As partners in healthcare with Pittston Area School District, Lehigh Valley Health Network, part of Jefferson Health, is offering complimentary PIAA sports physicals to the student-athletes at your school who will be in grades 7-12. This is for athletes who will be participating in a **Winter** sport for the 2026-2027season. Physicals will take place on **Thursday November 12, 2026 from 5:00pm-7:00pm** in the Cefalo Center on the High School Campus.

* Every student will need a physical uploaded onto their Arbiter account before participating in mandatory practices in November. If you played a Fall sport here at Pittston Area you will only need to answer the recertification questions in arbiter resignation.

*It is recommended to have the PIAA sports physical (section 5 and 6) completed before arriving to your appointment to speed up the process. Find it on the school's website or click here: PIAA Physical Packet 2025.pdf

**** If you are seeing your own Doctor for a physical please use the PIAA packet as there are other forms that need to be completed and handed in before playing your sport.***

Instructions for scheduling your student athlete's PIAA physical are as follows:

1. Please visit: https://www.signupgenius.com/go/10C0A4CA8A72EA5F8C61-65690190-winter
2. Select the time frame that is most convenient for you and click "Save and Continue".
3. Please enter the student athletes' first and last names and an email address you can be contacted at in case of changes. Please remember to add what sport they will be playing.
4. Click "Sign up". You should receive a confirmation email once registration is complete.

Any questions please email Fred Locey at Frederick.Locey@jefferson.edu