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**LIVINGSTON
EDUCATIONAL
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COMMUNITY FOUNDATION
FOR **Livingston County**
A Fund of the Community Foundation for Southeast Michigan

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GOODNIGHT MOON

GOING TO BED WITHOUT DRAMA

A bunny says goodnight to familiar nursery rhyme characters: three little bears, two little kittens, and a cow that jumps over the moon.

Parents know all too well about bedtime tantrums. Reading this book in the same place each night gives your child a comforting routine at bedtime.

THE MESSAGE

ABOUT WORDS



Read in a quiet, calming voice.

TODDLERS

- ★ Tell your toddler to be on the lookout for the red balloon and point to it.
- ★ Ask “Is bedtime noisy or quiet?” and point out other examples of opposites.

PRESCHOOLERS

- ★ Preschoolers like to recite parts of a story. Familiar nursery rhymes help them do that.
- ★ Say “Look at the quiet old lady. What is she whispering?” This helps toddlers look at pictures and understand what the characters are doing.

ABOUT EMOTIONS



Tell your child that everybody gets tired and needs rest.

AFTER THE STORY

The story ends with “Goodnight noises everywhere.” Stop talking and leave the room quietly.



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