



Montgomery County High Schools

Week of November 2 – 6th

Nutrition information can be found on the Nutrislice App or <https://mcps.nutrislice.com/>

ADVENTURE



SPICE HOUSE

Daily Specials

Vegan Chick'n Nuggets available to replace chicken Options

- M:** Sweet & Sour Chicken w/ Lo Mein & Roasted Broccoli
- T:** No School
- W:** Chicken & Vegetable Egg Rolls (2) w/ Sesame Roasted Carrots
- TH:** General Tso's Chicken w/ Fried Rice & Soy Roasted Potatoes
- F:** Orange Chicken w/ Lo Mein and Edamame

GRILL



Daily Specials

Cheeseburger, Veggie Burger (vegetarian), & French Fries served daily

- M:** Ninja Burger
- T:** No School
- W:** BBQ Pulled Chicken Sandwich
- TH:** Chicken Parmesan Sandwich
- F:** Bacon Cheeseburger

PIZZA



Daily Specials

Cheese Pizza

- M:** Sausage
- T:** No School
- W:** Mozzarella Stuffed Breadstick w/ Marinara Sauce
- TH:** Hot Honey Pepperoni Pizza
- F:** Meatlovers

FAST TAKES



Daily Specials

Available Daily: Sunbutter & Jelly Sandwich (Vegan) or Hummus & Veggie Wrap (Vegan)

- M:** Hummus Box
- T:** No School
- W:** Italian Combo Sub
- TH:** Buffalo Chicken Wrap
- F:** Crispy Chicken Salad

EXTRAS

A hearty garden bar, fresh fruits and a variety of vegetables and sides are offered daily. We hope to inspire and encourage all students to make healthy choices regularly.



DISH IT OUT!

Your feedback is the main course!



Your Feedback Matters!

Please take a minute to provide your feedback about school meals. We want to hear from you.

[Take our Survey Here!](#)

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AT SCHOOL

This institution is an equal opportunity provider. Additional nutrition information available upon request.



Montgomery County High Schools

Week of November 9–13th

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ADVENTURE



Daily Specials

Vegan Chick'n Nuggets available to replace chicken Options

- M:** Sweet & Sour Chicken w/ Lo Mein & Roasted Broccoli
- T:** Queso Chicken Mac w/ Breadstick
- W:** **Featured Recipe:** Shoyu Chicken Potsticker Soup Served w/ Sesame Roasted Carrots
- TH:** Pumpkin Penne Alfredo w/ Parmesan Green Beans
- F:** Orange Chicken w/ Brown Rice and Spicy Asian Vegetables

GRILL



Daily Specials

Chicken Patty Sandwich, Veggie Burger (vegetarian), & French Fries served daily

- M:** Corn Dog
- T:** Pork Steak w/ Mashed Potatoes and Roll
- W:** BBQ Pulled Chicken Sandwich
- TH:** Chicken Tenders w/ Roll
- F:** Bacon Cheeeburger

PIZZA



Daily Specials

Pepperoni Pizza

- M:** Sausage Pizza
- T:** Mozzarella Stick w/ Marinara
- W:** Supreme Pizza
- TH:** Hot Honey Pepperoni Pizza
- F:** Meatlovers

FAST TAKES



Daily Specials

Available Daily: Sunbutter & Jelly Sandwich (Vegan) or Hummus & Veggie Wrap (Vegan)

- M:** Chicken Caesar Salad
- T:** Double Berry Parfait w/ Granola
- W:** Pretzel Bento Box
- TH:** Turkey & Cheese Sub
- F:** Chicken Bacon Ranch Wrap

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Montgomery County High Schools

Week of November 16–20th

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ADVENTURE



Daily Specials

Vegan Chick'n Nuggets available to replace chicken Options

- M:** Drumstick w/ Biscuit, Gravy and Mashed Potatoes
- T:** Chicken & Waffles served with Apple Glazed Carrots
- W:** Chicken Tenders w/ Garlic Knot and Baked Beans
- TH:** Roasted Turkey Dinner served w/ Mashed Potatoes & Gravy, Low Country Green Beans, Roll w/ baked Apples
- F:** Grilled Cheese & Tomato Soup w/ Collard Greens

GRILL



Daily Specials

Cheeseburger, Veggie Burger (vegetarian), & French Fries served daily

- M:** BBQ Pulled Chicken Sandwich
- T:** Oklahoma Onion Burger
- W:** Grilled Cheese
- TH:** Bacon Cheeseburger
- F:** Cajun Chicken Po' Boy Sub

PIZZA



Daily Specials

Cheese Pizza

- M:** Sausage Pizza
- T:** Buffalo Chicken Pizza
- W:** **Featured Recipe:** Nashville Hot Pizza
- TH:** Hot Honey Pepperoni Pizza
- F:** Meatlovers Pizza

FAST TAKES



Daily Specials

Available Daily: Sunbutter & Jelly Sandwich (Vegan) or Hummus & Veggie Wrap (Vegan)

- M:** Turkey & Cheese Sandwich
- T:** Chicken Caesar Wrap
- W:** Baja Chicken Salad
- TH:** Hummus Wrap
- F:** Ham & Cheese Sub

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Montgomery County High Schools

Week of November 23 – 27th

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ADVENTURE



Daily Specials

Vegan Chick'n Nuggets available to replace chicken Options

M: Beef or Chicken Burrito Bowl w/ Mixed Greens

T: Beef or Chicken Burrito w/ Mexican Zucchini

W: No School

TH: Thanksgiving!

F: No School

GRILL



Daily Specials

Chicken Patty Sandwich, Veggie Burger (vegetarian), & French Fries served daily

M: Popcorn Chicken w/ Roll

T: Cajun Cheeseburger

W: No School

TH: Thanksgiving

F: No School

PIZZA



Daily Specials

Pepperoni Pizza

M: Sausage Pizza

T: Buffalo Chicken Pizza

W: No School

TH: Thanksgiving!

F: No School

FAST TAKES



Daily Specials

Available Daily: Sunbutter & Jelly Sandwich (Vegan) or Hummus & Veggie Wrap (Vegan)

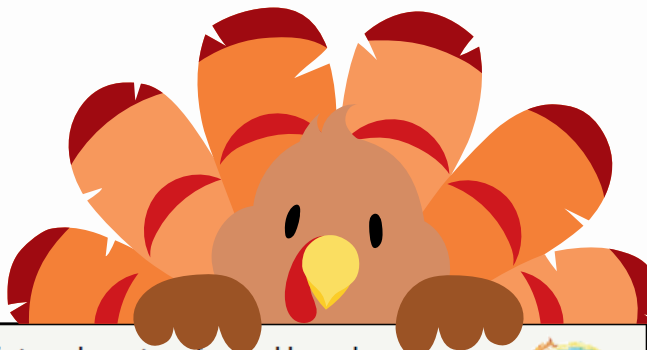
M: Turkey & Cheese Sandwich

T: Crispy Chicken Wrap

W: No School

TH: Thanksgiving!

F: No School



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Montgomery County High Schools

Week of November 30th – December 4th

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ADVENTURE TATER TEMPTATIONS

Daily Specials

Vegan Chick'n Nuggets available to replace chicken Options

- M:** Beef Totchos w/ Cilantro Lime Rice & Pinto Beans
- T:** Popcorn Chicken Bowl w/ Mashed Potatoes, Gravy, Corn, Green beans and Breadstick
- W:** Country Fried Pork Steak w/ Biscuit, Gravy, & Mashed Potatoes
- TH:** Baked Potato Bar w/ Biscuit
- F:** French Toast Sticks w/ Sausage and Sweet Potato Fries

GRILL



Daily Specials

Cheeseburger, Veggie Burger (vegetarian), & French Fries served daily

- M:** Grilled Ham & Cheese Sandwich
- T:** Mini Corn Dog
- W:** BBQ Pulled Chicken Sandwich
- TH:** BBQ Bonesless Wings w/ Roll
- F:** Bacon Cheeseburger

PIZZA



Daily Specials

Cheese Pizza

- M:** Sausage Pizza
- T:** Buffalo Chicken Pizza
- W:** **Pepperoni Stuffed Sandwich**
- TH:** Hot Honey Pepperoni Pizza
- F:** Meatlovers Pizza

FAST TAKES



Daily Specials

Available Daily: Sunbutter & Jelly Sandwich (Vegan) or Hummus & Veggie Wrap (Vegan)

- M:** Hearty Garden Salad w/ Breadstick
- T:** American Combo Sub
- W:** Hummus Wrap
- TH:** Strawberry Banana Parfait w/ Granola
- F:** Sweet Thai Chili Chicken Wrap

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