless Tacos or Nachos Yogurt Pak with Bagel Munchable Spiced Pinto Beans Choice of Milk	Lo Mein Chicken Potstickers Lo Mein Noodles Yogurt Pak with Bagel Munchable Roasted Carrots Choice of Milk	Cheesy Bosco Stick Marinara Sauce BBQ Chicken Drumstick Yogurt Pak with Bagel Munchable Roasted Corn Choice of Milk	Homemade Cheese Pizza Ancho Beef Chili Cornbread Bowl Yogurt Pak with Bagel Munchable Steamed Green Beans Choice of Milk
12	13	14	15	16
19	20	21	22	23
Veggie Burger Crispy Chicken Nuggets Dinner Roll Turkey and Cheese Sandwich French Fries Choice of Milk	Bean Taco Beef Tacos, Soft Turkey and Cheese Sandwich Spiced Pinto Beans Choice of Milk	Grilled Cheese Sandwich Homemade Orange Chicken Chicken Fried Rice Turkey and Cheese Sandwich Steamed Carrots Choice of Milk	Cheesy Bosco Stick Marinara Sauce Italian Meatball Sub Turkey and Cheese Sandwich Roasted Broccoli Choice of Milk	HOM - Broccoli Pasta with Hearty Meat Sauce Garlic Toast Homemade Cheese Pizza Turkey and Cheese Sandwich California Blend Vegetable Choice of Milk
26	27	28	29	30
Lasagna Rollup with Sauce Garlic Toast Roasted Beef Hot Dog on a Bun Chicken Caesar Salad Steamed Green Beans Choice of Milk	Walking Taco (Vegetarian) Walking Taco Chicken Caesar Salad Spiced Pinto Beans Choice of Milk	Chef On Display Chef Jamie Ramen Bowl Chicken Caesar Salad Roasted Carrots Choice of Milk	Cheesy Bosco Stick Marinara Sauce Students' Choice Winner Chicken Caesar Salad Cheesy Mashed Potatoes Choice of Milk	Homemade Cheese Pizza Cheeseburger on WG Bun Chicken Caesar Salad California Blend Vegetable Choice of Milk

PRICES

Students
Extra Milk
Adults

FREE
\$0.60
\$5.30

EXTRA INFO

A variety of Fruits and Vegetables are served everyday.
Milk Choice 1% and Chocolate Skim are included with meal.
If you have any questions contact Steve Meak
Email: smeak@eagleridgeacademy.org

HARVEST OF



THE MONTH

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2026

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MONDAY

1
THURSDAY

Vegetarian Cheesy Bosco Stick, Marinara Sauce

Chef's House Classics Country Fried Chicken and Gravy

Good Eats Diner Spicy Chicken Patty on WG Bun, Cheeseburger on WG Bun, Homemade Cheese Pizza

Grab and Go Yogurt Pak with Bagel Munchable

The Patch Mashed Potatoes, Vegetable & Fruit Bar, Choice of Milk

TUESDAY

2
FRIDAY

Vegetarian Homemade Cheese Pizza

Chef's House Classics Chicken, Leek & Penne Bake, Cheesy Garlic Toast

Good Eats Diner Spicy Chicken Patty on WG Bun, Cheeseburger on WG Bun, Homemade Cheese Pizza

Grab and Go Yogurt Pak with Bagel Munchable

The Patch Roasted Broccoli, Vegetable & Fruit Bar, Choice of Milk

WEDNESDAY

EXTRA INFO

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5 MONDAY

- Vegetarian** Macaroni & Cheese, Dinner Roll
- Chef's House Classics** Cheeseburger on WG Bun
- Good Eats Diner** Spicy Chicken Patty on WG Bun, Homemade Cheese Pizza
- Grab and Go** Yogurt Pak with Bagel Munchable
- The Patch** French Fries, Vegetable & Fruit Bar, Choice of Milk

8 THURSDAY

- Vegetarian** Cheesy Bosco Stick, Marinara Sauce
- Chef's House Classics** BBQ Chicken Drumstick, Dinner Roll
- Good Eats Diner** Spicy Chicken Patty on WG Bun, Cheeseburger on WG Bun, Homemade Cheese Pizza
- Grab and Go** Yogurt Pak with Bagel Munchable
- The Patch** Roasted Corn, Vegetable & Fruit Bar, Choice of Milk

6 TUESDAY

- Vegetarian** Bean Walking Taco
- Chef's House Classics** Beef Walking Taco
- Good Eats Diner** Homemade Cheese Pizza, Spicy Chicken Patty on WG Bun, Cheeseburger on WG Bun
- Grab and Go** Yogurt Pak with Bagel Munchable
- The Patch** Spiced Pinto Beans, Vegetable & Fruit Bar, Choice of Milk

9 FRIDAY

- Vegetarian** Homemade Cheese Pizza
- Chef's House Classics** Ancho Beef Chili, Cornbread Bowl
- Good Eats Diner** Spicy Chicken Patty on WG Bun, Cheeseburger on WG Bun
- Grab and Go** Yogurt Pak with Bagel Munchable
- The Patch** Steamed Green Beans, Vegetable & Fruit Bar, Choice of Milk

7 WEDNESDAY

- Vegetarian** Lo Mein
- Chef's House Classics** Chicken Potstickers, Lo Mein Noodles
- Good Eats Diner** Spicy Chicken Patty on WG Bun, Cheeseburger on WG Bun, Homemade Cheese Pizza
- Grab and Go** Yogurt Pak with Bagel Munchable
- The Patch** Roasted Carrots, Vegetable & Fruit Bar, Choice of Milk

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MONDAY

Vegetarian Veggie Burger

Chef's House Classics Roasted Beef Hot Dog on a Bun

Good Eats Diner Spicy Chicken Patty on WG Bun, Cheeseburger on WG Bun, Homemade Cheese Pizza

Grab and Go Turkey and Cheese Sandwich

The Patch French Fries, Vegetable & Fruit Bar, Choice of Milk

22

THURSDAY

Vegetarian Cheesy Bosco Stick, Marinara Sauce

Chef's House Classics Italian Meatball Sub

Good Eats Diner Spicy Chicken Patty on WG Bun, Cheeseburger on WG Bun, Homemade Cheese Pizza

Grab and Go Turkey and Cheese Sandwich

The Patch Roasted Broccoli, Vegetable & Fruit Bar, Choice of Milk

20

TUESDAY

Vegetarian Bean Taco

Chef's House Classics Beef Tacos, Soft

Good Eats Diner Crispy Chicken Sandwich WG Bun, Cheeseburger on WG Bun, Homemade Cheese Pizza

Grab and Go Turkey and Cheese Sandwich

The Patch Spiced Pinto Beans, Vegetable & Fruit Bar, Choice of Milk

23

FRIDAY

Vegetarian Homemade Cheese Pizza

Chef's House Classics Pasta with Hearty Meat Sauce, Garlic Toast

Good Eats Diner Spicy Chicken Patty on WG Bun, Cheeseburger on WG Bun

Grab and Go Turkey and Cheese Sandwich

The Patch California Blend Vegetable, Vegetable & Fruit Bar, Choice of Milk

21

WEDNESDAY

Vegetarian Grilled Cheese Sandwich

Chef's House Classics Homemade Orange Chicken, Chicken Fried Rice

Good Eats Diner Spicy Chicken Patty on WG Bun, Cheeseburger on WG Bun, Homemade Cheese Pizza

Grab and Go Turkey and Cheese Sandwich

The Patch Steamed Carrots, Vegetable & Fruit Bar, Choice of Milk

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26

MONDAY

Vegetarian Lasagna Rollup with Sauce,
Garlic Toast

Chef's House Classics Roasted Beef Hot Dog on a
Bun

Good Eats Diner Spicy Chicken Patty on WG Bun,
Cheeseburger on WG Bun,
Homemade Cheese Pizza

Grab and Go Chicken Caesar Salad

The Patch Steamed Green Beans, Vegetable &
Fruit Bar, Choice of Milk

29

THURSDAY

Vegetarian Cheesy Bosco Stick, Marinara
Sauce

Chef's House Classics Students' Choice Winner

Good Eats Diner Spicy Chicken Patty on WG Bun,
Cheeseburger on WG Bun,
Homemade Cheese Pizza

Grab and Go Chicken Caesar Salad

The Patch Cheesy Mashed Potatoes,
Vegetable & Fruit Bar, Choice of
Milk

27

TUESDAY

Vegetarian Bean Waking Taco

Chef's House Classics Beef Walking Taco

Good Eats Diner Crispy Chicken Sandwich WG Bun,
Cheeseburger on WG Bun,
Homemade Cheese Pizza

Grab and Go Chicken Caesar Salad

The Patch Spiced Pinto Beans, Vegetable &
Fruit Bar, Choice of Milk

30

FRIDAY

Vegetarian Homemade Cheese Pizza

Chef's House Classics Cheeseburger on WG Bun

Good Eats Diner Spicy Chicken Patty on WG
Bun

Grab and Go Chicken Caesar Salad

The Patch California Blend Vegetable,
Vegetable & Fruit Bar, Choice of
Milk

28

WEDNESDAY

Vegetarian Chef on Display

Chef's House Classics Chef Jamie, Ramen Bowl

Good Eats Diner Spicy Chicken Patty on WG Bun,
Cheeseburger on WG Bun,
Homemade Cheese Pizza

Grab and Go Turkey and Cheese Sandwich

The Patch Roasted Carrots, Vegetable & Fruit
Bar, Choice of Milk

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