



Westlake COMMUNITY SERVICES

Engage - Enrich - Empower

2025 ANNUAL REPORT



[https://www.cityofwestlake.org/886/
community-services](https://www.cityofwestlake.org/886/community-services)



The City of  **Westlake** Ohio
DENNIS M. CLOUGH, MAYOR 27700 Hilliard Blvd.
Westlake, OH 44145



FROM THE DIRECTOR

Dear Residents, Partners and Friends,

This year has been a year of meaningful progress for the Westlake Community Services Department as we work to support the health, connection, and well-being of our residents. Below are three highlights that capture the impact of our work, with more stories shared throughout the pages that follow:

- Selected by the National Institute of Senior Centers to host Ohio's Healthy Weight Town Hall, bringing together healthcare professionals and residents to address access to weight management care for older adults.*
- Earned designation as a Dementia Friendly City through a collaborative, community-wide effort to strengthen support for individuals and families affected by dementia.*
- Thrived as a hub for connection and engagement through ongoing investment in welcoming, inclusive programming. Cafe participation increased by 21%.*

We are deeply grateful to our partners, volunteers, and residents whose support ensures Westlake remains a community where people can live well, stay connected, and thrive at every stage of life.

With Gratitude

Lydia Gadd

Community Services Director

MISSION STATEMENT

To engage, enrich and empower those we serve, especially 50+ adults and Westlake residents of all ages in need.



COMMUNITY SERVICES STAFF

Lydia Gadd, MA, LPCC-S—DIRECTOR
lgadd@cityofwestlake.org

Cindi Lindgren—Office Manager
clindgren@cityofwestlake.org

Jodi Rodriguez—Program Planner
jrodriguez@cityofwestlake.org

Jennifer Yoo—Program Planner
jyoo@cityofwestlake.org

Donna Feorene—Outreach Coordinator
dfeorene@cityofwestlake.org

Mary Kalassay—Youth Coordinator
mbodmann@cityofwestlake.org

Gayle Stanfield—Secretary
gstanfield@cityofwestlake.org

Heather Trask—Secretary
htrask@cityofwestlake.org

Garrett Baglier—Chef/Food Service Coordinator
gbaglier@cityofwestlake.org

Abby Schwenk—Assistant Chef/Program Planner
aschwenk@cityofwestlake.org

Nancy Masterson—Café Cashier

Jon Mulder—Maintenance/Custodial
jmulder@cityofwestlake.org

Transportation:

Marianne Bodine, Paul Del Vecchio, Tom Judge, Mary Kana, Mark Kearns, Marty Kelly, Bob Kowal, Peggy Marquard, Brooke O'Donnell, John Price, Mary Rabatsky, Joe Starin.

FAREWELL and WELCOME

We extended a heartfelt congratulations and best wishes to **Susan Laschinger** who retired in September. Her dedication, hard work, and contributions left a lasting impact.

We welcomed **Heather Trask** to our team. Her skills, ideas, and energy will benefit all as we continue to grow and succeed together as a team.

ADVISORY COUNCIL

The Community Services Advisory Council is a voluntary council made up of Westlake residents who have a special interest or expertise in community services. Our members represent the Westlake Porter Library, the Westlake City Schools, the Westlake business community, civic organizations and or are patrons or volunteers at the center.



Pictured L-R: Cris Kennedy, Betty Kearney, Carmela Freeman, Erin Manning, Dawn Evans, Amy Kubacki., Jennifer Thomas, Judy Cornelius. Not pictured: Jane Perry.

Our Advisory Council sponsored a gift basket raffle raising **\$4,470** for Community Service programs and activities.

Donors included: AJ's Urban Grill, Aladdin's Eatery, Always Golf Club, Arabiatta, Bay Arts, Bella Capell, Cahoon Nursery, Charles Scott Salon & Spa, Cheesecake Factory, Coffee Therapy, Flower Port, Giant Eagle, Hyde Park Grill, Ichiban Salon & Day Spa, Mitchell's Ice Cream, Mojo's Coffee, Petitti's Garden Center, Pizza by Robert, Spenga (Spin, Yoga), Volume Salon, Wild Bird's Unlimited Donations also from: Happy Quilters (WCS group on Wednesdays) Chris Hanson (WCS yoga instructor), Judy McNamara (former Advisory Council member), Donna Bockwich, and Advisory Council Members: Cris, Amy, Jen, Carmela, Dawn .



Advisory Council Member, Amy Kubacki, assisting with a raffle ticket sale.

2025 BY THE NUMBERS



BUILDING VISITS:

In person: **66,656**
Pathways Subscriptions: **393**
Pathways by e-mail: **4,833**
FaceBook followers: **1,800**



ASSISTANCE:

Home Visits: **235**
Office Visits: **240**
Assistance Calls: **2,090**



FOOD BASKETS:

Monthly: **48 families**
Individuals: **100+**

Holidays

Easter: **36**
Thanksgiving: **56**
Christmas: **57**
Individuals: **500+**



ACTIVITY PROGRAMS:

Unduplicated programs: **229**
Overnight Trips: **4**
Day Trips: **17**



TRANSPORTATION:

Active Clients: **280**
Trips Provided: **12, 942**
Total Donations: **\$6,260.75**

FOOD PANTRY:

Food Drives: **4**

Monetary donations from individuals and businesses totaled: **\$20,114.00**

Total \$ value in food products received: **\$35,000.00**

Adopt-A-Family

Monetary: **\$250.00**
In-Kind: **\$15,070.00**



VOLUNTEERS:

1,588 opportunities were available and totaled **3,320.26** volunteer hours, equaling **1.59** full time employees.



JUVENILES IN DIVERSION:

Total: **23**
Males: **13**
Females: **10**
Juveniles filed to CCJC: **38**
Resource only cases (at risk youth): **8**



DONATIONS:

Activities: **\$20,213.17**
Sponsors: **\$9,335.00**
Trip Reimbursement: **\$6,529.00**



Sales: **\$90,946.00**
Individual transactions: **14, 502**
Friday Specials: **21 days/1,403 transactions**



HIGHLIGHTS FROM 2025

HEALTHY WEIGHT TOWN HALL

- The National Institute of Senior Centers presented the Healthy Weight Town Halls in various states of the country in an effort to advocate for older adults to have health care coverage and access to healthy weight treatments. We were selected to represent the state of Ohio's Town Hall meeting. Among older adults aged 60 and over, the prevalence of obesity is 42.8%, yet many individual lack access to quality obesity care.
- Moderator: Lydia Esparra, former WKYC News correspondent.
- Opening Remarks Gretchen Tanbonliong, Associate Director for Health and Wellness, National Council on Aging.
- Panelists:
 - Lived-experience: Dan Dysert and Bill Streetman
 - Licensed Registered Dietician, Ann Stahlheber, Western Reserve Area Agency on Aging
 - Endocrinologist and Obesity Medicine Specialist at the Cleveland Clinic Foundation, Dr. Peminda K. Cabandugama
 - Fitness Specialist, University Hospital's Avon Fitness Center, Elissa Weisz
- A \$5,000 award was presented to Westlake Community Services for hosting this town hall.



Bill Streetman shared his weight loss journey.



Dan Dysert with his "before" photo on the screen



Healthy Weight Loss Panel L-R:

Dan Dysert, Bill Streetman, Dr. Cabandugama, MD, Diplomate of the American Board of Obesity Medicine and Endocrinology/Obesity Medicine, Lydia Esparra, TV Personality, Elissa Weisz, Fitness Specialist, Ann Stahlheber, Licensed Registered Dietician.





HIGHLIGHTS FROM 2025



**Dementia
Friendly
Ohio**
WESTLAKE

An Initiative of Ohio Council for Cognitive Health



Ohio
Council for
Cognitive
Health

DEMENTIA FRIENDLY WESTLAKE

Westlake became the 8th community in Ohio to join a network focused on creating safe, respectful, and supportive environments for people living with dementia and their care partners.

This effort was led by the Carolyn Farrell Foundation for Brain Health, Westlake Porter Public Library, and the Westlake Community Services Department, with support from a diverse group of community partners.

Westlake already offers many dementia-friendly resources, and we will continue providing programs that support brain health, reduce stigma, and ensure our center remains welcoming to all.

BLOOM, BRUSH & BRAVO

This is a hospitality-focused initiative that transforms everyday spaces into welcoming experiences of beauty, connection, and belonging. Our cafe and atrium feature rotating art, live music, and surprise floral offerings to encourage people to linger. Each month, we highlight local artists, host musicians, and provide fresh flower giveaways through Trader Joe's in Westlake, creating a joyful environment for older adults.

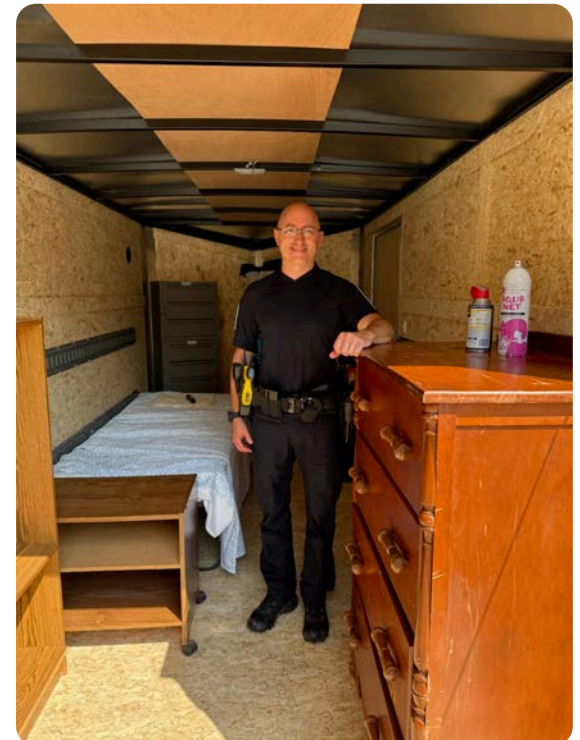
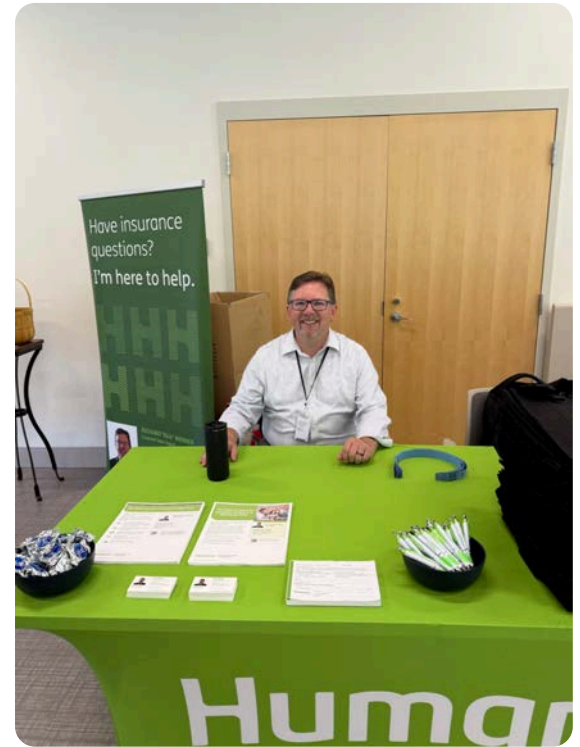


HIGHLIGHTS FROM 2025

RESOURCE FAIR

Our Resource Fair connected community members with local organizations and service providers in one convenient setting. Access to resources such as health services, social support, financial guidance, housing, employment and education was provided

Attendees asked questions, gathered information, and connected directly with professionals. By promoting awareness and collaboration the fair strengthened community ties providing a platform for our sponsors



HIGHLIGHTS FROM 2025

VETERANS RESOURCE FAIR

The Veterans Resource Fair was a community event that connected veterans and their families with essential services, information, and support. The fair featured 30 veterans resource vendors, with local organizations providing resources on healthcare, benefits, employment, housing, mental health, and legal assistance in one convenient setting.

The event offered a welcoming space for veterans to ask questions, explore programs, and build connections—ensuring those who served had access to the resources they needed.



Vendors educating our veterans on a variety of different options that available to them.



HIGHLIGHTS FROM 2025

OVER 90 CELEBRATION

Celebrating those over the age of 90 is a meaningful way to honor lives rich with experience, resilience, and wisdom. These individuals have witnessed extraordinary moments in history, navigated decades of change, and built families, careers, traditions, and communities that continue to shape the world around us. Reaching this remarkable milestone is not simply about longevity—it is a testament to strength, perseverance, and the ability to adapt, endure, and grow through life's joys and challenges.

By honoring those over 90, we affirm that every stage of life has purpose and meaning. We celebrate not only the years they have lived, but the lives they have touched and the legacy they continue to leave behind. This celebration is a heartfelt thank you—to our elders—for the paths they paved and the inspiration they continue to provide to all of us.



Staff and patrons celebrating our long-time attendee, Dorothy Hawkes, on her 90th birthday!



Below: Mayor Clough with Rhonda Totten. Right: Stephen Sebesta.



Rotary volunteers assisted with set-up, service, and clean-up!



Right: Estelle Teckman. Below: Mayor Clough with the Woodwards and the D'Amicos.



Mayor Clough with Elsie Cornelius, just one of our **OVER 100** celebrants that were in attendance!



PROGRAMS, ACTIVITIES, TRIPS

Westlake's Community Services Department offers a wide range of programs designed to support the social, educational, and wellness needs of our Fifty Plus patrons. Our focus is on encouraging older adults to lead active, meaningful, and healthy lives, while providing opportunities to share their talents and interests. Through engaging programs, services, and resources, we promote social connection, lifelong learning, and overall well-being—fostering a welcoming sense of community and belonging.

229

Total number of unduplicated programs

2,911

Total number of duplicated programs

Duplicated Patron program participation: 66,656

Patrons registered in MySenior: 38,636

Total number of visitors to center:

Average visits each day of week: **Average visits per day by month:**

Monday: 153.98	January: 121.52	July: 169.68
Tuesday: 154.38	February: 162.58	August: 167.19
Wednesday: 141.38	March: 169.95	September: 178.52
Thursday: 196.88	April: 162.95	October: 167.78
Friday: 140.18	May: 169.05	November: 151.00
	June: 149.48	December: 119.95

Average daily duplicated visits: 157.46



Enjoying lunch and a behind the scenes tour of Progressive Field.



DAY TRIPS

15 day trips were offered
717 patrons traveled with us

OVERNIGHT TRIPS

5 overnight trips were offered
126 patrons traveled through us

ACTIVITIES BY PATHWAYS

Our Pathways make it easy for adults age 50 and better to find activities that match their interests, goals, and lifestyle. Explore options in fitness, learning, social events, art, wellness, and travel to stay active, connected, and inspired.



Flamenco and Fizz

SPECIAL EVENTS

Fun events and experiences that bring people together, build connections, and make each day a little brighter.

Total unduplicated programs in 2025: 28



Coffee with a Vet

SOCIAL PATHWAY

Connect with others and build friendships through fun, social activities.

Total unduplicated programs in 2025: 24



Sled Dog Presentation

LIFELONG LEARNING PATHWAY

Engaging chances to learn new skills, explore interests, and stay mentally active through classes, workshops, and groups.

Total unduplicated programs in 2025: 43



Shuffleboard Outdoors

GAMES/ARTS PATHWAY

Programs that offer fun, creative ways to stay engaged — from games and puzzles to art, music, and crafts — helping adults connect, relax, and express themselves.

Total unduplicated programs in 2025: 32

PATHWAYS



Wellness Screening

HEALTH AND WELLNESS PATHWAY

Health and wellness helps adults stay physically active, mentally sharp, and socially connected through learning, fitness, and helpful resources. It supports prevention, stress management, and independence for a balanced, vibrant life.

Total unduplicated programs in 2025: 25



Cardio Drumming

FITNESS PATHWAY

Fitness focuses on building strength, balance, flexibility, and mobility for a healthy, active life. With steady movement and age-friendly exercise, adults can boost wellness, prevent injury, and feel more energetic and independent. Walking, stretching, strength work, and group classes all offer simple ways to stay active and connected.

Total unduplicated programs in 2025: 22

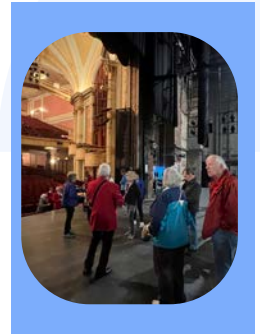


Joe Baker with Hearing Science and patrons

SUPPORT PATHWAY

Support programs offer guidance, resources, and help for changing life needs, including social services, wellness options, learning opportunities, and community connections. They provide caring support and clear information so adults can stay independent, improve well-being, and feel part of a supportive community.

Total unduplicated programs in 2025: 18



Behind the scenes at Playhouse Square

TRAVEL PATHWAY

Travel opportunities let adults explore new places, cultures, and activities in a safe, social setting. Day trips, group tours, and longer getaways offer chances to learn, sightsee, and create lasting memories.

Total unduplicated programs in 2025: 19



ETC Art Class

ENGAGEMENT PATHWAY

The Pathway is designed to gently reconnect individuals in the community who may be navigating life after a long illness or the loss of a spouse. Through thoughtfully curated classes, small-group experiences, and welcoming social events, participants can build meaningful connections, rediscover joy, and feel a renewed sense of belonging. Every program is created to foster comfort, confidence, and friendship—making it easier to take that first step back into community life.

Total unduplicated programs in 2025: 18

SPONSORS

THE VITAL ROLE OF OUR SPONSORS

At Westlake Community Services, our mission is to create a welcoming space where adults 50+ can thrive—socially, mentally, and physically. This mission is made possible by the generosity of our sponsors. Their support touches every aspect of our programs, from wellness classes and lifelong learning workshops to social events and essential community services.

Sponsorship goes beyond funding; it reflects a commitment to the well-being and dignity of our older adults. Each contribution helps us enrich lives, foster connections, and ensure that age is never a barrier to opportunity, engagement, or joy.

We are deeply grateful to our sponsors. Their belief in our community empowers us to continue offering programs that inspire, support, and uplift every individual who walks through our doors. Together, we build a stronger, more connected, and vibrant community for all.

BY THE NUMBERS

Door Prizes: \$25 x 36: \$900
 Speakers: \$75 x 128: \$9,600
 Food: \$3,480
 Entertainment: \$1,600
 Favors: \$1,000
 Support Group Facilitation: \$30 x 36: \$1,080
 Movies: \$500
 Chili Cook-off: \$1,700
 Coffee/Tea/Cups: \$6,000
 Panera Pastry Wrap: \$300
 Blood Pressure, Hearing Screenings & AARP
 Taxes: \$56,000
Total monetary and in-kind donations: \$82,160.00



Certificates of appreciation presented by Mayor Clough.

VOLUNTEERS

Volunteers are the heart of our community. Their time, care, and dedication transform lives, strengthen connections, and create a spirit of generosity that touches everyone. Without them, our programs and services could not thrive, and the difference they make is felt far beyond what words can express.

BY THE NUMBERS

- 1,588 opportunities
- 3,320.26 volunteer hours served
- 1.59 full time equivalent



From the food pantry to special events and cook-outs, our volunteers are always happy to serve no matter the ask!

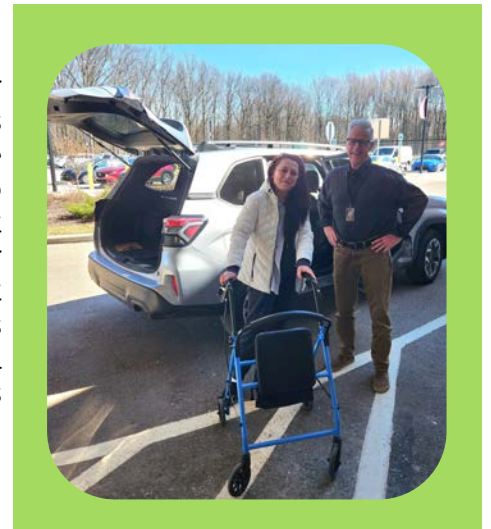
SOCIAL SERVICES - TRANSPORTATION

This vital service supports residents who face barriers to accessing essential resources, including adults over the age of 60 without reliable transportation, individuals with low vision, those who use wheelchairs, and others with special needs. By reaching those who might otherwise struggle to access services, the program helps ensure that all members of our community can remain supported and connected.

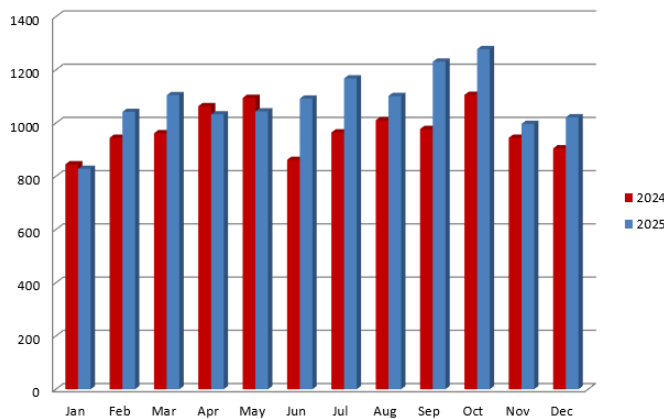
BY THE NUMBERS

- **280** active clients
- **12,942** trips were provided, a 10.7% increase over 2024
- **195** wheelchair transports.
- **\$6,260.75** was donated from transportation clients.

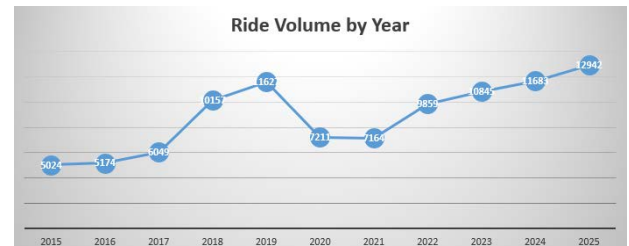
Our drivers are happy to assist our transport patrons for all types needs.



Westlake Transportation 2025 Rides



Ride Volume by Year



STAFFING CHANGES IN 2025

Three transportation staff retired in 2025, Danny DeVito, Nancy Fox and Mike Sanders.

We welcomed one new driver to our team, Marianne Bodine.

SOCIAL SERVICES

Social Services are available to eligible Westlake residents and are coordinated through the Outreach Coordinator. These services support older adults, low-income individuals, and other residents in need throughout the community.

Through the donor program, assistance is available to residents with limited incomes and may include a three-day emergency supply of non-perishable food each month, three holiday food baskets per year, participation in the Adopt-a-Family or Adopt-an-Adult at Christmas program, and financial assistance for prescriptions and other emergency needs.

BY THE NUMBERS

Donations -

- \$19,914 in monetary donations along with over \$35,000 in food products were received from individuals of all ages, churches, schools and businesses.

Referrals - Over 2,000 were received.

Social Services -

- 235 home visits with 31 the result of WPD or WFD referrals
- 240+ office visit
- Over 2090 assistance phone calls were serviced in 2025
- 190 Flu/Covid Immunizations were supplied
- \$655.36 used to service residents in need with delinquent utility bills through Marge's Fund.
- \$2,731.50 for Meals on Wheels subsidies for home delivered meals and \$413 was provided for one-night hotel stays.
- Over \$100,000 was saved through Medicare registration assistance
- \$2,550 was provided for indigent burials.



Donations included L-R: Westlake Elementary Schools, Parkside Church of the Nazarene, Kiwanis Club, and a cereal drive.

SOCIAL SERVICES

FOOD PANTRY BY THE NUMBERS

48 families received monthly food emergency baskets, serving over 100 individuals.

Holiday Baskets - over 500 individuals were served.

- 39 Easter
- 56 Thanksgiving
- 57 Holiday



Our food pantry is made possible through the dedication of our volunteers, who carefully date, sort, and organize donations to ensure shelves remain well-stocked and accessible. On major distribution days, these volunteers also assist clients as they shop for groceries, helping create a welcoming and supportive experience for everyone who visits.



ADOPT A FAMILY

Adopt-A-Family continues to support Westlake residents facing financial or personal hardships by connecting them with generous corporate, business, school, and individual donors. Through this community-wide effort, families receive essential items, gifts, and support that help ease seasonal burdens and bring comfort, dignity, and joy during the holidays—making the season more meaningful for both those receiving assistance and those who give.

BY THE NUMBERS

53 families adopted

137 recipients including a few pets

58 organizations and individuals donated



COMMUNITY DIVERSION AND YOUTH PROGRAMS

- As liaison to the Westlake Police Department's Juvenile Diversion Program, the Youth Coordinator provides services to first-time juvenile offenders. The Youth Coordinator also serves as the city representative for coordination of youth services and programs with Westlake Schools, Westlake Recreation, social service agencies and the City of Westlake Police Department.
- Westlake Juvenile Diversion has been separated from Cuyahoga County Juvenile Court since February 2020 allowing us to move juveniles through our program within a few months. Juveniles meet for an intake with the Youth Coordinator who then schedules a Diversion Hearing with a Magistrate. The juvenile is assigned sanctions. Once completed, the juvenile's record is expunged.
- The Youth Coordinator also meets weekly with at-risk youth who have not received a complaint or "charge" yet, but they need help getting back on the 'right path' before a crime is committed.

BY THE NUMBERS

Total juveniles in Diversion: 23 Males: 13 Females: 10

Total juveniles e-filed to CCJC: 38

Total 'Resource' only cases (at-risk youth): 8

25 Offenses (diversion only) with 5 juveniles committing 2 or more offenses at time of Police involvement.

Cited with the list of violations as follows:

Assault – 3	Curfew – 2	Theft – 8	RSP - 2
Truancy – 5	Inducing Panic – 1	Aggravated Menacing – 1	
Theft of credit card – 1	Misuse of credit card – 1		
Criminal Damaging – 1			

Youth Commission:

Standing L-R: Judy Boey,
Mary Kalassay-Youth
Coordinator, Holly Sullivan-
Detective, Sgt. Richard Lea.

Seated L-R: Mary Beth
Schneidler, Tracey Heberle.



YOUTH ADVISORY COUNCIL

MISSION & PURPOSE

The Westlake Youth Advisory Board is a committed and enthusiastic group of high school students who work in partnership with Westlake Community Services and the Westlake Recreation Center to strengthen and support the community. United by a shared commitment to service, leadership, and civic engagement, the Board strives to advance a collective mission: to engage, enrich, and empower those we serve.

The purpose of the Youth Advisory Board is to actively bring this mission to life through meaningful volunteer service, intergenerational programming, community outreach, and support of fundraising initiatives. By contributing their time, ideas, and energy, members help foster connections across generations, address community needs, and develop a lifelong sense of responsibility, compassion, and leadership—benefiting both the community and the youth who serve it.

2025 Service Hours Provided at Department Events and other Highlights:

- July 4th Car Show
- Intergenerational Senior Dance
- Intergenerational Chess
- Adopt-A-Family



**Westlake Youth
Advisory Council
(WYAC)**

L-R: Connor, Nathan,
Ria, Natalie and Grace

INTERGENERATIONAL PROGRAMS



Intergenerational
Chess



Intergenerational
Senior Dance

CONNECTIONS CAFE

Offering affordable, chef prepared menu items, our cafe serves as both a place to enjoy a meal and a vibrant center for community engagement.

In 2025 Café sales were \$90,947.98, up from \$80,528.00 in 2024. Individual transactions increased as well from 12,745 in 2024 to 14,502 in 2025. This is the 4th consecutive year of increases in both number of transactions and total sales. A significant reduction in our operating deficit was also achieved.

The end of 2025 saw an update to the Café. A new display cooler was purchased which allowed us to change the layout to improve the flow and patron experience as it relates to ordering. The glass front cooler allows patrons to see the food and beverages on offer and has led to a marked increase in the sales of beverages. In our first full year of offering Friday Specials, 1,043 were sold. An average of approximately 21 specials/week.

BY THE NUMBERS

7,454 Cookies Sold (2000+ more than 2024)

3,522 Muffins Sold

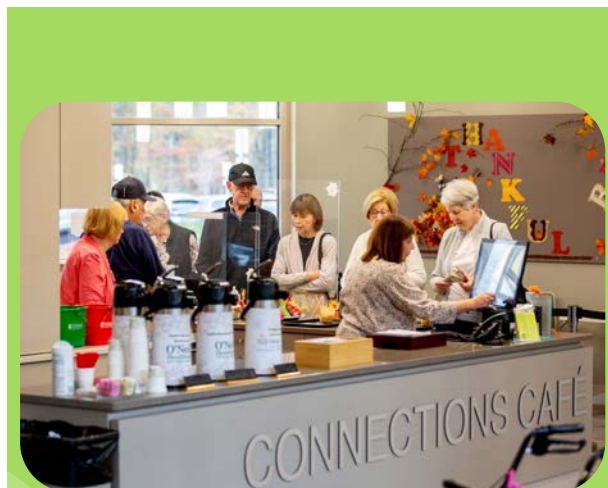
6,859 Cups of Soup Sold (over 420 gallons)

2,435 pieces of quiche (over 304 whole quiches, more than 1,500 eggs)

At an average of 4 inches per cookie if they were laid out side by side the cookies would measure approximately 29,816 inches or 2,484 feet. This is about 700 feet taller than Willis Tower in Chicago, almost twice as tall as The Empire State Building in New York City, 2.5 times taller than The Eiffel Tower in Paris, and about 3.5 times longer than The Golden Gate Bridge. At an average weight of 2.5 ounces the weight of cookies sold would be over 1,100 pounds, the average weight of an adult polar or grizzly bear.



A before and after of cafe counter which now features a food cooler.



EQUIPPED FITNESS

The exercise studio at Westlake Community Services offers a friendly space designed for adults 50 and better. With smooth pneumatic machines, it delivers a safe and modern way to build strength for all ability levels.

These machines use air instead of heavy plates, creating steady movement that is easier on joints while still improving strength, balance, and endurance. The resistance stays consistent at any speed, allowing motion that follows the body's natural rhythm.

Through a partnership with the Westlake Recreation Center, the studio supports healthy aging, boosts mobility, and helps older adults stay active and independent.



UNIVERSITY HOSPITALS REHABILITATION SERVICES STROKE SURVIVORS EXERCISE PROGRAM

Stroke is a leading cause of disability, with almost two thirds of survivors leaving the hospital with a disability. Functional gains, however, can be made with the assistance of rehabilitation. The stroke exercise program gives stroke survivors the option of continual focus on making these gains, even after exhausting their therapy benefits. Our disability-friendly building and equipment provide the perfect environment for this twice-weekly therapist led program. We are proud to host this unique and important service in partnership with University Hospitals Rehabilitation Services.



University Hospitals
Rehabilitation Services

UH SJMC Stroke Survivors Exercise Program

FITNESS STUDIO

The studio at Westlake Community Services welcomes adults 50+ with classes that keep movement gentle, safe, and enjoyable. Yoga and chair yoga support stretching and balance, while balance training and Tai Chi help improve stability and confidence. Adaptive cardio drumming adds an upbeat option for heart health and coordination. All classes suit different abilities, creating a friendly space to stay active, build strength, and connect with others.



COMMUNITY GARDEN

- The Community Garden's beds numbered 60 in 2025 and all gardens were spoken for with an additional 50 names on a wait list for gardens.
- Dan Norris generously donated fertilizer for all gardeners who were interested.
- The Harvest Coordinator continued to share the overabundance of vegetables to the Westlake Food Pantry which were included in client's monthly food baskets.

The **Garden Blessing** took place on Tuesday, June 17, 10:00am with Mayor Dennis M. Clough, City of Westlake, Father Dan Fickes and Father Dennis Kristof, UH/SJMC as the featured speakers.



A gardener's plot in full bloom

Thank you to **Palmer Holland** and **IMCD, US, LLC** business teams who generously volunteered their time and energy to clean up our community garden site. Their hard work, teamwork, and willingness to give back made an immediate and meaningful impact on the space and on our community. Because of their efforts, the garden was refreshed, welcoming, and ready to be planted by the gardeners. The City of Westlake appreciated their commitment to service and their support of the Community Garden.



The Palmer Holland Team

A LOOK BACK

Small Celebrations

Celebrating a Valentine Anniversary with lunch at the Connections Cafe!



Above: Celebrating our Westlake Elementary youth with a game of Chair Volleyball.

Below: "Three cheers" for the Westlake HS baseball team for sorting groceries in the food pantry!

Celebrating the season with free hot chocolate for patrons!



