

FRSD AUTISM ACCEPTANCE WEEK

2026

We will be celebrating Autism Acceptance Week, April 20th-24th with a bonus day on Thursday, April 2. Each day of the week, we will have a different theme to celebrate all things that make individuals with autism so special and unique.



4/2 THURSDAY



WEAR YOUR FLORAL SHIRTS FROM THE CRAFTY TIGERS

Today is autism acceptance day! This will be a special day to wear shirts that promote acceptance, kindness, love, and understanding. The Full spirit week will start on 4/20/26.



MONDAY 4/20



REST & REGULATE PAJAMA DAY

Wear pajamas or cozy clothes to celebrate the importance of comfort, rest, and self-regulation. Everyone regulates differently, and honoring sensory needs helps us all do our best.



TUESDAY 4/21

SHARE MY PASSION DAY

Everyone is encouraged to wear something that represents a deep interest, recognizing that strong, focused passions are a valued and natural part of autism.

WEDNESDAY 4/22



COMFY & CALM

People with autism can sometimes experience a variety of sensory sensitivities. So wear clothes that make you feel the most comfortable!

THURSDAY 4/23

CELEBRATE MINDS OF ALL KINDS! FLORAL SHIRT DAY

Wear the shirts purchased from the Crafty Tigers or floral shirts, floral accessories, or anything with flowers to celebrate the diversity of thinking, learning, and being.



FRIDAY 4/24



SPECTRUM OF STRENGTHS TIE-DYE DAY

Wear tie-dye or bright colors to celebrate the wide spectrum of strengths, talents, and ways of thinking within the autism community. Our differences make us unique—and stronger together.