Scholarship Memo #18
March 18, 2026

<u>The Pause and Reflect Foundation Scholarship</u>
Deadline: April 30, 2026

Scholarship Amount: $500

The Pause and Reflect Foundation is proud to honor the legacy of Gladys Reising (Rowlett) through an annual scholarship that recognizes a graduating minority student who exemplifies compassion, integrity, and resilience.

Criteria:

- Graduating minority student
- Must attend an out of state school after graduation
- Compose a 750 - 1000 word essay on what Pause and Reflect means to you in your life through service to others, personal life experiences on adversity you have overcome or what you seek to accomplish in your travels. How will you champion the Foundation's Vision?: Do what is right, what is decent, and what is kind in all endeavors.
- 2 letters of reference from non-family members or secular individuals (non-clergy)

The Pause and Reflect Foundation board will review all applicants and determine the recipient. The scholarship award will be paid directly to the student via check or wire transfer.

Students can email the essay and reference letters to info@pauseandreflect.org by April 30th.