SEPTEMBER

Semmes Elementary Cafeteria 221-1635

BREAKFAST
7:35 a.m. 8:05 a.m.

Mon.	Tues.	Wed.	Thurs.	Fri.
	1 Chicken Fajita *Fried Rice* *Broccoli* *Green Salad* *Fruit, Juice, Milk*	*2 Chicken Sandwich* *Fries* *Green Salad* *Fruit, Milk*	*3 Deli Sandwich* *Tater tots* *Carrots* *Green Salad* *Fruit, Juice, Milk*	*4 Spaghetti* *Green Beans* *Roll* *Green Salad* *Fruit, Milk*
7 ***LABOR DAY***	*8 Crispito* *Black Beans* *Corn* *Green Salad* *Fruit, Juice, Milk*	*9 Hamburger* *Tater Tots* *Green Salad* *Fruit , Milk*	*10 Deli Sandwich* *Sweet Potato Fries* *Pickles* *Green Salad* *Fruit, Juice, Milk*	*11 Spaghetti* *Green Beans* *Corn* *Roll* *Green Salad* *Fruit, Milk*
14 Chicken Bites *Green Lima Beans* *Carrots* *Green Salad* *Fruit, Milk*	*15 Chicken Alfredo* *Pea and Carrots* *Roll* *Green Salad* *Fruit, Juice, Milk*	*16 Cheeseburger* *Potato Wedges* *Corn* *Green Salad* *Fruit, Milk*	*17 Chicken Sandwich* *Tator Tots* *Green Salad* *Fruit, Juice, Milk*	*18 Red Beans/sausage* *Broccoli* *Hushpuppies* *Fruit, Milk*
21 Crispito *Corn* *Black Beans* *Fruit, Milk*	*22 Chicken Tenders* *Pinto Beans* *Broccoli* *Roll* *Fruit, Juice, Milk*	*23 Tacos w/chips* *Black Beans* *Corn* *Green Salad* *Fruit, Milk*	*24 Deli Sandwich* *Sun Chip Cheez it* *Corn* *Green Salad* *Fruit, Juice, Milk*	*25 Stuff Crust Pizza* *Broccoli* *Sweet Potato Fries* *Green Salad* *Fruit, Milk*
28 ***NO SCHOOL***	*29 Spaghetti* *Green Beans* *Yam Patty* *Roll* *Green Salad* *Fruit, Juice, Milk*	*30 Cheeseburger* *Potato Wedges* *Corn* *Green Salad* *Fruit, Milk*	MENU SUBJECT TO CHANGE WITHOUT NOTICE DUE TO VENDOR AVAILABILITY	

9/1: Cinnamon roll
9/2: Pancake
9/3: Yogurt parfait, granola
9/4: Breakfast sandwich

9/7: LABOR DAY
9/8: Breakfast pizza
9/9: Yogurt parfait
9/10: Cereal bar, cheese stick
9/11: Pop tart, yogurt

9/14: Cinni minis
9/15: Mini waffles
9/16: Cheese stick, muffin
9/17:Breakfast pizza
9/18: Egg sandwich

9/21: Sausage biscuit
9/22: Mini pancakes
9/23: Cheese quesadilla
9/24: Pancake, sausage
9/25: Ham & cheese croissant

9/28: NO SCHOOL
9/29: Cheese stick, muffin
9/30: Pop tart, cereal



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