CASA GRANDE UNION
HIGH SCHOOL DISTRICT

FAMILY/ATHLETIC HANDBOOK

2026-2027

RIGHTS & RESPONSIBILITIES
HEALTH & SAFETY
CODE OF CONDUCT

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VISTA GRANDE HIGH SCHOOL
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Interscholastic Athletics (AIA) Opportunities in CGUHSD Schools

Fall Sports
include Football, Cross Country, Girls Volleyball, Girls Flag Football, Golf
(Swimming & Tennis Boys and Girls – Casa Grande Union only)

Winter Sports
include Basketball (Boys and Girls), Wrestling (Boys and Girls),
and Soccer (Boys and Girls)

Spring Sports
include Baseball, Softball, Tennis (Boys and Girls),
Track & Field (Boys and Girls), Boys Volleyball

Rights and Responsibilities

We believe that keeping athletes & parents well informed encourages an environment that greatly promotes camaraderie and reduces the potential for catastrophic injury. As a school district, we endorse the following statement from the American Medical Association committee on the medical aspects of sports (1959):

Bill of Rights for the Athlete

Participation in athletics is a privilege involving responsibilities and rights. The athlete has the responsibility to play fair, to give his/her best, to keep in training, to conduct oneself with credit to the sport and the school. In turn, the athlete has the right to optimal protection against injury as this may be assured through good technical instruction, proper regulation and conditions of play, and adequate health supervision.

CGUHSD Athletics Philosophy Statement

At Casa Grande Union High School District (CGUHSD), we believe participation in school athletics is an important phase of the overall educational process. Athletics is an integral component of the total educational program, providing learning experiences that contribute to a student's physical, mental, social, and emotional growth. School athletics provide students with meaningful opportunities to learn important values such as accountability, self- discipline, leadership, citizenship, perseverance, responsibility, and teamwork through the realization of personal and team goals. While interscholastic athletic programs are generally designed to give opportunities to physically gifted students, where winning is an important goal, we believe our athletic programs should be expanded to include as many students as possible. A 'win at all costs' mentality is not part of our programs. We expect student-athletes to undertake the responsibility of exemplifying a positive school culture in a manner that their parents, teachers, and coaches can be proud of. As a result of their experiences in our athletic programs, we expect student-athletes to become better individuals and well-prepared, contributing members of our community and society.

CGUHSD is a member of the Arizona Interscholastic Association (AIA) and each of our secondary schools abide by AIA bylaws. Interscholastic athletic competition should demonstrate high standards of ethics and sportsmanship while promoting the development of good character. The highest potential of sports is achieved when all participants are committed to pursuing 'Victory with Honor' through the following six core principles:

1. Trustworthiness
2. Respect
3. Responsibility
4. Fairness
5. Caring
6. Good Citizenship

Pursuing 'Victory with Honor' applies to all coaches and student-athletes involved in interscholastic sports through the AIA. As coaches and student-athletes in CGUHSD, we are all expected to adhere to and model these standards.

AIA ARIZONA INTERSCHOLASTIC ASSOCIATION
OUR STUDENTS, OUR TEAMS . . . OUR FUTURE.

Accommodations for Spectators with Disabilities

NFHS NATIONAL FEDERATION OF STATE HIGH SCHOOL ASSOCIATIONS

The Casa Grande Union High School District will provide reasonable accommodations for spectators with disabilities at sporting events. In addition, when attending events hosted by other districts, DISTRICT athletic directors will seek disability accommodations in advance upon a DISTRICT spectator's request. The Casa Grande Union High School District shall make every effort to accommodate all spectators with disabilities.

State of Arizona Male, Female, or Coed Designation Regarding Interscholastic and Intramural Sports Participation

Male, Female, or Co-ed Designation

As per A.R.S. §15-120.02, each interscholastic athletic team or sport that is sponsored by a public school shall be expressly designated as one (1) of the following based on the biological sex of the students who participate on the team or in the sport:

1. "Males," "men" or "boys."
2. "Females," "women" or "girls."
3. “Co-ed" or "mixed."

Athletic teams or sports designated for "females," "women" or "girls" may not be open to students of the male sex.

Any student may participate in any interscholastic/intramural athletic team or sport designated as being for "males," "men" or "boys" or designated as "coed" or "mixed."

Athlete Health and Safety

Parents/Guardians and athletes must accept a degree of risk from participation in sports. A signature acknowledging the terms of this handbook and all requirements of participation in CGUHSD Athletics is required of both parent/guardian and athlete before participation in practice and competitions.
Athletes who are mentally, emotionally, and physically conditioned for an activity are less susceptible to injury. The following are the minimal health requirements that are considered shared responsibilities between parents/guardians, coaches, staff, and the athletes themselves:

1. Annual physical examinations performed by a qualified doctor are required before a student can participate in a sport. This physical must be completed after March 1st to be eligible for the following school year.
2. Athletes are expected to be drug free. Athletes will be informed about the dangers of using drugs.
3. Parents/Guardians and Student Athletes must also sign the "Statement of Understanding" form which explains the consequences if an athlete is suspended from school for possession or being under the influence of drugs while in school or at school-sponsored events.
4. Workouts may be scheduled during cooler morning and evening hours when the weather is hot. Please refer specific questions regarding practice during heat restrictions to the Athletic Department.
5. Athletes may be acclimated to hot weather activity by carefully graduated practice schedules.
6. Adequate body fluid levels are critical. Water intake is to be encouraged before practice. Fluid loss and intake during practice is to be monitored.
7. Athletes are not allowed to use dehydration devices.
8. Athletes may be provided with recommendations for off-season conditioning programs, including information on nutrition and motivation.
9. Athletes will not be required to perform beyond his/her current level of progress with regard to physical conditioning, performance techniques, or level of competition.
10. An athlete will not be allowed to return to physical activity after a serious illness or injury without written permission of the athlete's doctor.
11. Year-round conditioning is beneficial to the athlete's health, and a vital part of any sports program for maximizing performance and minimizing injury.
12. Each high school has a Certified Athletic Trainer on staff. Certified trainers are qualified in the care of prevention of athletic injuries and are available to the athlete for help and advice. Please note that in-season athletes do have priority when it comes to injuries and injury prevention.

Parents/Guardians and school staff must be willing to fully share all information regarding the athlete's health, including injuries, illnesses, and other symptoms, no matter how slight. Decisions regarding medical treatment are left to qualified physicians and the athletic trainer. The coach and/or athletic director must receive written clearance to continue participation after any physician treatment is completed.

Hazing

Hazing is defined as any intentional knowing or reckless act committed by a student(s), whether individually or in concert with other persons, against another student(s), and in which both of the following apply:

1. The act was committed in connection with an initiation into, an affiliation with, or the maintenance in any organization that is affiliated with an educational institution.
2. The act contributes to a substantial risk of potential and/or actual physical injury, mental harm, or degradation. CGUHSD has a zero tolerance for any acts of hazing. Student athletes and parents/guardians are encouraged to watch the NFHS Learn Hazing Prevention for Students (https://nfhslearn.com/courses/hazing-prevention-for-students). If a student suspects hazing is taking place or has been affected by hazing, then they must let their Coach, Athletic Director and/or Principal know immediately.

Reporting/Complaint Procedure

a. Students and others may report hazing to any professional staff member. Professional staff members must report the incident to the school administrator or next higher administrative supervisor, in writing, with such details as may have been provided. A failure by a staff member to timely inform the school administrator or next higher administrative supervisor of a hazing allegation or their observation of an incident of hazing may subject the staff member to disciplinary action in accord with school policies. The staff member shall preserve the confidentiality of those involved, disclosing the incident only to the appropriate school administrator or next higher administrative supervisor or as otherwise required by law. Any instance of reported or observed hazing which includes possible child abuse or violations of statutes known to the staff member shall be treated in accord with statutory requirements and be reported to a law enforcement agency.
b. The report/complaint will be investigated by the school administrator or a supervising administrator. The procedures to be followed are:
    - An investigation of the reported incident or activity shall be made within ten (10) school days when school is in session or within fifteen (15) days during which the school offices are open for business when school is not in session. Extension of the timeline may only be by necessity as determined by the Superintendent.
    - The investigator shall meet with the person who reported the incident at or before the end of the day and shall discuss the investigation and conclusions. Confidentiality of records and student information related to disciplinary actions, if any taken, shall be observed in the process of meeting with the person who reported the incident.
    - The investigator shall prepare a written report of the findings and a copy of the report shall be provided to the Superintendent.
    - All violations of this policy shall be treated in accord with the appropriate procedures and penalties provided for in school policies related to the conduct and discipline of students, staff, and others.

Parent/Guardian Support and Involvement

Parents/Guardians of our athletes and students involved in other student activities are encouraged to become involved in our school booster club organizations. These groups are organized and run by parents/guardians' boosters with the support of the school staff. Parents/Guardians may contact the school administrators or the athletic director for information regarding membership or any other means the parent/guardian may wish to support the program.

Requirements for Participation in CGUHSD Athletics

Academic Qualifications

1. The ways in which a student is eligible to compete in athletics at one of our CGUHSD schools is by one of the four options below:
    a. Be enrolled as a student at one of our CGUHSD High Schools
    b. Be enrolled as a student at P.A.C.E
        i. Students can participate in Casa Grande Union or Vista Grande athletics based on their "home school" boundaries.
    c. Be a Home-School student domiciled in one of our attendance zones.
2. Students must be enrolled in a minimum of six classes in order to participate in athletics. Seniors may be enrolled in a minimum required by district policy (four classes).
3. Students must pass all classes to remain eligible for participation in athletic programs.
4. Athletes with a grade point average below 2.5 must have three documented hours of tutoring per week to remain eligible for the week.

Please call your school's Athletic Department or the Superintendent's Office for assistance.

Health

1. Students must be cleared by a physician for participation in sports.
2. Physical exams are required annually (after March 1st).
3. Following an illness or injury a medical clearance may be required for return to practice or play.
4. Athletes found to be using illegal drugs, including steroids, and vaping will be suspended from the team.
5. Athletes suspended from school for a drug/alcohol/vaping related offense will lose eligibility and follow discipline matrix.

Attendance

1. Students must be in attendance the entire day of classes to participate in competition.
    a. In certain circumstances, a student may be approved by the AD to miss a portion of the day.
2. Students must be in attendance on the day of practice at least 50% to participate in practice.
    a. In certain circumstances, a student may be approved by the AD to miss a portion of the day.
3. Excessive absences may result in poor grades and loss of playing privileges.

Emergency Information

A completed and signed emergency card is required before practice begins.

a. The coaches carry the emergency cards with them to practice and games.
b. Parents/Guardians are expected to keep the coach updated on any change in emergency information.

Insurance

1. The Casa Grande Union High School District does not provide medical insurance for student athletes.
2. Parents/Guardians must have health insurance for their students, as they are responsible for medical bills incurred because of participation in athletics. Proof of Insurance is required in RankOne upon initial clearance for participation in CGUHSD athletics.
3. Parents/Guardians may purchase school activity insurance. Forms are available from the athletic department or visit Eligibility - K&K Insurance Group, Inc.

Athletic Fees and Expenses

1. Athletes pay a fee of $60 **Pay-To-Participate fee** in each sport. Families are capped at **$240** each school year regardless of the number of individual athletic participation fees they may have. (This also includes Band, Speech & Debate and Robotics).
2. Students with debts or outstanding balances are required to pay them as soon as possible, before the next semester. CGUHSD may hold transcripts and/or records of any students owing debts or outstanding balances. Students may not be allowed to participate in athletics/activities and/or go on school-sponsored trips until their current debts and outstanding balances are paid in full. Reach out to the Administration if you need help making a payment plan if necessary.
3. The fee helps to defray expenses for AIA dues, coaches' salaries, equipment, off-site facility rentals, etc.
4. In some sports, the athlete is expected to purchase athletic shoes, socks, and other basic apparel. The coaches will explain these charges before the season begins.
5. Contact your Athletic Director with questions regarding fees or payment plan.

Equipment

1. In most sports, the equipment manager checks out uniforms and other necessary equipment for the athlete.
2. The athlete is expected to take care of the uniform and to return it in good condition based upon the normal wear and tear.
3. Lost or stolen uniforms and equipment checked out to the individual athlete becomes his/her and parents/guardians' financial responsibility.
4. A fee will be charged to replace any unreturned uniform/equipment.

Residence

1. Generally speaking, athletes must reside and/or be enrolled within the Casa Grande Union High School District in order to participate in our high school programs.
2. Athletes establish eligibility on the first day of attendance in high school in our district.
3. Parents/Guardians and athletes should consult with the athletic director for information regarding other eligibility requirements.
4. In all cases, the AIA constitution/bylaws supersede any rules printed by the school district. Please communicate with your school's athletic director or the District Athletics Office for AIA bylaw/rules interpretations.

Early Dismissal on Game Days

Due to the start times of some away games, and corresponding travel time, student-athletes may be dismissed early from class. Student-athletes are responsible for obtaining class assignments and making up any course work, including tests.

Non-School Participation

Athletes must practice with their team in order to participate in games and maintain team membership. Sometimes athletes are members of local private organizations and may practice with private coaches. It is important that the athlete knows the AIA regulations relating to participation in private clubs and our requirements that the athlete maintain full membership and participation in CGUHSD schools' program. Please refer questions to the Athletic Director and/or the AIA bylaws regarding non-school participation.

Communication

If a parent/guardian has a concern below you will find our communication protocol, which is designed to promote direct, open, and respectful communication so that problems and concerns can be worked out quickly and effectively between the parties involved. We strongly encourage students and parents to follow this protocol. In turn, our coaches pledge to be sensitive to your concerns, to maintain confidentiality, and to return calls/emails within two business days. By working together, we can continue and strengthen our commitment to success for all. (See Table 1).

1. All students are encouraged to express their concerns directly to their coaches. While we want our parents involved, the first step for communication with our sports teams and athletes needs to be between our coaches and their players. Players should approach their coaches in a timely manner and set up a time to discuss the situation or concern in person. For the contact to be as productive as possible, times that should be avoided are:
    a. Prior to, during or immediately following a contest.
    b. During an active practice session when teammates are present.
    c. When it is apparent that there is not enough time to allow a complete discussion.
2. If the athlete and parent need further communication or are dissatisfied with the result of the initial dialogue, the athlete and parent should speak directly with the coach.
3. If the athlete and parent need further communication or are dissatisfied with the result of the continued dialogue, the athlete and parent should contact the athletic director to continue the discussion with the coach, parent, and athlete present.
4. Most problems will have been resolved by this point. However, if you still need to speak with someone about your situation, please contact the principal to set up a meeting with the athletic director, and the coach. At this stage, the athlete may no longer be required to be involved in the communication process.
5. If your problem has not been resolved through the principal's office, contact the Superintendent to set up a meeting to discuss your situation.

Chain of Command for Athletic Communication

Step 1: Coach; if not resolved...
Step 2: Site Athletic Director; if not resolved…
Step 3: Site Principal; if not resolved…
Step 4: Superintendent/District Athletic Director

Communication Expectations

24 Hour Rule: To promote respectful and productive communication, parents must wait at least 24-hours after a game before contacting or approaching a coach to discuss concerns, issues, or questions related to the game.

Communication you should expect from your child's coach:

1. When and where practices and contests will be held.
2. Expectations the coach has for team members.
3. Requirements to be a part of the team-equipment, etc.
4. When your child is injured while participating.

Communication coaches expect from parents

1. Concerns expressed directly to the coach.
2. Notification of any schedule conflicts well in advance.
3. Support a commitment to the program.

Things to discuss with your child's coach

1. The treatment of your child.
2. Skill improvement and development.
3. Concerns about your child's behavior.

Inappropriate things to discuss with your child's coach

1. Playing time
2. Team strategy
3. Play calling
4. Other student-athletes

If you have a concern…

1. Have your child speak with their coach. We want to encourage communication and promise to make your child feel comfortable.
2. Make an appointment with the coach of your child's sport.
3. Please do not attempt to confront a coach before, during, or after a practice or game. These are emotional times for both the parent and the coach, and this period does not promote objective analysis of the situation.

Event Pricing

All prices are subject to change.

High School ticket prices for all athletic events (Frosh/Soph, JV, Varsity)

1. $6 - Adult
2. $4 - Senior Citizen (62+)
3. $4 - Student w/ school ID
4. Free - Children 5 years old and under

High School Athletic Passes (passes are not accepted at AIA postseason events.)

Passes are available for purchase in the school bookstore. Each pass covers attendance for all regular season home games at your student's high school.

Tournament pricing is subject to change per AIA. Please contact your school for more information. You can also visit the AIA website at www.aiaonline.org. The ticket prices for each specific sport AIA State Tournaments are posted on that sport's tournament info page on www.aia365.com.

Acceptable Passes

a) Current AIA Pass (+1 guest)
b) AIA Lifetime Pass
c) Current CGUHSD Employee Badge
d) High School issued Game Worker Pass

Transportation

Transportation to and from game sites is provided by the school district. After competitions, parents/guardians and/or an athlete may transport themselves if approved by the school's athletic department and have a completed transportation consent form on file.

Athlete Behavior

Our administrators, teachers, and athletic staff expect athletes to always demonstrate good sportsmanship and citizenship. Athletes not living up to this expectation may lose team membership or playing privileges.

Parent/Guardian Expectations

We expect the parents/guardians to join the staff in setting good examples. The school staff is charged with the responsibility for taking corrective steps when spectators create or contribute to fan behavior problems. We respectfully ask our parents/guardians to join in an overall effort to help make student sport participation a happy and healthy experience. In most sports, spectator bleachers are provided. We expect the fans to stay in seating areas while respecting the visibility and access of all spectators and not interfere with the coaches' responsibility on the court or field of play.

Coaches Expectations

1. We expect our coaches to develop their programs in a manner that fosters an educational-based athletic experience. This experience is based on supporting academic achievement, mastery of skills, leadership, sportsmanship and developing quality citizens rather than a "win at all costs" mentality.
2. We expect our coaches to engage with student-athletes, school representatives, parents/guardians, and the community in creating a positive culture and healthy experience for all those involved.
3. We expect our coaches to promote a culture that removes potential barriers to participation based on culture, ethnicity, religion, gender, sexual orientation, or socio-economic status.
4. We expect our coaches to encourage multi-sport athletes and collaborate with colleagues in the sharing of student-athletes.
5. We expect coaches to be fair and unbiased.
6. We expect coaches who lead both high school and club programs to ensure that no student-athlete ever feels pressured to join the coaches' club team and club involvement should never be a requirement to participate on a high school team.

Team Selections

In some sports, there is a limit to the number of athletes that can be selected for the team. Our coaches have developed selection procedures that have been approved by the school principal and/or athletic director. Each athlete who shows up for tryouts are given a fair opportunity to demonstrate his or her skills and attitude. The decisions by the coaches are final.

Social Media Misuse

Parents/Guardians and students should be aware of the Arizona Revised Statute (ARS 13-2916) regarding the use of social media. The statute states, "It is unlawful for any person, with intent to terrify, intimidate, threaten or harass a specific person or persons, to do any of the following:

1. Direct any obscene, lewd, or profane language or suggest any lewd or lascivious act to the person in an electronic communication.
2. Threaten to inflict physical harm to any person or property in any electronic communication.
3. Otherwise disturbed by repeated anonymous, unwanted, or unsolicited electronic communications the peace, quiet or right of privacy of the person at the place where the communications were received."

*Any student's misuse of social media platforms (Facebook, Twitter, Instagram, etc.) may be subject to the athletic code of conduct found in this handbook.

Heat Index Guidelines

CGUHSD follows AIA sports medicine bylaws pertaining to heat acclimatization protocols, hydration strategies, and treatment of heat-related illness exhibited by a student-athlete. The school's certified Athletic Trainer and Athletics Director (or designee) are responsible for determining Heat Index zones from the combination of the most current temperature and humidity readings. Predictions regarding the readings may need to be conducted to ensure safe competition. In these cases, the maximum temperature and RH reported for the practice/event start time is utilized. If the source of the temperature reading is in question, it is advised to be conservative and follow the modifications of the higher zone.

Below Danger Zone (Under 135)

1. Practice/competition as normal
2. Full pads
3. Regular running schedule (football, cross-country)
4. Water breaks every 15 minutes or as needed by the individual

Danger Zone (136-145)

1. Practice/competition with modifications
2. Reduced amount of equipment worn
3. Adjust start time until readings return Below Danger Zone
4. Reduced running schedule
5. Water breaks every 10-15 minutes or as needed by the individual

Critical Zone (146 and above)

1. Practices modified; competition postponed, canceled, or rescheduled
2. No equipment worn
3. No running
4. Water breaks every 10-15 minutes or as needed by individual
5. Practice moved indoors
6. Practice or competition postponed until reading returns to Danger Zone
7. Practice or competition moved to a later date or time

High School Athletic Code of Conduct

This Code of Conduct outlines the framework of the culture we expect in the CGUHSD. Culture will be the foundation of an athletic program that competes at the highest levels and is a source of pride in our learning community.

Athletic Core Values

1. The athletic programs at CGUHSD are an extension of the classrooms and educational programming.
2. Athletic programs are designed to enhance the athletic sparks of our students. Our main goal is for our student-athletes to be lifelong participants in enjoyable physical fitness activities.
3. Athletes will enhance their goal-setting skills, hard work, teamwork, and managing their emotions in dealing with disappointment and success.
4. Athletes will develop and practice the attributes needed to achieve their personal and workforce hopes and dreams.
5. Train athletes to compete at the next level beyond high school in any area our athletes pursue.

Important Culture Statement

Although athletics is an extension of our academic programs, it is a privilege, not a right, to participate. Athletes represent the reputation of the community, school, and your family when they compete. Below are some essential expectations to ensure we represent our community to the highest standards. Athletes, coaches, and referees are all human and will make mistakes. It is part of the learning continuum. We will learn and grow from our experiences with a growth mindset and strengths-based approach.

Student Non-Negotiables

1. I represent our school and program on campus, in the community, on social media, and when competing on the road. I will always be a respectful, law-abiding citizen, holding myself to a high standard.
2. I will use appropriate language and not use derogatory racial terms.
3. Academic success is my highest priority in education and athletics. I will give 100% to my success in academics.
4. Educators, Coaches, and Referees are my support system and are tasked with keeping me safe. I will maintain respectful relationships with my support team.
5. I acknowledge that drugs and alcohol are dangerous and could steal my hopes and dreams. I will be drug, tobacco, vape, and alcohol-free.

Coaches Non Negotiables

1. I am a role model and will always conduct myself in that manner.
2. Building a strong culture and player safety will be my highest priorities.
3. I will always maintain a proper coach/player relationship with my athletes.
4. I will use appropriate language while coaching.
5. I will promote and enforce a drug, tobacco, vape, and alcohol-free team culture.
6. I will address concerns with referees in the same manner and tone as I would with my supervisor.
7. I will hold my athletes to high expectations and standards. Making excuses for my athletes will not benefit them and will prevent them from achieving their highest levels.
8. I will coach using a growth mindset and strengths-based model.
9. I will keep in mind a community feel and play music that is suitable for all guests.

Parent/Guardian Non-Negotiables

1. I understand that the coaches and administration operate in my child's best interests.
2. As a fan/guest for athletic events, I will root for my child and their team, not against the opponent. I will never enter the playing surface during a game.
3. I will use appropriate language while being a spectator on school campuses.
4. I will use respectful language towards officials on school campuses.
5. I will practice positive reinforcement cheering during the games and keep critical comments and thoughts about players, coaching, and officials' calls to myself.
6. I will make appointments with the coach to address my concerns. Coaches have many duties to perform, and there are proper meeting times.
7. I understand that athletics is a privilege, not a right, for my child to participate.
8. I have read and will support the Student-Athletes Non-Negotiables.

Definitions

1. Season of competition is defined as those weeks where regularly scheduled contests occur including any post-season play.

   Suspension from a team, in most instances, is defined as not participating in practice and not taking part in any remedial conditioning prescribed by the head coach, and not being able to suit up or participate in scheduled contests. However, the decision to practice with the team will ultimately be left up to the head coach. In the event an athlete does not accept a suspension, removal will result.

Code

1. *Academic:* Any athlete who becomes ineligible due to grades will be suspended until the deficiency is made up per district and AIA policy.
2. *Alcohol/Drug Abuse (including steroids):* If any athlete is discovered to be possessing and/or using alcohol or drugs during the season, and/or a positive drug test that athlete will follow code of conduct table for discipline. A second offense will result in automatic removal from the team.
3. *Vaping/Tobacco/E-Cigarettes:* If any athlete is discovered using tobacco during the season, that athlete will be subject to specific school policies.
4. *Quitting a Sport:* Any athlete who quits a team will need to ensure they are in good standing to move on to the next sport.
5. *Reporting Violations by Law Enforcement:* Violations reported by law enforcement agencies will be handled on a case-by-case basis as it relates to school safety.
6. *Hazing:* Any violation of the hazing policy can result in loss of athletic participation indefinitely.
7. *Additional Site-Based Policies:* Individual school sites/coaches may have additional athletic codes of conduct rules & consequences for their respective school or team.
8. *Miscellaneous:* It is impossible to anticipate every situation that may require disciplinary action. In general, the athlete should understand that actions, which are detrimental to him/herself, and/or the high school athletic program, would result in suspension and/or removal from a team.

Code of Conduct Table Summary

Infraction	Consequence
Possessing and/or using drugs	45 school days of no athletics (If counseling is attended, may be reduced to 15 days if approved by admin)
Second Offense of possessing and/or using drugs	Removal from the team
Tobacco/Vaping	School/Team policies
Inability to complete a drug test, or refusal to test	45 school days of no athletics
Hazing	Suspended indefinitely

Student Athlete Drug Prevention Program (Random Drug Testing)

Drug Prevention Program

The Governing Board believes that the use of illegal drugs presents an especially hazardous threat to the health, safety and the welfare of students who participate in athletics. For example, athletes who use steroids cause damage to their own bodies and may participate in a sport in a manner that could endanger the health and safety of other participants. While the Governing Board encourages students to participate in athletics, it also believes that the opportunity to try out and play is not an absolute right. Rather, it is a privilege offered to students on an equal opportunity basis.

Program Purpose

The purpose of this policy is to protect the health, safety and welfare of all students participating on teams and using our athletic facilities for conditioning during the school year. Before a student is eligible to try out for a team, he/she must agree to submit to testing for the use of drugs according to the procedures included in this handbook. It is understood that the testing procedures will be on a random basis, and may be conducted seasonally (fall, winter & spring). Testing may occur up to seven times each season across a random number of athletes. If an athlete tests positive, it will be strongly recommended that they attend an Athletic Drug-Free Intervention Program. They will not be subject to school and academic consequences, just athletic program consequences.

Random Testing

Random testing may occur on all sports teams. Athletes in all district AIA-sanctioned sports are subject to this policy. A student athlete who refuses to provide a sample when randomly chosen will be considered a positive test. Refusal or failure to provide a sample will result in loss of eligibility.

Illegal Drugs Identified

The following drugs will be tested for: Alcohol, amphetamines, barbiturates (downers), benzodiazepines (bennies or uppers), cannabinoids (marijuana), carisoprodol (soma), cocaine (coke), MDMA (ecstasy), opiates (codeine, heroin, morphine, methadone), oxycodone, phencyclidine (PCP, angel dust), propoxyphene, stimulants (speed), and anabolic steroids. A "positive" test sample will mean a predetermined level of detection has been exceeded and that level is unacceptable.

Under the Influence, or in Possession of Illegal Substances, on School Property or at School Events

If an athlete is under the influence on school property or at a school event, they will face school consequences, and the administrator will use the District Discipline Matrix to assign disciplinary consequences. You do not need a positive drug test to determine if you are under the influence on school property or at a school event.

School Administration Can Request a Student Athlete be Drug-Tested

1. The School Administration can request that an athlete be drug-tested, at district expense, if there are concerns about the player's well-being and health.
2. The School Administration must first contact the Parent/Guardian to discuss their concerns and explain why a drug test is recommended.
3. If there is an agreement between the Administration and Parent/Guardian to test, the test will be conducted at District expense. If the test is positive, the athlete will have to agree to drug counseling to remain eligible and the results will be confidential.
4. Refusal to come to an agreement to test, take the test, or enter counseling if there is a positive result, will count as a CGUHSD Positive Test.

Volunteering for help component

Athletes with drug dependence may voluntarily be tested and obtain intervention.

Drug Prevention Program Purpose

Coaches occupy important roles in the lives of athletes. Often an athlete will choose to talk about a personal problem with school personnel while the athlete feels uncomfortable about discussing the same problem with a parent/guardian or another important adult in his or her life. Our school personnel want to maintain this position so that student athletes feel free to come talk about problems such as use of or a dependency on drugs. This program allows the athlete to voluntarily come forward and ask for help.

Volunteering To Be Tested

1. When an athlete volunteers to be tested, they will be referred to the district's provider to complete an initial drug test. Parent/Guardian Permission must be obtained to do the volunteer test.
2. If the test is positive, the athlete will have to agree to drug counseling to remain eligible and the results will be confidential. This positive test will not count as a CGUHSD Positive Test, as referenced in Paragraph 20.09. The athlete is ineligible to participate until a negative test is obtained.
3. Refusal to enter counseling if there is a positive result will count as a CGUHSD Positive Test.
4. You cannot volunteer to test if you have been notified that you have been selected to random test.