

November 25 is National Parfait Day! Enjoy a low-fat yogurt parfait for breakfast, snack or lunch. Top with fruit and nuts to get in two more food groups. Look for seasonal flavors of yogurt or a fruit that's in season to add variety throughout the year.

BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WG MUFFINS YOGURT FRUIT 02	**National Sandwich Day** SAUSAGE ,EGG BISCUIT FRUIT 03	BELGIN WAFFLES SAUSAGE LINKS FRUIT 04	CHICKEN JR BISCUIT FRUIT 05	BISCUIT & GRAVY BACON FRUIT 06
CEREAL FRUIT 09	BREAKFAST PIZZA FRUIT 10	**Veterans Day** NO SCHOOL 11	BELGIN WAFFLE SAUSAGE PATTY FRUIT 12	BISCUIT & GRAVY SAUSAGE LINKS FRUIT 13
POPTARTS YOGURT FRUIT 16	SAUSAGE BISCUIT FRUIT 17	PANCAKE & SYRUP SAUSAGE LINKS FRUIT 18	DONUTS YOGURT FRUIT 19	NO SCHOOL 20
MINI CINI YOGURT FRUIT 23	CEREAL FRUIT 24	**National Parfait Day** NO SCHOOL 25	NO SCHOOL 26	NO SCHOOL 27
POPTARTS YOGURT FRUIT 30				



School Information: 1%FF WHITE & CHOCOLATE MILK ARE SERVED DAILY WITH BREAKFAST & LUNCH.PEANUT BUTTER SANDWICH IS AVAILABLE WHEN STUDENTS DISLIKE LUNCH MENU..(USDA IS AN EQUAL OPPORTUNITY AND EMPLOYER.).

NOVEMBER 2026